

## What is Dementia?

Dementia is a set of symptoms resulting from a disease of the brain, or other condition, or medical event that has damaged the brain and interferes with the person's ability to complete daily living activities.

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## What is a Memory Screen?

A memory screen, (also referred to as cognitive screen), can be a quick and simple way to catch early changes in a person's cognition. Earlier detection allows for medical intervention, future planning, and arranging for adequate support. The ADRC offers free memory screens.

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## Who should have a Memory Screen?

**Please consider having a memory screen if: mental tasks that were previously easy to complete become difficult, if you are concerned about your memory, if you are over the age of 65 and would like to track your cognitive abilities over time.**

Questions? Concerns?  
Need a little more information?

**Please contact us**  
**877-485-2372**  
**adrc@polkcountywi.gov**

### Office Locations:

#### **POLK COUNTY**

100 Polk County Plaza #60  
Balsam Lake, WI 54810

#### **BURNETT COUNTY**

7410 County Road K, #180  
Siren, WI 54872

**Find us online at**  
**adrcnwwi.org**



## Dementia Care Specialist

Serving Individuals, Families,  
and the Community

# Dementia Care Specialist Program

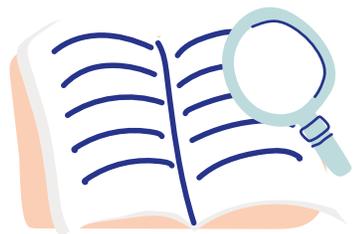
## Support For People Living With Dementia

### Independence

Dementia Care Specialists can help connect you with opportunities in your community to keep you active and involved. Your Dementia Care Specialist's goal is to help you maintain independence in your community for as long as is safely possible.

### Research Opportunities

You can be connected to research studies that attempt to further understand the causes and possible treatments for Alzheimer's and other dementia.



## Support For Family Caregivers

### Care Planning

Dementia Care Specialists can help you assess your current situation and help you plan for the future, including advanced care plans and connections to legal and financial planning experts.

### Workshops and Programs

- Powerful Tools for Caregivers
- Boost Your Brain and Memory
- Dementia Live
- DICE



### Connections to Support Groups and Other Programs

Dementia Care Specialists are knowledgeable about all of the opportunities and resources available in your community, and can help you find information and make connections.

## Support For Community Partners

### A Resource

Dementia Care Specialists serve as a resource to the community. The Dementia Care Specialist can be contacted by:

- People already living with dementia or Alzheimer's Disease
- Family members and Caregivers
- Professionals (medical providers, social workers, law enforcement, discharge planners, etc.)
- Anyone needing to learn more about dementia and how it differs from the normal aging process.

### Dementia Friendly Communities

Dementia Care Specialists assist in the development of dementia friendly communities. These communities typically include:

- Dementia Friendly Businesses
- Increased Civic Awareness of Dementia Related Issues
- Dementia Capable Emergency Response

