

# February 2022 Menu for All ADRC Dining Sites

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> Shepherd's Pie Whipped Potatoes Roasted Brussels Sprouts Whole Wheat Bread Red Apple	<b>2</b> All Meal Sites Closed	<b>3</b> Garlic Rosemary Beef Roast w/ Beef Gravy Sweet Potatoes Corn Casserole Whole Wheat Bread	<b>4</b> Parmesan Crusted Haddock Potato Pancakes Applesauce Green Beans
<b>7</b> Chicken Stir Fry over Brown Rice w/Peppers & Onions Snap Peas & Broccoli Grapes	<b>8</b> Porcupine Meatballs w/ Brown Gravy Egg Noodles Steamed Broccoli Whole Wheat Bread Melon	<b>9</b> All Meal Sites Closed	<b>10</b> Cook's Choice	<b>11</b> Poor Man's Lobster Black Bean & Lentil Salad Grilled Asparagus Plum Whole Wheat Roll
<b>14</b> Honey Dijon Chicken Thighs Baked Potato Glazed Carrots Whole Wheat Roll Pears	<b>15</b> Meatloaf Whipped Potatoes Brussel Sprouts Whole Wheat Bread Cinnamon Applesauce	<b>16</b> All Meal Sites Closed	<b>17</b> Baked Chicken Garlic Tomato Basil Spaghetti Caesar Salad Whole Apple	<b>18</b> Braised Country Style Ribs Baked Potato Buttered Peas Whole Wheat Bread Carrot Cake
<b>21</b> <b>Meal Site                      Closed –                      Presidents                      Day</b>	<b>22</b> Hearty Sausage & Squash Stew Great Northern Beans Pear Whole Wheat Bread	<b>23</b> Cook's Choice	<b>24</b> Ham Boiled Dinner Green Cabbage Red Potatoes Carrots Warmed Scalloped Apples Wheat Roll	<b>25</b> Oven Roasted Chicken w/Mushroom Gravy Whipped Potatoes Swiss chard Whole Wheat Bread
<b>28</b> Roast Turkey & Gravy Mashed Potatoes Beets Whole Wheat Bread Cranberry Sauce				

**ADRC Elderly Nutrition Program:** Menu subject to change without notice. Bread & milk offered with all meals. Please reserve your meals at least 24 hours in advance. A&H: 715-635-7199; Amery: 715-268-6818; Grantsburg: 715-463-2940; Milltown: 715-825-5025; Siren: 715-349-2845; Webster: 715-866-5300. Meal sites are closed on Wednesdays unless otherwise specified.