



ADRC Nutrition Program: *A fresh start to nutrition*

ADRC Dining Site Locations

- A & H Senior Center **11:00am** 715-635-7199
- Grantsburg Senior Center **11:30am**..... 715-463-2940
- Siren United Methodist Church **11:30am** ..715-349-2154
- Amery Congregational Church **11:30am**....715-268-6818
- Milltown Community Center **11:00am**715-825-5025

Serving Times: Mon, Tue, Thurs & Fri

Cost and Details:

60 Years of Age and Older: \$4/meal donation.

General Public: \$10/meal

Please contact your ADRC Dining site for reservations or cancellations at least 24 hours in advance. Menu is subject to change without notice. Bread and milk offered with all meals.

June 2022 Menu for ADRC Dining Sites

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|---|
| <p>Siren UMC evening meal 4:30 pm on the 3rd Tuesday of each month. RSVP 715-349-2154</p> | <p>Grantsburg Senior Center 5:00 pm meal 3rd Thursdays monthly. RSVP 715-463-2940</p> | <p>1 Cook's Choice</p> <p>Meal Site Open Due to Memorial Day</p> | <p>2 Chicken Casserole Brown Rice Broccoli Whole Wheat Bread Peaches</p> | <p>3 Roasted Pork Loin with Mustard Sauce Roasted Potatoes Glazed Carrots Whole Wheat Bread Lemon Bar</p> |
| <p>6 Meatball Marinara Spaghetti Breadstick Caesar Salad Grapes</p> | <p>7 Roast Turkey & Gravy Mashed Potatoes Almond Green Beans Whole Wheat Bread Cranberry Sauce</p> | <p>8</p> <p>ALL MEAL SITES CLOSED</p> | <p>9 Pulled BBQ Pork Potato Salad Whole Wheat Roll Baked Beans Honey Cornbread Apple Slices</p> | <p>10 Cabbage Roll Casserole Brown Rice Corn Banana Whole Wheat Roll</p> |
| <p>13 Waldorf Chicken Salad Whole Wheat Bread Romaine Side Salad Poppyseed Dressing Mandarin Oranges</p> | <p>14 Shepherd's Pie Whipped Potatoes Roasted Brussels Sprouts Whole Wheat Bread Red Apple</p> | <p>15</p> <p>ALL MEAL SITES CLOSED</p> | <p>16 Hot Ham Sandwich Gravy Broccoli & Cheese Soup Greens Salad Fresh Raspberries</p> | <p>17 Haddock Potato Pancakes Applesauce Green Beans Whole Wheat Roll</p> |
| <p>20 Beef and Tomato Macaroni Casserole Wilted Spinach Whole Wheat Bread Blueberry Crisp</p> | <p>21 Chicken Stir Fry over Brown Rice with Peppers & Onions Snap Peas Broccoli Grapes</p> | <p>22</p> <p>ALL MEAL SITES CLOSED</p> | <p>23 Cook's Choice</p> | <p>24 Roast Beef Sandwich Whole Wheat Bread Horseradish Mayo Creamed Cucumber Salad Melon</p> |
| <p>27 Honey Dijon Chicken Thighs Roasted Sweet Potato Steamed Broccoli Whole Wheat Roll Blushing Pears</p> | <p>28 Meatloaf Whipped Potatoes Glazed Carrots Whole Wheat Bread Cinnamon Applesauce</p> | <p>29</p> <p>ALL MEAL SITES CLOSED</p> | <p>30 Braised Country-Style Ribs Baked Potato Buttered Peas Whole Wheat Bread Carrot Cake</p> |  |