

**AGING AND DISABILITY RESOURCE CENTER BOARD MEETING  
MINUTES**

**Siren United Methodist Church  
September 16th, 2022  
9:30AM**

**Members Present:** Fred Eaves, Dorothy Richard, John Helling, Sharon Kelly, Barb Behan, Terri Stone, Jim Paden, Tracy LaBlanc, Barb Kass, and Amy Middleton

**Members Absent:** Jennifer Bearheart, Dick Klawitter, and Lisa Mosay

**Others Present:** Laura Neve, Karen Nichols, Sabrina Naglosky and Nicole Coulter

**Call to Order:** 9:37 AM by Chairman John Helling

**Moment of Silence**

**Pledge of Allegiance**

**Approval of Amended Agenda:** Motion to approve the agenda was made by Dorothy Richard, seconded by Terri Stone. Motion carried.

**Approval of Minutes of the July 22, 2022, meeting:** Motion to approve the minutes was made by Jim Paden, seconded by Barb Behan. Motion carried.

**Public Comments:** None

**Election of Officers:**

**Chair:**

Director Neve led election of oncoming Board Chair. John Helling was nominated for Board Chair. John accepted the nomination. After three calls, Dorothy Richard moved to close nominations and cast a unanimous ballot for John Helling; Sharon Kelly seconded the motion. The motion carried.

**Vice Chair:**

Chair Helling opened the nominations for Vice Chair. Barb Kass was nominated for Vice Chair by Sharon Kelly. Barb K accepted the nomination. After three calls, John Helling moved to close nominations and cast a unanimous ballot for Barb Kass; Barb Behan seconded the motion. The motion carried.

**Secretary:**

Dorothy Richard opened the nominations for Secretary and nominated Jim Paden. Jim P accepted the nomination. After three calls, Dorothy Richard moved to close nominations and cast a unanimous ballot for Jim Paden; Barb Kass seconded the motion. The motion carried.

**Presentation by Staff- Karen Nichols**

Director Neve introduced Elder Benefits Specialist for Burnett County, Karen Nichols. Karen has been with the ADRC almost seven years. Karen Nichols reviewed her role with the agency and

shared she helps clients over 60 years old with Medicare and Medicaid programs among other programs. Medicare open enrollment starts Oct 15<sup>th</sup> to Dec 7<sup>th</sup>. Karen Nichols stated she teaches Medicare 101 classes and helps review clients benefits to see if they can help save them money. Karen Nichols shared a success story of helping a client get a new roof, windows, dryer, and furnace.

Amy Middleton asked if we were prepared when the public health emergency waiver ends. Karen Nichols stated we are bracing for it, and we will help with the insurance renewals.

Scenarios discussion was held.

### **Program Updates:**

Laura Neve shared the transportation update for Cheryl Bereiter. The trikes have all be awarded. We purchased nine for Burnett County. We got five trikes back from clients and had them refurbished. Laura Neve stated the social trips are at an all time high. The volunteer appreciation picnic was a success. Lastly, Director Neve discussed the minibus bid results. We received bids from all over the United States. We went with Midwest Transit Equipment which was right under our budget. Discussion held.

Sabrina Naglosky gave a nutrition update. She discussed budget and staffing constraints, food cost, and gas cost, we are looking at the idea of centralized kitchens, one for each county. Supervisor Naglosky stated we are 1,000 meals over a normal year with one month still to go in the fiscal year and our budget has not increased. Congregate meals are back to where they were pre-pandemic, no increase. Laura Neve mentioned we had a centralized kitchen before at Polk County jail. This new kitchen would have fresh food which would be better quality. Sabrina Naglosky asked to keep eyes and ears open for kitchen in Polk County to use for a meal site.

### **Action Item: Meals on Wheels Waiting List Policy**

Sabrina Naglosky passed out the draft of the proposed waiting list policy for home delivered meals. She stated the waiting list policy cannot be based on means testing however we can prioritize by poverty line and greatest needs. We want to get our numbers of meals down to pre-pandemic count. Sabrina Naglosky discussed how the current assessment would be used to prioritize customers. We will not deny certain situations such as terminal, safer at home, or nursing home discharge if meals are provided. Supervisor Naglosky stated the non-homebound clients will be getting a letter stating the meals will be discontinued. Discussion was had on the benefits of congregate dining for individuals. Sabrina Naglosky discussed we will provide other food resources when we send out the discontinuation letter. We are above our limit of home delivered meals we can provide. If someone has a pay source, we will not deny meals at full price. Motion to approve the Meals on Wheels Waiting List Policy was made by Fred Eaves, seconded by Jim Paden. Motion Carried.

### **Action Item: Suggested Donation Rate Increase**

Sabrina Naglosky said the current suggested donation rate is \$4 a meal. Bayfield County ADRC went to a range suggested donation of \$3-\$5. Sabrina would like our rate to be \$3-\$5 however the board stated we should increase and not decrease. The board voted \$4-\$6 suggested

donation range. Motion to approve the suggested donation rate increase was made by Jim Paden, seconded by Fred Eaves. Motion carried.

### **Director's Report**

Laura Neve discussed Polk County office is now moving in October and not December. We will be downsizing some. Barb Behan asked why we are moving. Laura Neve responded to be closer to the main entrance.

Director Neve stated the tribe has a new aging director named Ann Belisle. She replaced Jennifer Bearheart and just started a few weeks ago.

We have a new class at the Osceola Community Church called Live 2B Healthy which is on Tuesdays and Thursdays starting September 20<sup>th</sup> from 3:15pm to 4:00pm. It is a donation-based program.

The Mental Health Task Force event is next weekend at Frederic Coon Lake Park.

### **Committee Comments**

Jim Paden mentioned a lot of help on YouTube for physical therapy. Barb Behan mentioned the silver sneakers program with certain health insurances. Fred Eaves shared finger exercises for arthritis. John Helling shared he is now on GWAAR's board.

Laura Neve reviewed the term end dates of all the serving board members.

### **Future Agenda Items**

Department of Transportation Grant Application

### **Future Meeting Dates and Locations**

Tribal Health Center  
Hertel WI  
November 18<sup>th</sup>, 2022  
9:30AM

**Adjourned:** A motion to adjourn was made by Fred Eaves, seconded by Dorothy Richard. Motion carried. Meeting adjourned at 11:30 AM

Respectfully submitted,

Nicole Coulter