



ADRC Nutrition Program: *A fresh start to nutrition*

ADRC Dining Site Locations

Grantsburg Senior Center **11:30am**715-463-2940
 Siren United Methodist Church **11:30am** ..715-349-2154
 Amery Congregational Church **11:30am**....715-268-6818
 Milltown Community Center **11:00am**715-825-5025

Serving Times: Mon, Tue, Thurs & Fri

Cost and Details:

60 Years of Age and Older: \$4-\$6/meal donation.
 General Public: \$10/meal

Please contact your ADRC Dining site for reservations or cancellations at least 24 hours in advance. Menu is subject to change without notice. Bread and milk offered with all meals.

August 2023 Menu for ADRC Dining Sites

Monday	Tuesday	Wednesday	Thursday	Friday
<div style="border: 1px solid black; border-radius: 15px; padding: 5px; background-color: #d9ead3;"> A&H has moved to Lakeside Community Lutheran Church. 715-349-2154 </div>	1 Taco Salad (Ground Turkey, Corn Chips, Romaine Lettuce, Cheese, Black Olives, Onions, Sour Cream, Corn, Tomatoes), Melon	2 All Meal Sites Closed	3 Cabbage Roll Casserole Brown Rice Roasted Carrots Banana	4 Haddock Potato Pancakes Green Beans Whole Wheat Bread Applesauce
7 Shepherd's Pie Whipped Potatoes Roasted Brussels Sprouts Whole Wheat Bread Red Apple	8 Beef & Tomato Macaroni Casserole Green Beans Whole Wheat Bread Blueberry Crisp	9 All Meal Sites Closed	10 Chicken Stir Fry over Brown Rice w/ Peppers & Onions Snap Peas & Broccoli Grapes	11 Roast Beef Sandwich Whole Wheat Bread Horseradish Mayo Marinated Cucumber & Chickpea Salad Melon
14 Honey Dijon Chicken Thighs Roasted Red Potato Glazed Carrots Whole Wheat Roll Pears	15 Waldorf Chicken Salad Sandwich Multi Grain Bread Broccoli Salad Hummus w/ Carrot Sticks Pineapple Chunks	16 All Meal Sites Closed	17 Meatloaf Whipped Potatoes Glazed Carrots Whole Wheat Bread Cinnamon Applesauce	18 Braised Country-Style Ribs Baked Potato Buttered Peas Whole Wheat Bread Pumpkin Pie Bars
21 Baked Chicken Garlic Tomato Basil Spaghetti Caesar Salad Whole Apple	22 Turkey & Swiss on Whole Wheat Bread Cranberry Mayo Red Potato Herb Salad Pea & Cheese Salad Plum	23 All Meal Sites Closed	24 Garlic Ginger Pork Loin Asian Noodles & Water Chestnuts Broccoli Warm Scalloped Apples	25 Chef's Salad (Romaine lettuce, Turkey, Ham, Chicken, Boiled Egg, Tomato, Cucumber, Peas, Carrots, Cheese) Whole Wheat Bread-stick Pear
28 Pesto Chicken Salad Whole Wheat Wrap Marinated Spring Vegetables Mandarin Oranges	29 Lemon Thyme Cod w/ Dill Sauce & Coleslaw Brown Rice Green Beans Pineapple Chunks	30 All Meal Sites Closed	31 Sloppy Joe Whole Wheat Bun Baked Cowboy Beans Red Potato Herb Salad Pear	<div style="border: 1px solid black; border-radius: 15px; padding: 10px; background-color: #d9ead3;"> Due to short staffing Siren evening meal is suspended. </div>