



ADRC Nutrition Program: *A fresh start to nutrition*

ADRC Dining Site Locations

- A & H Senior Center **11:00am**715-635-7199
- Grantsburg Senior Center **11:30am**715-463-2940
- Siren United Methodist Church **11:30am** ..715-349-2154
- Amery Congregational Church **11:30am**....715-268-6818
- Milltown Community Center **11:00am**715-825-5025

Cost and Details:

60 Years of Age and Older: \$4-\$6/meal donation.
 General Public: \$10/meal

Please contact your ADRC Dining site for reservations or cancellations at least 24 hours in advance. Menu is subject to change without notice.

Bread and milk offered with all meals.

Serving Times: Mon, Tue, Thurs & Fri

June 2023 Menu for ADRC Dining Sites

Monday	Tuesday	Wednesday	Thursday	Friday
<div style="border: 1px solid black; border-radius: 15px; padding: 10px; background-color: #e0f2f1;"> Grantsburg Evening Meal is BACK Every 3rd Thursday @ 5:00 pm RSVP 715-463-2940 </div>			1 Meatball Marinara Spaghetti Caesar Salad Grapes Wheat Breadstick	2 Roast Turkey & Gravy Mashed Potatoes Almond Green Beans Cranberry Sauce Whole Wheat Bread
5 Pulled BBQ Pork Potato Salad Baked Beans Apple Slices Whole Wheat Roll	6 Taco Salad (Ground Turkey, Corn Chips, Romaine Lettuce, Cheese, Black Olives, Onions, Sour Cream, Diced Tomatoes) Melon	7 All Meal Sites Closed	8 Cabbage Roll Casserole Brown Rice Roasted Sweet Potato Banana Whole Wheat Bread	9 Haddock Potato Pancakes Green Beans Applesauce Whole Wheat Bread
12 Shepherd's Pie Whipped Potatoes Roasted Brussels Sprouts Whole Wheat Bread Mandarin Oranges	13 Egg Salad Sandwich Whole Wheat Bread Barley & Lentil Salad Fresh Cucumber Fresh Berries	14 All Meal Sites Closed	15 Beef & Tomato Macaroni Casserole Corn Whole Wheat Bread Blueberry Crisp	16 Chicken Stir Fry over Brown Rice with Red Peppers & Onions Snap Peas & Broccoli Grapes
19 Roast Beef Sandwich Whole Wheat Bread Horseradish Mayo Cowboy Caviar Creamed Cucumber Salad Melon	20 Honey Dijon Chicken Thighs Roasted Sweet Potato Steamed Broccoli Whole Wheat Roll Pears	21 All Meal Sites Closed	22 Meatloaf Whipped Potatoes Glazed Carrots Whole Wheat Bread Cinnamon Applesauce	23 Waldorf Chicken Salad Sandwich Red Potato Herb Salad Broccoli Salad Pineapple Chunks
26 Pizza Casserole (Turkey) Four Bean Salad Whole Wheat Bread Fresh Pineapple	27 Braised Country Style Ribs Baked Potato Buttered Peas Whole Wheat Bread Pumpkin Pie Bars	28 All Meal Sites Closed	29 Turkey & Swiss Whole Wheat Bread Cranberry Mayo Red Potato Herb Salad Pea & Cheese Salad Plum	30 Garlic Ginger Pork Loin Asian Noodles w/ Water Chestnuts Broccoli Warm Scalloped Apples Whole Wheat Roll