





ADRC Nutrition Program: *A fresh start to nutrition*

Grantsburg Senior Center	11:30am	
Siren United Methodist Church	11:30am	715-349-2154
Lakeside Comm. Lutheran Church	11:00am	
Amery Congregational Church	11:00am	715-268-6818
Milltown Community Center	11:00am	715-825-5025

60 Years of Age and Older: \$4-\$6/meal donation
General Public: \$10/meal
 Contact your ADRC Dining site for reservations/
 cancellations at least 24 hours in advance.
 Menu is subject to change without
 notice. Bread and milk offered with all
 meals. **Serving Mon, Tue, Thu, Fri**



August 2024 Menu for ADRC Dining Sites

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Mongolian Beef Cilantro Lime Rice w/ Red Bell Pepper Green Beans Banana Whole Wheat Bread	2 Haddock Hashbrown Casserole Roasted Asparagus Applesauce Whole Wheat Bread
5 Egg Salad Sandwich on Croissant Barley & Lentil Salad Fresh Cucumber Fresh Berries	6 Shepherd's Pie Whipped Potatoes Roasted Brussels Sprouts Whole Wheat Bread Mandarin Oranges	7 All Meal Sites Closed	8 Cook's Choice	9 Beef & Tomato Macaroni Casserole Green Beans Whole Wheat Bread Blueberry Dessert
12 Chicken Enchilada Spanish Brown Rice & Black Beans Red Bell Peppers & Onions Roasted Broccoli Whole Wheat Bread Grapes	13 Roast Beef Sandwich Whole Wheat Bread Horseradish Mayo Potato Salad Creamed Cucumber Salad and Chickpeas Melon	14 All Meal Sites Closed	15 Pork Stir Fry Asian Noodles & Water Chestnuts Broccoli Warm Scalloped Apples	16 Fish Patty on Whole Wheat Bun Roasted Sweet Potato Pineapple Chunks
19 Meatloaf Whipped Potatoes Glazed Carrots Whole Wheat Bread Peaches	20 Pizza Casserole (Turkey) Four Bean Salad Whole Wheat Bread Fresh Pineapple Caesar Salad	21 All Meal Sites Closed	22 Cook's Choice	23 Barbequed Pork Chop Baked Potato Buttered Peas Whole Wheat Bread
26 Turkey & Swiss Whole Wheat Bread Cranberry Mayo Red Potato Herb Salad Pea & Cheese Salad Plum	27 Honey Dijon Chicken Thighs Roasted Red Potato Glazed Carrots Whole Wheat Roll Pears	28 All Meal Sites Closed	29 Chef's Salad (Romain Lettuce, Turkey, Ham, Chicken, Boiled Egg, Tomato, Cucumber, Peas, Carrots, Cheese)	30 Oven-Roasted Chicken w/ Mushroom Gravy Whipped Potatoes Wilted Spinach Whole Wheat Bread Peach Cobbler