





ADRC Nutrition Program: *A fresh start to nutrition*

Grantsburg Senior Center	11:30am	
Siren United Methodist Church	11:30am	715-349-2154
Lakeside Comm. Lutheran Church	11:00am	
Amery Congregational Church	11:30am	715-268-6818
Milltown Community Center	11:00am	715-825-5025

60 Years of Age and Older: \$4-\$6/meal donation
General Public: \$10/meal
 Contact your ADRC Dining site for reservations/cancellations at least 24 hours in advance.
 Menu is subject to change without notice. Bread and milk offered with all meals. **Serving Mon, Tue, Thu, Fri**



November 2023 Menu for ADRC Dining Sites

Monday	Tuesday	Wednesday	Thursday	Friday
		1 All Meal Sites Closed	2 Roasted Pork Loin w/ Apple Glaze Baked Potato Roasted Broccoli Whole Wheat Bread Peaches	3 Swedish Meatballs Egg Noodles Roasted Parmesan Cauliflower Carrots & Hummus Mandarin Oranges
6 Pizza Casserole (Turkey) Four Bean Salad Whole Wheat Bread Pineapple	7 Chicken Pot Pie w/ Potatoes Peas & Carrots Garden Salad Pears	8 Meal Sites Open Cook's Choice	9 Herb Poached Salmon Grilled Asparagus Lemon Rice Wheat Roll Berries	10 All Meal Sites Closed For Veteran's Day
13 Basil Crusted Chicken Bow Tie Pasta Stewed Tomatoes Dill Cucumber Salad Melon	14 Zesty Taco Bae Spanish Rice Roasted Corn & Black Bean Salsa Peaches	15 All Meal Sites Closed	16 Liver & Onions Potato Side Salad Pears Whole Wheat Bread	17 Roasted Pork Loin w/ Mustard Sauce Roasted Potatoes Glazed Carrots Whole Wheat Bread Banana Pudding
20 Meatball Marinara Spaghetti Caesar Salad Grapes	21 Roast Turkey & Gravy Mashed Potatoes Green Beans Casserole Savory Dressing Cranberry Sauce Whole Wheat Roll Pumpkin Pie w/ Whipped Cream	22 Meal Sites Open Cook's Choice	23 All Meal Sites Closed For Thanksgiving	24 All Meal Sites Closed For Thanksgiving
27 Ham & Cheese Sandwich on Whole Wheat Bread Split Pea Soup Greens Salad Peaches	28 Lasagna Garlic Bread Romaine Salad Parmesan Peppercorn Dressing Mandarin Oranges	29 All Meal Sites Closed	30 Orange Chicken (Tahitian) Brown Rice Dill Carrots Berries Whole Wheat Roll	