



ADRC Nutrition Program: *A fresh start to nutrition*

Grantsburg Senior Center	11:30am	
Siren United Methodist Church	11:30am	715-349-2154
Lakeside Comm. Lutheran Church	11:00am	
Amery Congregational Church	11:30am	715-268-6818
Milltown Community Center	11:00am	715-825-5025

60 Years of Age and Older: \$4-\$6/meal donation
General Public: \$10/meal
 Contact your ADRC Dining site for reservations/
 cancellations at least 24 hours in advance.
 Menu is subject to change without
 notice. Bread and milk offered with all
 meals. **Serving Mon, Tue, Thu, Fri**



December 2023 Menu for ADRC Dining Sites

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Parmesan Crusted Haddock Hashbrown Casserole Applesauce Green Beans
4 Shepherd's Pie Whipped Potatoes Roasted Brussels Sprouts Red Apple Whole Wheat Bread	5 Garlic Rosemary Beef Roast w/ Beef Gravy Sweet Potatoes Green Beans Whole Wheat Bread Blueberry Crisp	6 All Meal Sites Closed	7 Chicken Stir Fry over Brown Rice w/ Peppers & Onions Snap Peas & Broccoli Vegetable Egg Roll Whole Wheat Bread Grapes	8 Hamburger w/ Cheese Potato Salad Baked Beans Whole Wheat Bun Pears
11 Salisbury Steak Glazed Carrots Garlic Mashed Potato Whole Wheat Bread Banana Pudding	12 Hamburger Garlic Tomato Sauce Whole Wheat Spaghetti Caesar Salad Whole Wheat Bread Whole Apple Black Forest Brownie	13 All Meal Sites Closed	14 Oven-Roasted Chicken w/ Mushroom Gravy Whipped Potatoes Swiss Chard w/ White Beans Whole Wheat Bread Peach Cobbler	15 Meatloaf Scalloped Potatoes Wilted Spinach Whole Wheat Bread Cinnamon Applesauce
18 Braised County-Style Ribs Baked Potato Roasted Broccoli Whole Wheat Bread Carrot Cake	19 Hunter's Stew enriched w/ Kidney Beans Boiled Potatoes Side Salad Warm Scalloped Apples Wheat Roll	20 All Meal Sites Closed	21 Roast Turkey & Gravy Mashed Potatoes Savory Dressing Almond Green Beans Whole Wheat Bread Cranberry Sauce Fruit Pie	22 Pasta Bolognese Penne Pasta Peas Breadstick Mandarin Oranges
25 All Meal Sites Closed For Holidays	26 All Meal Sites Closed For Holidays	27 Meal Sites Open Cook's Choice	28 Liver & Onions Potato Side Salad Pears Whole Wheat Bread	29 Swedish Meatballs Egg Noodles Roasted Parmesan Cauliflower Mandarin Oranges Pumpkin Bars