



ADRC Nutrition Program: *A fresh start to nutrition*

ADRC Dining Site Locations

- A & H Senior Center **11:00am**715-635-7199
- Grantsburg Senior Center **11:30am**715-463-2940
- Siren United Methodist Church **11:30am** ..715-349-2154
- Amery Congregational Church **11:30am**....715-268-6818
- Milltown Community Center **11:00am**715-825-5025

Serving Times: Mon, Tue, Thurs & Fri

Cost and Details:

60 Years of Age and Older: \$4/meal donation.

General Public: \$10/meal

Please contact your ADRC Dining site for reservations or cancellations at least 24 hours in advance. Menu is subject to change without notice. Bread and milk offered with all meals.

August 2022 Menu for ADRC Dining Sites

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pulled BBQ Pork Potato Salad Whole Wheat Roll Baked Beans Apple Slices	2 Roast Turkey & Gravy Mashed potatoes Almond Green Beans Whole Wheat Bread Cranberry Sauce	3 ALL MEAL SITES CLOSED	4 Taco Salad, Ground Turkey Corn Chips Romaine Lettuce, Cheese, Black Olives, Onions, Sour Cream, Diced Tomatoes Melon	5 Cabbage Roll Casserole Brown Rice Roasted Asparagus Banana
8 Egg Salad Sandwich Whole Wheat Bread Barley and Lentil Salad Fresh Cucumbers Fresh Raspberries	9 Haddock Potato Pancakes Green Beans Applesauce	10 ALL MEAL SITES CLOSED	11 Cooks Choice	12 Shepherd's Pie Whipped Potatoes Roasted Brussels Sprouts Whole Wheat Bread Red Apple
15 Beef and Tomato Mac Casserole Buttered Corn Whole Wheat Breadstick Blueberry Crisp	16 Chicken Stir Fry over Brown Rice with Peppers & Onions Snap Peas & Broccoli Whole Wheat Roll Grapes	17 ALL MEAL SITES CLOSED	18 Roast Beef Sandwich Whole Wheat Bread Horseradish Mayo Creamed Cucumber Salad Melon	19 Honey Dijon Chicken Thighs Roasted Sweet Potato Steamed Broccoli Whole Wheat Roll Pears
22 Meatloaf Whipped Potatoes Glazed Carrots Whole Wheat Bread Cinnamon Applesauce	23 Waldorf Chicken Salad Sandwich Whole Wheat Bread Broccoli Salad Pineapple Chunks	24 ALL MEAL SITES CLOSED	25 Cook's Choice	26 Pizza Casserole (Turkey) Four Bean Salad Whole Wheat Bread Fresh Pineapple
29 Braised Country Style Ribs Baked Potato Buttered Peas Whole Wheat Bread Carrot Cake	30 Turkey & Swiss Whole Wheat Bread Cranberry Mayo Red Potato Herb Salad Plum	31 ALL MEAL SITES CLOSED	Grantsburg Senior Center 5:00 pm meal the 3rd Thursdays of each month RSVP 715-463-2940	Siren UMC evening meal 4:30 pm on the 3rd Tuesday of each month. RSVP 715-349-2154