



ADRC Nutrition Program: *A fresh start to nutrition*

Grantsburg Senior Center	11:30am	
Siren United Methodist Church	11:30am	715-349-2154
Lakeside Comm. Lutheran Church	11:00am	
Amery Congregational Church	11:00am	715-268-6818
Milltown Community Center	11:00am	715-825-5025

60 Years of Age and Older: \$4-\$6/meal donation
General Public: \$10/meal
 Contact your ADRC Dining site for reservations/
 cancellations at least 24 hours in advance.
 Menu is subject to change without
 notice. Bread and milk offered with all
 meals. **Serving Mon, Tue, Thu, Fri**



September 2024 Menu for ADRC Dining Sites

Monday	Tuesday	Wednesday	Thursday	Friday
2 All Meal Sites Closed for Labor Day	3 Turkey Croissant Wild Rice Chicken Soup w/ Black Beans Fruit Salad	4 Open due to Holiday Sloppy Joe Whole Wheat Bun Baked Cowboy Beans Red Potato Herb Salad Pear	5 Garlic Ginger Pork Loin Asian Noodles & Water Chestnuts Broccoli Warm Scalloped Apples Wheat Roll	6 Lemon Thyme Cod w/ Dill Sauce & Coleslaw Brown Rice Pilaf w/ Shredded Carrots Pineapple Whole Wheat Bread
9 Zesty Taco Bake Spanish Rice Roasted Corn & Black Bean Salsa Peaches	10 Swedish Meatballs Egg Noodles Roasted Parmesan Cauliflower & Broccoli Yogurt w/ Fruit	11 All Meal Sites Closed	12 Spinach Salad add Green Peas w/ Chicken & Strawberry Vinaigrette Whole Wheat Bread Pineapple	13 Herbed Haddock Grilled Asparagus Summer Squash Wheat Roll Mixed Berries
16 Pesto Chicken Salad add Chopped Water Chestnuts Whole Wheat Wrap Marinated Spring Vegetables Mandarin Oranges	17 Mongolian Beef Cilantro Lime Rice add Black Eyed Peas Green Beans Banana Tomato Juice Whole Wheat Bread	18 All Meal Sites Closed	19 Baked Chicken Mashed Potatoes Brussels Sprouts Whole Wheat Bread Lemon Bar & Banana	20 Meatball Marinara Spaghetti Caesar Salad Whole Wheat Breadsticks Grapes
23 Pulled BBQ Pork Potato Salad Green Peas Baked Beans Apple Whole Wheat Bun	24 Taco Salad (Ground Turkey, Corn Chips, Romaine Lettuce, Cheese, Black Olives, Onions, Sour Cream, Diced Tomatoes) Melon	25 All Meal Sites Closed	26 Cook's Choice Breakfast for Lunch	27 Fish Patty Hashbrown Casserole Roasted Asparagus Applesauce Whole Wheat Bread
30 Granny Apple Tuna Salad Whole Wheat Bread Pea & Cheese Salad Melon				