

ADRC Nutrition Program: *A fresh start to nutrition*

Grantsburg Senior Center 11:30am
 Lakeside Comm. Lutheran Church 11:30am
 Webster Burnett Central Kitchen 11:30am
 Amery Congregational Church 11:00am
 Joy Lutheran Church 11:00am
 (Temporary)

60 Years of Age and Older: \$4-\$6/meal donation.
 General Public: \$12/meal
Contact your ADRC Dining site for reservations/cancellations at least 24 hours in advance.
Menu is subject to change without notice.
Bread and milk offered with all meals.
Serving Mon, Tue, Thu, Fri



September 2026 Menu for ADRC Dining Sites				
Monday	Tuesday	Wednesday	Thursday	Friday
	1 Beef Enchilada Bake Spanish Rice Refried Beans Tomato Corn Salsa Cinnamon Pears	2	3 Chicken Alfredo w/Mushrooms Walnut Romaine Ceasar Salad Strawberry Jello Fluff WG Garlic Bread	4 Tuna Pasta Salad w/Peas over leaf lettuce Apple Cranberry- Coleslaw Carrot Sticks Grapes Marble Rye Bread
7 CLOSED --- Labor Day ---	8 Beef Stroganoff Tuscan Beans with Spinach & Sun-Dried Tomatoes, Roasted Acorn Squash Peaches Garlic Bread Stick	9	10 BBQ Pork Ribs Sweet Potato Tator Tots Cucumber Salad Blue Berry Cobbler	11 Mediterranean Salmon Wild Rice Blend Apple, Walnut, Spinach Salad with Balsamic Vinaigrette Lemon Bar
14 Cowboy Beans over Brown Rice Butternut Squash Brussel Sprouts Apricots Corn Muffin	15 <i>*Breakfast</i> Blueberry Cream Cheese French Toast Sausage Links Roasted Red Potatoes with Red & Orange Peppers Greek Yogurt with Strawberries	16	17 Baked Ham Scalloped Potatoes Cole Slaw Pineapple Broccoli Cheese Corn Bread	18 Breaded Chicken Patty on bun w/Mayo Lettuce, Onion, Tomato Sweet Potato Fries Pea & Cheese Salad Mandarin Oranges Zucchini Cake
21 Chicken Stir-Fry with Pea Pods, Water Chestnuts, Broccoli, & Red Peppers over Brown Rice Egg Roll Pears	22 Philly Cheese Steak with Peppers & Onions Potato Wedges Black Bean Lentil Salad Strawberry Prezel Dessert	23	24 Baked Rosemary Chicken over Rice Pilaf Walnut Candied Butternut Squash Creamy Cucumbers Apricots	25 Meatloaf & Gravy Mashed Potatoes Steamed Broccoli Three Bean Salad Cooks Choice Fruit Pie
28 Roasted Pork Loin with Mustard Sauce over Brown Rice Roasted Cauliflower Glazed Carrots Mandarin Oranges	29 Porcupine Meatballs Whipped Sweet Potatoes Garden Salad Baked Cinnamon Apple Sliced	30	 Beautiful Chef Salad Served in Amery, WI last month. Come See what they are Whipping up this Month! 	

ADRC Elderly Nutrition Program: Menu subject to change without notice. WG Bread & milk offered with all meals. Please reserve your meals at least 24 hours in advance.

Amery: 715-268-6818; Milltown/Centuria: 715-554-1500; All Burnett County Participants: 715-349-2154.

Meal sites are closed on Wednesdays and observed Holidays.