



ADRC Nutrition Program: *A fresh start to nutrition*

ADRC Dining Site Locations

A & H Senior Center **11:00am** 715-635-7199
 Grantsburg Senior Center **11:30am**..... 715-463-2940
 Siren United Methodist Church **11:30am** ..715-349-2154
 Amery Congregational Church **11:30am**....715-268-6818
 Milltown Community Center **11:00am**715-825-5025

Serving Times: Mon, Tue, Thurs & Fri


Cost and Details:

60 Years of Age and Older: \$4/meal donation.

General Public: \$10/meal

Please contact your ADRC Dining site for reservations or cancellations at least 24 hours in advance. Menu is subject to change without notice. Bread and milk offered with all meals.

July 2022 Menu for ADRC Dining Sites

Monday	Tuesday	Wednesday	Thursday	Friday
Siren UMC evening meal 4:30 pm on the 3rd Tuesday of each month. RSVP 715-349-2154	Grantsburg Senior Center 5:00 pm meal the 3rd Thursdays of each month RSVP 715-463-2940			1 Turkey & Swiss Whole Wheat Bread Cranberry Mayo Red Potato Herb Salad Plum
4 MEAL SITES CLOSED  INDEPENDENCE DAY	5 Sloppy Joe Whole Wheat Bun Herb Red Potato Salad Baked Cowboy Beans Pear	6 Site Open due to Monday's holiday Cook's Choice	7 Chef's Salad Romaine Lettuce Diced Turkey, Ham, Chicken, Boiled Egg, Tomato, Peas, Cucumber, Carrots, Cheese, Breadstick, Pear	8 Oven Roasted Chicken w/ Mushroom Gravy Whipped Potatoes Wilted Spinach Whole Wheat Bread Peach Cobbler
11 Pesto Chicken Salad Whole Wheat Wrap Marinated Spring Vegetables Mandarin Oranges	12 Lemon Thyme Cod w/ Dill Sauce & Coleslaw Brown Rice Pilaf Green Beans Pineapple Chunks	13 ALL MEAL SITES CLOSED	14 Roasted Pork Loin Apple Glaze Baked Potato Roasted Broccoli Whole Wheat Bread Peaches	15 Swedish Meatballs Egg Noodles Roasted Parmesan Cauliflower Mandarin Oranges Pumpkin Bars
18 Cobb Salad Chicken Breast, Boiled Egg, Tomato, Avocado, Cheese Whole Wheat Bread Fresh Pineapple	19 Chicken Pot Pie w/ Potatoes Peas & Carrots Garden Salad Pears	20 ALL MEAL SITES CLOSED	21 Cook's Choice	22 Herb Poached Salmon Grilled Asparagus Summer Squash Whole Wheat Roll Fresh Berries
25 Zesty Taco Bake Spanish Rice Roasted Corn & Black Bean Salsa Peaches	26 Granny Apple Tuna Salad on Whole Wheat Bread Pea & Cheese Salad Melon	27 ALL MEAL SITES CLOSED	28 Roasted Pork Loin w/ Mustard Sauce Roasted Potatoes Glazed Carrots Whole Wheat Bread Lemon Bar	29 Meatball Marinara Spaghetti Caesar Salad Whole Wheat Breadstick Grapes