

ADRC Dining Sites:

Lakeside Community Lutheran Church
28626 County Road H, Webster, WI 54893
715-349-2154
11:00 AM

Amery Congregational Church
201 Harriman Ave N, Amery
715-268-6818
11:00 AM

Grantsburg Senior Center
118 Madison Ave W, Grantsburg
715-349-2154
11:30 AM

Temporary Milltown Meal Site
Call for questions
715-554-1500

Siren United Methodist Church
24005 1st Ave, Siren
715-349-2154
11:30 AM



St. Croix Tribal Elder Dining Program:

Group dining and MOW open to tribal elders 55+ and non-tribal members 60+. Meals are served Monday-Friday. Please RSVP to the nutrition site at least 24 hours in advance. Donations are accepted but not required.

Danbury Nutrition Site
30335 W Minerva Dam Rd., Danbury
715-349-8509

Sand Lake Nutrition Site
4460 Highway 70, Webster
715-349-2849

CONTACT US



877-485-2372

adrc@polkcountywi.gov

adrcnwwi.org

Polk County Office

100 Polk County Plaza, #60

Balsam Lake, WI 54810

Burnett County Office

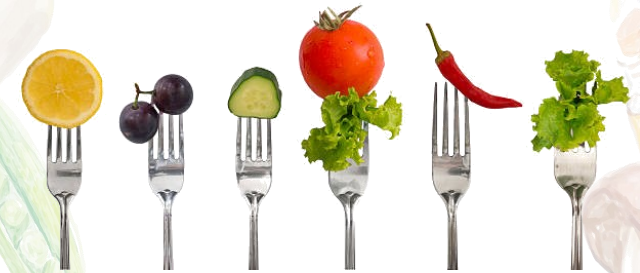
7410 County Road K, #180

Siren, WI 54872

Updated 9/24



Nutrition Program



A fresh start to nutrition.

Providing nourishing meals, companionship, and connections to services that promote independent living



ADRC Nutrition Program

Our goal is to promote a healthy lifestyle by providing nourishing meals, companionship, and connections to services that promote independent living.

Funding is provided by Older Americans Act (OAA) funds, state and county funds, private contributions, and participant payments/donations.

Open to people of all ages but it is a donation based program for individuals 60+. Participants who are 60+ are encouraged to contribute an amount they can afford. **No one (60+)** is ever denied services because of inability to donate the suggested amount.

Cost/Suggested Donation:

General Public: \$10 per meal
Individuals 60+: \$4-6 Suggested Donation per meal

Nutrition Education

A registered dietician is available through the ADRC for participants who might be nutritionally at risk or have nutrition related concerns.

Services may include:

- Nutrition Education and Counseling
- Ongoing monitoring of nutritional needs
- Information and referral for additional services that may be needed

Meals on Wheels® of Northwest Wisconsin

Meals are delivered to individuals who are unable to attend the dining sites and who meet the homebound eligibility criteria.

Eligibility Criteria for Meals on Wheels®:

- Age 60 or older who is frail; essentially homebound by reason of illness, disability, or isolation; and has no one to prepare a meal for them. Individuals who are under 60 and are homebound can receive meals but will be required to pre-pay a \$10 charge per meal.
- A spouse of a person eligible for Meals on Wheels® regardless of age or condition, if this is in the best interest of the homebound older individual.
- A disabled individual who resides with an eligible individual.

Meals are delivered Monday, Tuesday, Thursday, and Friday by volunteers. Frozen meals are available for Wednesday and weekends upon request.

How Do I Get Started?

Contact the ADRC of Northwest Wisconsin at 877-485-2372.

Due to budget constraints there is a wait list for those coming onto the program under the suggested donation rate. Individuals interested in paying full price for the meals can start immediately.



ADRC Congregate Dining Program

Group dining is offered at five dining sites throughout Polk and Burnett Counties.

This program provides a nutritious meal and an opportunity to dine and socialize with peers and friends.



Meals are served on Monday, Tuesday, Thursday, and Friday. The menu is available at each meal site, is published in *The Voice* each month, and is on the ADRC of Northwest Wisconsin website at: **www.adrcnwwi.org/dining/**

How Do I Get Started?

Contact your dining site to make your meal reservation at least 24 hours in advance. If a dining site staff member is not available please leave a message. Location addresses can be found on the ADRC website under Nutrition.

