

March 2022 Menu for All ADRC Dining Sites

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Pizza Casserole (Turkey) Four Bean Salad Whole Wheat Bread Fresh Pineapple	2 All Meal Sites Closed Ash Wednesday	3 Swedish Meatballs Egg Noodles Roasted Parmesan Cauliflower Mandarin Oranges Pumpkin Bars	4 Herb Poached Salmon Grilled Asparagus Lemon Rice Wheat Roll Fresh Berries
7 Chicken Pot Pie w/Potatoes Peas & Carrots Garden Salad Pears	8 Meatball Marinara Spaghetti Caesar Salad Grapes Garlic Bread	9 All Meal Sites Closed	10 Cook's Choice	11 Lemon Thyme Cod w/Dill Sauce & Coleslaw Brown Rice Pilaf Green Peas Pineapple Chunks
14 Herbed Chicken and Gravy Mashed Potatoes Roasted Broccoli Whole Wheat Bread Melon	15 Roasted Pork Loin w/Mustard Sauce Roasted Potatoes Glazed Carrots Whole Wheat Bread Lemon Bar	16 All Meal Sites Closed	17 Cabbage Roll Casserole Brown Rice Green Beans Banana	18 Tuna Noodle Casserole Peas Whole Wheat Bread Carrot Cake
21 Lasagna Garlic Bread Romaine Salad Parmesan Peppercorn Dressing Mandarin Oranges	22 Cook's Choice	23 All Meal Sites Closed	24 Orange Chicken (Tahitian) Brown Rice Dill Carrots Frozen Berries Whole Wheat Roll	25 Parmesan Crusted Haddock Potato Pancakes Applesauce Green Beans
28 Chicken Stir Fry over Brown Rice w/Peppers & Onions Snap Peas & Broccoli Grapes	29 Garlic Rosemary Beef Roast w/ Beef Gravy Sweet Potatoes Green Beans Whole Wheat Bread Blueberry Crisp	30 All Meal Sites Closed	31 Salisbury Steak Baked Beans Wilted Spinach Whole Wheat Bread Melon	

ADRC Elderly Nutrition Program: Menu subject to change without notice. Bread & milk offered with all meals. Please reserve your meals at least 24 hours in advance. A&H: 715-635-7199; Amery: 715-268-6818;

Grantsburg: 715-463-2940; Milltown: 715-825-5025; Siren: 715-349-2845; Webster: 715-866-5300. Meal sites are closed on Wednesdays unless otherwise specified.