



ADRC Nutrition Program: *A fresh start to nutrition*

Grantsburg Senior Center	11:30am	
Siren United Methodist Church	11:30am	715-349-2154
Lakeside Comm. Lutheran Church	11:00am	
Amery Congregational Church	11:00am	715-268-6818
Milltown Community Center	11:00am	715-825-5025

60 Years of Age and Older: \$4-\$6/meal donation
General Public: \$10/meal
 Contact your ADRC Dining site for reservations/
 cancellations at least 24 hours in advance.
 Menu is subject to change without
 notice. Bread and milk offered with all
 meals. **Serving Mon, Tue, Thu, Fri**



April 2024 Menu for ADRC Dining Sites

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Pot Pie w/ Potatoes Peas & Carrots Garden Salad Whole Wheat Bread Pears	2 Sloppy Joe on Whole Wheat Bun Tater Tots Cowboy Beans Coleslaw Dessert	3 All Meal Sites Closed	4 Roasted Pork Loin Apple Glaze Baked Potato Roasted Broccoli Whole Wheat Roll Peaches	5 Goulash w/ Meat Broccoli Salad w/ Dried Cranberries (Craisins) Whole Wheat Bread Fresh Pineapple`
8 Zesty Taco Salad Spanish Rice Roasted Corn & Black Bean Salsa Whole Wheat Bread Peaches	9 Basil Crusted Chicken Bow Tie Pasta Stewed Tomatoes Dill Cucumber Salad Whole Wheat Roll Melon	10 All Meal Sites Closed	11 Chili Fresh Broccoli w/ Ranch Dip Corn Muffin Lemon Bar	12 Lemon Thyme Cod w/ Dill Sauce & Coleslaw Brown Rice Pilaf Creamed Green Peas Whole Wheat Roll Pineapple Chunks
15 Pulled BBQ Pork Potato Salad Whole Wheat Roll Baked Beans Apple Slices	16 Lasagna Garlic Bread Romaine Salad Parmesan Peppercorn Dressing Mandarin Oranges	17 All Meal Sites Closed	18 Orange Chicken w/ Snap Peas Brown Rice Dill Carrots Frozen Berries Whole Wheat Roll	19 Parmesan Crusted Haddock Potato Casserole Green Beans Applesauce Whole Wheat Roll
22 Ham & Cheese Sandwich on Whole Wheat Bread Split Pea Soup Romaine Salad Fresh Berries	23 Shepherd's Pie Whipped Sweet Potato Roasted Brussels Sprouts Whole Wheat Bread Red Apple	24 All Meal Sites Closed	25 Cook's Choice/Liver and Onions Potato Yummy Green Beans Blushing Pears Whole Wheat Bread	26 Chicken Stir Fry over Brown Rice w/ Peppers & Onions Snap Peas & Broccoli Whet Bread Grapes
29 Salisbury Steak Mashed Potatoes Wilted Spinach Whole Wheat Bread Melon	30 Garlic Rosemary Beef Roast w/ Beef Gravy Whipped Potatoes Green Beans Whole Wheat Bread Blueberry Crisp			