

# Dementia Care Resources and Support

for Polk and Burnett Counties



**Balsam Lake Office**

100 Polk County Plaza, Suite 60  
Balsam Lake, WI 54810  
715-485-8449

**Siren Office**

7410 County Road K, #180  
Siren, WI 54872  
715-349-2100

Main Phone: 877-485-2372



[www.facebook.com/ADRCofNorthwestWisconsin](https://www.facebook.com/ADRCofNorthwestWisconsin)



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## **ADRC of Northwest Wisconsin**

*Serving adults 60 and older, adults with disabilities, their families and caregivers and professionals. Services include:*

- Elder Benefit Specialist and Disability Benefit Specialist assist with public and private benefits such as Medicare, Medicaid, Social Security, SSI, SSDI, Supplemental Insurance, prescription drug coverage
- Family Caregiver Support: Information, support and assistance for family caregivers, support groups, and educational opportunities
- Community Programming and Health Promotion: The ADRC provides and sponsors an array of educational and community outreach programs focusing on health promotion, prevention, caregiving, planning for the future, and topics of interest to community members. The ADRC also provides four evidence based health promotion workshops: Powerful Tools for Caregivers, Living Well with Chronic Conditions, Stepping On Falls Prevention, and Healthy Living with Diabetes
- Dementia Services and Supports: Dementia Care Specialist, Dementia Live, Dementia Friendly Business Training, Dementia Lending Library, Music and Memory, support groups and dementia education opportunities
- Information on resources and help connecting to services, help exploring options, and access to the publicly funded long term care programs.
- ADRC Nutrition Program: Meals on Wheels which is available to homebound individuals and group dining at 6 different dining site locations.
- Medical equipment loan closet: Durable medical equipment available for loan including walkers, bath chairs, wheelchairs, and toilet seat risers for up to 6 months. Meant to help people who need the items on a temporary basis, such as after surgery. Items are available on a first-come, first-served basis at no cost. Call ahead to make sure we have what you need available.
- Transportation: Volunteer Driver Program primarily for non-emergency medical transportation and a Social Transportation program providing wheel chair accessible transportation for shopping, errands and socialization type trips
- Volunteer Opportunities: A number of our programs utilize volunteers including the volunteer transportation program, Meals on Wheels and health promotion. For a full list of volunteer opportunities visit [www.adrcnwwi.org/volunteer/](http://www.adrcnwwi.org/volunteer/)

### **ADRC of Northwest Wisconsin**

Toll Free #: 877-485-2372

[adrc@polkcountywi.gov](mailto:adrc@polkcountywi.gov)

[www.adrcnwwi.org](http://www.adrcnwwi.org)

Siren Office: 7410 County Rd K, Suite 180, Siren, WI

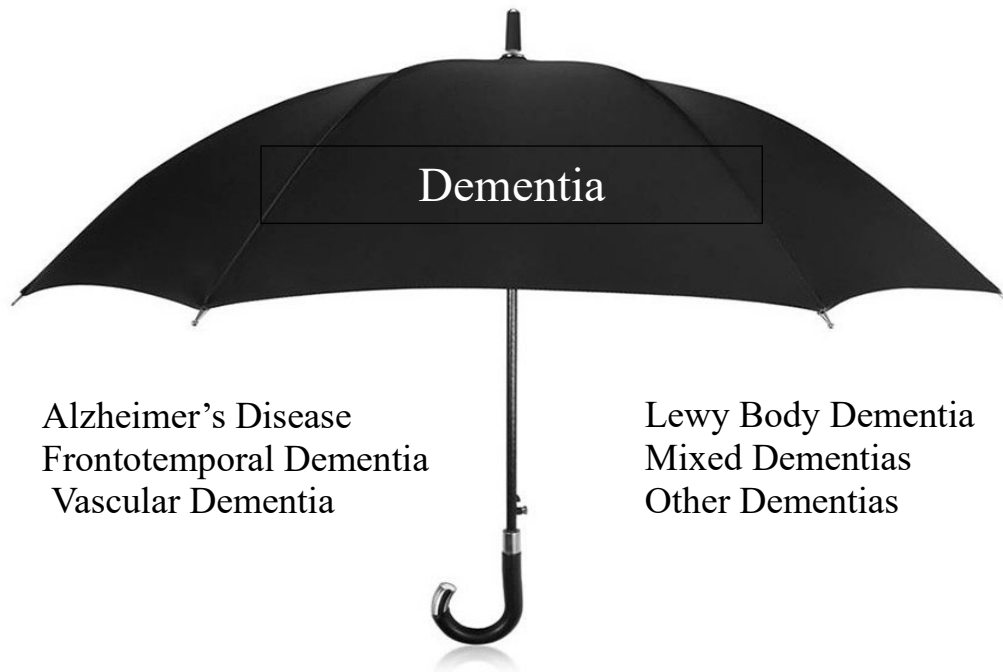
Balsam Lake Office: 100 Polk County Plaza, Suite 60, Balsam Lake, WI

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*The Aging & Disability Resource Center of Northwest Wisconsin is committed to understanding, respecting, and empowering those affected by Alzheimer's disease and related dementia by providing support and resources.*

## What is Dementia?



Dementia is not a specific disease, rather an umbrella term that describes a wide range of symptoms associated with a decline in memory or other thinking skills severe enough to reduce a person's ability to perform everyday activities. There are many conditions that can cause dementia. Alzheimer's disease is the most common form of dementia accounting for 60 to 80 percent of cases.

### **Signs and Symptoms**

- Memory loss that disrupts daily life
- Challenges in planning or solving problems
- Difficulty completing familiar tasks at home, work or at leisure
- Confusion with time or place
- Trouble understanding visual images and spatial relationships
- New problems with words in speaking and writing
- Misplacing things and losing the ability to retrace steps
- Decreased or poor judgment
- Withdrawal from work or social activities
- Changes in mood and personality

Source: alz.org

## **Activities for People Living with Dementia**

Each day there are many things that provide us with purpose and pleasure. For a person with dementia, the need for a good quality of life is not diminished.

- <http://teepasnow.com>
- [www.pinterest.com/explore/dementia-activities](http://www.pinterest.com/explore/dementia-activities)
- [www.alz.org/national/documents/brochure\\_activities.pdf](http://www.alz.org/national/documents/brochure_activities.pdf)
- *Best Friends Book of Alzheimer's Activities*, Volume 1 & 2  
D. Troxel and V. Ball
- *Creating Moments of Joy* by Jolene Brackey
- <https://daanow.org/virtual-engagements/>
- Dementia/Caregiver kits: kits that are full of games, brain exercise, conversation starters and reminiscing activities available through many local libraries.
- Alzheimer's Store: Activities, robotic pets and baby dolls for individuals with dementia.  
[www.alzstore.com](http://www.alzstore.com)

## **Adaptive Equipment (not all inclusive)**

Adaptive equipment is any type of device that helps someone maintain independence with activities of daily living and continue doing other activities that improve quality of life. Agencies that provide personal emergency response systems often also provide medication management and dispensing systems that provide med reminders. For a full list of these agencies contact the ADRC at 877-485-2372.

### **Aging & Disability Resource Center**

Medical equipment loan program  
877-485-2372 [www.adrcnwwi.org](http://www.adrcnwwi.org)

### **Best Alzheimer's Products**

Ideas and suggestions for activities and entertainment  
<https://best-alzheimers-products.com/>

### **Center for Independent Living**

312 W. Knapp St. #1, Rice Lake  
715-736-1800, [www.cilww.com](http://www.cilww.com)

### **indiGO**

2911 Tower Ave Suite 9, Superior, WI  
800-924-1220, <http://indigowi.org>

### **E-Pill Medication Management Devices**

Easy-to-use locked automatic pill dispenser, [www.epill.com](http://www.epill.com)

## **The Alzheimer's Store**

Products for comfort and security, [www.alzstore.com](http://www.alzstore.com)

## **True Doors**

Door decals to hide a door from individuals who wander or make a door look like their door from home for individuals living in a facility.

<https://my.truedoors.com/collection/>

## **Tile**

Small tracking device for everyday things that get misplaced, lost or stolen.

<https://www.thetileapp.com/en-us/>

## **Adult Day Services**

### **Burnett Medical Center**

257 W St George Ave

Grantsburg, WI 54840

715-463-7278

### **Day Friends**

101 150<sup>th</sup> Street

Balsam Lake, WI 54810

715-485-8762

### **Happy Day Club**

1790 Schreiber Street

Spooner, WI 54801

715-416-2942

## **Adult Protective Services**

Every county has an elder adults-at-risk (also known as elder abuse) agency that will look into reported incidents of abuse, neglect, financial exploitation and self-neglect.

**Polk County Community Services Division** 715-485-8400

**Burnett County Health and Human Services** 715-349-7600

**Wisconsin Elder Abuse Hotline** 833-586-0107

## **Alzheimer's Association**

The Alzheimer's Association works on a global, national, and local level to enhance care and support for all those affected by Alzheimer's disease, and related dementias, as well as their caregivers.

<https://www.alz.org/wi>

## **Assisted Living Options**

**Adult Family Homes (AFH):** Usually in a home like setting with 2-4 residents and where supervision, room and board is provided. Private and semi-private rooms available. Licensed or certified depending on the number of beds. For a full list of AFHs in your area contact:

1-2 Beds: Regulated by Inlusa. Call (866) 306-6499.

3-4 Beds: Regulated by the State of Wisconsin. Check online at:

<https://www.dhs.wisconsin.gov/guide/afh.htm> .

**Assisted Living/Residential Care Apartment Complex:** Serve people who are more independent than a CBRF or nursing home and in an apartment like setting. Services vary by facility but may include noon meals, light housekeeping, emergency call system, personal care assistance, socialization. Facilities listed with an \* provide additional memory care services.

### **Evergreen Village**

Amery, WI 715-268-6640

**\*Riverbend Senior Living** (connected to Willow Ridge skilled nursing facility)

Amery, WI 715-268-9949

<https://www.riverbend-seniorliving.com/>

### **Evergreen Assisted Living**

Osceola, WI 715-294-1600

<http://www.theroyaloaks.com/>

**Community Based Residential Facility (CBRF):** 24-hour supervision; meals; medication monitoring; personal care; and semi-private, private or apartments provided. Generally has 5-25 residents and is state licensed. Facilities listed with an \* provide additional memory care services.

### **\*Amery Memory Care**

215 Birch St., Amery, 715-797-6027

[www.amerymemorycare.com](http://www.amerymemorycare.com)

### **\*Comforts of Home**

St Croix Falls, WI 715-483-1707

### **\*Eagle Ridge Senior Living and Memory Care**

Osceola, WI 715-294-8000

<https://www.eagleridgeseniorliving.com/>



**Hearthside Assisted Living** (connect to Christian Community Homes skilled nursing facility)  
Osceola, WI 715-294-1100  
<https://cch-osceola.org/facility-details-hearthside/>

**\*Riverbend Senior Living** (connected to Willow Ridge skilled nursing facility)  
Amery, WI 715-268-9949  
<https://www.riverbend-seniorliving.com/>

**Sophie's Manor**  
Centuria, WI 715-640-3330

**Traditions of Frederic**  
715-327-4888

**Lawson Manor** (connected to the United  
Pioneer Home skilled nursing facility)  
Luck, WI 715-472-2164  
[www.unitedpioneerhome.org](http://www.unitedpioneerhome.org)

**Assisted Living Facility checklist. A list to gather information about facilities you visit.**  
[www.dhs.wisconsin.gov/publications/p6/p60579.pdf](http://www.dhs.wisconsin.gov/publications/p6/p60579.pdf)

**For more information about the different types of assisted living options visit:**  
[www.dhs.wisconsin.gov/guide/assisted-living.htm](http://www.dhs.wisconsin.gov/guide/assisted-living.htm)

## **Care Planning**

Create a care plan for emergencies and if a time comes when you are temporarily or permanently unable to care for your loved one. Think about who will care for your loved one when you can't? What medical conditions does your loved one have and what medications are they on? Who is their primary care provider? What type of insurance do they have? What do you do to help your loved one and what types of activities do they like? A care plan can provide support to the caregiver and can act as a Plan B that will allow someone to step in, as seamlessly as possible, to care for your loved one when you cannot.

To learn more about care plans and get a fillable care plan document visit:  
<https://www.cdc.gov/aging/publications/features/caregivers-month.html>

For more information on planning for emergencies visit: <https://www.alz.org/help-support/caregiving/safety/in-a-disaster>

A care plan for someone with dementia may also include:

- A list of things/activities he or she likes
- Things that calm them

- Location of photo albums
- Strategies that you've used successfully to help with common behaviors
- What they are usually trying to communicate with certain behaviors
- Their daily routine

## **Caregiver Programs**

### **Alzheimer's Family Caregiver Support**

**Program (AFCSP):** Funds for AFCSP are made available in each county to assist individuals to purchase services and goods related to caring for someone with Alzheimer's disease or related dementia. Eligibility includes a diagnosis of Alzheimer's disease or related dementia and an annual income of \$48,000 or less. Contact the Aging & Disability Resource Center, 877-485-2372

**National Family Caregiver Support Program (NFCSP):** Limited funds available to provide short-term and temporary respite breaks for the family caregiver and supplemental services such as adaptive equipment, home medical supplies, etc.

For more information on caregiver classes and programs, contact the Aging & Disability Resource Center, 877-485-2372

## **Crisis**

Crisis situations can lead to unnecessary hospital admissions or institutionalization. Immediate intervention, such as having a plan in place, may help avoid admission, while stabilizing measures can help prevent future crisis. The Aging & Disability Resource Center can help address your current situation and make plans for the future to **prevent** a crisis. Individuals with dementia in crisis and their family caregivers needing emergency help can contact:

- **Northwest Connections:** 888-552-6642
- **Burnett County Mental Health Crisis Line:** 888-636-6655
- **Emergency Services:** 9-1-1
- **Alzheimer's Association Helpline:** 800-272-3900

***\*When calling for help for an individual with dementia in crisis, it is important to inform emergency service providers/responders that the individual has dementia.\****

## **Dementia Care Specialist**

The Dementia Care Specialist (DCS) plays a variety of roles in promoting community awareness and access to services for people with dementia and their family caregivers. They also consult with law enforcement, Adult Protective Services (APS), and others who need information regarding dementia-related issues. For more information, contact the Aging & Disability Resource Center, 877-485-2372.

## **Dementia Friendly Community**

In an effort to help people with Alzheimer's disease and related dementias feel included, safe, and understood, cities and towns throughout the United States are transitioning to Dementia Friendly Communities.

**Dementia Friendly Business Training:** Free training for businesses, community organizations and faith communities on providing dementia friendly customer service. Call the ADRC of Northwest Wisconsin at 877-485-2372 to get more information and schedule a training (s).

**Wisconsin's Dementia Friendly Communities Toolkit:** Wisconsin's toolkit, [Building Dementia-Friendly Communities](https://www.dhs.wisconsin.gov/publications/p01000.pdf) located at <https://www.dhs.wisconsin.gov/publications/p01000.pdf> provides information, resources, lessons learned, and the steps for building a dementia-friendly community. No matter what sector you represent—local business owner, faith leader, village/town/county government—there is something you can do to become dementia friendly!

**Dementia Friendly America** Dementia Friendly America is a national movement to foster the creation of dementia-friendly communities around the nation. Whether or not your community wants to engage in the full movement, you can take advantage of a number of videos and resources for all sectors in the community at [dfamerica.org/resources](http://dfamerica.org/resources).

**Dementia Friends:** A global movement to change the way people think, act and talk about dementia. The Dementia Friends training is for anyone interested in making a positive difference in the lives of people living with dementia. Become a Dementia friends Champion and help provide Dementia Friends trainings in your community. Programs available for kids 2-6th and 9-12th grade and adult community members. Contact the ADRC at 877-485-2372 to learn more and schedule a Dementia Friends training.

## **Driving Concerns**

The Aging & Disability Resource Center assists customers with identifying and providing a variety of information from driver safety programs to resources for getting around without a car, and tools for determining when it is time to stop or limit driving. Also contact your physician with any driving concerns.

**AARP:** An online resource which includes information on driver safety, a quiz and driver safety programs. Driver safety information line: 888-227-7669, [www.aarp.org](http://www.aarp.org).

**Dementia & Driving Resource Center:** Online resource with vignettes on how to talk about driving, ideas on planning ahead, signs of unsafe driving and information on driving evaluations, [www.alz.org/driving](http://www.alz.org/driving).

**Fitness to Drive:** The FTD is a web-based tool for caregivers and/or family members of older drivers to identify at-risk older drivers, <http://fitnesstodrive.php.ufl.edu>

### **The Hartford Publications**

At the Crossroads: Family Conversations about Alzheimer's disease, Dementia and Driving. Available at [https://s0.hfdstatic.com/sites/the\\_hartford/files/at-the-crossroads-2012.pdf](https://s0.hfdstatic.com/sites/the_hartford/files/at-the-crossroads-2012.pdf)

### **Wisconsin Department of Transportation, Division of Motor Vehicles (DMV)**

735 W. Ave, Rice Lake

DMV phone contacts are handled through the phone center in Madison, 608-264-7447. Driver Medical Concerns Overview

<http://wisconsin.gov/Pages/dmv/license-drvs/mdcl-cncrns/med-concerns.aspx>

## **Education Events, Workshops and Resources**

### **Alzheimer's Association**

Offer online and in person educational opportunities for individuals with dementia, family members and caregivers, professionals and concerned community members.

[www.alz.org](http://www.alz.org)

**Alzheimer's Association Virtual Library:** The Green-Field Library, located at the home office of the Alzheimer's Association in Chicago, Illinois, is the nation's oldest and foremost library and resource center devoted to increasing knowledge about Alzheimer's disease and other dementias. "Visit" this library online at:

[https://www.alz.org/help-support/resources/virtual\\_library](https://www.alz.org/help-support/resources/virtual_library)

### **ADRC of NW WI**

Provides a Lending Library of resources specific to dementia and community education events focused on dementia. Additional dementia and caregiver resources can be found on our website.

<https://adrcnwwi.org>

### **Caregiver Conference in New Richmond**

Takes place in September each year and includes speakers and a vendor fair of resources. Coordinated by the local Caregiver Coalition

<https://www.witc.edu/continuing-education-and-training/conferences-and-events>

### **Caregiver and Wellness Conference**

This conference takes place at the St Croix Casino-Danbury and provided by the St Croix Tribe.

Speakers and vendor fair focused on caregiver resources and wellness. Takes place annually in July.

<https://stcroixojibwe-nsn.gov>

### **Dementia Live®**

Dementia Live® is a dementia simulation experience that immerses participants into life with dementia, resulting in a deeper understanding of what it's like to live with cognitive impairment and sensory change. This no-cost training is available for family caregivers and offered at various times throughout the year. Contact the Aging & Disability Resource Center, 877-485-2372 to learn more.

### **DICE (Describe, Investigate, Create, Evaluate) Workshop**

A complimentary program to help family caregivers manage behavioral and psychological symptoms of dementia. For more information on the DICE approach and upcoming workshops contact the ADRC at 877-485-2372.

**Local Libraries:** Many local libraries have a number of resources available on topics related to dementia.

### **Powerful Tools for Caregiving**

Six-week workshop that teaches family caregivers how to take better care of themselves while caring for a loved one. Classes offered in a variety of settings throughout the year. Call the ADRC for the next workshop, 877-485-2372.

### **Elder Law Attorneys**

Elder law attorneys specialize in providing legal services for older adults such as advance health care directives, powers of attorney, guardianship, living wills, trusts, planning for long-term care, Medicaid planning, residents' rights in long-term care facilities, and estate, income and gift tax matters. To find one in your area, contact Wisconsin State Bar Lawyer Referral & Information Services, 800-362-9082

### **Guardianship**

A guardianship of person or estate might be needed for someone who is incompetent and no longer able to make medical and/or financial decisions and does not have any other decision making directives in place, such as a Power of Attorney for Health care or Power of Attorney for Finances.

For more information, contact:

- WI Guardianship Support Center, 855-409-9410, [www.gwaar.org](http://www.gwaar.org)
- Wisconsin Department of Health Services  
[www.dhs.wisconsin.gov/clientrights/guardianship.htm](http://www.dhs.wisconsin.gov/clientrights/guardianship.htm)
- For individuals that qualify financially, Adult Protective Services departments provide

assistance with the guardianship process. Polk County Behavioral Health Department Adult Protective Services: 715-485-8400. Burnett County Health and Human Services-Adult Protection: 715-349-7600

## **Helplines**

Learn about the disease, brainstorm behavioral management strategies, get connected and find support by calling one of the following helplines.

**Alzheimer’s Association 24/7 Helpline:** Services and support available 24/7 and provided by masters level clinicians.

1-800-272-3900

**Lewy Line:** Information and support for individuals impacted by Lewy Body Dementia

1-800-539-9767

**The Association for Frontotemporal Degeneration Helpline:** Information and support for individuals impacted by a type of Frontotemporal Degeneration.

1-866-507-7222

## **Home Care**

Long term care services provided in the home can include medical and non-medical services—home health care, supportive home care and personal care. Home health care (medical) includes skilled nursing care and therapy services. These services are often covered by Medicare on a short term basis. Personal care includes “hands-on” services (but not skilled services) including bathing, grooming and hygiene.

Supportive home care includes “hands-off” services like cleaning, laundry, cooking and meal preparation. Medicare does not pay for supportive home care or personal care (unless it is provided in conjunction with skilled services) and Medical Assistance will sometimes pay for personal care but will not pay for supportive home care or respite care. Below is a list of agencies that provide personal, supportive and respite home care—services that are often a huge help when caring for someone with dementia. For a complete list of medical in home services, costs and other long term care options contact the ADRC at 877-485-2372.

### **Because There’s No Place Like Home, LLC**

Serves Polk and Burnett counties, 715-706-1112

### **Comfort Keepers**

Serves Polk and Burnett counties, on a case-by-case basis, 715-381-6730

### **Interfaith Caregivers of Polk County**

Volunteer organization that provides many services (when volunteers are available) to support older adults living in the community. 715-825-9500

### **International Quality Homecare**

Serves Polk and Burnett counties, 855-447-4762

### **Peaceful Living**

Serves Polk County and accepts Medical Assistance, 715-386-7071

### **Spirit of the Heart**

Serves within a 30 minute or 20 mile radius of Centuria, 715-441-0159

### **Touching Hearts at Home**

Serves Polk County, 715-245-1944

## **Hospice and Palliative Care Services**

**Hospice care** focuses on comfort and dignity at the end of life; it involves care and support services that can be of great benefit to people in the final stages of Alzheimer's and other dementias and their families. The primary purpose of hospice care is to manage pain and other symptoms during the last six months of life where treatments focus on comfort rather than curing the underlying disease. Hospice is usually covered by Medicare, Medicaid and other private insurances.

**Palliative Care** is available at any stage or age of a life-limiting illness. A patient does not need to have a terminal prognosis of six months or less to qualify, nor is it required that they stop seeking curative treatment.

Palliative Care uses a team approach to improve quality of life by providing pain and symptom (including behaviors in a person living with dementia) management, facilitating communication, assisting with decision making and coordinating care and services available to support the patient within his or her community. Not typically covered by Medicare but sometimes covered by private insurance plans. Contact the agency to inquire about cost and payment options for palliative care services.

Both palliative care and hospice care services can be provided in the home or in a facility. For a list of hospice and palliative care agencies contact the ADRC at 877-485-2372.

## **Kids and Dementia**

Online resources for children and teens to help learn about Alzheimer's disease:

**Alzheimer's Association:** <https://www.alz.org/help-support/resources/kids-teens>

**National Institute on Aging:** <https://www.nia.nih.gov/health/resources-children-and-teens-about-alzheimers-disease>

**The Association for Frontotemporal Degeneration:** <https://www.theaftd.org/living-with-ftd/kids-and-teens/>

## **Location Devices (not all-inclusive)**

It is common for people with dementia to wander. Changes in the brain can cause confusion even in familiar places. There are a variety of devices available. These tools follow a person's movements and help identify their location. No device or system can guarantee that a person with dementia will not get lost or that they will be found. For information on wandering, visit the Alzheimer's Association website, [www.alz.org](http://www.alz.org).

**Angel Sense**, GPS system

888-999-2023

[www.angelsense.com](http://www.angelsense.com)

**GPS Smart Sole**, GPS system

213-489-3019

[www.gpssmartsole.com](http://www.gpssmartsole.com)

**MedicAlert & Safe Return**, community alert system

[www.alz.org/care/dementia-medic-alert-safe-return.asp](http://www.alz.org/care/dementia-medic-alert-safe-return.asp)

**PocketFinder, Pocket Personal Finder GPS** Locator Available at most Walmart Stores

[www.pocketfinder.com](http://www.pocketfinder.com)

**Project Lifesaver**

Polk County Sheriff's Department 715-485-8300

Burnett Count Sheriff's Department 715-349-2121

**Trax**, GPS tracking system

[www.traxfamily.com](http://www.traxfamily.com)

**Silver Alert:** Silver Alert is a plan to help local law enforcement in the rescue of missing persons who have Alzheimer's disease or related dementia. Silver Alerts are broadcast to the public on roadways, email and text messages. Learn more at [www.wisconsincrimealert.gov](http://www.wisconsincrimealert.gov)

## **Memory Clinics/Specialists**

Memory Clinics are well-informed in the diagnosis and treatment of dementia and seek to assess and diagnose dementia, maintain or improve current functioning, and involve caregivers and family. For a complete list of memory care clinics, in the state of Wisconsin, visit the Wisconsin Alzheimer's Institute website at <https://wai.wisc.edu>

**Kinisi Institute of Movement**

St Croix Regional Medical Center

715-483-0241

St Croix Falls, WI



## Marshfield Clinic

866-333-1996

For appointments at Rice Lake or Eau Claire centers

## Memory Screenings

A free wellness tool that helps identify possible changes in memory and brain health. Contact the Aging & Disability Resource Center, 877-485-2372

## Power of Attorney

### What is a Power of Attorney for Health Care (POA-HC)?

A document that authorizes another person (called the “agent”, for example a daughter) to make health care decisions for the person executing the document (called the “principal,” for example a mother), consistent with the terms of the document and based on the wishes of the principal. It can include a statement of wishes regarding future care. It is **essential** that principals talk to their agents about their wishes. POA-HC forms are available at the Aging & Disability Resource Center or online at:

<https://www.dhs.wisconsin.gov/forms/advdirectives/f00085.pdf>

Additional information and the forms can also be found at [www.gwaar.org](http://www.gwaar.org) or 1-855-409-9410.

### How does my POA-HC become effective or activated?

For a POA-HC to become activated, the principal must be determined “incapacitated.” Incapacity is determined by two doctors or one doctor and a licensed psychologist and means an individual is “unable to receive and evaluate information effectively or to communicate decisions to such an extent that the individual lacks the capacity to manage his or her health care decisions.” The certification of incapacity must be attached to the POA-HC document. Section 155.01 (8) of Wisconsin Statutes.

If an individual remains able to make their own health care decisions, the agent’s authority to make health care decisions **is not activated**.

### What is a Power of Attorney for Finance (POA-F)?

Power of Attorney for Finances is a document that you (the “principal”) complete and sign, naming another individual (the “agent”) to manage your finances. You determine the money you want the agent to have authority over, as well as the authority you want the agent to have. This document does not give your agent the power to make medical, long-term care or other health care decisions for you.

The agent’s authority takes effect **immediately** after you execute the document **unless** you expressly indicate otherwise. You retain the legal right to handle all of your finances as long as you are willing and able. Essentially, you and/or your agent have authority to make decisions about your finances.

If you do not complete a POA-F but later become incapacitated, there may not be anyone with legal authority to make necessary decisions and complete the necessary transactions for you (paying bills, selling real estate, closing bank accounts, filing tax returns, etc.).

Information and forms are available at [www.gwaar.org](http://www.gwaar.org) or 1-855-409-9410.

Without a POA-HC or POA-F, it may be necessary for your family or others to ask the court to appoint a Guardian of the Person and Guardian of the Estate. This process can be costly, time-consuming, cumbersome and emotionally draining.

## **Research and Clinical Trials**

Without clinical trials and research there can be no better treatments, no prevention and no cure for Alzheimer's disease. Individuals with dementia, caregivers and healthy volunteers are needed to participate in clinical trials focused on Alzheimer's and other dementias. Individuals interested in participating in research studies or interested in donating their brain (after death) for research purposes, can contact the following organizations.

### **Alzheimer's Association**

800-272-3900

<http://www.alz.org/research/overview.asp>

### **Alzheimer's Disease Research Center at UW Madison**

608-263-2582

[www.adrc.wisc.edu](http://www.adrc.wisc.edu)

### **Lewy Body Dementia Association**

Helps connect individuals with Lewy Body Dementia and Parkinson's Dementia with clinical trials currently recruiting participants.

<https://www.lbda.org/research/clinical-trials/>

### **The Association for Frontotemporal Degeneration**

<https://www.theaftd.org/research-clinical-trials/ways-to-participate/>

## **Respite Care**

Respite care is temporary planned or unplanned care provided to give an unpaid family caregiver a break. Respite services can be provided in the home, in an institution, overnight or just during the day time. For a full listed of agencies that can provide respite care in the home contact the ADRC at 877-485-2372.

## **Safety**

Improve safety by potentially identifying problems in the home:

- <https://www.nia.nih.gov/health/home-safety-and-alzheimers-disease>
- [www.alz.org/care/alzheimers-dementia-safety.asp](http://www.alz.org/care/alzheimers-dementia-safety.asp)

## **Skilled Nursing Facilities**

A facility licensed to provide 24 hour skilled nursing care. Services include 3 meals per day, activities, rehabilitative treatment, and services to meet the psycho-social, emotional and/or physical needs of the residents. Licensed and inspected by the State of Wisconsin.

### **Maple Ridge Care Center**

866-333-6002

Spooner, WI

### **Christian Community Home**

715-294-1100

Osceola, WI

### **Continuing Care Center at Burnett Medical Center**

715-463-5353

Granstburg, WI

### **Frederic Nursing & Rehab**

715-327-4297

Frederic, WI

### **Golden Age Manor**

715-268-7107

Amery, WI

### **Divine Rehabilitation and Nursing at St Croix**

715-483-9815

St Croix Falls, WI

### **United Pioneer Home**

715-472-2164

Luck, WI

### **Willow Ridge (attached to Riverbend Assisted Living)**

715-268-8171

Amery, WI

## **Support Groups**

### **ADRC Dresser Caregiver Support Group**

877-485-2372

Peace Lutheran Church in Dresser, WI.

3rd Tuesday of every month from 2-3:30pm

### **ADRC Burnett County Caregiver Support Group**

877-485-2372

Bethany Lutheran Church in Siren, WI

4th Thursday of every month from 10:00am-12pm

### **Alzheimer's Association Statewide Virtual/Telephone and In-Person Support Groups**

For more information call 800-272-3900 or visit [www.alz.org](http://www.alz.org)

### **Alzheimer's and Dementia Alliance Statewide Virtual/Telephone Support Groups**

For more information call 608-232-3400 or visit [www.alzwisc.org](http://www.alzwisc.org)

## **Transportation**

For a complete list of transportation options, contact the Aging & Disability Resource Center at 877-485-2372 or visit [www.adrcnwwi.org](http://www.adrcnwwi.org)

## **Tribal Programs and Services**

The St Croix Chippewa Indians of Wisconsin offer various programs and services to tribal members.

**Aging Unit**-provides resources, support and advocacy

800-236-2195 ext 5108

**Community Services**-provide a number of services related to behavioral health, substance abuse, dental, benefits, transportation, in home nursing services

800-236-2195 ext 5139

**Dementia Care Specialist**-A specialist in dementia care, resources and support for the individual with dementia and the family/caregiver

800-236-2195 ext 5193

## **Veteran's Service Office**

Veteran's Services can provide assistance to county Veterans and their families in obtaining federal and state Veteran Entitlements.

- **Polk County Veteran’s Service Office** 715-485-9243
- **Burnett County Veteran’s Service Office** 715-349-2179

## **Websites**

About Alzheimer’s

<http://alzheimers.about.com>

Aging and Disability Resource Center of  
Northwest Wisconsin—Dementia Resources

<https://adrcnwwi.org/dementia-resources/>

Alzheimer’s Association

[www.alz.org](http://www.alz.org) <http://blog.alz.org>

Alzheimer’s Foundation of America

<https://alzfdn.org/>

Alzheimer’s Disease Research Center (ADRC)

[www.adrc.wisc.edu](http://www.adrc.wisc.edu)

Alzheimer’s Reading Room

<https://alzheimersreadingroom.tumblr.com/>

Alzheimer’s Speaks—Dementia Chats

[www.alzheimersspeaks.com](http://www.alzheimersspeaks.com)

AARP Family Caregiving—Resources and  
Information

<https://www.aarp.org/caregiving/>

Lewy Body Dementia Association

[www.lbda.org](http://www.lbda.org)

National Institutes on Aging Alzheimer’s  
Disease Education and Referral Center

<https://www.nia.nih.gov/health/alzheimers>

National Organization for Rare Disorders

<https://rarediseases.org/>

Rare Dementia Support

<https://www.raredementiasupport.org/>

Teepa Snow, Dementia Expert

[www.teepasnow.com](http://www.teepasnow.com)

The Association for Frontotemporal Degeneration

<https://www.theaftd.org/>

Us Against Alzheimer's

[www.usagainstalzheimers.org](http://www.usagainstalzheimers.org)

Wisconsin Alzheimer's Institute

[www.wai.wisc.edu](http://www.wai.wisc.edu)

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Wisconsin State Dementia Care System

<https://www.dhs.wisconsin.gov/dementia/index.htm>

