

ADRC Dining Sites:

Lakeside Community Lutheran Church
28626 County Road H, Webster
715-349-2154
11:30 AM

Grantsburg Senior Center
118 Madison Ave W, Grantsburg
715-349-2154
11:30 AM

Webster—Burnett Central Kitchen
7489 Main St. West, Webster
715-349-2154
11:30 AM

Joy Lutheran Church
501 State Rd. 35, Centuria
715-554-1500
11:30 AM

Amery Congregational Church
201 Harriman Ave N, Amery
715-268-6818
11:00 AM



St. Croix Tribal Elder Dining Program:

Group dining and MOW open Mon-Fri to tribal elders 55+ and non-tribal members 60+. Donations are accepted but not required.

**Danbury
Nutrition Site**
30335 W Minerva Dam
Rd., Danbury
715-349-8509

**Sand Lake
Nutrition Site**
4460 Highway 70,
Webster
715-349-2849



CONTACT US



877-485-2372

adrc@polkcountywi.gov

adrcnwwi.org

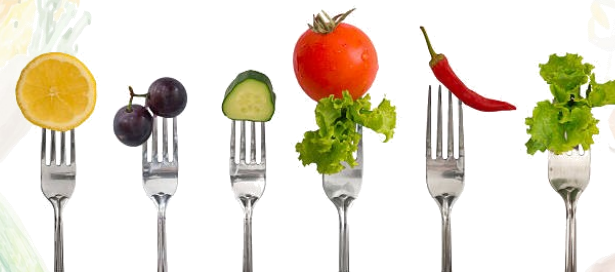
Polk County Office
100 Polk County Plaza, #60
Balsam Lake, WI 54810

Burnett County Office
7410 County Road K, #180
Siren, WI 54872

Updated 9/25

Nutrition Program

A fresh start to nutrition.



Providing nourishing meals,
companionship, and connections
to services that promote
independent living



Aging and Disability Resource Center
of Northwest Wisconsin

Your Bridge to Support



**MEALS
on WHEELS**
NORTHWEST WISCONSIN

ADRC Nutrition Program

Our goal is to promote a healthy lifestyle by providing nourishing meals, companionship, and connections to services that promote independent living.

Funding is provided by Older Americans Act (OAA) funds, state and county funds, private contributions, and payments/donations.

Open to people of all ages but it is a donation based program for individuals 60+.

Participants who are 60+ are encouraged to contribute an amount they can afford. No one (60+) is ever denied services because of inability to donate the suggested amount.

Cost/Suggested Contribution:

General Public: \$12 per meal

Individuals 60+: \$4-6 Suggested Contribution per meal

Nutrition Education

A registered dietitian is available through the ADRC for participants who might be nutritionally at risk or have nutrition related concerns. Services may include:

- Nutrition Education and Counseling
- Ongoing monitoring of nutritional needs
- Information and referral for additional services that may be needed



Meals on Wheels® of Northwest Wisconsin

Meals are delivered to individuals who are unable to attend the dining sites and who meet the homebound eligibility criteria.

Eligibility Criteria

- Age 60 and older who is frail; mobility issues by reason of illness, disability, or isolation; and has no one to prepare a meal for them. Individuals who are under 60 and are homebound can receive meals but must pay the \$12 charge per meal.
- A spouse of a person eligible for Meals on Wheels® regardless of age or condition, if the assessment concludes that this is in the best interest of the homebound individual.
- An individual living with a disability who resides with an eligible individual.

Cost/Suggested Contribution

Individuals under 60 Years of Age (who does not reside with or is not married to someone 60+ who is eligible): \$12 charge per meal. These individuals are required to sign an agreement indicating they can and will pay the full meal charge for each meal they receive.

Individuals 60+: \$4-6 suggested contribution per meal for those who qualify. These participants are encouraged to contribute any amount they can afford.

Meals are delivered Mon/Tue/Thu/Fri by volunteers. Frozen meals are available for Sun/Wed/Sat.

**Due to ongoing budget constraints, a waitlist exists for meals provided at a donated rate. Individuals age 60 and older who are homebound and interested in receiving home-delivered meals must complete an assessment to determine waitlist eligibility, or may choose to pay the full meal cost of \$12.00 per meal.*

ADRC Congregate Dining Program

Group dining is offered at several dining sites throughout Polk and Burnett Counties. This program provides a nutritious meal and an opportunity to dine and socialize with peers and friends. Meals are served on Monday, Tuesday, Thursday, and Friday.



The menu is available at each meal site, is published in *The Voice* each month, and is on the ADRC of Northwest Wisconsin website at:

www.adrcnwwi.org/dining/

How Do I Get Started?

Contact your dining site to make your meal reservation at least 24 hours in advance. If a dining site staff member is not available please leave a message. Location addresses can be found on the ADRC website under Nutrition.

