



ADRC Nutrition Program: *A fresh start to nutrition*

ADRC Dining Site Locations

A & H Senior Center **11:00am**715-635-7199
 Grantsburg Senior Center **11:30am**715-463-2940
 Siren United Methodist Church **11:30am** ..715-349-2154
 Amery Congregational Church **11:30am**....715-268-6818
 Milltown Community Center **11:00am**715-825-5025

Serving Times: Mon, Tue, Thurs & Fri

Cost and Details:

60 Years of Age and Older: \$4/meal donation.

General Public: \$10/meal

Please contact your ADRC Dining site for reservations or cancellations at least 24 hours in advance. Menu is subject to change without notice.

Bread and milk offered with all meals.

May 2022 Menu for ADRC Dining Sites

Monday	Tuesday	Wednesday	Thursday	Friday
2 Pizza Casserole (Turkey) Four Bean Salad Whole Wheat Bread Fresh Pineapple	3 Waldorf Chicken Salad Sandwich 7 Layer Salad Lemon Bar	4 All Meal Sites CLOSED	5 Braised Country Style Ribs Baked Potato Buttered Peas Whole Wheat Bread Carrot Cake	6 Garlic Ginger Pork Loin Asian Noodles Broccoli Warm Scalloped Apples Wheat Roll
9 Sloppy Joe Whole Wheat Roll Baked Cowboy Beans Red Potato Herb Salad Pear	10 Oven Roasted Chicken with Mushroom Gravy Whipped Potatoes Wilted Spinach Whole Wheat Bread Peach Cobbler	11 All Meal Sites CLOSED	12 Cooks Choice	13 Lemon Thyme Cod w/ Dill Sauce & Coleslaw Brown Rice Pilaf Green Beans Pineapple Chunks
16 Pesto Chicken Salad Whole Wheat Wrap Marinated Spring Vegetables Mandarin Oranges	17 Swedish Meatballs Egg Noodles Roasted Parmesan Cauliflower Mandarin Oranges Pumpkin Bars	18 All Meal Sites CLOSED	19 Roasted Pork Loin Apple Glaze Baked Potato Roasted Broccoli Whole Wheat Bread Peaches	20 Chicken Pot Pie w/ Potatoes Peas & Carrots Garden Salad Pears
23 Zesty Taco Bake Spanish Rice Roasted Corn & Black Bean Salsa Peaches	24 Cook's Choice	25 All Meal Sites CLOSED	26 Meatball Marinara Spaghetti Caesar Salad Grapes	27 Herb Poached Salmon Grilled Asparagus Summer Squash Wheat Roll Fresh Berries
30 All Meal Sites CLOSED for Memorial Day	31 Granny Apple Tuna Salad on Whole Wheat Bread Pea & Cheese Salad Melon	Meal Sites will be OPEN June 1st due to May 30th Holiday		Siren United Methodist Church has added an evening meal at 4:30 pm on the 3rd Thursday of each month.