


## ADRC Nutrition Program: *A fresh start to nutrition*

Grantsburg Senior Center 11:30am  
 Lakeside Comm. Lutheran Church 11:30am  
 Webster Burnett Central Kitchen 11:30am  
 Amery Congregational Church 11:00am  
 Joy Lutheran Church 11:00am  
 (Temporary)

60 Years of Age and Older: \$4-\$6/meal donation.  
 General Public: \$12/meal  
*Contact your ADRC Dining site for reservations/cancellations at least 24 hours in advance.*  
*Menu is subject to change without notice.*  
*Bread and milk offered with all meals.*  
*Serving Mon, Tue, Thu, Fri*



July 2026 Menu for ADRC Dining Sites				
Monday	Tuesday	Wednesday	Thursday	Friday
<b>29</b>	<b>30</b>	<b>1</b> All Meal Sites Closed	<b>2</b> Waldorf Chicken Salad Sandwich on Marbled Rye Broccoli & Chickpea Salad 4 <sup>th</sup> of July Berry Cake	<b>3</b> <b>Meal Sites Closed</b> <b>July 4<sup>th</sup> Holiday</b>
<b>6</b> Ham Scalloped Potato Steamed Beets Peaches Whole Wheat Bread	<b>7</b> Lemon Herbed Chicken Roasted Red Potatoes Spinach Mandarin Orange Salad Whole Wheat Bread Pineapple Pistachio Pudding	<b>8</b> All Meal Sites Closed	<b>9</b> Barbequed Pork Chop Baked Potato Cal. Melody Mixed Vegetables Pumpkin Pie Bars Whole Wheat Bread	<b>10</b> Zesty Taco Salad w/ sour cream Black Bean and Tomato Salsa Corn Chips Fresh Fruit
<b>13</b> Garlic Ginger Pork Loin Asian Noodles and Water Chestnuts Broccoli Warm Scalloped Apples Wheat Roll	<b>14</b> Chicken Ravioli w/ Tomatoes and Asparagus Roasted Sweet Potatoes 4 Bean Salad Carrot Cake	<b>15</b> All Meal Sites Closed	<b>16</b> Lemon Thyme Cod w/Dill Sauce & Brown Rice Pilaf Coleslaw Green Beans Fresh Fruit Whole Wheat Bread	<b>17</b> Roast Beef w/ Horseradish Mayo Potato Salad Marinated Spring Vegetables Cinnamon Applesauce Whole Wheat Roll
<b>20</b> Baked Chicken Herb and Butter Potatoes Baked Beans Peaches Whole Wheat Bread	<b>21</b> Spaghetti w/ Meat Sauce Garden Salad w/ peas, tomatoes, and cucumbers Fruit Crumble Bread Stick	<b>22</b> All Meal Sites Closed	<b>23</b> Herb Poached Salmon w/ Brown Rice Grilled Asparagus Butternut Squash Strawberry Shortcake	<b>24</b> Spinach Salad with Chick peas, Chicken & Strawberry Vinaigrette Fresh Pineapple Whole Wheat Bread
<b>27</b> Salisbury Steak w/ Mashed Potatoes Roasted Parmesan Cauliflower Mandarin Oranges	<b>28</b> Chicken Chow Mein w/ Brown Rice Vegetable Egg Roll Chickpea Blondies Fruit	<b>29</b> All Meal Sites Closed	<b>30</b> Chef's Salad Romaine Lettuce Turkey, Ham, Chicken Boiled Egg, Tomato Cucumber, Peas, Carrots, Cheese WW Breadstick Pear	<b>31</b> Beef Baked Ziti Corn Caesar Salad Grapes WW Breadstick

**ADRC Elderly Nutrition Program:** Menu subject to change without notice. Bread & milk offered with all meals. Please reserve your meals at least 24 hours in advance.

Amery: 715-268-6818; Milltown/Centuria: 715-554-1500; All Burnett County Participants: 715-349-2154.

Meal sites are closed on Wednesdays unless otherwise specified.