

Dementia Care Resources and Support

for Polk and Burnett Counties



Balsam Lake Office

100 Polk County Plaza, Suite 60
Balsam Lake, WI 54810
715-485-8449

Siren Office

7410 County Road K, #180
Siren, WI 54872
715-349-2100

Main Phone: 877-485-2372



www.facebook.com/ADRCofNorthwestWisconsin



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ADRC of Northwest Wisconsin

Serving adults 60 and older, adults with disabilities, their families and caregivers and professionals. Services include:

- Elder Benefit Specialist and Disability Benefit Specialist assist with public and private benefits such as Medicare, Medicaid, Social Security, SSI, SSDI, Supplemental Insurance, prescription drug coverage
- Family Caregiver Support: Information, support and assistance for family caregivers, support groups, and educational opportunities
- Community Programming and Health Promotion: The ADRC provides and sponsors an array of educational and community outreach programs focusing on health promotion, prevention, caregiving, planning for the future, and topics of interest to community members. The ADRC also provides four evidence based health promotion workshops: Powerful Tools for Caregivers, Living Well with Chronic Conditions, Stepping On Falls Prevention, and Healthy Living with Diabetes
- Dementia Services and Supports: Dementia Care Specialist, Dementia Live, Dementia Friendly Business Training, Dementia Lending Library, Music and Memory, support groups and dementia education opportunities
- Information on resources and help connecting to services, help exploring options, and access to the publicly funded long term care programs.
- ADRC Nutrition Program: Meals on Wheels which is available to homebound individuals and group dining at 6 different dining site locations.
- Medical equipment loan closet: Durable medical equipment available for loan including walkers, bath chairs, wheelchairs, and toilet seat risers for up to 6 months. Meant to help people who need the items on a temporary basis, such as after surgery. Items are available on a first-come, first-served basis at no cost. Call ahead to make sure we have what you need available.
- Transportation: Volunteer Driver Program primarily for non-emergency medical transportation and a Social Transportation program providing wheel chair accessible transportation for shopping, errands and socialization type trips
- Volunteer Opportunities: A number of our programs utilize volunteers including the volunteer transportation program, Meals on Wheels and health promotion. For a full list of volunteer opportunities visit www.adrcnwwi.org/volunteer/

ADRC of Northwest Wisconsin

Toll Free #: 877-485-2372

adrc@polkcountywi.gov

www.adrcnwwi.org

Siren Office: 7410 County Rd K, Suite 180, Siren, WI

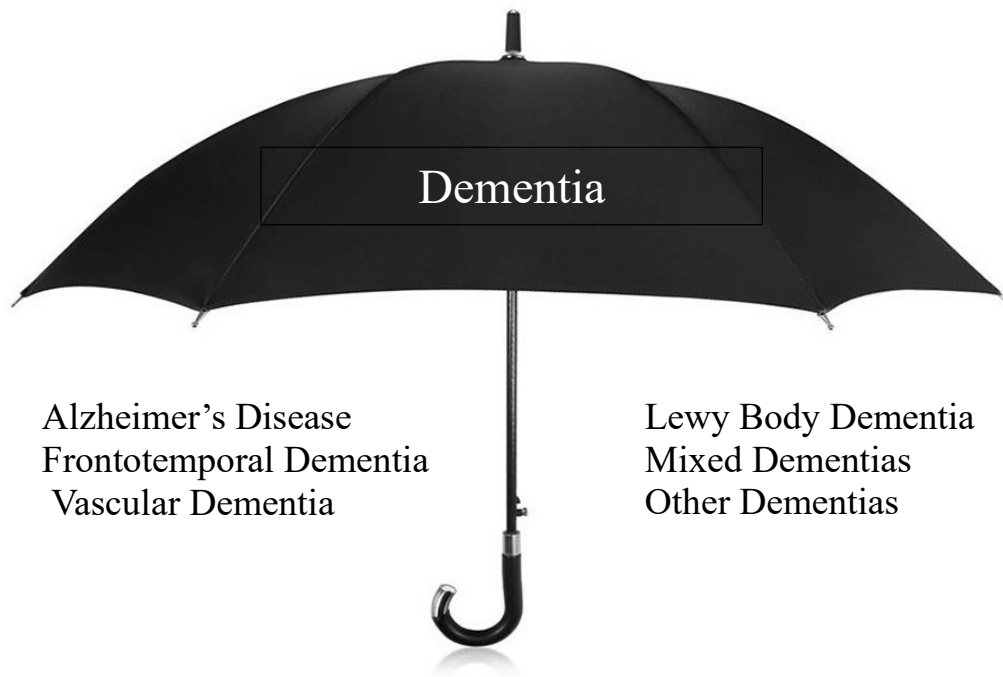
Balsam Lake Office: 100 Polk County Plaza, Suite 60, Balsam Lake, WI

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The Aging & Disability Resource Center of Northwest Wisconsin is committed to understanding, respecting, and empowering those affected by Alzheimer's disease and related dementia by providing support and resources.

What is Dementia?



Dementia is not a specific disease, rather an umbrella term that describes a wide range of symptoms associated with a decline in memory or other thinking skills severe enough to reduce a person's ability to perform everyday activities. There are many conditions that can cause dementia. Alzheimer's disease is the most common form of dementia accounting for 60 to 80 percent of cases.

Signs and Symptoms

- Memory loss that disrupts daily life
- Challenges in planning or solving problems
- Difficulty completing familiar tasks at home, work or at leisure
- Confusion with time or place
- Trouble understanding visual images and spatial relationships
- New problems with words in speaking and writing
- Misplacing things and losing the ability to retrace steps
- Decreased or poor judgment
- Withdrawal from work or social activities
- Changes in mood and personality

Source: alz.org

Activities for People Living with Dementia

Each day there are many things that provide us with purpose and pleasure. For a person with dementia, the need for a good quality of life is not diminished.

- <http://teepasnow.com>
- www.pinterest.com/explore/dementia-activities
- www.alz.org/national/documents/brochure_activities.pdf
- *Best Friends Book of Alzheimer's Activities*, Volume 1 & 2
D. Troxel and V. Ball
- *Creating Moments of Joy* by Jolene Brackey
- <https://daanow.org/virtual-engagements/>
- Dementia/Caregiver kits: kits that are full of games, brain exercise, conversation starters and reminiscing activities available through many local libraries.
- Alzheimer's Store: Activities, robotic pets and baby dolls for individuals with dementia.
www.alzstore.com

Adaptive Equipment (not all inclusive)

Adaptive equipment is any type of device that helps someone maintain independence with activities of daily living and continue doing other activities that improve quality of life.

Agencies that provide personal emergency response systems often also provide medication management and dispensing systems that provide med reminders. For a full list of these agencies contact the ADRC at 877-485-2372.

Aging & Disability Resource Center

Medical equipment loan program

877-485-2372 www.adrcnwwi.org

Best Alzheimer's Products

Ideas and suggestions for activities and entertainment

<https://best-alzheimers-products.com/>

Compass IL

312 W. Knapp St. #1, Rice Lake

715-736-1800, [Compass IL » Navigating Toward Independence and Freedom](#)

indiGO

2911 Tower Ave Suite 9, Superior, WI

800-924-1220, <http://indigowi.org>

E-Pill Medication Management Devices

Easy-to-use locked automatic pill dispenser, www.epill.com

The Alzheimer's Store

Products for comfort and security, www.alzstore.com

True Doors

Door decals to hide a door from individuals who wander or make a door look like their door from home for individuals living in a facility.

<https://my.truedoors.com/collection/>

Life360

Small tracking device for everyday things that get misplaced, lost or stolen.

[Life360 | Family-Proof Your Family | Location Sharing & Safety App](#)

Adult Day Services

Burnett Medical Center

257 W St George Ave
Grantsburg, WI 54840
715-463-7278

Day Friends

101 150th Street
Balsam Lake, WI 54810
715-485-8762

Happy Day Club

1790 Schreiber Street
Spooner, WI 54801
715-416-2942

Adult Protective Services

Every county has an elder adults-at-risk (also known as elder abuse) agency that will look into reported incidents of abuse, neglect, financial exploitation and self-neglect.

Polk County Community Services Division 715-485-8400

Burnett County Health and Human Services 715-349-7600

Wisconsin Elder Abuse Hotline 833-586-0107

Alzheimer's Association

The Alzheimer's Association works on a global, national, and local level to enhance care and support for all those affected by Alzheimer's disease, and related dementias, as well as their caregivers.

<https://www.alz.org/wi>

Assisted Living Options

Adult Family Homes (AFH): Usually in a home like setting with 2-4 residents and where supervision, room and board is provided. Private and semi-private rooms available. Licensed or certified depending on the number of beds. For a full list of AFHs in your area contact:

1-2 Beds: Regulated by Inclusa. Call (866) 306-6499.

3-4 Beds: Regulated by the State of Wisconsin. Check online at:

<https://www.dhs.wisconsin.gov/guide/afh.htm> .

Assisted Living/Residential Care Apartment Complex: Serve people who are more independent than a CBRF or nursing home and in an apartment like setting. Services vary by facility but may include noon meals, light housekeeping, emergency call system, personal care assistance, socialization. Facilities listed with an * provide additional memory care services.

Evergreen Village

Amery, WI 715-268-6640

***Riverbend Senior Living** (connected to Willow Ridge skilled nursing facility)

Amery, WI 715-268-9949

<https://www.riverbend-seniorliving.com/>

Evergreen Assisted Living

Osceola, WI 715-294-1600

<http://www.theroyaloaks.com/>

Community Based Residential Facility (CBRF): 24-hour supervision; meals; medication monitoring; personal care; and semi-private, private or apartments provided. Generally has 5-25 residents and is state licensed. Facilities listed with an * provide additional memory care services.

***Amery Memory Care**

215 Birch St., Amery, 715-797-6027

www.amerymemorycare.com

***Comforts of Home**

St Croix Falls, WI 715-483-1707

***Eagle Ridge Senior Living and Memory Care**

Osceola, WI 715-294-8000

<https://www.eagleridgeseniorliving.com/>

Hearthside Assisted Living (connect to Christian Community Homes skilled nursing facility)

Osceola, WI 715-294-1100

<https://cch-osceola.org/facility-details-hearthside/>

***Riverbend Senior Living** (connected to Willow Ridge skilled nursing facility)

Amery, WI 715-268-9949

<https://www.riverbend-seniorliving.com/>

Sophie's Manor

Centuria, WI 715-640-3330

Traditions of Frederic

715-327-4888

Lawson Manor (connected to the United Pioneer Home skilled nursing facility)

Luck, WI 715-472-2164

Www.unitedpioneerhome.org

Assisted Living Facility checklist. A list to gather information about facilities you visit.

www.dhs.wisconsin.gov/publications/p6/p60579.pdf

For more information about the different types of assisted living options visit:

www.dhs.wisconsin.gov/guide/assisted-living.htm

Care Planning

Create a care plan for emergencies and if a time comes when you are temporarily or permanently unable to care for your loved one. Think about who will care for your loved one when you can't? What medical conditions does your loved one have and what medications are they on? Who is their primary care provider? What type of insurance do they have? What do you do to help your loved one and what types of activities do they like? A care plan can provide support to the caregiver and can act as a Plan B that will allow someone to step in, as seamlessly as possible, to care for your loved one when you cannot.

To learn more about care plans and get a fillable care plan document visit:

<https://www.cdc.gov/aging/publications/features/caregivers-month.html>

For more information on planning for emergencies visit: <https://www.alz.org/help-support/caregiving/safety/in-a-disaster>

A care plan for someone with dementia may also include:

- A list of things/activities he or she likes
- Things that calm them
- Location of photo albums

- Strategies that you've used successfully to help with common behaviors
- What they are usually trying to communicate with certain behaviors
- Their daily routine

Caregiver Programs

Alzheimer's Family Caregiver Support

Program (AFCSP): Funds for AFCSP are made available in each county to assist individuals to purchase services and goods related to caring for someone with Alzheimer's disease or related dementia. Eligibility includes a diagnosis of Alzheimer's disease or related dementia. Contact the Aging & Disability Resource Center, 877-485-2372

National Family Caregiver Support Program (NFCSP): Limited funds available to provide short-term and temporary respite breaks for the family caregiver and supplemental services such as adaptive equipment, home medical supplies, etc.

For more information on caregiver classes and programs, contact the Aging & Disability Resource Center, 877-485-2372

Crisis

Crisis situations can lead to unnecessary hospital admissions or institutionalization. Immediate intervention, such as having a plan in place, may help avoid admission, while stabilizing measures can help prevent future crisis. The Aging & Disability Resource Center can help address your current situation and make plans for the future to **prevent** a crisis. Individuals with dementia in crisis and their family caregivers needing emergency help can contact:

- **Northwest Connections:** 888-552-6642
- **Polk County Mental Health Crisis Line:** 715-204-9116
- **Burnett County Mental Health Crisis Line:** 888-636-6655
- **Emergency Services:** 9-1-1
- **Alzheimer's Association Helpline:** 800-272-3900

****When calling for help for an individual with dementia in crisis, it is important to inform emergency service providers/responders that the individual has dementia.****

Dementia Care Specialist

The Dementia Care Specialist (DCS) plays a variety of roles in promoting community awareness and access to services for people with dementia and their family caregivers. They also consult with law enforcement, Adult Protective Services (APS), and others who need information regarding dementia-related issues. For more information, contact the Aging & Disability Resource Center, 877-485-2372.

Dementia Friendly Community

In an effort to help people with Alzheimer's disease and related dementias feel included, safe, and understood, cities and towns throughout the United States are transitioning to Dementia Friendly Communities.

Dementia Friendly Business Training: Free training for businesses, community organizations and faith communities on providing dementia friendly customer service. Call the ADRC of Northwest Wisconsin at 877-485-2372 to get more information and schedule a training (s).

Wisconsin's Dementia Friendly Communities Toolkit: Wisconsin's toolkit, [Building Dementia-Friendly Communities](https://www.dhs.wisconsin.gov/publications/p01000.pdf) located at <https://www.dhs.wisconsin.gov/publications/p01000.pdf> provides information, resources, lessons learned, and the steps for building a dementia-friendly community. No matter what sector you represent—local business owner, faith leader, village/town/county government—there is something you can do to become dementia friendly!

Driving Concerns

The Aging & Disability Resource Center assists customers with identifying and providing a variety of information from driver safety programs to resources for getting around without a car, and tools for determining when it is time to stop or limit driving. Also contact your physician with any driving concerns.

AARP: An online resource which includes information on driver safety, a quiz and driver safety programs. Driver safety information line: 888-227-7669, www.aarp.org.

Dementia & Driving Resource Center: Online resource with vignettes on how to talk about driving, ideas on planning ahead, signs of unsafe driving and information on driving evaluations, www.alz.org/driving.

Fitness to Drive: The FTD is a web-based tool for caregivers and/or family members of older drivers to identify at-risk older drivers, <http://fitnesstodrive.php.ufl.edu>

The Hartford Publications

At the Crossroads: Family Conversations about Alzheimer's disease, Dementia and Driving. Available at https://s0.hfdstatic.com/sites/the_hartford/files/at-the-crossroads-2012.pdf

**Wisconsin Department of Transportation,
Division of Motor Vehicles (DMV)**

735 W. Ave, Rice Lake

DMV phone contacts are handled through the phone center in Madison, 608-264-7447. Driver Medical Concerns Overview

<http://wisconsindot.gov/Pages/dmv/license-drvs/mdcl-cncrns/med-concerns.aspx>

Education Events, Workshops and Resources

Alzheimer's Association

Offer online and in person educational opportunities for individuals with dementia, family members and caregivers, professionals and concerned community members.

www.alz.org

Alzheimer's Association Virtual Library: The Green-Field Library, located at the home office of the Alzheimer's Association in Chicago, Illinois, is the nation's oldest and foremost library and resource center devoted to increasing knowledge about Alzheimer's disease and other dementias. "Visit" this library online at:

https://www.alz.org/help-support/resources/virtual_library

ADRC of NW WI

Provides a Lending Library of resources specific to dementia and community education events focused on dementia. Additional dementia and caregiver resources can be found on our website.

<https://adrcnwwi.org>

Caregiver Conference in New Richmond

Takes place in September each year and includes speakers and a vendor fair of resources. Coordinated by the local Caregiver Coalition

<https://www.witc.edu/continuing-education-and-training/conferences-and-events>

Dementia Live®

Dementia Live® is a dementia simulation experience that immerses participants into life with dementia, resulting in a deeper understanding of what it's like to live with cognitive impairment and sensory change. This no-cost training is available for family caregivers and offered at various times throughout the year. Contact the Aging & Disability Resource Center, 877-485-2372 to learn more.

DICE (Describe, Investigate, Create, Evaluate) Workshop

A complimentary program to help family caregivers manage behavioral and psychological symptoms of dementia. For more information on the DICE approach and upcoming workshops contact the ADRC at 877-485-2372.

Local Libraries: Many local libraries have a number of resources available on topics related to dementia.

Powerful Tools for Caregiving

Six-week workshop that teaches family caregivers how to take better care of themselves while caring for a loved one. Classes offered in a variety of settings throughout the year. Call the ADRC for the next workshop, 877-485-2372.

Boost Your Brain and Memory

Boost Your Brain and Memory is a program by Mather Institute that focuses on keeping your brain and body healthy, which in turn can help slow the progression and/or risk for Dementia. Call the ADRC for the next workshop, 877-485-2372.

Finding Meaning and Hope

Finding Meaning and Hope is a program based off the book “Loving Someone Who Has Dementia” by Pauline Boss, PhD. This program was created by Duet and focuses on the ambiguous loss that caregivers experience while caring for their loved ones with Dementia. Call the ADRC for the next workshop, 877-485-2372.

Trialta

Free online resource with different support groups, webinars, articles, and more to help caregivers navigate different situations. To register please follow this link

<https://wisconsin caregiver.trialta.com/>

Elder Law Attorneys

Elder law attorneys specialize in providing legal services for older adults such as advance health care directives, powers of attorney, guardianship, living wills, trusts, planning for long-term care, Medicaid planning, residents’ rights in long-term care facilities, and estate, income and gift tax matters. To find one in your area, contact Wisconsin State Bar Lawyer Referral & Information Services, 800-362-9082

Guardianship

A guardianship of person or estate might be needed for someone who is incompetent and no longer able to make medical and/or financial decisions and does not have any other decision making directives in place, such as a Power of Attorney for Health care or Power of Attorney for Finances.

For more information, contact:

- WI Guardianship Support Center, 855-409-9410, www.gwaar.org
- Wisconsin Department of Health Services
www.dhs.wisconsin.gov/clientrights/guardianship.htm

- For individuals that qualify financially, Adult Protective Services departments provide assistance with the guardianship process. Polk County Behavioral Health Department Adult Protective Services: 715-485-8400. Burnett County Health and Human Services- Adult Protection: 715-349-7600

Helplines

Learn about the disease, brainstorm behavioral management strategies, get connected and find support by calling one of the following helplines.

Alzheimer’s Association 24/7 Helpline: Services and support available 24/7 and provided by masters level clinicians.

1-800-272-3900

Lewy Line: Information and support for individuals impacted by Lewy Body Dementia

1-800-539-9767

The Association for Frontotemporal Degeneration Helpline: Information and support for individuals impacted by a type of Frontotemporal Degeneration.

1-866-507-7222

Home Care

Long term care services provided in the home can include medical and non-medical services—home health care, supportive home care and personal care. Home health care (medical) includes skilled nursing care and therapy services. These services are often covered by Medicare on a short term basis. Personal care includes “hands-on” services (but not skilled services) including bathing, grooming and hygiene.

Supportive home care includes “hands-off” services like cleaning, laundry, cooking and meal preparation. Medicare does not pay for supportive home care or personal care (unless it is provided in conjunction with skilled services) and Medical Assistance will sometimes pay for personal care but will not pay for supportive home care or respite care. Below is a list of agencies that provide personal, supportive and respite home care—services that are often a huge help when caring for someone with dementia. For a complete list of medical in home services, costs and other long term care options contact the ADRC at 877-485-2372.

Comfort Keepers

Serves Polk and Burnett counties, on a case-by-case basis, 715-381-6730

Cornerstone Caregiving

Serves Polk and Burnett counties, 715-418-8900

Indigo

Serves Burnett County, 715-392-2533

Innovative Services

Serves within a 30min/30 mile radius of the Siren and St. Croix Falls offices, 715-919-1093

Interfaith Caregivers of Polk County

Volunteer organization that provides many services (when volunteers are available) to support older adults living in the community. 715-825-9500

International Quality Homecare

Serves Polk and Burnett counties, 888-278-3405

Lutheran Social Servies

Serving Polk and Burnett counties, 877-967-5577

Peaceful Living

Serves Polk County and accepts Medical Assistance, 715-386-7071

Serenity Care Agency, LLC

Serves Polk County and will work with long term care insurance, 715-308-3800

St. Raphael's Home Care Services LLC

612-448-2614

Synergy HomeCare

Serving Polk County south of Hwy 8, 612-256-2214

Touching Hearts at Home

Serves Polk County, 715-245-1944

Hospice and Palliative Care Services

Hospice care focuses on comfort and dignity at the end of life; it involves care and support services that can be of great benefit to people in the final stages of Alzheimer's and other dementias and their families. The primary purpose of hospice care is to manage pain and other symptoms during the last six months of life where treatments focus on comfort rather than curing the underlying disease. Hospice is usually covered by Medicare, Medicaid and other private insurances.

Palliative Care is available at any stage or age of a life-limiting illness. A patient does not need to have a terminal prognosis of six months or less to qualify, nor is it required that they stop seeking curative treatment.

Palliative Care uses a team approach to improve quality of life by providing pain and symptom (including behaviors in a person living with dementia) management, facilitating communication, assisting with decision making and coordinating care and services available to support the patient within his or her community. Not typically covered by Medicare but sometimes covered by private insurance plans. Contact the agency to inquire about cost and payment options for palliative care services.

Both palliative care and hospice care services can be provided in the home or in a facility. For a list of hospice and palliative care agencies contact the ADRC at 877-485-2372.

Kids and Dementia

Online resources for children and teens to help learn about Alzheimer's disease:

Alzheimer's Association: <https://www.alz.org/help-support/resources/kids-teens>

National Institute on Aging: <https://www.nia.nih.gov/health/resources-children-and-teens-about-alzheimers-disease>

The Association for Frontotemporal Degeneration: <https://www.theaftd.org/living-with-ftd/kids-and-teens/>

Location Devices and Caregiver Apps (not all-inclusive)

It is common for people with dementia to wander. Changes in the brain can cause confusion even in familiar places. There are a variety of devices available. These tools follow a person's movements and help identify their location. No device or system can guarantee that a person with dementia will not get lost or that they will be found. For information on wandering, visit the Alzheimer's Association website, www.alz.org.

Angel Sense, GPS system

888-999-2023

www.angelsense.com

GPS Smart Sole, GPS system

213-489-3019

www.gpssmartsole.com

MedicAlert & Safe Return, community alert system

www.alz.org/care/dementia-medic-alert-safe-return.asp

PocketFinder, Pocket Personal Finder GPS Locator Available at most Walmart Stores

www.pocketfinder.com

Project Lifesaver

Polk County Sheriff's Department 715-485-8300

Burnett Count Sheriff's Department 715-349-2121

SimpliTend, App for the caregiver and care receiver

This app can be found on google play for android phones or the apple store for iphones.

Trax, GPS tracking system

www.traxfamily.com

Silver Alert: Silver Alert is a plan to help local law enforcement in the rescue of missing persons who have Alzheimer's disease or related dementia. Silver Alerts are broadcast to the public on roadways, email and text messages. Learn more at www.wisconsincrimealert.gov

Memory Clinics/Specialists

Memory Clinics are well-informed in the diagnosis and treatment of dementia and seek to assess and diagnose dementia, maintain or improve current functioning, and involve caregivers and family. For a complete list of memory care clinics, in the state of Wisconsin, visit the Wisconsin Alzheimer's Institute website at <https://wai.wisc.edu>

Kinisi Institute of Movement

St Croix Regional Medical Center

715-483-0241

St Croix Falls, WI

Marshfield Clinic

866-333-1996

For appointments at Rice Lake or Eau Claire centers

Memory Screenings

A free wellness tool that helps identify possible changes in memory and brain health. Contact the Aging & Disability Resource Center, 877-485-2372

Power of Attorney

What is a Power of Attorney for Health Care (POA-HC)?

A document that authorizes another person (called the "agent", for example a daughter) to make health care decisions for the person executing the document (called the "principal," for example a mother), consistent with the terms of the document and based on the wishes of the principal. It can include a statement of wishes regarding future care. It is **essential** that principals talk to their agents about their wishes. POA-HC forms are available at the Aging & Disability Resource Center or online at:

<https://www.dhs.wisconsin.gov/forms/advdirectives/f00085.pdf>

Additional information and the forms can also be found at www.gwaar.org or 1-855-409-9410.

How does my POA-HC become effective or activated?

For a POA-HC to become activated, the principal must be determined “incapacitated.” Incapacity is determined by two doctors or one doctor and a licensed psychologist and means an individual is “unable to receive and evaluate information effectively or to communicate decisions to such an extent that the individual lacks the capacity to manage his or her health care decisions.” The certification of incapacity must be attached to the POA-HC document. Section 155.01 (8) of Wisconsin Statutes.

If an individual remains able to make their own health care decisions, the agent’s authority to make health care decisions ***is not activated***.

What is a Power of Attorney for Finance (POA-F)?

Power of Attorney for Finances is a document that you (the “principal”) complete and sign, naming another individual (the “agent”) to manage your finances. You determine the money you want the agent to have authority over, as well as the authority you want the agent to have. This document does not give your agent the power to make medical, long-term care or other health care decisions for you.

The agent’s authority takes effect ***immediately*** after you execute the document ***unless*** you expressly indicate otherwise. You retain the legal right to handle all of your finances as long as you are willing and able. Essentially, you and/or your agent have authority to make decisions about your finances.

If you do not complete a POA-F but later become incapacitated, there may not be anyone with legal authority to make necessary decisions and complete the necessary transactions for you (paying bills, selling real estate, closing bank accounts, filing tax returns, etc.).

Information and forms are available at www.gwaar.org or 1-855-409-9410.

Without a POA-HC or POA-F, it may be necessary for your family or others to ask the court to appoint a Guardian of the Person and Guardian of the Estate. This process can be costly, time-consuming, cumbersome and emotionally draining.

Research and Clinical Trials

Without clinical trials and research there can be no better treatments, no prevention and no cure for Alzheimer’s disease. Individuals with dementia, caregivers and healthy volunteers are needed to participate in clinical trials focused on Alzheimer’s and other dementias. Individuals interested in participating in research studies or interested in donating their brain (after death) for research purposes, can contact the following organizations.

Alzheimer’s Association

800-272-3900

<http://www.alz.org/research/overview.asp>

Alzheimer's Disease Research Center at UW Madison

608-263-2582

www.adrc.wisc.edu

Lewy Body Dementia Association

Helps connect individuals with Lewy Body Dementia and Parkinson's Dementia with clinical trials currently recruiting participants.

<https://www.lbda.org/research/clinical-trials/>

The Association for Frontotemporal Degeneration

<https://www.theaftd.org/research-clinical-trials/ways-to-participate/>

Respite Care

Respite care is temporary planned or unplanned care provided to give an unpaid family caregiver a break. Respite services can be provided in the home, in an institution, overnight or just during the day time. For a full listed of agencies that can provide respite care in the home contact the ADRC at 877-485-2372.

Safety

Improve safety by potentially identifying problems in the home:

- <https://www.nia.nih.gov/health/home-safety-and-alzheimers-disease>
- www.alz.org/care/alzheimers-dementia-safety.asp

Skilled Nursing Facilities

A facility licensed to provide 24 hour skilled nursing care. Services include 3 meals per day, activities, rehabilitative treatment, and services to meet the psycho-social, emotional and/or physical needs of the residents. Licensed and inspected by the State of Wisconsin.

Christian Community Home

715-294-1100

Osceola, WI

Continuing Care Center at Burnett Medical Center

715-463-5353

Granstburg, WI

Dove Healthcare

715-635-1415

Spooner, WI

Dove Healthcare

715-483-9815

St. Croix Falls, WI

Frederic Nursing & Rehab

715-327-4297

Frederic, WI

Golden Age Manor

715-268-7107

Amery, WI

Dove Healthcare

715-483-9815

St Croix Falls, WI

United Pioneer Home

715-472-2164

Luck, WI

Willow Ridge (attached to Riverbend Assisted Living)

715-268-8171

Amery, WI

Support Groups

ADRC Dresser Caregiver Support Group

877-485-2372

Peace Lutheran Church in Dresser, WI.

3rd Tuesday of every month from 2-3:30pm

ADRC Burnett County Caregiver Support Group

877-485-2372

Bethany Lutheran Church in Siren, WI

1st Thursday of every month from 10:00am-11:30am

ADRC Amery Caregiver Support Group

877-485-2372

Amery Senior/Community Center in Amery, WI
1st Wednesday of every month from 10:00am-11:30am

Alzheimer's Association Statewide Virtual/Telephone and In-Person Support Groups
For more information call 800-272-3900 or visit www.alz.org

Alzheimer's and Dementia Alliance Statewide Virtual/Telephone Support Groups
For more information call 608-232-3400 or visit www.alzwisc.org

Transportation

For a complete list of transportation options, contact the Aging & Disability Resource Center at 877-485-2372 or visit www.adrcnwwi.org

Tribal Programs and Services

The St Croix Chippewa Indians of Wisconsin offer various programs and services to tribal members.

Aging Unit-provides resources, support and advocacy
800-236-2195 ext 5108

Community Services-provide a number of services related to behavioral health, substance abuse, dental, benefits, transportation, in home nursing services
800-236-2195 ext 5139

Dementia Care Specialist-A specialist in dementia care, resources and support for the individual with dementia and the family/caregiver
800-236-2195 ext 5193

Veteran's Service Office

Veteran's Services can provide assistance to county Veterans and their families in obtaining federal and state Veteran Entitlements.

- **Polk County Veteran's Service Office** 715-485-9243
- **Burnett County Veteran's Service Office** 715-349-2179

Websites

About Alzheimer's
<http://alzheimers.about.com>

Aging and Disability Resource Center of
Northwest Wisconsin—Dementia Resources
<https://adrcnwwi.org/dementia-resources/>

Alzheimer's Association

www.alz.org <http://blog.alz.org>

Alzheimer's Foundation of America

<https://alzfdn.org/>

Alzheimer's Disease Research Center (ADRC)

www.adrc.wisc.edu

Alzheimer's Reading Room

<https://alzheimersreadingroom.tumblr.com/>

Alzheimer's Speaks—Dementia Chats

www.alzheimersspeaks.com

AARP Family Caregiving—Resources and Information

<https://www.aarp.org/caregiving/>

Lewy Body Dementia Association

www.lbda.org

National Institutes on Aging Alzheimer's Disease Education and Referral Center

<https://www.nia.nih.gov/health/alzheimers>

National Organization for Rare Disorders

<https://rarediseases.org/>

Rare Dementia Support

<https://www.raredementiasupport.org/>

Teepa Snow, Dementia Expert

www.teepasnow.com

The Association for Frontotemporal Degeneration

<https://www.theaftd.org/>

Us Against Alzheimer's

www.usagainstalzheimers.org

Wisconsin Alzheimer's Institute

www.wai.wisc.edu

Wisconsin State Dementia Care System

<https://www.dhs.wisconsin.gov/dementia/index.htm>

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Every effort is made to provide accurate information in this guide. Please be aware that services and phone numbers may change after the guide has been printed. Please visit our website- www.adrcnwwi.org -for the most current Guide. The ADRC does not endorse any provider or service outside of the scope of the ADRC primary services. It is always advisable to contact a number of providers, ask several questions, and find a provider you are most comfortable with.