



ADRC Nutrition Program: *A fresh start to nutrition*

Grantsburg Senior Center	11:30am	
Siren United Methodist Church	11:30am	715-349-2154
Lakeside Comm. Lutheran Church	11:00am	
Amery Congregational Church	11:00am	715-268-6818
Joy Lutheran Church (Temporary)	For info:	715-554-1500

60 Years of Age and Older: \$4-\$6/meal donation
General Public: \$10/meal
 Contact your ADRC Dining site for reservations/
 cancellations at least 24 hours in advance.
 Menu is subject to change without
 notice. Bread and milk offered with all
 meals. **Serving Mon, Tue, Thu, Fri**



January 2025 Menu for ADRC Dining Sites

Monday	Tuesday	Wednesday	Thursday	Friday
		All meal sites closed Happy New Year!	2 Shepherd's Pie Whipped Potatoes Roasted Brussels Sprouts Whole Wheat Bread Red Apple	3 Parmesan Crusted Haddock Potato Casserole Applesauce Green Beans Whole Wheat Bread
6 Chicken Stir Fry over Brown Rice w/ Peppers & Onions Egg Roll Snap Peas & Broccoli Whole Wheat Bread Grapes	7 Garlic Rosemary Beef Roast w/ Beef Gravy Sweet Potatoes Green Beans Whole Wheat Bread Berry Crisp w/ Whipped Cream	8 All Meal Sites Closed	9 Raspberry BBQ Chicken Au Gratin Potatoes Romaine Side Salad Whole Wheat Bread Melon	10 Meatloaf Whipped Potatoes Glazed Carrots 7 Bean Salad Whole Wheat Bread Cinnamon Applesauce
13 Chicken & Broccoli Brown Rice Casserole Four Bean Salad Whole Wheat Rolls Blushing Pears	14 Braised County-Style Pork Baked Potato Roasted Brussel Sprouts Whole Wheat Bread Peaches	15 All Meal Sites Closed	16 Breakfast for Lunch Tomato Juice Whole Wheat Bread Fresh Pineapple	17 Hunter's Stew Boiled Potatoes Dill Carrots Warm Scalloped Apples Whole Wheat Roll
20 Hearty Sausage & Squash Stew Great Northern Beans Pear Whole Wheat Bread	21 Oven-Roasted Chicken w/ Mushroom Gravy Whipped Potatoes Steamed Spinach Whole Wheat Bread Peach Cobbler	22 All Meal Sites Closed	23 Kielbasa Scalloped Potatoes Sauerkraut Baked Beans Whole Wheat Roll Mandarin Oranges	24 Orange Chicken (Tahitian) w/ Snap Peas & Brown Rice Dill Carrots Frozen Berries Whole Wheat Roll
27 Ham Boiled Dinner Green Cabbage Red Potatoes Carrots Warm Scalloped Apples Whole Wheat Bread	28 Roasted Pork Loin Apple Glaze Mashed Potatoes Roasted Broccoli Whole Wheat Roll Peaches	29 All Meal Sites Closed	30 Swedish Meatballs Egg Noodles Roasted Parmesan Cauliflower Mandarin Oranges Whole Wheat Roll Pumpkin Bars	31 Bell Pepper Cod Lemon Rice Spanish Beans Whole Wheat Bread Fresh Pineapple