

Aging and Disability Resource Center
of Northwest Wisconsin

2026 RESOURCE GUIDE

SERVING BURNETT AND POLK COUNTY

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ADRC
Aging and Disability Resource Center
of Northwest Wisconsin

Contact Us

877-485-2372
adrc@polkcountywi.gov
www.adrcnwwi.org

Resource Guide Disclosure:

Inclusion/Exclusion policy applies to requests for addition of agency/organization information to this Resource Guide. If you have questions regarding this policy, or its application in screening inclusion requests, please contact the ADRC of Northwest WI. Inclusion does not constitute an endorsement of or liability for any agency/organization or its services, nor should exclusion be construed to constitute disapproval. ADRC staff reserve the right to remove or exclude any agency or organization from their database for any reason. Every effort is made to provide accurate information in this guide. Please be aware that services and phone numbers may change after the guide has been printed.

The ADRC does not endorse any provider or service outside of the scope of the ADRC primary services. It is always advisable to contact multiple providers, ask several questions, and find a provider you are most comfortable with.



Balsam Lake

Polk County Government Center
100 Polk Co Plaza, 60
Balsam Lake, WI 54810
Local fax: 715-500-6504
Local Phone: 715-485-8449

Siren

Burnett County Government Center,
7410 Co. Road K, 180
Siren, WI 54872
Local fax: 715-349-8644
Local Phone: 715-349-2100

TABLE OF CONTENTS

Aging & Disability Resource Center of Northwest Wisconsin 5
ADRC of Northwest Wisconsin Services 6
ADRC's in Surrounding Counties 8
Aging and Disability Resources in MN 8
Abuse and Neglect 8
Advocacy/Community Organizations 9
Alzheimer's Disease, Demetia, and Memory Loss 12
Assisted Living Facilities 16
Aoda and Substance Abuse 17
Check-In/Companion Services 19
Consumer Protection/Fraud 20
Deaf and Hard of Hearing 21
Dental Resources 22
Employment 23
Energy and Utility Assistance 25
Family Care 27
Food and Nutrition Programs 27
Financial Guidance Services 31
Healthcare-Reduced Rate 32
Heath Insurance Programs 34
Health Promotion and Workshops 36
Home Health Care 38
Hospice 38
Housing - Assistance, Renting, Shelters, and More 39
Independent Living Centers 46
In-Home Help 46
Legal Assistance 49
Medical Equipment and Assistive Devices 51
Mental Health 52
Nursing Homes - Skilled Nursing Facilities 54
Personal Emergency Response Systems 55
Pet Care Support 56
Representative Payee Services 57
Respite Care 58
Senior Centers 59
Social Security & SSI 59
Support Groups 59
Tax Assistance 62
Technology Assistance 62
Transportation 63
Tribal Programs and Services 65
Veteran's Services 66
Vision - Blind or Low Vision 67
Youth Transition Services 68



ADRC OF NORTHWEST WISCONSIN STAFF DIRECTORY

STAFF NAME	POSITION	PRIMARY OFFICE
Nicole Rossow	Regional Director	Balsam Lake/Siren
Kari Broten	Business Manager	Balsam Lake
Laura Gomez	Nutrition Manager	Siren
Angie Heyer	Accounting and Clerical	Siren
Nicole Coulter	Fiscal Support Specialist	Balsam Lake
Christi Arcand	Disability Benefits Specialist	Balsam Lake
Yvonne Lindus	Disability Benefits Specialist	Siren
Karen Nichols	Elder Benefits Specialist	Siren
Stephanie Bachmann	Elder Benefits Specialist	Balsam Lake
Kysa Marten	ADRC Manager	Balsam Lake
Kayli Williamson	Information & Assistance Specialist	Balsam Lake
Cassidy Kaempf	Information & Assistance Specialist	Balsam Lake
Makenzie Gustafson	Dementia Care Specialist	Balsam Lake/Siren
Shanna Zimmerhakl	Administrative Assistant	Balsam Lake
Jennifer Torgerson	Mobility Education & Outreach Coordinator	Balsam Lake
Carrie Hutton	Information & Assistance Specialist	Balsam Lake
Shari Deblieck	Transportation Coordinator	Balsam Lake
Jack Lavasseur	Transportation Coordinator	Balsam Lake
Robin Carter	Information & Assistance Specialist	Siren
Haley Hermansen	Marketing & Outreach Specialist	Balsam Lake

ABOUT THE ADRC OF NORTHWEST WISCONSIN

MISSION AND VISION

To provide older adults and people with physical or developmental/ intellectual disabilities the resources needed to live with dignity and security and achieve maximum independence and quality of life.
The goal of the Aging and Disability Resource Center is to empower individuals to make informed choices and to streamline access to the appropriate services and supports.

WHO WE SERVE

We proudly serve Polk County and Burnett Counties. We serve older adults and individuals living with a physical or developmental disability, or with mental health/substance abuse issues (starting at 17.5 years old). We offer guidance to caregivers, family members, spouses, and professionals in the community.
We assist all people – regardless of income.

WHO WE ARE

The Aging and Disability Resource Center, known as the ADRC, provides the general public with a warm and welcoming office to contact for information and assistance on issues affecting older people and people with disabilities, regardless of income. The ADRC is the first place to go with your aging and disability questions. We are an "information station" where you can receive accurate, unbiased information.

WHAT WE DO

By enabling people to find resources in their communities and make informed decisions about long-term care. ADRCs help people conserve their personal resources, maintain self-sufficiency, and delay or prevent the need for potentially expensive long-term care. ADRCs also serve as the single access point for publicly funded long-term care, including Family Care and IRIS.
It is never too early to start asking questions. We encourage you to call us and begin planning for your future needs. Of course, we can also assist you with questions or challenges you may be facing now.
Most services offered by the ADRC are provided free of charge. People who use transportation services provided by the ADRC are charged a co-payment for rides. Meal services, such as congregate dining and home-delivered meals, do not charge a fee if you are 60+ years of age but a donation to the program is appreciated. Others are asked to pay $12 per meal. (As of Sept. 2022, policies have temporarily changed, please check our website, or call for details)

ADRC SERVICES

Disability Benefits Specialists (DBS):

Providing benefits counseling to adults ages 18 to 59 with physical disabilities, developmental disabilities, mental illness, and/or substance abuse disorders.

Elder Benefits Specialists (EBS):

Providing assistance to adults ages 60 and over who are having problems with their private or government benefits, or who simply have questions about their benefits.

Caregiver Supports:

Provide information to caregivers about available services and to assist caregivers in accessing those services. We co-facilitate two support groups.

Dementia Care Specialist (DCS):

Specializes in the specific needs and concerns of people living with dementia, caregivers and family, and professionals. Anyone who has concerns/questions about dementia or Alzheimer's can also contact the DCS.

Help Paying for Long-Term Care:

The ADRC is the entryway to publicly funded long-term care programs (Family Care and IRIS). We determine eligibility and help you to determine which program best meets your needs.

Information and Assistance:

Specialists will listen to your concerns, assess your needs, and help connect you to service providers.

Options Counseling:

Offering information about the choices available to meet your long-term care needs and discuss the spectrum of care.

ADRC Nutrition Program:

Includes group dining at five sites throughout Polk and Burnett Counties. For those who qualify, Meals on Wheels® are also offered.

Transportation:

Non-emergency medical transportation to people with disabilities of all ages and people aged 60+. The ADRC has a wheelchair-accessible van and two mini-buses that are used for shopping, errands, and social trips.

Vital Connections:

If someone is at risk of abuse or neglect, losing housing or heat, we are here to connect you to someone who will respond to your urgent situation.

Community Programming:

Provides and sponsors an array of educational and community outreach programs focusing on health promotion, prevention, caregiving, planning for the future, and topics of interest to community members.

Loan Closet/Lending Library:

Allows people to borrow items such as walkers, bath chairs, wheelchairs, and toilet seat risers for up to 3 months at no cost. Educational resources available to borrow or purchase for individuals affected in some way by dementia, memory loss, and/or Alzheimer's disease.

Monthly Newsletter:

"The Voice" newsletter has useful information about updates in the community and resources.

Youth Transition Services:

Assists with the transition process of youth living with a disability transitioning to adulthood starting at 17.5 years old. Offers a single-entry point for information and assistance on issues affecting students.

ADRC'S IN SURROUNDING COUNTIES

ADRC of Barron and Rusk Counties

888-538-3031 or
www.adrcconnections.org

Offices located in Barron and Ladysmith

ADRC of Chippewa County

888-400-6920 or
www.co.chippewa.wi.us/189/Aging-and-Disability-Resource-Center-ADR
711 N. Bridge St., #118,
Chippewa Falls, WI 54729

ADRC of Douglas County

866-946-2372 or
www.douglascountywi.org/683/Aging-Disability-Resource-Center
1316 N. 14th St.,
Superior, WI 54880

ADRC of Dunn County

715-232-4006 or
www.co.dunn.wi.us/adrc
3001 US Hwy 12 E, #160,
Menomonie, WI 54751

ADRC of Eau Claire County

888-338-4636
https://www.eauclairecounty.gov/departments/aging_disability_resource_center/
721 Oxford Ave., #1130,
Eau Claire, WI 54703

ADRC of St. Croix County

800-372-2333
www.sccwi.gov/153/Aging-Disability-Resource-Center
1752 Dorset Lane,
New Richmond, WI 54017

ADRC of Washburn County

715-635-4460
https://co.washburn.wi.us/departments/adrc-of-washburn-county/
PO Box 316 304 2nd St.
Shell Lake, WI 54871

AGING AND DISABILITY RESOURCES IN MINNESOTA

Disability HUB MN

866-333-2466 or
https://disabilityhubmn.org/

Metropolitan Center for Independent Living offers up to date information about community resources related to people with disabilities.

Minnesota Aging Pathways

800-333-2433 or
https://mn.gov/senior-linkage-line/

Free statewide information and assistance service provided by the MN Board on Aging.

MN LinkVet

888-546-5838 or
https://linkvet.org/

Information and assistance for veterans and their families in regard to state and federal resources available.

ABUSE AND NEGLECT

If an emergency, please call 911. Report suspected abuse, neglect, or self-neglect of an older person or adult with a disability. Adult Protective Services provides intervention for victims of physical abuse, financial abuse, and neglect/self-neglect.

Burnett County Health and Human Services

715-349-7600
https://www.burnettcountywi.gov/75/Health-and-Human-Services

Adult Protective Services

CRA (Community Referral Agency)

Crisis Line: 800-261-7233
Polk: 715-825-4414
Burnett: 715-349-7272
Crisis Text Line: 715-553-3359
www.crashelter.org

Provides services and support to victims of domestic violence and sexual assault. Serves Polk and Burnett Counties.

Crisis Textline

Text: 741741 or www.crisistextline.org/
Free 24/7 support at your fingertips.

Text HELLO to 741741 to connect with a Crisis Counselor. Contact for emotional abuse, depression, anxiety, eating disorders, or any painful emotion and anytime you need support.

Deaf Hope

510-735-8553 or https://www.deaf-hope.org/
Email: deafhope@deaf-hope.org

Serves Deaf victims of sexual assault, domestic violence, or stalking in WI.

Elder Rights Project

844-614-5468 or https://legalaction.org/services/specific-populations/

Provides free civil legal service to victims of elder abuse who are WI residents, aged 60+, regardless of income.

Long Term Care Ombudsman

800-815-0015 or https://www.dhs.wisconsin.gov/aging/ltcombud.htm

For complaints, questions, and/or concerns regarding the care and the rights of residents in nursing homes or group homes.

Polk County Community Services Division

715-485-8400 or https://www.polkcountywi.gov/polkcountycomms/

Adult Protective Services

Wisconsin Division of Quality Assurance

608-266-8481 or https://www.dhs.wisconsin.gov/dqa/sections.htm

For reporting allegations of abuse/neglect by facility staff or home health care workers.

Wisconsin Elder Abuse Hotline

833-586-0107 or https://reportelderabusewi.org/

Toll-free hotline available for community members and victims to contact for assistance in obtaining needed resources and making referrals to local authorities.

ADVOCACY/ COMMUNITY ORGANIZATIONS

AARP Wisconsin

866-448-3611 or https://states.aarp.org/wisconsin/

Madison, WI. Leading Positive Social Change for Wisconsinites Over 50.

ADA Information Line

800-514-0301 or https://www.ada.gov/infoline.htm
TTY: 833-610-1264

To get answer to technical questions, obtain general ADA information, order ADA informational materials, or learn how to file a complaint.

AgrAbility of Wisconsin

608-262-9336 or https://agrability.bse.wisc.edu/

Services for individuals and families engaged in farming and coping with disability.

Vivent Health (Formerly AIDS Resource Center of WI/ARCW)

715-836-7710 or https://viventhealth.org/

Eau Claire, WI. Serving everyone affected by HIV through comprehensive, integrated prevention, care, and treatment programs.

American Cancer Society

800-227-2345 or https://www.cancer.org/

Pewaukee, WI. Programs and services to help you manage cancer treatment and recovery and find the emotional support you need.

Arthritis Foundation

800-283-7800 or https://www.arthritis.org/home

Madison, WI. Championing the fight against arthritis with life-changing resources, science, advocacy, and community connections.

Autism Society of Wisconsin

888-428-8476 or 920-558-4602 or https://autismsocietywi.org/

Menasha, WI. Provide a community for individuals affected by autism, their families, and professionals who serve them.

Brain Injury Alliance of Wisconsin

262-790-9660 or http://biaw.org/

Eau Claire, WI. Provide education, advocacy, prevention, information & resources, and support services to brain injury survivors, families, and professionals.

Brain Injury Resource Center of Wisconsin

262-770-4882 or https://www.bircofwi.org/

Waukesha, WI. To offer assistance, provide resources, and create a better future through brain injury prevention, education, and advocacy.

Coalition of Wisconsin Aging Groups (CWAG)

800-488-2596 or https://www.cwag.org/

Madison, WI. Support Wisconsin Health and Aging initiatives.

Crowning Achievements

612-850-2298 or http://www.crowningachievements.org/

Serving people 16+ with special needs. Hosting free and fun events each month.

Disability Rights Wisconsin

715-736-1232 or https://disabilityrightswi.org/

Rice Lake, WI. Helps people across Wisconsin gain access to benefits, supports and services, and experience opportunity through its advocacy services and legal expertise.

Down Syndrome Association of Wisconsin

414-327-3729 or https://www.dsaw.org/

West Allis, WI. Provide support to Wisconsin families, individuals with Down syndrome and related disabilities through awareness, information, programs, and services.

Epilepsy Foundation

608-665-1848 or https://www.epilepsy.com/wisconsin

Stevens Point, WI. Fight to overcome the challenges of living with epilepsy and to accelerate therapies to stop seizures, find cures, and save lives.

End Domestic Abuse Wisconsin

608-255-0539 or https://www.endabusewi.org/

Madison, WI. Statewide coalition led by social policy advocates, attorneys, and experts working to support, connect, empower, and lead organizations to end domestic abuse.

Family Care & IRIS Ombudsman

800-928 8778 or https://disabilityrightswi.org/program/family-care-and-iris-ombudsman-program/

Rice Lake, WI. Disability Rights Office. For complaints, questions, or concerns regarding the care and the rights of people (ages 18-59) receiving Family Care or IRIS.

Great Lakes Inter-Tribal Council, Inc. (GLITC)

715-588-3324 or https://www.glitc.org/

Lac du Flambeau, WI. Support tribes in self-determination by providing assistance.

Long Term Care Ombudsman

800-815-0015 or https://www.dhs.wisconsin.gov/aging/ltcombud.htm

For complaints, questions, and/or concerns regarding the care and the rights of residents in nursing homes, group homes, and people 60+ receiving Family Care.

National Indian Health Board (NIHB)

202-507-4070 or www.nihb.org

Provides a variety of services to tribes, Area Health Boards, Tribal organizations, federal agencies, and private foundations.

National Indian Council on Aging (NICOA)

505-292-2001 or https://www.nicoa.org/

Advocate for improved comprehensive health, social services, and economic wellbeing for American Indian elders.

Respite Care Association of Wisconsin

608-222-2033 or https://respitecarewi.org/

Appleton, WI. To promote, support, and expand quality statewide respite care.

SAGE Advocacy and Services for LGBT Elders

877-360-5428 or https://www.sageusa.org/

Milwaukee, WI. National organization that offers supportive services and consumer resources to LGBT older people and their caregivers.

The Arc Wisconsin

608-422-4250 or https://arcfdl.org/the-arc-wisconsin/

Stoughton, WI. Advocates for and with people with intellectual and developmental disabilities (I/DD) and their families to improve their quality of life, expand opportunities, and to increase their full inclusion in all aspects of community throughout their lifetimes.

United Cerebral Palsy West Central Wisconsin, Inc.

715-832-1782 or https://www.ucpwcw.org/

Eau Claire, WI. Offers professional service, care, and understanding to meet the needs of people of all ages with varying abilities.

Wisconsin Aging Advocacy Network

715-677-6723 or https://gwaar.org/wisconsin-aging-advocacy-network

Madison, WI. A collaborative group of working with and for Wisconsin's older adults to shape public policy that improves the quality of life of older people throughout the state.



Wisconsin Board for People with Developmental Disabilities

608-266-7826 or https://wi-bpdd.org/

Madison, WI. Create statewide change for the developmental disability community.

Wisconsin Kinship Navigator

www.dcf.wisconsin.gov/kinship/navigator

Online resource for relative caregivers of children to access information and resources.

Wisconsin Parkinson Association

414-312-6990 or https://www.wiparkinson.org/

Provides hope, support, and resources for people with Parkinson's and their loved ones.

Wisconsin Statewide Parent-Educator Initiative

833-879-7734 or https://wspei.org/

Family Engagement Liaisons work with parents, educators, and school districts to promote partnerships and provide support to families of children with special needs.

ALZHEIMER'S DISEASE, DEMENTIA, AND MEMORY LOSS

Dementia Care Specialist (DCS)

Provides information, resources, connections, and dementia screenings to people living with dementia/ Alzheimer's, their families, caregivers, or professionals.

ADRC of Northwest Wisconsin

877-485-2372
https://adrcnwwi.org/

Serves Polk and Burnett County

St. Croix Chippewa Indians of WI

715-349-8554 x5221
https://stcroixojibwe-nsn.gov/

Serves members of the tribe.

ALERT AND LOCATION DEVICES

Safe & Found Program

800-432-5378 or https://www.medicalert.org/

The Alzheimer's Association's 24/7 nationwide emergency response service for individuals with Alzheimer's or a related dementia who wanders. Service alerts a community support network and gives first responders important medical and demographic information.



Project Lifesaver

Polk County Sheriff's Department: 715-485-8300
Burnett County Sheriff's Department: 715-349-2121 or https://projectlifesaver.org/

Public safety program designed to protect and locate missing persons due to wandering. Families can enroll at risk individuals in this program and purchase a receiver in which the at-risk individual wears to us if the individual is ever lost.

ALZHEIMER'S SUPPORT GROUPS

ADRC of Northwest Wisconsin

877-485-2372 or https://adrcnwwi.org/

For Alzheimer's specific support groups, see below. For other support groups, including for caregivers in general, please see the "Support Group" section of this guide.

Alzheimer's Association Support Groups

800-272-3900 or https://www.alz.org/help-support/community/support-groups

- Individuals with Mild Cognitive Impairment, 2nd Wed. of the Month, 10am-11:30am
- Caregivers for a Loved One with Dementia in a Facility, every other Fri., 10am-11:30am
- Caregivers for a Loved One with Dementia in Early Stages, 4th Tues. of the Month, 10am-11:30am
- Caregivers with a Loved One with Frontotemporal Degeneration, 3rd Wed. of the Month, 6pm-7:30pm
- Alzconnected.org is a free online message board for caregivers and those with dementia.

Amery Area Community & Senior Center

715-268-6605 or https://www.amerycommunitycenter.com/

Alzheimer's and Dementia Caregiver Support Group, 1st Wednesday of every month 10:00-11:30.

Amery Memory Care

715-268-4800 or https://memorycarepartners.com/amery/

Family Caregiver Support Group, the last Wednesday of every other month. Open to residents, family members and community members.

Early-Stage Support Group

715-635-4460

DNR Service Center, Spooner, WI. Support group for the caregiver and individual with dementia (early stage) to attend together; meeting 3rd Monday of the month at 1:30pm.

Happy Day Club Caregiver Support Group

715-416-2942 or https://happydayclub.godaddysites.com/

Spooner, WI. Caregiver Support Group that meets the 1st Monday of the month at 9am at Trinity Lutheran Church.

FamilyMeans

1-800-327-3203 or https://www.familymeans.org/

Offering "Journey Together" program, a social/support group for those with memory loss/dementia. Contact them for dates and links.

DAY BREAK SERVICES

Day Friends

715-485-8762 or https://www.endeavorsadc.org/

Balsam Lake, WI. Endeavors Adult Development Center. Provides staff who creates a safe and supportive environment with socialization and therapeutic activities. Day Friends also provides caregivers a respite program.

Happy Day Club

715-416-2942 or https://happydayclub.godaddysites.com/

Spooner, WI. Serves people who are affected with Alzheimer's Disease or other related dementia by providing quality supervised care.

Adult Day Care/ Respite

715-463-7278 or https://www.burnettmedicalcenter.com

Continuing Care Center at Burnett Medical Center, Grantsburg, WI. Long-term and rehabilitative care facility that provides necessary health services.

HELPLINES

Alzheimer's Association 24/7 Helpline

800-272-3900 or https://www.alz.org/

Services and support available 24/7 and provided by master level clinicians.

Lewy Line

800-539-9767 or https://lbda.org/lbda-lewy-line

Information and support for individuals impacted by Lewy Body Dementia.

The Association for Frontotemporal Degeneration Helpline

866-507-7222 or https://www.theaftd.org/

Information and support for individuals impacted by Frontotemporal Degeneration.

MEMORY CARE UNITS

Amery Memory Care

715-268-4800
https://memorycarepartners.com/amery/
Amery, WI

Comforts of Home

715-800-0688
www.wpseniorliving.com/
St. Croix Falls, WI

Golden Age Manor

715-268-7107
www.goldenagemanor.com/
Amery, WI

Eagle Ridge Senior Living

715-294-8000
https://www.eagleridgeseniorliving.com/

Riverbend Assisted Living

715-268-9449
www.riverbend-seniorliving.com/
Amery, WI

MEMORY CLINICS

Help individuals suspected of having Alzheimer's disease or a related dementia get a precise diagnosis through testing of the brain. Each clinic may vary in services provided and diagnostic process. The Alzheimer's Association recommends in an evaluation for Alzheimer's disease and related dementias that medical history, laboratory tests, status evaluation, neuropsychological examination, physical examination, psychiatric evaluation, and neurological examination be included.

Essentia Health Neurology-Duluth Clinic

218-786-3935
www.essentiahealth.org/
Duluth, MN





Fairview Chisago Lakes Memory Assessment Clinic
651-257-8499
www.mhealthfairview.org/
Chisago City, MN

Kinisi Institute of Movement
715-483-0241
https://www.saintcroixhealth.org/services/rehabilitation/
St. Croix Falls, WI

Marshfield Clinic
866-333-1996
www.marshfieldclinic.org/
Eau Claire, WI

Mayo Clinic Health System Memory Care Clinic
715-838-1900
www.mayoclinichealthsystem.org/
Eau Claire, WI

Neurological Associates of St Paul
855-324-7843
https://www.mhealthfairview.org/
Maplewood, MN

Noran Neurological Clinic
612-879-1000
www.noranclinic.com/
Lake Elmo, MN

UW Geriatrics Clinic
608-265-1210
www.uwhealth.org
Madison, WI

RESEARCH AND CLINICAL TRIALS

Participation in research studies or donating their brain after death for research.

Alzheimer's Association Helpline
800-272-3900 or
www.alz.org/research

Wisconsin Alzheimer's Disease Research Center
608-263-2582 or
www.adrc.wisc.edu/

Lewy Body Dementia Association
800-539-9767 or
www.lbda.org

Helps connect individuals with Lewy Body Dementia and Parkinson's Dementia with clinical trials currently recruiting participants.

The Association for Frontotemporal Degeneration

866-507-7222 or
www.theaftd.org/
or info@theaftd.org

ASSISTED LIVING FACILITIES

Dependent upon the services offered and number of people living in the facility, different licenses are overseen by local agencies or the State of Wisconsin. When calling facilities, discuss the services they are licensed to provide, the number of people they are licensed to have in the facility, and any further specific questions you may have. Touring facilities is also recommended. Search facilities at www.forwardhealth.wi.gov

For more information and the most updated listing: www.dhs.wisconsin.gov

Adult Family Home (AFH)

Supervision, room, and board provided. Private and semi-private rooms. Homes have 2 to 4 residents. Licensed or certified.

ADRC of Northwest WI

877-485-2372

With the AFH list constantly changing, contact the ADRC or visit https://www.dhs.wisconsin.gov/adrc/index.htm

Assisted Living/ Residential Care Apartment Complex

Often serve people who are more independent than people living in CBRFs or nursing homes. Services vary by facility but may include noon meals, light housekeeping, emergency call systems, personal care assistance, socialization, and transportation.

Evergreen Village

Amery, WI
715-268-6640
www.ameryhousingauthority.org

Riverbend Assisted Living

Amery, WI
715-268-9949
www.riverbend-seniorliving.com/

Evergreen Senior Living

Osceola, WI
715-294-1600
https://cch-seniorliving.org/osceola-wi/

COMMUNITY BASED RESIDENTIAL FACILITIES (CBRF)

24-hour supervision, meals, medication monitoring, personal care, semi-private, private rooms, or apartments. Facilities generally have 5-25 residents. State Licensed.

Amery Memory Care

Amery, WI
715-268-4800
https://memorycarepartners.com/amery/

UNITED PIONEER HOME
&
Lawson Manor Assisted Living

People you know, caring for the people you love.
A provider of Senior Care, and Health Services since 1953.

United Pioneer Home is a Medicare and Medicaid certified provider of short-term rehabilitation and long-term skilled nursing care.

Lawson Manor, an assisted living facility, provides private rooms, meals, medication management and 24 hour staffing for those who need assistance in day to day living.



www.unitedpioneerhome.org

Call 715-472-2164 For A Tour! 623 S. 2ND STREET, LUCK, WI

Christian Community Home of Osceola
Osceola, WI
715-294-1100
https://cch-seniorliving.org/osceola-wi/

Comforts of Home
St. Croix Falls, WI
715-483-1707
www.wpseniorliving.com/

Traditions of Frederic
Frederic, WI
715-327-4888

Eagle Ridge Senior Living
Osceola, WI
715-294-8000
www.eagleridgeseniorliving.com/

Lawson Manor
Luck, WI
715-472-2164
www.unitedpioneerhome.org

Riverbend
Amery, WI
715-268-9949
www.riverbend-seniorliving.com

Sophie's Manor
Centuria, WI
715-640-3330
www.sophiesmanor.com/

AODA AND SUBSTANCE ABUSE

30 Day Foundation (Some Hope)

https://www.the30-daysfoundation.org/ Email requests to mick@the30-daysfoundation.org detailing your needs. Do not call, text, or send letters.

A once-a-year grant opportunity. No application required. Grants are based on available funds and only paid to service providers. Not directly to applicant. A program to help residents of Minnesota and Western Wisconsin facing addiction issues in need of a deposit to enter recovery houses and sober houses.

Burnett County Health and Human Services

715-349-7600 or https://www.burnettcountywi.gov/75/Health-and-Human-Services

Providing high quality, community-based services to the people of Burnett County.

Butterfly House

715-417-1216 or https://butterflyhousescf.org/

St. Croix Falls. A sober residence for women 18+ who are in recovery from alcohol or other drug dependencies while introducing sober-living skills, peer-to-peer fellowship and support, and educational experiences. Not wheelchair accessible. Requires full-time employment or eligibility for it. Other contingencies located on their website.

Reach a hyperlocal audience.

An advertisement in this guide is a highly effective way to promote your business to our community.

Call me to reserve this spot today!
Kristee Flynn | 651-303-3461



Polk County Community Services Division

715-485-8400 or https://www.polkcountywi.gov/polkcountycomms/

Health promotion and disease prevention, assessment, and recovery services for those experiencing substance abuse and mental health conditions, family support, and crisis intervention services for children and adults in need of protection and safety.

SMART Recovery

https://smartrecovery.org/

Free online addiction recovery support for all addictions. Approximately 90 minute meetings. It is a non-religious, evidenced-informed peer support recovery method focused on dependency struggles and addictive behavior, offering general groups and specialty groups for veterans, LGBTQ individuals, those in the criminal justice system, and family/friends of those in recovery.

Solstice Warmline

608-244-5077 or https://soarmadison.org/

24/7 Warmline service for individuals with mental health and/or substance abuse issues.

St. Croix Tribal Mental Health/AODA

715-349-8554 x5264 or 877-455-1901 x5264 or https://stcroixojibwe-nsn.gov

Provides outpatient individual and group substance abuse counseling, substance abuse assessment, diagnosis, and outpatient co-occurring individual and group counseling.



Wisconsin Addiction Recovery Helpline

211 or 833-944-4673 or Text 898211 or Live Chat at: https://211wisconsin.communityos.org/addiction-helpline

Free, confidential, 24/7 Statewide resource for substance use treatment and recovery.

CHECK-IN/ COMPANION SERVICES

Adoray 11th Hour Companions

800-359-0174 or https://adoray.org/news/123/adoray's-11th-hour-companions-

11th Hour Companions provide compassionate presence and comfort to patients who are imminently dying and prefer not to be left alone. They also offer welcome relief for caregivers who are sitting vigil with their loved ones and need a short break.

Coffee Talk

877-238-2282 or www.friendsco.org/coffee-talk/

A commitment-free, drop-in chat line with rotating volunteers, for when a friendly voice is needed most. For people 65+. Available Mon-Fri 8am-12pm.

Home Instead

715-941-4717 or www.homeinstead.com/

Eau Claire, WI. Serves both Polk County and Burnett County. Accept private pay, long-term care insurance, county grants, and work with VA. Require minimum 3hr shifts. Will service where the recipient is, home or facility. Skilled with dementia.



Institute on Aging Friendship Line

888-670-1360 or www.ioaging.org/services/friendship-line

Both a crisis intervention hotline and a line for non-emergency emotional support calls.

Phone Companions

612-746-0737 or companions@friendsco.org or https://friendsco.org/phone-companions/

Friends & Co. Phone Companions matches adults 62+ with warm and caring volunteers ready to create and enjoy a connection. Callers are connected with a long-term chat companion. Volunteers are background-checked.

Rise and Shine Call In

715-483-8500 or https://www.interfaithpolk.org/rise-and-shine-program

Interfaith Caregivers of Polk County. Daily check-in call service for seniors and adults with disabilities. Make a phone call each day before 11am to let staff know they're safe.

Snug Safety

Download the App for Android or IOS or https://www.snugsafe.com/

Snug is a friendly, free daily check-in service for people living alone.

Well Connected

877-797-7299 or https://frontporch.net/connect/well-connected/

Both phone and online community offering activities, education, friendly conversation, and an assortment of discussion and support groups to older adults all from the comfort of home. This is free of charge to all participants and available to adults 60+.

Wisconsin Coalition for Social Connection

https://connectwi.org/

A website associated with the Wisconsin Institute for Healthy Aging with resources for understanding, identifying, preventing, and combatting loneliness and isolation.

CONSUMER PROTECTION/ FRAUD

Burnett County Sheriff's Department

715-349-2121 or https://www.burnettcountywi.gov/104/Sheriffs-Office

Questions, feedback, or have information about criminal activity.



Better Business Bureau of Wisconsin, Inc.

414-847-6000 or https://www.bbb.org/local-bbb/bbb-serving-wisconsin

Milwaukee, WI. Creating a marketplace where buyers and sellers can trust each other.

Bureau of Consumer Protection Hotline

800-422-7128 or https://datcp.wi.gov/Pages/Programs_Services/ContactBCP.aspx

Madison, WI. Authority to regulate unfair business practices.

Office of the Commissioner of Insurance

800-236-8517 or https://oci.wi.gov/

Madison, WI. Protect WI consumers by maintaining a strong insurance industry.

Polk County Sheriff's Department

715-485-8300 or https://www.polkcountywi.gov/residents/polk_county_sheriffs_office/

Provide respectful law enforcement services to the citizens of Polk County.

US Senate Special Committee on Aging - Fraud Hotline

855-303-9470 or
https://www.aging.senate.gov

Anyone with information about suspected fraud can call the toll-free fraud hotline.

Wisconsin Do Not Call List

888-382-1222 or
TTY: 1-866-290-4236 or
https://www.donotcall.gov/register.html

A free tool to reduce the number and frequency of unwanted calls.

Wisconsin Senior Medicare Patrol

888-818-2611 or
www.smpwi.org
1414 Macarthur Rd Ste A
Madison, WI 53714

DEAF AND HARD OF HEARING

Compass IL (Formerly Center for Independent Living Western Wisconsin)

1-800-228-3287 or https://compassil.org/

Rice Lake, WI. Serves Polk County. Provides information, resources, and access to assistive technology, explain available options, and demonstrate equipment. Assistance with TEPP, TAP, and other funding program applications is also available.

Hike Fund, Inc.

712-325-0812 or https://thehikefund.org/

Provides low-income children 0-20 years old with hearing aids and assistive devices.

ICanConnect – WI

844-638-5800 or
http://www.icanconnect.org/

Free communication technology for people with combined vision and hearing loss. Installation, training, and technical support is available. Qualification based on income.

IndiGO

715-392-9118 or
https://indigowi.org

Superior, WI. Serves Burnett County. Loan & demonstration program of assistive technology. Equipment available: communication aids, signaling devices, assistive listening devices, amplified phones, adaptive recreation aids, etc.

Miracle-Ear Foundation

888-716-1691 or
https://www.miracle-ear.com/

Gift of Sound Program provides hearing aids and hearing support services to families or individuals with low income. Application fee for adults (age 19 and older) is $150.



Office for the Deaf and Hard of Hearing

855-359-5252 or
https://www.dhs.wisconsin.gov/odhh/index.htm

Madison, WI. Provides information, referral services, and technical assistance.

Telecommunications Assistance Program Hearing Aid Assistance (TAP HAA)

608-267-7195 or
https://www.dhs.wisconsin.gov/odhh/tap.htm

Can provide up to $250 towards the cost of a telecoil or Bluetooth-enabled hearing aid or cochlear implant external processor.

Telecommunications Equipment Purchase Program

608-231-3305 or
https://psc.wi.gov/Pages/ForConsumers/TEPP.aspx

Madison, WI. Help people with disabilities buy specialized equipment they need in order to use basic telephone services.
TTY: 800-251-8345

Wisconsin Telecommunication Relay Systems

Voice to TTY:
711 or 800-947-6644 or
TTY: 711 or 800-947-3529

T-Mobile IP Relay System:
https://tmobileaccess.com

Spanish to Spanish:
711 or 800-833-7813
Spanish to English:
711 or 877-490-3723

https://wisconsinrelay.com/

Free service that enables people who are Deaf, Hard of Hearing, or those with a Speech Disability to place and receive confidential phone calls. Those without a text telephone but do have a computer and internet may use the T-Mobile IP Relay system.

Wisconsin Lions Foundation Hearing Project

877-463-6953 or
https://wisconsinlionsfoundation.org/our-work/hearing/

Helps Wisconsin residents who cannot afford to purchase a hearing instrument, and do not qualify for any existing state-funded financial assistance programs.

DENTAL RESOURCES

Wait lists may apply. Local colleges with dentistry or dental hygiene programs may offer services at lower cost but services are often by a student supervised by a professional.

Affordable Dentures

715-727-5519 or
https://www.affordabledentures.com/

Eau Claire, WI. Provide a comprehensive treatment in a safe environment. Services include Crown solutions, general dentistry, denture repairs, and new dentures.

Chippewa Valley Free Clinic

715-839-8477 or
http://cvfreeclinic.org/

Eau Claire, WI. Dental services only provided Tuesday 5-8pm serving uninsured individuals at or below 200% of the federal poverty level. Proof of income required.

Donated Dental Services

800-364-7646 or
www.wda.org

West Allis, WI. For individuals with a permanent disability or is 65 years of age or older with limited income and doesn't have access to dental insurance of any kind.

Hope Dental Clinic

651-789-7605 or
www.hopedentalclinic.org/

St Paul, MN. Free dental clinic for individuals with no insurance. Dental services available include comprehensive exam, cleanings, fillings, and tooth extractions.

Lake Superior Community Health Center

715-392-1955 or
https://lschc.org/

Superior, WI. Provides complete oral health care for the whole family. Preventative care, emergency care, and restorative services offered.

Marshfield Clinic Rice Lake Dental Center

715-236-8900 or
www.marshfieldclinic.org

Rice Lake, WI. Provides general dentistry and dental hygiene services. Will serve all patients, regardless of ability to pay or insurance status. A dental payment assistance program is available for patients with limited income and out-of-pocket dental expenses.

NorthLakes Community Clinic

888-834-4551 or
https://nlccwi.org/

Turtle Lake, WI and Hayward, WI. Provide comprehensive preventive dental services and emergency dental needs. Accepts Medicaid and sliding fee scale for private pay.

Sharing and Caring Hands Dental Clinic

612-338-4640 or
https://
sharingandcaringhands.org/
day-services

Minneapolis, MN. Extractions and fillings provided free of charge on a first come, first serve basis to individuals with little to no dental coverage when a dentist is available.

EMPLOYMENT

Compass IL (Formerly Center for Independent Living Western Wisconsin)

715-233-1070 or
https://compassil.org/

Work Incentives Benefits Specialist services do an in-depth analysis when someone is on SSI/SSDI , working, and how that affects Medicaid and their SS income and payments. If using a LTC program such as FamilyCare or IRIS the referral has to come from IRIS/FC to CIL. Private pay assessments available, call for pricing. Intake meeting with CIL required.

Division of Vocational Rehabilitation (DVR)

www.dwd.wisconsin.gov/dvr/

Burnett County
Ashland Office: 715-679-5577
Polk County
Rice Lake Office: 715-234-6806

Serves Polk and Burnett. Providing job services, training, and employment assistance to people while working with employers on finding workers to fill current job openings.

Great Lakes Inter-Tribal Council Vocational Rehabilitation

715-635-0967 or
https://www.glitc.org/

Develop and deliver vocational support to eligible Native Americans with disabilities living in the service area that are sensitive to their individual culture.

IndiGO (Formerly North Country Independent Living)

715-392-9118 or
https://indigowi.org

Employment services for people with disabilities to find employment in their community.

National Indian Council on Aging (NICOA)

505-292-2001 or https://www.nicoa.org/

Senior Community Service Employment Program (SCSEP) is an on-the-job training and employment program to help those age 55+ update jobs skills, build work experience, and continue to have economic security. Anyone at least 55 years old, unemployed, and a member of a family with income less than 125% of the family income levels. Not required that applicants be an American Indian or Alaska Native to participate.

Senior Community Service Employment Program

877-872-5627 or https://www.dol.gov/agencies/eta/seniors

Spooner, WI. Job training and placement program for low-income people age 55+.

Stout Vocational Rehabilitation Institute

715-232-1410 or https://www.uwstout.edu

Private pay vocational evaluation and training for people living with a disability.

West CAP Skills Enhancement Program

715-410-4735 or https://westcap.org/skills-enhancement-program/

Designed to assist with the cost of short-term training. Income restrictions.

West CAP Adult Literacy Program

715-410-4735 or https://westcap.org/services/adult-literacy/

One-on-one tutoring program for adults to improve literacy skills.

Wisconsin CEP Inc.

715-635-2175 or https://nwcep.org/

Spooner, WI. Guide federal, state, and private fund workforce development programs.

Wisconsin Senior Employment Program (WISE)

715-939-1400 Jobs for Progress, Inc. or https://www.dhs.wisconsin.gov/wise/index.htm

Employment training program for low-income, unemployed individuals aged 55+.

Wisconsin Works (W-2)

855-757-4539 or https://dcf.wisconsin.gov/w2/parents/w2

You must be the parent of a child under the age of 18, who lives with you. W-2 is a cash assistance program to help a parent get resources to find work and get a month cash assistance payment. Can help with job skills, provide work experience/training, access to education, job interview preparation, and job matching.





Workforce Resource

Burnett Office: 715-718-4840 or www.workforceresource.org/home.php

Vocational training programs with Northwood Tech, FSET, W-2, and WIO programs. Computers available for job search related activities. Webinars about interviewing and finding jobs, basic computer skills, and information about local jobs.

ENERGY AND UTILITY ASSISTANCE

30-Days Foundation (Energized)

https://www.the30-daysfoundation.org/ Email requests to mick@the30-daysfoundation.org detailing your needs. Do not call, text, or send letters.

A once-a-year grant opportunity. No application required. Grants are based on available funds and only paid to service providers. Not directly to applicant. A program assisting people in need of utility bill payments for phone service, heating, electricity and water.

Energy Star Focus on Energy

800-762-7077 or https://focusonenergy.com/

Provides financial incentives for home improvements and heating/cooling improvements to decrease home's energy use. Financial incentives range from $100-$2,400.

Emergency Assistance

855-757-4539 or https://dcf.wisconsin.gov/ea

You must be a parent or a relative caring for a child younger than 18. Emergency Assistance (EA) provides a payment and a connection to resources for families facing a setback due to a housing emergency, including impending homelessness and domestic violence, natural disaster, fire, or an energy crisis.

Energy Services Inc.

800-506-5596 or https://esiwi.com/

Provide low-income assistance needed to prevent energy emergencies from occurring.

EveryoneOn

877-789-9889 or www.everyoneon.org/

Connecting low-income families to affordable internet service and computers.

Heat and Housing for Heroes

800-891-9276 or https://heat4heroes.org/

Assistance for heating costs, electric costs, and energy related crisis situations for Veterans. Must apply for Wisconsin Home Energy Assistance Program (WHEAP) first.

Interfaith Caregivers of Burnett County

715-866-4970 or https://www.interfaithcare-giversburnettcountywis.org/

Heat-A-Home program may be able to assist you if you have wood stove heating.



Lifeline & Link-Up Program

800-234-9473 or https://www.lifelinesupport.org/get-help/

Help people on low-or fixed-income by reducing internet/phone bills and assisting with the phone service installation. Eligible customers must have proof of low-income status or be receiving specific benefits.

Public Service Commission Helpline

608-267-3595 or https://psc.wi.gov/Pages/Home.aspx

Internet and phone helpline. Can help apply for Lifeline program, find programs offered by local providers, or find nearby free Wi-Fi spots.

SafeLink Wireless

800-723-3546 or https://www.safelinkwireless.com/

Free/discounted cell phone service. Free phones only available for individuals enrolled in a Medicaid HMO or living on tribal land. Proof of Medicaid coverage needed to apply.

Salvation Army of Barron and Polk County

715-606-4150 or https://centralusa.salvationarmy.org/usc/

Serves Polk and Barron Counties. Emergency utility assistance with a disconnect notice. Must apply to WHEAP first.

Tribal Lifeline and Linkup

800-234-9473 or https://www.lifelinesupport.org/tribal-benefit/

Lowers the cost of phone/internet on Tribal lands. Eligible if you participate in Federal assistance programs, Bureau of Indian Affairs General Assistance, Tribal Temporary Assistance for Needy Families, and Food Distribution Program on Indian Reservations.

USDA Rural Development

715-635-8228 or https://www.rd.usda.gov/

Spooner, WI. Over fifty financial assistance programs for a variety of rural applications.

WestCap-Wisconsin Home Energy Assistance Program Information

715-598-4750 or https://westcap.org/services/energy-assistance/

To apply for Energy Assistance, contact WestCap. You can book a phone appointment through the website or complete the fillable form on your own and email it to info@wcap.org.

FAMILY CARE

Services are provided to those who qualify to provide an alternative to nursing home-based care. Eligibility is based upon functional assessment, income, and assets.

ADRC of Northwest Wisconsin

877-485-2372
https://adrcnwwi.org/

FOOD AND NUTRITION PROGRAMS

ADRC of Northwest Wisconsin Nutrition Program

877-485-2372
https://adrcnwwi.org/

ADRC Dining Program and Meals on Wheels of Northwest Wisconsin. General Public: $12 per meal; Individuals 60+: $4-$6 suggested donation. No one 60+ years of age is ever denied services because of inability to donate the suggested amount. Meals on Wheels requires a need-based screening for those entering at a donation rate.

ADRC DINING PROGRAM SITES:

Lakeside Community Lutheran Church

715-349-2154
28626 Cty. Rd H
Webster, WI

Amery Congregational Church

715-268-6818
201 Harriman Ave. N.
Amery, WI

Grantsburg Senior Center

715-349-2154
118 Madison Ave. W.
Grantsburg, WI

Joy Lutheran Church

715-554-1500
501 WI-35
Centuria, WI

Burnett County Central Kitchen

715-349-2154
7489 Main St. West
Webster, WI

Commodity Supplement Program for Seniors

715-598-4750 or email: njohnson@wcap.org

https://westcap.org/services/foodpantryinfo/commodity-supplemental-food-program/

Serves Polk County. WestCap provides a free box of commodity foods each month. Individuals must be 60+ and meet income guidelines.

Foodshare

Great Rivers Consortium: 888-283-0012 or https://www.dhs.wisconsin.gov/foodshare/eligibility.htm

Provides monthly benefits to help low-income households buy food.



ST. CROIX TRIBE ELDER CONGREGATE DINING

Danbury Nutrition Site:
715-656-3227
Sand Lake Nutrition Site:
715-349-2849

Meals are free to tribal elders who are 55+. Non-Tribal Members under 60 years and Tribal Members under 55 must pay $5.00.
https://stcroixojibwe-nsn.gov/

FOOD PANTRIES (BY CITY)

Amery

- Amery Area Food Pantry: 715-268-5999 or https://www.facebook.com/ameryareafoodpantry 230 Deronda St, Amery, WI 54001. Mon 9am-12pm, Thurs 3pm-6pm

Balsam Lake

- Balsam Lake Community Food Shelf: 715-485-3800 305 1st Ave E, Balsam Lake, WI 54810. 24/7 in the basement of the church.

Centuria

- Feed My Neighbor Food Pantry 715-405-2253 (Sally) 101 Us Hwy 35 Centuria, WI Mon 2-5 pm, Tues 5-7 pm, Thurs 10 am-2 pm, and Sat 9-11 am. Polk County Residents. Shopping allowed twice per month.

Clear Lake

- Lifeline Food Pantry: 715-263-3846 560 5th St, Clear Lake, WI 54005. Wed 1-5, Thu 10-2

Cumberland

- Cumberland Food Pantry: 715-822-3767 or https://www.facebook.com/CumberlandFoodPantry 1270 1st Ave, Cumberland, WI 54829. Fri 1pm-3pm.

Deer Park

- St. Croix Valley Food Bank Pop-Up https://scvfb.org/ Deer Park Public Library 112 Front St W, Deer Park, WI 54007. 4th Thurs of the month 11am-12pm

Frederic

- Family Pathways Food Shelf: 715-327-4425 or www.familypathways.org 1100 Wisconsin Ave. S, Frederic WI 54837. Tues/Thurs 9am–5pm, Wed 12pm-5pm, Sat 9am-Noon

Grantsburg

- Grantsburg Area Food Shelf: 715-222-4370 (Only call between 8 am-6 pm) 320 South Brad Street, Grantsburg, WI 54840. Thurs 9:30am-11:30am (For Grantsburg residents)

Luck

- Loaves & Fishes Food Shelf DBS Lions Hall, 300 North 1st Street Luck, WI 54853. Tues/Thurs. 11 am-1 pm

Osceola

- Open Cupboard 715-294-4357 openfoodshelf@outlook.com 402 2nd Ave, Osceola, WI 54020. Mon/Wed 9am-12pm, Thurs 11am-6pm

Pine City

- Family Pathways: 320-629-0128 or www.familypathways.org 220 7th St. SW., Pine City MN 55063. Mon/Thurs 9am–5pm, Wed 11am–5pm

Shell Lake

- ICAA Washburn County Food Pantry: 715-415-0384 or https://www.indianheadcaa.org/food-pantries/ 110 N Industrial Dr, Shell Lake, WI 54871. Fri/Sat 9am-11:45am.

Spooner

- Lakeland Family Resource Center: 715-939-1151 or https://lakelandfrc.com/ 819 Ash Street, Spooner, WI 54801. Open daily 5am-8pm at Spooner Business Center.
- Spooner Memorial Library Compassion Kitchen Bench Service: 715-635-2792 421 High Street, Spooner, WI 54801. Mon-Thurs 8am-8pm, Fri & Sat 8am-4pm
- Washburn County Food Pantry: 715-205-3273 1649 Cottonwood Ave. Spooner, WI 54801. Tues 9am-11am, Thurs 1pm-3pm

- Books & Bread: 715-635-3496 N4584 County Hwy 253, Spooner,WI 54801,4th Wed of the month,10:30-11:30am
- No Empty Bowls Pet Food Pantry: 715-635-4720 or http://www.wcahs.com/ 300 Roundhouse Rd., Spooner, WI. Thu-Sat 10am-2pm (For dogs & cats)

St. Croix Falls

- Family Pathways: 715-483-2920 or www.familypathways.org 2000 US Hwy 8, SCF, WI 54024. Mon/Wed/Thurs 9am-5pm, Tue 10:30am-4:30pm
- St. Croix Falls Food Pantry: 715-557-1653 809 Pine Street, St. Croix Falls, WI 54024. Mon 9:30am-11:30am, Wed 3pm-6pm, Fri 9:30am-10:30am

Turtle Lake

- Food Pantry: 715-986-4683 111 Elm Street S, Turtle Lake, WI 54889. Tues 12:30pm-3:30pm

Webster

- Burnett County Food Pantry: 715-349-8155 26356 Lakeland Ave South, Webster, WI. Mon/Tues/Fri 10am-3pm
- Food Distribution: located at Burnett County Food Pantry 3rd Thurs of every month starting at 8:30 am until gone.
- St Croix Chippewa Commodities Distribution: 715-349-2195 24663 Angeline Avenue, Webster, WI. Native American income eligible only.

GROCERY DELIVERY

These places will deliver to your home.

Austad's Supervalu (Turtle Lake)

715-986-2244 or https://www.austadssupervalu.com/

No charge; delivers up to 8 miles. Delivery Mon-Fri 10am-2pm, calls mut be in by 9:15 a.m. on the day of delivery. Curbside available 8:00am-4:00pm. On Tuesdays people 65+ get a 5% discount. Accept cash, check, and card. Pay via phone or at delivery.

Amazon

www.amazon.com

Order items online. Click the Department tab and grocery at the bottom of the list.

Dicks Fresh Market

www.dicksfreshmarket.com

Amery: 715-268-7513 (Delivers Tues)
Osceola: 715-294-2158 (Delivers Tues)
Contact location to order groceries over the phone. Call day prior. Delivery available at both locations.

Door Step

Frederic and St. Croix Falls, WI

St. Croix Falls: 715-483-2920
Frederic: 715-327-4425 or www.familypathways.org

Family Pathways will deliver food to qualifying individuals. This includes (but is not limited to) the following criteria: 60+ years of age, has a severe disability, can't access food, and must be under 200% of the Federal Poverty Line. Screening process required. See list of food pantries above for more information on addresses.

Pyx Health (Formerly Farmbox Rx)

https://www.pyxhealth.com/

Organic & Natural Produce Delivery. Offers different box sizes and types. Choose between organic and natural selections, get a mixed produce box, a box of just fruit, or a box of just veggies. Includes diabetic friendly box. Customize delivery schedule and NO commitments!

Interfaith Caregivers of Burnett County

715-866-4970 or https://www.interfaithcaregiversburnettcountywis.org/

Delivers food from local food pantries to individuals in need one day per month.

Interfaith Caregivers of Polk County

715-483-8500 or
www.interfaithpolk.org/

Will pick up and deliver from local food pantries or grocery shop for you.

Misfits Market

www.misfitsmarket.com

Affordable subscription box of funny-looking organic produce from farmers to rescue organic produce and other items, then deliver them to your door. Order a small or large box filled with organic fruits and veggies. Receive a box weekly or bi-weekly.

Mom's Meals

877-508-6667 or
www.momsmeals.com

Get refrigerated, home-delivered meals that are ready to heat. Serving clients who are covered under Medicare Advantage plans, Medicaid plans, Long-Term Services and Supports (LTSS) programs or the Older Americans Act, and by individuals or their caregivers who are looking for a self-pay program.

Nilssen's Market (Clear Lake)

715-263-2513 or
www.nilssensfoods.com

Must call the store before 4:00 PM on Tuesday to submit an order. Delivery available in the town of Clear Lake only. Delivery takes place Wednesday from 9:30 – 11:00. They accept payment over the phone with credit card or the delivery person will take cash/check. Curbside pick-up also available, see below.

GROCERY CURBSIDE-PICKUP

These locations will bring groceries to your car, but you must go to the store for pick-up.

Austad's Supervalu (Turtle Lake)

715-986-2244 or
www.austadssupervalu.com/

Curbside available 8:00am-4:00pm. On Tuesdays people 65+ get a 5% discount. Accept cash, check, and card. Delivery also available. See grocery delivery category for details.

Dicks Fresh Market

www.dicksfreshmarket.com

Amery: 715-268-7513
Osceola: 715-294-2158
Call by noon for same-day pickup.

Fourwinds Market

715-349-5563 or
www.fourwindsmarket.com

Siren, WI. Purchase groceries online and groceries get brought out to your car.

Horse Creek Store

715-294-3410 or:
https://www.facebook.com/horsecreekstore/

Curbside pick-up available. Accept cash, check, card. No EBT. Call ahead to order. Located in Star Prairie.





Jonzy Market

715-857-5753 or 888-811-5753 or https://jonzymarket.com/

Curbside available. Accept cash and card.

Marketplace Foods

1-844-235-1156 or https://shopmarketplacefoods.com/mpfstore2581

St. Croix Falls, WI. Order online, checkout, and pay for your grocery order. Select the day and time to pick up your order. Park at In-Store Pick Up for workers to deliver.

Nilssen's Market (Clear Lake)

715-263-2513 or www.nilssensfoods.com/

Curbside pick-up available. Pay in advance over the phone with card, or at pick-up with cash or check. Call ahead to order. Delivery also available in town only. See grocery delivery category for additional details.

Walmart Grocery Pickup

St. Croix Falls, WI: 715-483-1399
Pine City, MN: 320-629-5845

https://www.walmart.com/
Offering curbside pickup. Shop online, choose from groceries and more. Swing by and pick them up. Accepts SNAP EBT

FINANCIAL GUIDANCE SERVICES

FamilyMeans

1-800-327-3203 or https://www.familymeans.org/

Offering tools and education for people to gain financial stability and reduce unmanageable debt. Budget and debt counseling, debt management program, financial education. Free budget and credit counseling, Debt Management Program are charged a one-time origination (set-up) fee and a monthly fee up to $75 per month. Fees are based on a percentage of the monthly payment to your creditors and may be reduced/waived in hardship situations.

LSS Financial Counseling

888.577.2227 or https://financialcounseling.lssmn.org/

Offering budget and debt counseling, credit report review, and debt management. Some services may require fees, call for details.

Edward Jones

Eric Morrissey & Ryan Collins
715-268-4106
329 Keller Ave S
Amery, WI 54001



HEALTHCARE-REDUCED RATE

Direct Access Lab Testing/ Cash Labs

Discounted cash price for common lab tests. May have a financial assistance program available to patients needing medical care but are unable to afford the medical expenses and/or offer. Contact individual facility for more information.

30-Days Foundation (Kindworks)

https://www.the30-daysfoundation.org/ Email requests to mick@the30-daysfoundation.org detailing your needs. Do not call, text, or send letters.

A once-a-year grant opportunity. No application required. Grants are based on available funds and only paid to service providers. Not directly to applicant. The Kindworks program assists with prescription costs, unexpected medical costs and/or aftercare

Amery Hospital and Clinics

715-268-8000 or https://www.healthpartners.com/care/hospitals/amery/

Amery, Clear Lake, Luck, and Turtle Lake Clinic Locations- Direct Access Lab Testing and financial assistance program available.

Burnett Medical Center

715-463-5353 or https://www.burnettmedicalcenter.com/services/direct-access-testing/

Grantsburg, WI. Direct Access Lab Testing and financial assistance program, and Community Care Program available.

Cumberland Healthcare

715-822-7500 or https://cumberlandhealthcare.com/

Cumberland, WI. Offers Direct Access Lab Testing.

Osceola Medical Center

715-294-2111 or https://www.myomc.org/

Osceola, WI. Offers Direct Access Lab Testing and financial assistance program and Community Care Fund available.

St. Croix Health

715-407-4197 or https://www.saintcroixhealth.org/

St. Croix Falls, WI. Offers Direct Access Lab Testing

Western Wisconsin Health

715-684-1111 or https://www.wwhealth.org/

Baldwin, WI. Offers Direct Access Lab Testing.

FREE AND REDUCED CLINICS

Chippewa Valley Free Clinic

715-839-8477 or http://cvfreeclinic.org/

Eau Claire, WI. Services are free to individuals who are uninsured or underinsured and are at or below 250% of the Federal Poverty Level. Proof of income required.

Menomonie Free Clinic

715-308-3808 or http://www.menomoniefreeclinic.org/

Menomonie, WI. Tues evening by appointment. Anyone who is in need of medical care, uninsured/underinsured, with an income of 250% or less of the Federal Poverty Level.

Rice Lake Area Free Clinic

715-736-3733 or https://rlafc.org/

Rice Lake, WI. 1st Tues of month 10am-1pm, all other Tuesdays from 4pm-7pm; services are free to individuals with no health insurance and who make less than 200% of the Federal Poverty Level.

Wisconsin Well Woman Program

www.dhs.wisconsin.gov/wwwp/index.htm

Polk County Public Health Department: 715-485-8500 (Polk and Burnett Counties) Provides preventive health screening to women, ages 45-64, with little health insurance coverage. WWWP pays for mammograms and Pap tests. Income guidelines apply.

HAIR, SKIN, AND NAILS

Advanced Wound Care

262-898-9000 or https://advanced-wounds.com/

Mount Pleasant, WI

Provide varied levels of mobile wound care services, including diabetic foot care. Accept private insurance, Medicaid, Medicare. Will serve northwest WI area, but conditions may apply.

American Foot Care Nurses Association

https://www.afcna.org/FindFootCareNurse

A national, searchable database for finding a provider. A Foot Care Provider is a nurse or other specialist who has training in the care of "routine" foot care problems. Each provider works independently, and their practice may vary. Their specific training and whether they have achieved Certification will be shown in their individual listings. Use personal discretion in choosing a provider.

Burnett Medical Center

715-463-5353 or https://www.burnettmedicalcenter.com/

Foot/Nail Care services by an RN/Diabetes Educator and LPN. $25 per session.

Melissa Erickson, LPN

715-645-2558

Serving Washburn and Burnett Counties. Offer in-home (distance restrictions may apply) or on-site at Spooner Wellness Center. Services include warm soak, nail trim and file, and lotion for hands and/or feet and callous reduction (foot only). Performed by a licensed and dementia-care certified LPN. Cash or check only. Does not accept insurance. $25 for hands, $35 for feet. Travel costs for in-home visits apply.

Teresa Anderson, RN

605-376-6980

Registered nurse specialized in lower extremities and feet, offering foot care services and simple exams. Includes cleansing, clipping, debridement, massage (foot and lower leg), and assessment for concerning symptoms. Located periodically at A&H Lakeside Lutheran, Danbury United Methodist, Webster United Methodist, and Siren Bethany Lutheran Church. Approximately 9 stops a month in 2-week rotations. $30 cash or check. Please call for the schedule.

HEALTH INSURANCE PROGRAMS

ADRC of Northwest Wisconsin

877-485-2372
https://adrcnwwi.org/

Elder Benefits Specialists (aged 60+) and Disability Benefits Specialists (aged 18-59) can provide general information on public and private insurance options. Includes Wisconsin Medical Assistance, SeniorCare, Medicare, SSI MA, etc.

Forward Health Member Services

800-362-3002 or
www.forwardhealth.wi.gov

For people already receiving Wisconsin Medical Assistance (MA, Medicaid, BadgerCare+, SSI MA). Answers questions regarding coverage, billing and prior authorization. Also provides referrals to dentist/dental services who accept Medicaid.

Health Insurance Marketplace

800-318-2596 or
https://www.healthcare.gov/

Apply for health coverage, compare options, and enroll.

Health Insurance Marketplace Navigators and Certified Application Counselors

Trained to help consumers, small businesses, and employees with health coverage options through the Marketplace, including completing eligibility and enrollment forms. Required to be unbiased and free.

Polk County Public Health Department

715-485-8500 or
https://www.polkcountywi.gov/polkcountyhealth/services/index.php

Serves Polk & Burnett Counties.

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www.lpicommunities.com/advertising-solutions





iCare - Independent Care Health Plan

800-777-4376 or
www.icarehealthplan.org/
1555 N River Center Dr #2
Milwaukee, WI 53212

Covering WI

https://coveringwi.org/
To speak to a Navigator please call 877-942-6837.

Northlakes Community Health Clinic

715-986-2599
Turtle Lake, WI.

MEDICAL ASSISTANCE (MEDICAID, MA)

Great Rivers Consortium

888-283-0012
A group of county agencies that determine enrollment and ongoing case management. Serves Polk and Burnett Counties.

MEDICARE & MEDICARE PART D INFORMATION

ADRC of Northwest WI

877-485-2372

Medigap Part D Helpline

800-242-1060 or
https://boaltc.wi.gov/pages/medigap/medigap.aspx

Info on supplemental insurance policies and health insurance questions.

Medicare National Information Line

800-633-4227

Medicare Part D Information Line

866-456-8211

MEDICARE FRAUD

Coalition of Wisconsin Aging Groups (CWAG)

800-488-2596

Medicare National Information Line

800-633-4227

Senior Medicare Patrol

888-818-2611



Office of the Commissioner of Insurance for WI

800-236-8517 or https://oci.wi.gov

Madison, WI. Enforces insurance laws, agent licensing, and investigates complaints.

Senior Care

800-657-2038 or https://www.dhs.wisconsin.gov/seniorcare/index.htm

A prescription program for Wisconsin residents aged 65 or older. There are three levels of program participation, dependent upon income.

HEALTH PROMOTION AND WORKSHOPS

ADRC of Northwest Wisconsin

877-485-2372
https://adrcnwwi.org/

Various evidence-based programs offered throughout the year, including Arthritis Foundation Exercise Program, Powerful Tools for Caregivers, Stepping On, and programs about dementia and to promote brain health.

Community Education Programs

Schools sometimes offer low-cost exercise classes or groups, such as walking, line dancing, yoga, and more. Check individual schools for Polk County. For Siren, Webster, and Burnett County.

Family Caregivers Rock

familycaregiversrock@outlook.com

Nonprofit that supports the health and wellness of family caregivers by granting wishes to family caregivers. Serving Polk County

Senior Planet from AARP

www.seniorplanet.org/virtual-fitness-wellness-events/

Offering virtual fitness and wellness events through zoom for people 60+.

Well Connected

877-797-7299 or https://frontporch.net/connect/well-connected/

Both phone and online community offering activities, education, friendly conversation, and an assortment of discussion and support groups to older adults all from the comfort of home. This is free of charge to all participants and available to adults 60+.

EXERCISE FACILITIES, PUBLIC PARKS, AND TRAILS

Amery Area Community Center Circuit Breakers Fitness Center

715-268-6605 or https://www.amerycommunitycenter.com/

Amery, WI. Amery Centennial Hall. Open to adults aged 21 and older, $10/month.

Amery Fitness Center

715-268-0117
220 Kellen Ave. N., Amery

Anytime Fitness

(715) 349-2582 or https://www.anytimefitness.com/locations/siren-wisconsin-1777

Membership based gym with multiple plan options, and a free trial option. Holds Silver Sneakers classes. Will work with Silver Sneakers, Silver & Fit, Renew Active, and One Pass programs. Located in Siren, WI.

Burnett County Parks & Trails

715-349-2157 or https://www.burnettcountywi.gov/202/Parks

County website with information on public parks. Milton Stellrecht and Yellow Lake Narrows have handicap accessible fishing piers. Trail pass may be required. Park-specific details: https://www.arcgis.com/

Grantsburg Fitness and Performance

(715) 566-2477 or https://www.facebook.com/GrantsburgFP/

Membership based gym. Will work with One Pass and Renew Active to possibly wave membership fee.

Osceola Middle School

715-294-4600 or https://www.osceola.k12.wi.us/community/aquatic-center.cfm

Public access aquatic center with prices based on daily drop in, or monthly/yearly membership. Offers lap swim, open swim, or aqua aerobics. Requires prior sign-up to secure a spot.

Polk County Parks and Trails

715-485-9294 or https://www.polkcountywi.gov/government/divisions_and_departments/public_works/parks___trails/index.php

County website with information on public parks, trails, forests, and more. Brochure contains details on amenities. DD Kennedy has a handicap accessible dock. Trail pass may be required.

Snap Fitness

715-483-9765 or https://www.snapfitness.com/us/

St. Croix Falls, WI. Membership based gym. Multiple locations in Polk County. Offers an option for a short free trial.

Sunshine Community Fitness

888-722-1968 or https://www.sunshinecommunityfitnesscenter.com/

Membership based gym with multiple plan options, small discount for seniors and veterans. Will work with many insurance companies as well as Silver Sneakers, Silver and Fit, Renew Active, and others. Contact for additional details. Multiple locations in Polk County. Offer and option for a short free trial.

Unity High School Fitness Center

715-825-3515 Ext. 2205 or https://www.unity.k12.wi.us/page/fitness-center2

Public access with prices based on daily drop in, or monthly/yearly membership. Senior Citizen 55+ receive discounted rate. Fees are to access to aquatic center, workout room, or a combo package.

Wild River Fitness

715-294-2164 or https://www.wildriverfitness.com/

Membership based gym located in Osceola with several membership plans at varying rates, including discounts for seniors and veterans. Offering equipment, free classes to members, certified staff, an initial consultation, and more. Call for further information. Honors the SilverSneakers®, Silver and Fit®, Renew Active™, Tivity Prime® Fitness and Active and Fit® programs. Free outdoor walking path next door at the clinic.



HOME HEALTH CARE

Licensed agencies offer in-home skilled nursing, therapy services, and personal care.

Adoray Home Health & Hospice
800-359-0174
https://adoray.org/
Baldwin, WI. Serves Polk Counties.

Allina Home Health Care and Hospice
800-261-0879 or
www.allinahealth.org/
St Paul, MN. Serves Polk County

Comfort Keepers
715-381-6730
www.comfortkeepers.com/
2424 Monetary Blvd Ste 12
Hudson, WI 54016

Comforts of Home
715-800-0688
https://www.wpseniorliving.com/
St. Croix Falls, WI

Good Samaritan Society
715-483-5505
www.good-sam.com/
St Croix Falls, WI. Serves Polk and Burnett Counties.

Hearts of Gold
715-468-2931
Shell Lake, WI.
Serves Polk and Burnett Counties.

Indianhead Home Health Services
715-532-4222
Ladysmith, WI. Serves Polk and Burnett Counties.

Transitions at Home
715-883-1904
Spooner, WI. Serves Burnett County.

Interim HealthCare
715-377-9617
https://www.interimhealthcare.com/
Hudson, WI. Serves Polk County.

Spooner Health System Home Care
https://spoonerhealth.com/
715-939-1738 Spooner, WI.
Serves Burnett County.

St Croix Hospice
715-278-2764
www.stcroixhospice.com/frederic-wi/?utm_so
107 Oak St E Ste 1
Frederic, WI 54837

Touching Hearts at Home
715-245-1944
www.touchinghearts.com/westwi
990 Hillcrest St Ste 110
Baldwin, WI 54002

Advanced Wound Care
262-898-9000
Mount Pleasant, WI
Serves statewide but conditions may apply.
Accept private insurance, Medicaid, Medicare

HOSPICE

Health care and support services for the terminally ill and their families. Can be provided in-home or in care facilities.

Adoray Hospice
715-629-1888
https://adoray.org/
Baldwin, WI. Serves Polk county.



Allina Home Health Hospice and Palliative Care
651-635-9173
www.allinahealth.org
St. Paul, MN. Serves Polk County.

Regional Hospice Services
715-685-5151
715-635-9077
www.regionalhospice.org/
Ashland and Spooner, WI.
Serves Polk and Burnett Counties.

Interim Healthcare Hospice of Western WI
715-377-9617
www.interimhealthcare.com
Hudson, WI.
Serves Polk County.

Gentiva Hospice
866-216-5708
https://www.gentivahs.com/
White Bear Lake, MN and Eau Claire, WI.
Serves Polk County.

St. Croix Hospice
715-318-0916
www.stcroixhospice.com/
Frederic, WI. Serves Polk and Burnett Counties.

Moments Hospice
877-666-3687
www.momentshospice.com
Will travel to Client.
Serving Polk



HOUSING – ASSISTANCE

30-Days Foundation (Rent & Moving Support)

https://www.the30-daysfoundation.org/

Email requests to mick@the30-daysfoundation.org detailing your needs. Do not call, text, or send letters. A once-a-year grant opportunity. No application required. Grants are based on available funds and only paid to service providers. Not directly to applicant. "Let's Move" program assists with moving needs/storage fees. "Keep the Key" program assists with back rent/deposit struggles. "Some Hope" helps with getting a deposit to enter recovery houses and sober houses.

Department of Agriculture, Trade and Consumer Protection Hotline

800-422-7128 or
https://datcp.wi.gov/

Resource for tenants and landlords interested in learning more about their rental rights and responsibilities under WI law.

Emergency Assistance

855-757-4539 or
https://dcf.wisconsin.gov/ea

You must be a parent or a relative caring for a child younger than 18. Emergency Assistance (EA) provides a payment and a connection to resources for families facing a setback due to a housing emergency, including impending homelessness and domestic violence, natural disaster, fire, or an energy crisis.

Foundation for Rural Housing, Inc.

888-400-5974 or https://www.ffrh.org/

Oregon, WI. Critical housing assistance for security deposit, delinquent rent, mortgage payment, property taxes, and utility bills.

Home Buyer Program

715-726-7801 or https://chippewacountywi.gov/309/Home-Buyers

No interest, deferred payment loans available for down payment and closing costs assistance to income-eligible homebuyers. Administered by Chippewa County Housing Authority. Serves Polk County.

Medicaid Housing Support Services

https://www.dhs.wisconsin.gov/medicaid/housing-benefit.htm

Housing support services dedicated to assisting Wisconsin Medicaid recipients experiencing housing insecurity with substance use or mental health challenges. Must be homeless, facing imminent homelessness, or fleeing domestic violence and under 150% of the poverty level. Other qualification requirements may apply.

Movin' Out

877-861-6746 or https://www.movin-out.org/

Madison, WI. Offers information, referrals, and resources for home ownership, home repair for safety and accessibility, or rental housing for low-income families. Serves income-qualified households with a person who has a permanent disability of any kind.

Native American Direct Loan

888-349-7541 or https://www.va.gov/housing-assistance/home-loans/loan-types/native-american-direct-loan/

If you're a Veteran, and either you or your spouse is Native American, the VA Native American Direct Loan (NADL) program may help you get a loan to buy, build, or improve a home on federal trust land. You may also get a loan to refinance an existing NADL and reduce your interest rate.

Northwest Regional Housing Rehab and Down Payment Assistance Program

715-635-2197 or www.nwrpc.com

Burnett County. Provide closing costs and up to 50 percent of the down payment to Low and Moderate-Income clients. Income limitations.

Salvation Army of Burnett County/Faith House

715-349-8744 or www.salvationarmywi.org/

Siren, WI. Administer Tenant Based Rent Assistance, Rapid Rehousing, and Homeless Prevention programs for Burnett County.

Salvation Army of Barron and Polk County

715-606-4150 or https://www.salvationarmyusa.org/wi/

Administers Permanent Supportive Housing program and will provide rent assistance if an eviction notice has been received. For rent assistance, individuals must contact and apply for assistance through Rural Housing, Inc., and Workforce Resource Emergency Assistance Program first. No mortgage assistance provided.

USDA Rural Development

715-635-8228 or www.rd.usda.gov/

Spooner, WI. Serves Burnett and Polk Counties. Rural Direct Loan Program to assist low and very low-income applicants to obtain decent, safe, and sanitary housing.



WestCap

715-598-4750 or https://westcap.org/

Serving Polk County. Section 8 Housing Voucher Program, Rapid Rehousing, and Tenant-Based Rental Assistance. Income Restrictions. Appointments also online.

Wild Rivers Habitat for Humanity

715-939-1390 or https://wildrivershabitat.org/

Serves Polk and Burnett Counties. Build homes in partnership with families and finance homes with zero to low interest loans, to families who could not otherwise afford a home.

Wisconsin Emergency Rental Assistance Program

833-900-9372 or https://doa.wi.gov

Assistance with utility and energy payments, rent, and services to stay in home. May receive up to 12 months of assistance. Must qualify for unemployment, risk of eviction, or household income below 80% of county median. Must apply for energy assistance.

Wisconsin Housing and Economic Development Authority

800-755-7835 or www.wheda.com

WHEDA works closely with lenders, developers, local government, nonprofits, community groups, and others to implement its low-cost financing programs.

Workforce Resource Emergency Assistance Program

855-792-5439 or www.workforceresource.org/

Assist with past due rent, security deposit, first month's rent, and utility disconnect notices. Must have an eviction/disconnect notice and a minor child living in the home.

HOUSING – RENTING

Subsidized housing may have income, age, or disability guidelines to qualify.

Butterfly House

715-417-1216 or https://butterflyhousescf.org/

St. Croix Falls. A sober residence for women 18+ who are in recovery from alcohol or other drug dependencies while introducing sober-living skills, peer-to-peer fellowship and support, and educational experiences. Not wheelchair accessible. Requires full-time employment or eligibility for it. Other contingencies located on their website.

HUD Housing Discrimination Hotline

800-669-9777 or https://www.hud.gov/helping-americans#reportissue

Information about Fair Housing Rights and file a complaint about housing discrimination.

HUD Public and Indian Housing Customer Service Center

800-955-2232 or
https://www.hud.gov/

Information about programs operated by the Office of Public and Indian Housing (HUD programs).

WIHousingSearch.org

877-428-8844 or
https://wihousingsearch.org/

Free, up-to-date listings of rental housing throughout WI

RENTAL AGENCIES

Allegiant Property Management

608-784-1381
https://
allegiantpropertymgmtllc.
com/

Amery Housing Authority

715-268-2500
www.ameryhousingauthority.
org/

Burnett County Housing Authority

715-866-8231
www.burnettcountyhousing-
authority.org/

Catholic Charities Bureau

888-276-0246
www.ccbsuperior.org/

Clear Lake Housing Authority

715-263-3370



Croix Management

651-465-6841

Dak Management

608-822-7368
www.dakgroup.org/

Frederic Housing Authority

715-327-8490
www.fredericwi.com/

Grantsburg Housing Authority

715-463-2475
https://district8housing.org/

ACC Management Group

715-232-9940
www.accmanagementgroup.
com/

Ecumen

715-557-0559
www.ecumen.org/

Impact Management Group

715-651-2053
www.impactseven.org/

Luck Housing Authority

715-472-2032

Meridian Group Inc

715-635-3075
www.meridiangroupinc.net/

Milltown Apartments

715-825-2026

Osceola Housing Authority

715-294-3629

Polk County Housing Authority

715-294-4243
https://www.polkcountywi.gov/
housing_authority/index.php

Ridgeview

715-263-4356

Sunny View Apartments, E. Fuller Inc.

715-634-2040

St. Croix Tribal Housing Authority

715-349-2727
https://stcroixojibwe-nsn.gov/

WestCap

715-598-4750
https://westcaprentalproper-
ties.org/

HOUSING – SHELTERS

Benjamin House

715-736-2437 or www.benjamins-house.org/

Rice Lake, WI. Provides emergency shelter. Evening meals may be provided and served family-style. All other meals are self-serve. An individual case plan will be completed with a case manager. Referrals to community agencies also made.

CRA (Community Referral Agency)

800-261-7233 or https://www.crashelter.org/

Provides services and support to victims of domestic violence and sexual assault. Also offers shelter. Serves Polk and Burnett Counties.

Faith House

715-349-8744 or https://www.salvationarmyusa.org/wi/siren/w-main-st/

Siren, WI. Salvation Army Shelter provides shelter to homeless families residing in Burnett and surrounding counties.

Grace Place

715-246-1222 or https://www.salvationarmyusa.org/wi/new-richmond/w-8th-street/

New Richmond, WI. Salvation Army shelter here to provide stability to low-income families and individuals by offering services that address their needs.

Northwoods Homeless Shelter

Crisis Line: 715-268-5730 or 715-554-0137 or https://northwoodsshelters.org/

Provide up to 90 days of stay for homeless families and individuals. Has three units of shelter in Amery and Luck. Can provide long-term housing for residents of the emergency shelter program that have long-term issues at risk of being homeless.

Our Neighbors' Place

715-426-9000 or https://ourneighborsplace.org/

River Falls, WI. Day Center provides housing support and general advocacy. Transitional housing program supports a family's need for shelter and security.

Stepping Stones

715-235-2920 or www.steppingstonesdc.org

Menomonie, WI. Provides emergency shelter, housing assistance, and referral services.

The Family House Warming Shelter

715-651-8740

Rice Lake, WI. Serve the homeless, providing warm meals, and safe overnight shelter.

1 & 2 Bedroom Apartments

Designed for seniors (62+) with low to moderate incomes and for individuals with disabilities.



Locations in: St. Croix Falls, Milltown, Dresser, Osceola, Balsam Lake, Clear Lake

Accepting Non-Smokers only

FOR ELIGIBILITY INFORMATION OR APPLICATION CONTACT:

POLK COUNTY HOUSING AUTHORITY

(715) 294-4243

403 2nd Avenue E., Osceola, WI 54020

HOUSING – MODIFICATIONS, REPAIRS & WEATHERIZATION

MODIFICATIONS

Compass IL (Formerly Center for Independent Living Western Wisconsin)

1-800-228-3287 or https://compassil.org/

Duluth, WI. Serves Polk County. Discuss ways to improve a home's accessibility. Identify areas that could be improved and offer possible solutions. Recommendations include a ramp design, building information, or suggestions on how to remodel for better access. Also provide information on funding options for these projects.

Home Modification Occupational Therapy Alliance

269-978-8340 or https://hmota.net/

Occupational therapy home evaluations, attendant care evaluations, functional evaluations, accessible design services, adaptive equipment, wheelchair ramps and lifts, construction management. Medicare and private pay option.

Home Safety Innovations

920-379-4439 or 920-538-2148 or https://homesafetyinnovations.com/

Offering home evaluations, bathroom modifications, and wheelchair ramp rentals/sales including the ability to install them. Work with Inclusa, My Choice, and IRIS.

IndiGO (Formerly North Country Independent Living)

715-392-9118 or https://indigowi.org

Superior, WI. Serves Burnett County. Provides information & referral about a building's accessibility guidelines for public and private homes & businesses.
TTY: 800-924-1220

Interfaith Caregivers of Burnett County

715-866-4970 or https://www.interfaithcare-giversburnettcountywis.org/

Webster, WI. Minor home repair or modification projects.

Interfaith Caregivers of Polk County

715-483-8500 or www.interfaithpolk.org/

St. Croix Falls, WI. Minor home repair or modification projects.

Next Day Access

800-423-0751 or (763) 325-0738 or www.nextdayaccess.com/

Can install wheelchair ramps, stairlifts, grab bars, handrails, and other bathroom equipment modifications within 90 minutes of Minneapolis, MN, also serving northwestern Wisconsin. Free in-home consultation and on-site estimates. Will work with Medicaid, IRIS, Inclusa and MyChoice.

Northwest Regional Housing Rehab and Down Payment Assistance Program

715-635-2197 or www.nwrpc.com

Burnett County. Funds may be used for accessibility modifications. Income limitations.

Tomorrow's Home Foundation Helping Hand Assistance Program

608-255-1088 or www.tomorrowshomefoundation.org

Grant program to assist low-income mobile and manufactured homeowners who need critical home repairs to remain in the home. Grant recipient must pay at least 10% of costs. Grants given up to $2,500.

USDA Rural Development

715-635-8228 or https://www.rd.usda.gov/

Spooner, WI. Low interest loans for very-low-income homeowners to repair, improve, or modernize homes and grants for elderly (62+) very-low-income homeowners to remove health and safety hazards.

REPAIRS

Interfaith Caregivers of Burnett County

715-866-4970 or
https://www.interfaithcare-giversburnettcountywis.org/

Webster, WI. Minor home repair or modification projects.

Interfaith Caregivers of Polk County

715-483-8500 or
https://www.interfaithpolk.org/

St. Croix Falls, WI. Minor home repair or modification projects.

Home Repair Program

715-726-7801 or
https://www.chippewacounty-wi.gov/178/Housing-Authority

The Housing Rehabilitation Program is a 0% interest loan program designed to assist low and moderate-income households with repairs to their homes. Administered by the Chippewa County Housing Authority, Chippewa, WI. Serves Polk County.

Northwest Regional Housing Program

715-635-2197 or
https://www.nwrpc.com/956/Regional-Housing-Program

Spooner, WI. Assistance in the form of a zero percent, deferred-payment loan to make repairs to an owner-occupied home. Services include new siding, roofing, windows, septic systems, insulation, furnaces, etc. Serves Burnett County and the St. Croix Tribe.

Tomorrow's Home Foundation

608-255-1088

Grants for critical repairs for individuals to stay in their manufactured or mobile home.

USDA Rural Development

715-635-8228 or
https://www.rd.usda.gov/

Spooner, WI. Low interest loans for very-low-income homeowners to repair, improve, or modernize homes and grants for elderly (62+) very-low-income homeowners to remove health and safety hazards.

Well Compensation Grant Program

608-720-0122 or
https://dnr.wisconsin.gov/aid/WellCompensation.html

Provides funding to eligible landowners or renters to replace, reconstruct or treat contaminated private water supplies that serve a residence or provide water to livestock. To be eligible, family income may not exceed $65,000 for the prior calendar year.

Wild Rivers Habitat for Humanity

715-939-1390 or
https://wildrivershabitat.org/

Home Preservation program helps with exterior work including painting, patching, minor repair, landscaping, and replacement of exterior building. Provides the Critical Home Repair program that includes more extensive interior or exterior work to address health and safety issues or code violations. Serves Polk and Burnett Counties.

WEATHERIZATION

WestCap

715-598-4750 or
https://westcap.org/services/weatherization-2/

Glenwood City, WI. Serves Burnett and Polk counties. Services include air sealing, insulating, improvements to the heating system, water heater upgrades, installation of water saving devices, LED lighting upgrades, replacement of inefficient refrigerators and freezers, and installation of ventilation fans. All services provided at no cost as an additional benefit of the Wisconsin Home Energy Assistance Program.

Wild Rivers Habitat for Humanity

715-939-1390 or
https://wildrivershabitat.org/

Weatherization Program helps to improve the energy efficiency and indoor air quality of a home. Includes an energy audit, testing of the home, and homeowner education. Serves Polk and Burnett Counties.

INDEPENDENT LIVING CENTERS

Provides information, support, independent living training and advocacy services for people with disabilities. ADA consultation, adaptive equipment and home modifications, financial and medical benefits consultation, housing, and transportation information.

Compass IL (Formerly Center for Independent Living Western Wisconsin)

1-800-228-3287 or
https://compassil.org/

Menomonie, WI. Serves Polk County. Provides support and training for individuals to become involved in systems change advocacy, skills training, and information referral.

Home Modification Occupational Therapy Alliance

269-978-8340 or
https://hmota.net/

Occupational therapy home evaluations, attendant care evaluations, functional evaluations, accessible design services, adaptive equipment, wheelchair ramps and lifts, construction management. Medicare and private pay option.



IndiGO (Formerly North Country Independent Living)

715-392-9118 ext. 118 or
715-919-4932
email: don@indigowi.org
https://indigowi.org

Superior, WI. Serves Burnett County. Provides information, training, and support to people with disabilities in making decisions about disability related needs. All services are consumer controlled; each individual decides which services they wish to participate in while working with staff to establish goals and determine steps to meet those goals.

IN-HOME HELP

Agencies that provide personal care and supportive home services. Personal care includes "hands-on" services administered to the consumer's body such as bathing, grooming, and hygiene. Supportive home care includes services that are done around the consumer's environment such as laundry, cooking, house cleaning, and meal preparation. Medical assistance does not pay for supportive home care services, but they may pay for personal care services. Community Supported Living (CSL) programs offer similar services as in home help agencies but are provided on a more flexible schedule and can include more education, to assist the individual in learning a new skill.

Compass IL (Formerly Center for Independent Living Western Wisconsin)

1-800-228-3287 or https://compassil.org/

Rice Lake, WI. Serves Polk County. Provides personal and supportive home care services. Accepts private pay, MA, and long-term care insurance.

Comfort Keepers

715-381-6730 or www.comfortkeepers.com

Hudson, WI. Serves Polk County. Accepts private pay, and VA. Offers Homemaker/ Home Health Aide Care. This benefit is for eligible Veterans that need skilled services, case management, and help with ADL's.

Cornerstone Caregiving

715-418-8900 or https://cornerstonecaregiving.com/locations/rice-lake-wi/

Rice Lake, WI. Serves an approximately 1 hr radius. Provides personal and supportive in-home care ranging from personal needs, housekeeping, meal management, and more. May be covered by private pay, long-term care insurance, or Veterans benefits, and Medicaid (in certain markets).

Home Instead

715-941-4717 or https://www.homeinstead.com/

Eau Claire, WI. Serves both Polk county and Burnett County. Accept private pay, long-term care insurance, county grants, and work with VA. Require minimum 3hr shifts. Will service where the recipient is, home or facility. Can assist with non-medical care, including personal hygiene, housekeeping, meal prep, med reminders. Skilled with dementia.



IndiGO

715-392-2533 or https://indigowi.org

Superior, WI. Serves Burnett County. Provides personal and supportive home care. Accepts private pay, MA, and long-term care insurance.

Innovative Services

715-919-1093 or https://innovativecareservices.org/

Community supported living program serves residents within a 30 mile/30-minute radius of the Siren and St. Croix Falls offices; beyond area is determined case by case.

IntegriCare

715-205-3746

Provide most non-medical services for those living within 10 miles of Barron County in Polk County. Accepts private pay and works with IRIS/Family Care.

Interfaith Caregivers of Polk County

715-483-8500 or https://www.interfaithpolk.org/

St. Croix Falls, WI. Minor repairs around the house, Help making meals after a hospital stay, and seasonal yard work.

International Quality Homecare

888-278-3405 or http://www.internationalquality.com/

Eau Claire, WI. Serves Polk County. Providing personal care, transportation, respite care, services. Accepts private pay, Medicaid, VA, and private insurance. Hayward location serves Burnett County.

Lutheran Social Services

877-967-5577 or https://www.lsswis.org/

Community supported living program serving Polk County. Open to inquiries for services from Burnett County but can't guarantee immediate start to services.

Peaceful Living

715-386-7071 or www.peacefullivingcare.com

Hudson, WI. Serves Polk County. Accepts private pay, medical assistance, and long-term care insurance. Accepts medical assistance and private pay.

Serenity Care Agency, LLC

715-308-3800 or https://serenitycareagency.com/

Boyceville, WI. Serves Polk County. Provides personal care and supportive home care services. Accepts private pay and will work with long term care insurance.

St. Raphael's Home Care Services LLC

612-448-2614 https://straphaelhcs.com

2163 US Hwy 8, Ste 100
St. Croix Falls, WI 54024
Serves Polk County.

Synergy HomeCare

612-256-2214 or https://synergyhomecare.com

Serving Polk south of Highway 8. Provide a wide range of non-medical in-home care services for aging individuals as well as those with disabilities. Includes options for 24/7 or live-in care services, transportation services, and companionship services, including end-of-life comfort services. Accept private pay, Iris, and veteran benefits.

Touching Hearts at Home

715-245-1944 or www.touchinghearts.com

Baldwin, WI. Serves Polk County. Accepts private pay and long-term care insurance.

Transitions at Home

715-883-1904 or https://www.wisconsinillinois-seniorhousing.org/senior-living/wi/spooner/transitions-at-home-north/

Spooner, WI. Offer services such as transportation to doctor, light housekeeping, companionship, typically private pay, sometimes VA will pay. Any amount of hours, no minimum hour requirement.

Village Caregiving

218-491-3507 or https://villagecaregiving.com/duluth-mn/

Village Caregiving is a non-medical homecare service that aids with bathing, eating, meal preparation,

toileting, grooming, and other activities of daily living support. Can lend a hand with light housekeeping, errand running, and transportation for appointments. Accept veteran benefits, private pay. Do not take insurance, though some individual plans may reimburse costs.

LEGAL ASSISTANCE

Legal representation is not guaranteed by these resources.

Amery Law

715-268-6130
www.amerylaw.com
314 Keller Ave N Ste 200
Amery, WI 54001

Aspen Guardian & Estate Service

715-497-2433
PO Box 15, Amery, WI 54001

Coalition of Wisconsin Aging Groups (CWAG)

800-488-2596 or
www.cwag.org/

Milwaukee, WI. Elder Financial Empowerment Project provides information, advocacy, referral, and victim services assistance to senior victims of financial exploitation.

Consumer Law Clinic – UW-Madison

608-263-6283 or
https://law.wisc.edu/eji/clc/

Handles individual and class action lawsuits in state and federal court covering consumer protection issues: misrepresentation, fraud, credit scams, etc. Staffed by law students.

Disability Rights Wisconsin

715-736-1232 or
https://disabilityrightswi.org/

Rice Lake, WI. Provides legal advocacy and rights protection for people with disabilities.

Elder Rights Project

844-614-5468 or
https://legalaction.org/services/specific-populations/

Provides free civil legal service to victims of elder abuse who are WI residents, 60 years of age and older, regardless of income.

ICAA Legal Assistance for Victims Program

715-532-1603 or
www.indianheadcaa.org/lav/

Free legal representation for divorce/separation, child custody and placement, child support, unemployment compensation, immigration issues, access to fair and affordable housing and other areas that ensure safety and independence for victims.

O'Neill Elder Law LLC

715-808-0610
https://oneillelderlaw.com/
2424 Monetary Blvd Ste 20
Hudson, WI 54016



Metropolitan Area Agency on Aging Upper Midwest Pension Project

https://metroaging.org/programs/upper-midwest-pension-project/

Minneapolis, MN, North St. Paul, MN. Helps to locate missing pensions and answer questions.

Vivent Health (Formerly AIDS Resource Center of WI/ARCW)

(414) 225-1578 or
(800) 359-9272 or
https://viventhealth.org/

Free representation and counseling to people with HIV/AIDS on a wide array of legal matters, including HIV-related confidentiality, disability benefits appeals, powers of attorney, simple wills, HIV-related discrimination, and landlord-tenant matters. Call for intake information.

Wisconsin Guardianship Support Center

855-409-9410 or
https://gwaar.org/guardianship-resources

Toll free helpline provides information on the following subjects: guardianships, powers of attorney, protective placement, and other advance directives.

Wisconsin Hispanic Lawyers Association

262-208-5291 or www.whla.org

Can assist individuals in finding a Spanish speaking lawyer and/or a lawyer with knowledge of issues facing Hispanic individuals and communities.

Legal Action of Wisconsin

855-947-2529 or
https://legalaction.org/
Legal services for persons with low incomes; also provides Indian Law Office for tribal members of recognized tribes in Wisconsin.



Wisconsin State Bar Association Lawyer Referral & Information Services

800-362-9082 or
https://www.wisbar.org

Does not provide referrals for free legal help. Modest Means Program assists people with income too low to afford legal fees, but too high to receive free legal assistance.

MEDICAL EQUIPMENT AND ASSISTIVE DEVICES

The following businesses or organizations sell, rent, or loan durable medical equipment and/or assistive devices/ technology. Contact Medicare to find all suppliers of medical equipment and supplies in your area. www.medicare.gov/ or 800-633-4227.

ADRC Loan Closet and Assistive Technology Kit

877-485-2372

Balsam Lake and Siren, WI. Items available for rent for up to 3 months include: Walkers, shower benches, bath chairs, toilet riser, commode, wheelchairs, cane, grab bar, grab it/Reacher, shoehorns. Call for availability. No rental fees. Not Medicare Certified. Various assistive technology/ devices to try before purchasing. Not available for purchase but information available on where to go to purchase the equipment.

Apria Health Care

715-234-6961 or
https://www.apria.com/

Rice Lake, WI. Serves Burnett and Polk Counties, Medicare Certified.

CaptionCall By Sorenson

833-691-1600 or
https://sorenson.com/solutions/captioning/

Amplified and captioning phone that is a no cost service for those with hearing loss. Ensures accurate communication with healthcare providers, 911, and helps people live independently longer.

Chet Johnson Drug

715-268-8121 or
www.chetjohnsondrug.com/

Amery, WI. Limited in-store supply, but will order in. Medicare Certified Provider for all durable medical equipment except wheelchairs.

Compass IL (Formerly Center for Independent Living Western Wisconsin)

1-800-228-3287 or
https://compassil.org/

Menomonie, WI. Serves Polk County. Assistive technology loan and demonstration program and keeps list of used equipment for sale.

Frederic Pharmacy (St. Croix Health)

715-327-4208 or
www.saintcroixhealth.org/

Frederic, WI. Medicare Certified.



Aspen Guardian & Estate Services, Inc.
"We Care For You"

ALLISON BENSON
Specializing in Guardianships, Power of Attorney, Trustee Services, Property Management, Estate Services, Personal Representative Services and More!
715-497-2433 | aspenguardians@gmail.com

Handi Medical Supply

800-514-9979 or www.handimedical.com/

St. Paul, MN. Will provide mail-order supplies and equipment to Polk and Burnett Counties. Larger items (beds, wheelchairs, etc.) only delivered and serviced to southern Polk and Amery area. Medicare Certified.

Hope Gospel Mission Bargain Center and Building Center

715-552-5566 or www.hopegospelmission.org/

Eau Claire, WI. Used items for sale at discounted rate such as hospital beds, motorized wheelchairs, manual wheelchairs, etc. Call to check for availability of items.

Home Health Resources

715-268-9164
Amery, WI. Medicare Certified.

Home Medical Products and Services

715-234-5000 or https://adapthealth.com/

Rice Lake, WI. Purchase and/or rent medical equipment. Medicare Certified.

IndiGO

715-392-9118 or https://indigowi.org

Superior, WI. Burnett County. Assistive technology loan and demonstration program.

J&B Medical

800-737-0045 or www.jandbmedical.com/

Incontinence supply provider for Medicaid recipients in WI. Medicare Certified.

Lincare (Respiratory/ Oxygen supplies)

855-483-1927 or https://www.lincare.com/

St. Croix Falls, WI. Serves Burnett and Polk Counties. Medicare Certified.

Luck Pharmacy

715-472-2122

Luck, WI. Medicare Certified

Siren Pharmacy

715-349-2221

Siren, WI. Products in store. Can order items not on hand. Not Medicare certified.

Stout Vocational Rehabilitation Institute

715-232-1410 or www.uwstout.edu

UW-Stout, Menomonie, WI. Wheelchair clinics offered once a month.

Unity Clinic (St. Croix Health)

715-825-3278 or www.saintcroixhealth.org/

Balsam Lake, WI. Medicare Certified.

Wood River Pharmacy

715-463-2525 or https://www.onerorx.com/locations/grantsburg-wi

Grantsburg, WI. Medicare Certified

Yellow River Pharmacy

715-866-8644 or www.yellowriverpharmacy.com/

Webster, WI. Medicare Certified

MENTAL HEALTH

Amery Behavioral Health

715-268-0060 or www.healthpartners.com/

Includes Inpatient Short-Stay for adults, Outpatient Therapy and Counseling age 5+, Structure Outpatient Program (intensive group therapy program), and programs for Change (intensive outpatient program for people with alcohol and other substance abuse conditions). Referral from an Amery Hospital and Clinic provider required.

Burnett County Mental Health Crisis Line

888-552-6642

State-certified emergency mental health services 24 hours a day 7 days a week.



Burnett County Health and Human Services

715-349-7600 or https://www.burnettcountywi.gov/75/Health-and-Human-Services

Provides high quality, community-based services.

Crisis Textline

Text: 741741 or visit www.crisistextline.org/

Free 24/7 support. Connect with a Crisis Counselor. Contact for emotional abuse, depression, anxiety, eating disorders, or any painful emotion or when you need support.

Institute on Aging Friendship Line

888-670-1360 or www.ioaging.org/services/friendship-line

Both a crisis intervention hotline and for non-emergency emotional support calls.

Mental Health Task Force

Polk County: www.mentalhealthpolk.org/

Websites provides information and links to local resources.

National Alliance on Mental Illness of Wisconsin (NAMI)

608-268-6000 or https://namiwisconsin.org/

Madison, WI. Improve the quality of life of people affected by mental illness.

Lifeline (previously National Suicide Prevention Hotline)

988 or https://988lifeline.org/

Provides 24/7, free, and confidential support.

Polk County Community Services Division

715-485-8400 or https://www.polkcountywi.gov/polkcountycomms/

Polk County 24-hour Mental Health and Substance Use Crisis Line

715-204-9116

SAGE National Elder LGBTQ+ Hotline

877-360-5428

Connects LGBTQ+ older people and caregivers who want to talk with friendly responders who are ready to listen. The SAGE LGBTQ+ Elder Hotline is available 24 hours a day, 7 days a week, in English and Spanish, with translation in 180 languages.

Solstice Warmline

608-244-5077 or https://soarmadison.org/

24/7 Warmline service for individuals with mental health and/or substance abuse issues.

St. Croix Tribal Mental Health/AODA

715-349-8554 x5264 or https://stcroixojibwe-nsn.gov

Trevor Project

866-488-7386 or www.thetrevorproject.org/

Suicide prevention and crisis intervention nonprofit organization for LGBTQ young people (children, teens & young adults). Providing information & support to LGBTQ young people 24/7, all year round.

Veterans Crisis Line

988 press 1 or text: 838255 or www.veteranscrisisline.net/

Suicide prevention crisis line for veterans and their families and friends to call.

NURSING HOMES – SKILLED NURSING FACILITIES

For options in paying for nursing home care, information on area nursing homes, or other options to nursing home placement, contact: ADRC of NW WI at 877-485-2372

Osceola Medical Center Transitional Care Unit

715-294-5705 or
www.myomc.org/transitional

A program in a Critical Access Hospital for those who no longer need a secondary or tertiary acute hospital but, due to continued daily nursing or rehab therapy needs, are not yet ready to go home or to a permanent nursing home setting. Will work with Medicare, private pay, and other insurances.

Christian Community Home

715-294-1100
Osceola, WI

Continuing Care Center at Burnett Medical

715-463-5353
https://www.burnettmedical-center.com/
Grantsburg, WI

Dove Healthcare

715-483-9815
www.dovehealthcare.com/
St. Croix Falls, WI

Frederic Nursing & Rehab

715-327-4297
www.atriumlivingcenters.com
Frederic, WI

Golden Age Manor

715-268-7107
www.goldenagemanor.com/
Amery, WI

Dove Healthcare

715-635-1415
www.dovehealthcare.com
Spooner, WI

United Pioneer Home

715-472-2164
www.unitedpioneerhome.org/
Luck, WI

Willow Ridge

715-268-8171
www.willowridgecare.com/
Amery, WI



QUALITY CARE CLOSE TO HOME
Short-Term Rehabilitation | Long-Term Care
Outpatient Therapy | Respite Stays | Hospice
FREDERIC
NURSING & REHABILITATION COMMUNITY
205 United Way
Frederic, WI 54837
715-327-4297



PERSONAL EMERGENCY RESPONSE SYSTEMS

Personal Emergency Response Systems allow individuals to call for assistance at the touch of a button. Button can be worn as a pendant or wristband.



AngelSense

1-888-999-2023 or www.angelsense.com/gps-tracker-for-elderly/

Company offering wearable technology with real-time location tracking, an SOS button, auto pickup speakerphone, unknown place alert, fall detection, and more. Subscription required. May be covered under IRIS Medicaid waiver for eligible recipients.

BoundaryCare

info@boundarycare.com or www.boundarycare.com/

A company that has an iOS (Apple) app that syncs to an AppleWatch. Offers features for fall detection and prevention, wandering/elopement, seizure detection, med reminders, health tracking data, and multiple types of communication features for caregivers and those receiving care. Subscription based, as low as $25 a month if you bring your own AppleWatch. Work with IRIS, FamilyCare, some Medicare Advantage Plans, and private Long-Term Care insurance.

CWS Cabin Watch

715-483-0083 or www.cws-security.com/

St. Croix Falls, WI. Surveillance systems and personal emergency response-no med management dispensing systems.

Dose Health

844-300-6212 (call or text) or www.dosehealth.com/

Portable emergency response systems used inside and outside the home.

FirstCall Medical Monitoring

800-924-3407 or www.scecnet.net/firstcall

St. Croix Electric Cooperative, Hammond, WI. Emergency response system; landline and/or cellular phone; fall detection; leased equipment, and participants charged a monthly fee for service.

Guardian Alert Plus 911/ Logic Mark

800-519-2419 or www.logicmark.com/

Personal emergency response system for veterans that requires no landline, no cell phone, and has no monthly fees. Provided free to eligible veterans through the VA. Lower private pay price for non-eligible veterans.

Healthcom

800-525-6237

Remote & telehealth monitoring, personal emergency response systems, vitals monitoring, medication management, and fall detection/auto call options. Monthly fee.

LifeFone

1-800-331-9318 or www.lifefone.com/

Emergency response service. Includes options for fall detection, at home and on-the-go versions, and other services. Works nationally if you travel. Covered in many states by Medicaid and certain Medicare advantage programs, Part C. Private plans may also provide coverage.

Lifeline

800-368-2925 or
https://www.lifeline.com/

Mobile and in home personal emergency response, fall detection/auto call options, locator, and medication management dispensing system.

QMedic

877-241-2244
44 School St, Boston, MA 02108

Stealth Optimum Security

715-483-3900 or
www.stealth-security.com/

St. Croix Falls, WI. Serves Polk and Burnett Counties. Security systems, surveillance systems, personal emergency response, motion detectors, fall detection/auto call options, and medication reminder system (no medication dispensing system).

Safe Living Technologies/ VRI

800-860-4230 or
https://vricares.com/

Does not require a landline for service. Personal emergency response system, fall detection/auto call options, med adherence systems, and remote patient vital signs monitoring and nurse triage services available. 24/7 customer care and call center.

SimpliTend

www.simplitend.com

Monitoring app for caregivers and care receivers. App for senior including spam blocking, SOS button, streamlined contacts/dialing, medication schedule, and more. Senior App links to Caregiver app which includes geofence, multiple types of reminders, low battery and SOS alert, and more. Approximately $6 per month.



Project Lifesaver

Polk County Sheriff: 715-485-8300 Burnett County Sheriff: 715-349-2121

Project Lifesaver is a public safety program designed to protect and locate missing persons due to wandering. Families can enroll at risk individuals in this program and purchase a receiver in which the at-risk individual wears.

PET CARE SUPPORT

Support for costs and services associated with caring for pets.

Arnell Humane Society

715-268-7387 or
https://www.arnellhumane.org/community-resources

Serving Polk County. Offers low-income spay/neuter vouchers for qualified applicants.

Beautiful Hearts Rescue Senior Pet Care Program

https://beautifulheartsrescue.org/senior-pet-care-program/

Shell Lake, WI. Offering medical care, food support, and in-home wellness checks for pets to qualifying seniors in the area. Offer emergency fundraising resources and vaccine clinics to non-locals.



Domestic Animal Wellness Center

715-349-4774 or https://animalwellnesscenterinc.com/

Siren, WI. Low-income clinic offering non-emergency medical care for cats, dogs, and horses.

Helping Hands for Pets

https://helpinghands4pets.org/home-page

Hudson, WI. Serving Polk. Providing qualified pet owners with basic financial assistance to prevent pets being surrendered to a shelter or euthanized due to financial limitations. May help with basic needs for medical care. No dental for dogs. You may be asked to contribute a percentage. Available funds may vary.

No Empty Bowls Pet Food Pantry

715-635-4720 or www.wcahs.com

300 Roundhouse Rd., Spooner, WI. Thu-Sat 10am-2pm (For dogs & cats)

Protective Animal Welfare Society of Western WI (PAWS WI)

715-410-7653 or www.pawswi.com

Serving Polk County. Offering spay/neuter assistance, pet food assistance. May offer delivery.

Purple Cat

www.purplecatvet.com/

Offering low-cost spay and neuter services, walk-in vaccine clinics in Baldwin and Eau Claire, WI. No income requirements to qualify. Also offer free cat sterilization services for qualifying applicants. Website includes additional resources across WI and MN.

REPRESENTATIVE PAYEE SERVICES

A representative payee is a person, agency, or institution selected to manage your benefits when it's determined you are unable to do so or direct others to do it for you.

House Calls of Menomonie, Inc.

715-232-6475
https://housecallsinc.org/
Menomonie, WI

Lutheran Social Services of WI and Upper MI, Inc.

715-394-4173
www.lsswis.org/
Superior, WI

Payee Services, Inc.

715-233-0203
Menomonie, WI

Polk Burnett Payee, Inc.

715-731-0133
www.polkburnettpayee.org/
Shell Lake, WI

Superior Vocations Center, Inc.
715-392-6171
www.embarkwi.org/
Superior, WI

Twin Ports Guardianship and Payee
715-392-3137
www.twinportsguardianpayee.org
Superior, WI

RESPITE CARE

Options can include daybreak services, facility-based care, or in-home respite care.

Adult Day Care/Respite

715-463-7278 or
www.burnettmedicalcenter.com

Continuing Care Center at Burnett Medical Center. In facility respite care services only.

American Parkinson Disease Association-WI Chapter

608-345-7938 or
https://www.apdaparkinson.org/community/wisconsin/

Respite program for Parkinson patients provides a $500/year stipend to Parkinson patients. No financial requirements but can't be receiving any other funded or subsidized respite care services.

Amery Assisted Living and Memory Care

715-268-4800 or
https://memorycarepartners.com/amery/

Amery, WI. Facility based respite care for 28 consecutive days or less.

Aurora Senior Drop-In Center

715-235-1839 (Info),
855-383-7172 (Reservations) or
www.auroraservices.com/

Baldwin, WI. Aurora Senior Drop-In Center provides respite care for up to 3 hours per day. Meals are not provided/prepped. Drinks and snacks are offered.

Community Homestead

715-294-3038 or
www.communityhomestead.org/

Osceola, WI. Day Services program on a working farm for individuals with disabilities to learn skill development, decision making, social growth, and responsibility. Must be able to care for their basic needs. Rates starting at $30/half day. Transportation very limited.

Day Friends Memory Care at Endeavors

715-485-8762 or
www.endeavorsadc.org/

Respite for individuals with dementia in Balsam Lake, WI. Transportation available.

FamilyMeans

1-800-327-3203 or
www.familymeans.org/

Offering on-site respite care in Stillwater, MN. Private pay based on sliding scale costs.

Happy Day Club

715-416-2942 or
https://happydayclub.godaddysites.com/

Day respite care program for individuals with dementia located in Spooner, WI

Home Instead

715-941-4717 or
www.homeinstead.com/

Eau Claire, WI. Serves both Polk county and Burnett County. Accept private pay, long-term care insurance, county grants, and work with VA. Require minimum 3hr shifts. Will service where the recipient is, home or facility. Skilled with dementia.

Interfaith Caregivers of Polk County

715-483-8500 or
www.interfaithpolk.org/

St. Croix Falls, WI. No Hands-on Personal Care.

Respite Care Association of Wisconsin

608-222-2033 or
www.respitecarewi.org/

Madison, WI. Caregiver Respite Grant Program to help with respite care needs.

Sophie's Manor

715-640-3330 or https://www.sophiesmanor.com

Centuria, WI. Assisted-living facility also offering respite care.

SENIOR CENTERS

Provide recreation activities for older adults. Listed alphabetically, by city:

A&H Area: 715-635-7199
Amery: 715-268-6605
Frederic: 715-327-8623
Grantsburg: 715-463-2940
Luck: 715-472-8285
Milltown: 715-825-2315
Osceola: 715-417-1227
Siren: 715-349-7810
St. Croix Falls: 715-483-1901
Webster: 715-866-5300

SOCIAL SECURITY & SSI

For information about Social Security, Medicare, or Supplement Security Income (SSI)

ADRC of Northwest WI

877-485-2372
https://adrcnwwi.org/

Disability Benefit Specialist and Elder Benefit Specialist.

Social Security Administration

https://www.ssa.gov/

Eau Claire: 866-815-2924
Rice Lake: 888-823-3923
Superior: 877-628-6578

Wisconsin SSI Office

800-362-3002 or https://www.dhs.wisconsin.gov/ssi/links.htm

Madison, WI. Used for Forward Health member services as well. Please listen to options and choose SSI when offered.

SUPPORT GROUPS

ADDICTION MEETINGS

Alcoholics Anonymous

715-931-8262 or https://aadistrict23wi.org/

District 23 of the NW Wisconsin/UP AA. Covers Polk and Burnett Counties. Call for meeting locations, times, and contacts. Meetings offered in several communities.

Gamblers Anonymous Area 8A Minnesota

855-222-5542 or www.minnesotaGA.com

Serves and provides information about meetings available in Northwest Wisconsin.

Narcotics Anonymous

www.na.org/.
Visit the na.org website to find a local meeting.

New Beginnings Alano Club

715-349-2588

Siren, WI. Hosts AA and NA group meetings

SMART Recovery

https://smartrecovery.org/

Free online addiction recovery support for all addictions. Approximately 90 minute meetings. It is a non-religious, evidenced-informed peer support recovery method focused on dependency struggles and addictive behavior, offering general groups and specialty groups for veterans, LGBTQ individuals, those in the criminal justice system, and family/friends of those in recovery.

Wisconsin Council on Problem Gambling

800-426-2535 or www.wi-problemgamblers.org/

Green Bay, WI. 24-hour Helpline provides information for gamblers, family members, and friends, or employers of gamblers who have difficulties because of their gambling.

ALZHEIMER'S AND CAREGIVERS

**See Alzheimer's Disease, Dementia & Memory Loss*

BRAIN INJURY

Thursday Poetry & Brain Injury

https://www.biaw.org/support-groups Email: HOEPNEJK@uwec.edu

Virtual, Every Thursday 6:00pm-7:30pm

CANCER

Breast Cancer Support Group of St. Croix Valley

breastcancerofscv@gmail.com

Peace Lutheran Church, Dresser, WI. First Monday of the month. 6:30pm. Please email to register.

CAREGIVERS

ADRC of Northwest Wisconsin

877-485-2372
https://adrcnwwi.org/

Bethany Lutheran Church in Siren, WI. The 1st Thursday of each month 10:00-11:30am.

Peace Lutheran Church in Dresser, WI. The 3rd Tuesday of each month 2:00-3:30pm

Amery Senior & Community Center in Amery, WI. The 1st Wednesday of each month 10:00-11:30am

Caregiver Teleconnection

866-390-6491 or www.wellmedcharitablefoundation.org

Connects family caregivers with trusted professionals and other caregivers and provides education through one hour, free "tele-learning" sessions.

FamilyMeans

1-800-327-3203 or www.familymeans.org/

Offering day and evening sessions for virtual caregiver support groups. In-person options in Stillwater, MN. Contact for dates and times. Registration required. No fee.

Trualta

https://www.trualta.com/

A FREE online learning portal designed for families with articles, videos, tip-sheets, professional level training, plus more. Trualta helps family caregivers reduce stress, find local resources, and provide better care for loved ones. Call the ADRC at 877-485-2372 for additional information or questions.

**See Alzheimer's Disease, Dementia and Memory Loss*

CARDIAC

Amery Regional Medical Center

715-268-7191 or www.healthpartners.com/care/hospitals/amery/

Osceola Medical Center

715-294-1111 or www.myomc.org/

DIABETES

Amery Hospital and Clinic

715-268-8000 or https://www.healthpartners.com/care/hospitals/amery/

St Croix Health

800-642-1336 or www.saintcroixhealth.org/

Burnett Medical Center

715-463-7218 or www.burnettmedicalcenter.com/

DOWN SYNDROME

Down Syndrome Association of WI

866-327-3729 or https://www.dsaw.org/

GRIEF

American Childhood Cancer Organization

https://www.acco.org/

Offers resources, books, videos, kits, 24-hour peer support, local groups, finding hope, how to get involved, and how to advocate.

Grief Share

www.griefshare.org

Offers weekly support groups around the world and locating group. Join at any time and attend as many meetings as you like.



New Life Christian Community Church

715-417-1982 or https://newlifechristiancommunity.org/griefshare-ministry

Dresser, WI

Regional Hospice Services

715-635-9077 or www.regionalhospice.org/

Spooner/Grantsburg area.

MENTAL ILLNESS

NAMI of Wisconsin

800-236-2988 or https://namiwisconsin.org/

Madison, WI

Polk County Human Services

715-485-8400 or https://cms5.revize.com/revize/polkcountybhdept/

Dial 715-204-9116 before 8:30am, after 4:30pm and on weekends and holidays

American Foundation for Suicide Prevention

www.afsp.org/ive-lost-someone

MULTIPLE SCLEROSIS

Northwoods MS Self Help Group

763-742-8572 or dianewhitcraft@gmail.com

www.nationalmssociety.org/

2nd Tuesday of each month; 6:00-7:30pm at Webster Public Library.

MS Connection

218-391-6262 or www.nationalmssociety.org/

Online support groups, blogs, one-on-one peer support programs.

OTHER

Northwest Wisconsin Ostomy Support Group

715-464-3866 or www.ostomy.org/

PARKINSON'S

Parkinson's Foundation Helpline

800-473-4636 or www.parkinson.org

Help people with PD, caregivers, and healthcare providers navigate every aspect of Parkinson's, offer emotional support, share current information, and resources.

Wisconsin Parkinson's Association

414-312-6990 or www.wiparkinson.org/

Provide support for patients who received the diagnosis of Parkinson disease.

Parkinson's Disease Support Group

715-463-5353

Grantsburg, WI. Group meets 3rd Wednesday of every month in the medical center's basement classroom.

TAX ASSISTANCE

AARP Tax Aide Program

888-227-7669 or
www.aarp.org/money/taxes/aarp_taxaide/

Free tax help to primarily seniors but will help low-income adults needing assistance.

H&R Block

715-483-9711
www.hrblock.com/tax-offices/local/wisconsin-tax-preparation
Saint Croix Falls, WI

IRS Free File Software

www.irs.gov/individuals/free-tax-return-preparation-for-qualifying-taxpayers

Free federal return filing online for individuals with adjusted gross income of $66,000 or less. Eligibility various with each company.

IRS Volunteer Income Tax Assistance

800-906-9887 or
https://www.irs.gov/individuals/free-tax-return-preparation-for-qualifying-taxpayers

Free tax help to people who make less than $60,000 annually, persons with disabilities, and limited English-speaking taxpayers who need assistance.

Wisconsin Housing and Economic Development Authority

800-755-7835 or
www.wheda.com

A property tax deferral loan program to homeowners at least 65 years of age, have an income at or below $20,000, and lived in the unit for at least 6 months.

TECHNOLOGY ASSISTANCE

Amery Area Community &Senior Center

715-268-6605 or
www.amerycommunitycenter.com/

Aging Connected

877-745-1930 or
www.agingconnected.org/

Partnering with telecommunications companies, nonprofits, and public entities to bring low-cost internet options to older adults nationwide.

Generations Online

www.generationsonline.org/apps

Download "Generations online" app on capable device. An interactive program that guides older adults with internet, email, and basic tools to get connected online.



Public Libraries

Many public libraries offer technology assistance. These are libraries with dedicated hours or individuals to help. If your library is not listed, call them to inquire about technology assistance services.

- Balsam Lake Public Library: 715-485-3215 Drop-in services
- Milltown Public Library: 715-825-2313 Available Tuesdays 2-4pm
- Saint Croix Falls Library: 715-483-1777 Available Tues/Thurs 1-3pm. Call to reserve a time.

Senior Planet

888-713-3495 or www.seniorplanet.org/

Hotline for answering technology questions. Free online events hosted by Senior Planet open to anyone 60+. Learn the basics of internet access, staying safe online, etc.

TRANSPORTATION

ADAPTATIONS

A&J Mobility

715-874-6630 or www.aandjmobility.com/

Eau Claire, WI. Selling wheelchair accessible vans. Specializing Braun conversions. Accepts trade-ins on pre-owned wheelchair van conversions.



Adaptive Experts

651-324-0791 or www.adaptiveexperts.com

Brooklyn Park, MN. Licensed Occupational/Physical therapy provides vehicle adaptations and behind-the-wheel driver evaluation, and training with the adaptation.

Mobility Works

715-438-4030 or www.mobilityworks.com/

Eau Claire, WI. New/used wheelchair accessible vehicles, vehicle adaptations, and accessible vehicle rental.

DISABLED PARKING PERMITS/ APPLICATIONS

Wisconsin Department of Motor Vehicles

https://wisconsindot.gov/

Disabled Parking License Plates

608-264-7169

Temporary Disability Parking Permit

608-264-7169

Permanent Disability Parking Permit

608-264-7169

General Questions & Concerns

608-264-7477

DRIVING CONCERNS

AAA Senior Driver Safety & Mobility

800-222-6424 or https://exchange.aaa.com/

Resources intended to help older drivers with driving evaluations and online course.

AARP Driver Safety

800-350-7025 or https://www.aarp.org/auto/driver-safety/

Free educational resources on vehicles, driving and alternative transportation.

LIFT-EQUIPPED/WC ACCESSIBLE VANS – NON-EMERGENCY

ADRC of Northwest WI Van

877-485-2372

For shopping, errands, and socialization trips schedule by the ADRC of NW WI.

Handi-Lift-Cumberland, WI

800-989-7433

Transport ambulatory or wheelchair clients in safety and comfort.

Heartland Transportation, LLC

715-949-1313 or www.handsoninhomecare.com/

Any non-emergency transportation need.

Home Instead

715-941-4717 or www.homeinstead.com/

Eau Claire, WI. Serves both Polk county and Burnett County. Accept private pay, county grants, and work with VA. Will transport, can also run errands on behalf of individual.

Endeavors

715-485-8767 or 715-554-2983 or www.endeavorsadc.org/

Balsam Lake, WI. No employment related transportation provided. Has a fleet of vehicles to provide transportation for program participants and Polk County residents.

Midwest Ridesource

715-796-7433 or www.midwestridesource.com/

Star Prairie, WI. Serving within a 30-mile radius providing stretcher, wheelchair, and ambulatory transportation for any transportation need.



Transitions at Home

715-883-1904 or https://www.wisconsinillinois-seniorhousing.org/senior-living/wi/spooner/transitions-at-home-north/

Spooner, WI. Offer services such as transportation to doctor

LOW INCOME TRANSPORTATION SUPPORT

Mobility Manager (Through ADRC of NW WI)

877-485-2372

Officed in Balsam Lake, WI. Serving residents of Burnett County and Polk County. Fees may apply. Serving seniors, people with disabilities, and/or people with low income. Can assist with finding affordable transportation options, such as volunteer driver programs, area transportation resource guide, transportation voucher programs and Medicaid or badger care non-emergency medical transportation (MTM).

MEDICAL ASSISTANCE (MA, MEDICAID, BADGERCARE) TRANSPORTATION

MTM

866-907-1493 or https://www.mtm-inc.net/Wisconsin/

Provides rides to WI Medicaid and BadgerCare Plus covered health care appointments.

MEDICAL APPOINTMENT TRANSPORTATION

ADRC of Northwest Wisconsin

877-485-2372
https://adrcnwwi.org/

Burnett and Polk County. Transportation fees do apply.

Burnett County Veterans Service Office

715-349-2179 or
www.burnettcounty.com/285/Veteran-Services

Offers transportation for Burnett County Veterans to and from VA Medical Center in Minneapolis, MN. Riders must be ambulatory and give minimum of 3 days in advance.

Greater Minnesota Van Service

800-258-1210 or
www.allinahealth.org/

Transportation to/from medical appointments at Abbott Northwestern and United Hospitals. Pick up at St. Croix Regional Medical Center and Burnett Medical Center- $60 round trip. Call 48-72 hours in advance for trip requests.

Midwest Ridesource

715-796-7433 or
www.midwestridesource.com/

Star Prairie, WI. Serving within a 30-mile radius providing stretcher, wheelchair, and ambulatory transportation for any transportation need.

Interfaith Caregivers of Polk County

715-483-8500 or
www.interfaithpolk.org/

Volunteer Drivers serve Polk County older adults/people living with a disability. No employment related transportation provided.

New Freedom Volunteer Driver and Voucher Program

Polk County:
800-228-3287 or
715-233-1070 ext.: 226 email:
melw@cilww.com

Burnett County:
800-924-1220 Ext. 124 or
email: sunshine@indigowi.org
https://indigowi.org/services/transportation/

Individuals on Family or IRIS from Polk and Burnett County:
800-228-3287

Volunteer Drivers serve residents with a barrier to providing own transportation.

Northwest Transportation Specialists

715-349-7021 or
https://nwcgc.com/programs/transportation/

Serves Siren, Amery, and Hayward surrounding areas. Provides non-emergency medical transportation throughout the state of Wisconsin.

Interfaith Caregivers of Burnett County

715-866-4970
https://www.interfaithcare-giversburnettcountywis.org/index.html

Volunteer drivers serve Burnett County older adults/people living with a disability.

TRIBAL PROGRAMS AND SERVICES

The St. Croix Chippewa Indians of Wisconsin offer various programs and services to tribal members.

St. Croix Tribal Center

715-349-2195

24663 Angeline Avenue,
Webster WI 54893

https://stcroixojibwe-nsn.gov/

Aging Unit - Elder Care

Department
715-349-2195 Ext. 5169

Aging & Disability Resource Specialist

715-349-2195 Ext. 5261

Dementia Care Services
715-349-2195 Ext. 5221

Aging & Elder Nutrition
St. Croix Tribal Food Distribution
715-349-2195 Ext. 5270

Elder Transportation
715-349-2195 Ext. 5169

St. Croix Tribal Health Community Services
Health Insurance, Medicare, and Medicaid Enrollment
715-349-8554 Ext. 5256

Tribal Elders General Welfare
715-349-2195 Ext. 5186

St. Croix Tribal Health Clinic
4404 WI-70,
Webster, WI 54893
715-349-8554

Purchased Referred Care
715-349-8554 Ext. 5162

St. Croix Tribal Dental Clinic
715-349-8554 Ext. 5159

Diabetes Prevention and Management Services
715-349-8554 Ext: 5227

St. Croix Tribal Optical Services
715-349-8554 Ext. 5267

Behavioral Health Clinic
4404 State Road 70,
Webster, WI 54893
715-349-8554 Ext.5264

St Croix Tribal Pharmacy
4404 State Road 70,
Webster, WI 54893
715-349-8554 Ext: 5174

St. Croix Community Center Danbury *Nutrition Site
30335 W. Minerva Dam Road
Danbury WI 54830
715-349-8509

St. Croix Community Center Sand Lake *Nutrition Site
4460 Highway 70
Webster WI 54893
715-349-2849

St. Croix Community Center Round Lake
2222 County Rd. E
Luck, WI 54853
715-857-5517

St. Croix Community Center Maple Plain
247 25 ¾ Ave
Cumberland, WI 54829
715-822-3034

St. Croix Chippewa Housing Authority
715-349-2727

St. Croix Tribal AMVETS Post 1993
715-349-2195

Wisconsin Elder Abuse Hotline:
1-833-586-0107

VETERAN'S SERVICES

Assistance to Needy Veterans Grants

Polk County: 715-485-9243
Burnett County: 715-349-2179

https://dva.wi.gov/Pages/Home.aspx

Provides limited financial assistance to those in need and who have exhausted all other sources of aid.

Burnett County Veteran's Service Office

715-349-2179 or
https://www.burnettcountywi.gov/285/Veteran-Services



Comfort Keepers

715-381-6730 or
www.comfortkeepers.com

Up to 30 days of Respite Care each calendar year to qualifying Veterans. Respite day can be up to 6 hours. Can provide the Home Health Aid for these Respite Shifts.

Heat and Housing for Heroes

800-891-9276 or
www.heat4heroes.org/

Assistance for heating costs, electric costs, and energy related crisis situations for Veterans. Must apply for Wisconsin Home Energy Assistance Program (WHEAP).

Guardian Alert Plus 911/Logic Mark

800-519-2419 or
www.logicmark.com/veterans/

Personal emergency response system for veterans that requires no landline, no cell phone, and has no monthly fees. Provided free to eligible veterans through the VA. Lower private pay price for non-eligible veterans.

Polk County Veteran's Service Office

715-485-9243 or
https://www.polkcountywi.gov/government/divisions_and_departments/veterans/index.php

Supportive Services Veterans Grant

Indianhead Community Action Agency
715-532-4222 or 715-416-1156
www.indianheadcaa.org
Serves Burnett County

Veterans Assistance Foundation Inc.

866-823-8387 or
www.vafvets.org/
Serves Polk County

Grant provides 1st month's rent and security deposit or 2 month's back rent for Veterans who are homeless or soon to be evicted. Must provide DD 214 form.

Veterans Crisis Line

988 press 1 or
www.veteranscrisisline.net/
or text 838255.

Suicide prevention crisis line for veterans and their families and friends to call.

Veteran Outreach and Recovery Program

715-558-2557 or https://dva.wi.gov/Pages/benefitsclaims/VORP.aspx

Treatment and recovery support program for veterans who are homeless and have a behavioral health disorder. Outreach and Recovery Specialists (ORSs) work with the veterans to ensure they have stable housing, connect them to proper treatment, and follow-up to ensure that the treat is continual and effective.

VISION – BLIND OR LOW VISION

Compass IL (Formerly Center for Independent Living Western Wisconsin)

1-800-228-3287 or
www.compassil.org/

Duluth, MN. Serves Polk County. Adaptive equipment to increase a person's independence. CILWW staff also has knowledge of where to acquire equipment and any potential funding options that may be available.

Hadley Vision Resources

800-323-4238 or
https://hadleyhelps.org/

Winnetka, IL. Offers distance learning courses for adults with vision loss or blindness.



ICanConnect – WI

844-638-5800 or
www.icanconnect.org/

Free communications technology designed for combined vision and hearing loss. Installation, training, and technical support are available. Based off of income.

IndiGO

715-392-9118 or
www.indigowi.org

Superior, WI. Serves Burnett County. Loan & Demo program with over 1,200 pieces of Assistive Technology for individuals with disabilities to try out. A variety of equipment is available vision aids, communication aids, signaling devices, magnifiers, amplified phones, adaptive recreation aids, and other devices for increasing independence.

Office for the Blind and Visually Impaired

888-879-0017 or
www.dhs.wisconsin.gov/obvi/contact.htm

Madison, WI. Rehabilitation services are provided by the Office for the Blind and Visually Impaired (OBVI) to help individuals who are blind or visually impaired to achieve their own goals of independent living. OBVI staff visit individuals in their homes, conduct group trainings, and teach techniques and technologies for use in daily living (home management, personal care, Orientation & Mobility, and communications). Resources and referrals also provided. Scott Gilbertson of Bayfield County serves Polk & Burnett also.

National Federation of the Blind Newsline

866-504-7300 or
www.nfb.org/

Free access to newspapers, magazines, and TV listings on the phone and on the web.

Sharper Vision Store

800-783-5213 or
https://wcblind.org/2024/06/sharper-vision-store-hours-are-changingslightly/

Features hundreds of items for those with changing vision or blindness.

The Low Vision Store-Northern Wisconsin

800-871-8780 or
www.thelowvisionstore.com/

St Paul, MN; Features hundreds of items for those with low vision or blindness.

Wisconsin Council of the Blind & Visually Impaired

800-783-5213 or
www.wcblind.org/

Madison, WI office. Free white canes. Other services and resources available.

Wisconsin Talking Book & Braille Library

800-242-8822 or
www.dpi.wi.gov/talkingbooks

Milwaukee, WI. Circulates audio books, brailed materials, and playback equipment. Provided free of charge via postage-free mail to where the resident is living.

YOUTH TRANSITION SERVICES

Aging and Disability Resource Center

877-485-2372

Assists with the transition process of youth (17.5-year-old) living with a disability to adulthood. A single-entry point for information on issues affecting students regardless of income. Contact the ADRC at 17.5 years old for adult disabled status and programming.

ADVOCACY AND EDUCATION

Wisconsin Statewide Parent-Educator Initiative

833-879-7734 or
www.wspei.org/

Family Engagement Liaisons work with parents, educators, and school districts to promote partnerships and provide support to families of children with special needs.

Wisconsin Transition Improvement Grant

608-921-1400 or
www.witig.org/

Strengthen and accelerate the transition process in our Wisconsin schools.



DECISION MAKING SUPPORTS

Options for youth who will need assistance making decisions as an adult.

Adult Protective Services

Polk County: 715-485-8400
Burnett County: 715-349-7600

Information and assistance with the guardianship process (estate and person).

LONG TERM CARE PROGRAMS (LTC PROGRAMS)

Medicaid waiver programs for individuals with disabilities who need services (supported employment, in home help, independent living skills training, etc.), with no other means to pay for them. Children's LTC Waiver is for children birth to 18. Children/families on the Children's Long Term Care Waiver program will be directly referred to the ADRC at 17.5 years of age to determine eligibility for adult long term care waiver programs.

FAMILY CARE/IRIS

ADRC of Northwest Wisconsin

877-485-2372
https://adrcnwwi.org/

MENTAL AND BEHAVIORAL HEALTH

TeenLine

800-852-8336 or
https://didihirsch.org/teenline
or Text TEEN to 839863

Teens helping teens find support. Available daily by text 8-11 pm and by phone 8pm-12am.

Trevor Project

866-488-7386 or
www.thetrevorproject.org/

Suicide prevention and crisis intervention nonprofit organization for LGBTQ young people (children, teens & young adults). Providing information & support to LGBTQ young people 24/7, all year round.

Advertise Here
Visit www.lpicommunities.com/advertising-solutions



Scan to get started

Advertise in Our Guide!

Contact Kristee Flynn

651-303-3461

kflynn@4lpi.com

HOUSING INSTABILITY & MATERIAL SUPPORT

T.H.U.G Life Ministry (Truly Humble Under God)

651-246-1323 (ask for Sara) or https://robertsucc.org/thug-life

Local Non-Profit based in Somerset helping homeless and familyless teens and young adults in the St. Croix valley area. This includes St. Croix, Polk, Washington counties and more. Help with daily living needs, clothing, meals, financial help and support finding shelter.

VOCATIONAL TRAINING, EMPLOYMENT SUPPORTS, AND POST-SECONDARY SUPPORTS

Vocational Rehabilitation professionals provide different levels of employment supports to help individuals with any disability secure and maintain employment in the community. Students should be connected to this service 2 years before graduation.

Compass IL (Formerly Center for Independent Living Western Wisconsin)

1-800-228-3287 or www.compassil.org/

Assists youth with disabilities between ages 14-24 to develop skills and promote self-awareness and esteem, develop empowerment skills, and to explore career options, including postsecondary education.

Division of Vocational Rehabilitation (DVR)

Providing job services, training, and employment assistance to people looking for work and with employers on finding the necessary workers to fill current job openings.

https://www.dwd.wisconsin.gov/dvr/

Ashland, WI office
800-228-2513 or 715-679-5577
Serves Burnett County

Rice Lake, WI office
800-228-2587 or 715-234-6806
Serves Polk County

Great Lakes Inter-Tribal Council Vocational Rehabilitation

715-635-0967 or www.glitc.org/

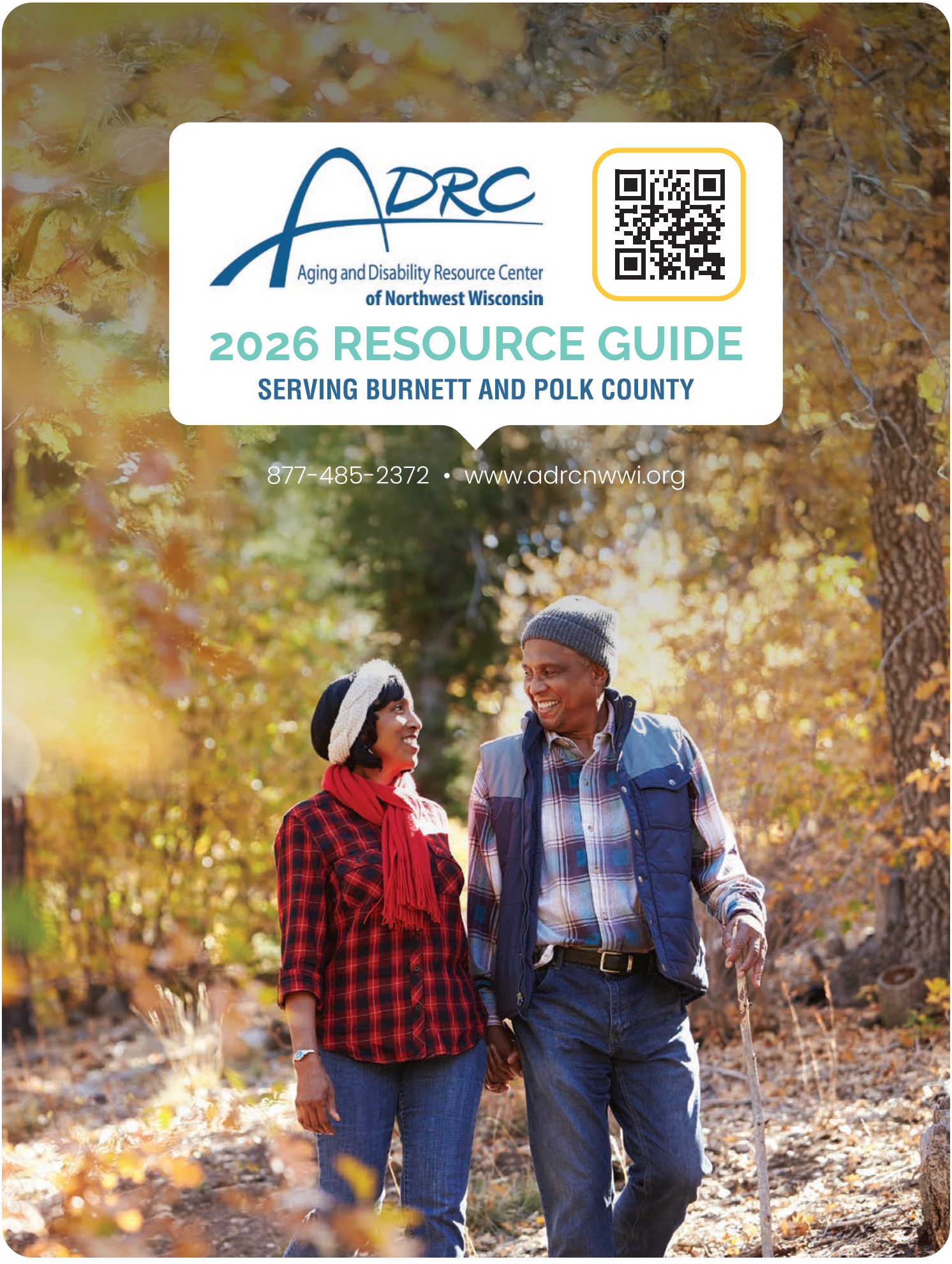
Deliver vocational support to eligible Native Americans with disabilities living in the service area that are sensitive to their individual cultural beliefs, strengths, resources, priorities, concerns, and abilities to engage in gainful employment.

UW System Coordinators of Service for Students with Disabilities List

www.wisconsin.edu/disability-resources or email john.achter@wisconsin.edu

Connect and research services provided at each UW College as youth are exploring post-secondary institutions/ options.





Aging and Disability Resource Center of Northwest Wisconsin

2026 RESOURCE GUIDE

SERVING BURNETT AND POLK COUNTY

877-485-2372 • www.adrcnwwi.org