**Resource Guide Disclosure**

Inclusion/Exclusion policy applies to requests for addition of agency/organization information to this Resource Guide. If you have questions regarding this policy, or its application in screening inclusion requests, please contact the ADRC of Northwest WI. Inclusion does not constitute an endorsement of or liability for any agency/organization or its services, nor should exclusion be construed to constitute disapproval. ADRC staff reserve the right to remove or exclude any agency or organization from their database for any reason. Every effort is made to provide accurate information in this guide. Please be aware that services and phone numbers may change after the guide has been printed. The ADRC does not endorse any provider or service outside of the scope of the ADRC primary services. It is always advisable to contact a number of providers, ask several questions, and find a provider you are most comfortable with.

Notes:

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<table>
<thead>
<tr>
<th><strong>Staff Name</strong></th>
<th><strong>Position</strong></th>
<th><strong>Primary Office</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Laura Neve</td>
<td>Director</td>
<td>Balsam Lake &amp; Siren</td>
</tr>
<tr>
<td>Sabrina Naglosky</td>
<td>ADRC/Aging Unit Supervisor</td>
<td>Siren</td>
</tr>
<tr>
<td>Angie Heyer</td>
<td>Accounting and Clerical</td>
<td>Siren</td>
</tr>
<tr>
<td>Kari Broten</td>
<td>Fiscal Support Specialist</td>
<td>Balsam Lake</td>
</tr>
<tr>
<td>Christi Arcand</td>
<td>Disability Benefits Specialist</td>
<td>Balsam Lake</td>
</tr>
<tr>
<td>Yvonne Lindus</td>
<td>Disability Benefits Specialist</td>
<td>Siren</td>
</tr>
<tr>
<td>Karen Nichols</td>
<td>Elder Benefits Specialist</td>
<td>Siren</td>
</tr>
<tr>
<td>Kayli Williamson</td>
<td>Elder Benefits Specialist</td>
<td>Balsam Lake</td>
</tr>
<tr>
<td>Angie Joy</td>
<td>ADRC Supervisor</td>
<td>Balsam Lake</td>
</tr>
<tr>
<td>Nicole Rossow</td>
<td>Information &amp; Assistance Specialist, Tribal Liaison, Support Staff Supervisor</td>
<td>Balsam Lake</td>
</tr>
<tr>
<td>Nancy Anderson</td>
<td>Information &amp; Assistance Specialist</td>
<td>Balsam Lake &amp; Siren</td>
</tr>
<tr>
<td>Danielle Butzler</td>
<td>Information &amp; Assistance Specialist</td>
<td>Balsam Lake</td>
</tr>
<tr>
<td>Kysa Marten</td>
<td>Information &amp; Assistance Specialist</td>
<td>Balsam Lake</td>
</tr>
<tr>
<td>Barb Engelhart</td>
<td>Dementia Care Lead, Information &amp; Assistance Specialist</td>
<td>Balsam Lake &amp; Siren</td>
</tr>
<tr>
<td>Leslie Peterson</td>
<td>Resource Specialist</td>
<td>Balsam Lake</td>
</tr>
<tr>
<td>Nicole Coulter</td>
<td>Administrative Assistant</td>
<td>Balsam Lake</td>
</tr>
<tr>
<td>Cheryl Bereiter</td>
<td>Transportation Coordinator</td>
<td>Balsam Lake</td>
</tr>
</tbody>
</table>

**Contact Us**
877-485-2372  
adrc@co.polk.wi.us  
www.adrcnwwi.org

**Balsam Lake**
Polk County Government Center  
100 Polk Co Plaza, #60  
Balsam Lake, WI 54810  
Local fax: 715-485-8460  
Local Phone: 715-485-8449

**Siren**
Burnett County Government Center,  
7410 Co. Road K, #180  
Siren, WI 54872  
Local fax: 715-349-8644  
Local Phone: 715-349-2100
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About the ADRC of Northwest Wisconsin

Mission and Vision

To provide older adults and people with physical or developmental/intellectual disabilities the resources needed to live with dignity and security and achieve maximum independence and quality of life. The goal of the Aging and Disability Resource Center is to empower individuals to make informed choices and to streamline access to the appropriate services and supports.

Who We Serve

We proudly serve Polk County, Burnett County, and the St. Croix Chippewa Indians of Wisconsin. We serve older adults and individuals living with a physical or developmental disability, or with mental health/substance abuse issues (starting at 17.5 years old). We offer guidance to caregivers, family members, spouses, and professionals in the community. We assist all people – regardless of income.
Who We Are
The Aging and Disability Resource Center, known as the ADRC, provides the general public with a warm and welcoming office to contact for information and assistance on issues affecting older people and people with disabilities, regardless of income. The ADRC is the first place to go with your aging and disability questions. We are an “information station” where you can receive accurate, unbiased information.

What We Do
By enabling people to find resources in their communities and make informed decisions about long-term care. ADRCs help people conserve their personal resources, maintain self-sufficiency, and delay or prevent the need for potentially expensive long-term care. ADRCs also serve as the single access point for publicly funded long-term care, including Family Care and IRIS. It is never too early to start asking questions. We encourage you to call us and begin planning for your future needs. Of course, we can also assist you with questions or challenges you may be facing now. Most services offered by the ADRC are provided free of charge. People who use transportation services provided by the ADRC are charged a co-payment for rides. Meal services, such as congregate dining and home-delivered meals, do not charge a fee if you are 60+ years of age but a donation to the program is appreciated. Others are asked to pay $10 per meal.

ADRC Services
Disability Benefits Specialists (DBS): Providing benefits counseling to adults ages 18 to 59 with physical disabilities, developmental disabilities, mental illness, and/or substance abuse disorders.

Elder Benefits Specialists (EBS): Providing assistance to adults ages 60 and over who are having problems with their private or government benefits, or who simply have questions about their benefits.

Caregiver Supports: Provide information to caregivers about available services and to assist caregivers in accessing those services. We co-facilitate two support groups.

Dementia Care Specialist (DCS): Specializes in the specific needs and concerns of people living with dementia, caregivers and family, and professionals. Anyone who has concerns/questions about dementia or Alzheimer’s can also contact the DCS.

Help Paying for Long-Term Care: The ADRC is the entryway to publicly funded long-term care programs (Family Care and IRIS). We determine eligibility and help you to determine which program best meets your needs.

Information and Assistance: Specialists will listen to your concerns, assess your needs, and help connect you to service providers.

Options Counseling: Offering information about the choices available to meet your long-term care needs and discuss the spectrum of care.

ADRC Nutrition Program: Includes group dining at six sites throughout Polk and Burnett Counties. For those who qualify, Meals on Wheels® are also offered.

Transportation: Non-emergency medical transportation to people with disabilities of all ages and people aged 60+. The ADRC has a wheelchair-accessible van and mini bus that is used for shopping, errands, and social trips.
**Vital Connections:** If someone is at risk of abuse or neglect, losing housing or heat, we are here to connect you to someone who will respond to your urgent situation.

**Community Programming:** Provides and sponsors an array of educational and community outreach programs focusing on health promotion, prevention, caregiving, planning for the future, and topics of interest to community members.

**Loan Closet/Lending Library:** Allows people to borrow items such as walkers, bath chairs, wheelchairs, and toilet seat risers for up to 6 months at no cost. Educational resources available to borrow or purchase for individuals affected in some way by dementia, memory loss, and/or Alzheimer’s disease.

**Monthly Newsletter:** “The Voice” newsletter has useful information about updates in the community and resources.

**Youth Transition Services:** Assists with the transition process of youth living with a disability transitioning to adulthood starting at 17.5 years old. Offers a single-entry point for information and assistance on issues affecting students.

### ADRCs in Surrounding Counties

<table>
<thead>
<tr>
<th>ADRC of Barron, Rusk, and Washburn Counties</th>
<th>ADRC of Chippewa County</th>
<th>ADRC of Douglas County</th>
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</thead>
<tbody>
<tr>
<td>888-538-3031</td>
<td>888-400-6920</td>
<td>866-946-2372</td>
</tr>
<tr>
<td><a href="http://www.adrcconnections.org/">www.adrcconnections.org/</a></td>
<td><a href="http://www.co.chippewa.wi.us">www.co.chippewa.wi.us</a></td>
<td><a href="http://www.douglascountywi.org">www.douglascountywi.org</a></td>
</tr>
<tr>
<td>Offices located in Barron, Ladysmith, and Spooner</td>
<td>711 N. Bridge St., #118, Chippewa Falls, WI 54729</td>
<td>1316 N. 14th St., Superior, WI 54880</td>
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</tbody>
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<thead>
<tr>
<th>ADRC of Dunn County</th>
<th>ADRC of Eau Claire County</th>
<th>ADRC of St. Croix County</th>
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<tbody>
<tr>
<td>715-232-4006</td>
<td>888-338-4636</td>
<td>800-372-2333</td>
</tr>
<tr>
<td>3001 US Hwy 12 E, #160, Menomonie, WI 54751</td>
<td>721 Oxford Ave., #1130, Eau Claire, WI 54703</td>
<td>1752 Dorset Lane, New Richmond, WI 54017</td>
</tr>
</tbody>
</table>

### Aging and Disability Resources in Minnesota

**Senior LinkAge Line**
800-333-2433 or [https://mn.gov/senior-linkage-line/](https://mn.gov/senior-linkage-line/)
Free statewide information and assistance service provided by the MN Board on Aging.

**Disability HUB MN**
866-333-2466 or [https://disabilityhubmn.org/](https://disabilityhubmn.org/)
Metropolitan Center for Independent Living offers up to date information about community resources related to people with disabilities.

**MN LinkVet**
888-546-5838 or [https://linkvet.org/](https://linkvet.org/)
Information and assistance for veterans and their families in regard to state and federal resources available.
**Abuse and Neglect**

*If an emergency, please call 911. Report suspected abuse, neglect, or self-neglect of an older person or adult with a disability. Adult Protective Services provides intervention for victims of physical abuse, financial abuse, and neglect/self-neglect.*

**Burnett County Health and Human Services**  
715-349-7600 or [https://www.burnettcounty.com/75/Health-and-Human-Services](https://www.burnettcounty.com/75/Health-and-Human-Services)  
Adult Protective Services

**CRA (Community Referral Agency)**  
Crisis Line: 800-261-7233  |  Polk: 715-825-4414  |  Burnett: 715-349-7272  
Provides services and support to victims of domestic violence and sexual assault. Serves Polk and Burnett Counties.

**Crisis Textline**  
Text: 741741 or [www.crisistextline.org/](http://www.crisistextline.org/)  
Free 24/7 support at your fingertips. Text HELLO to 741741 to connect with a Crisis Counselor. Contact for emotional abuse, depression, anxiety, eating disorders, or any painful emotion and anytime you need support.

**Deaf Unity**  
608-466-2881 or [https://www.deafunitywi.org/](https://www.deafunitywi.org/)  
Serves Deaf victims of sexual assault, domestic violence, or stalking in WI.

**Elder Rights Project**  
844-614-5468 or [http://www.legalaction.org/services/elder-rights-project](http://www.legalaction.org/services/elder-rights-project)  
Provides free civil legal service to victims of elder abuse who are WI residents, aged 60+, regardless of income.

**Long Term Care Ombudsman**  
800-815-0015 or [https://www.dhs.wisconsin.gov/aging/l comed.htm](https://www.dhs.wisconsin.gov/aging/ltcombud.htm)  
For complaints, questions, and/or concerns regarding the care and the rights of residents in nursing homes or group homes.

**Polk County Community Services Division**  
715-485-8400 or [https://www.polkcountycommunityservices.org/](https://www.polkcountycommunityservices.org/)  
Adult Protective Services

**Wisconsin Division of Quality Assurance**  
608-266-8481 or [https://www.dhs.wisconsin.gov](https://www.dhs.wisconsin.gov)  
For reporting allegations of abuse/neglect by facility staff or home health care workers.

**Wisconsin Elder Abuse Hotline**  
833-586-0107 or [https://reportelderabusewi.org/](https://reportelderabusewi.org/)  
Toll-free hotline available for community members and victims to contact for assistance in obtaining needed resources and making referrals to local authorities.
**Advocacy/Community Organizations**

**AARP Wisconsin**
866-448-3611 or [https://states.aarp.org/wisconsin/](https://states.aarp.org/wisconsin/)
Madison, WI. Leading Positive Social Change for Wisconsinites Over 50.

**ADA Information Line**
800-514-0301 or [https://www.ada.gov/infoline.htm](https://www.ada.gov/infoline.htm)
To get answer to technical questions, obtain general ADA information, order ADA informational materials, or learn how to file a complaint. TTY: 800-514-0383

**AgrAbility of Wisconsin**
608-262-9336 or [https://agrability.bse.wisc.edu/](https://agrability.bse.wisc.edu/)
TTY: 800-947-3529
Services for individuals and families engaged in farming and coping with disability.

**AIDS Resource Center of Wisconsin/Vivent Health**
715-836-7710 or [https://viventhealth.org/](https://viventhealth.org/)
Eau Claire, WI. Serving everyone affected by HIV through comprehensive, integrated prevention, care, and treatment programs.

**American Cancer Society**
800-227-2345 or [https://www.cancer.org/](https://www.cancer.org/)
Pewaukee, WI. Programs and services to help you manage cancer treatment and recovery and find the emotional support you need.

**Arthritis Foundation**
414-533-0453 or [https://www.arthritis.org/home](https://www.arthritis.org/home)
Madison, WI. Championing the fight against arthritis with life-changing resources, science, advocacy, and community connections.

**Autism Society of Wisconsin**
888-428-8476 or [https://www.autismgreaterwi.org/](https://www.autismgreaterwi.org/)
Menasha, WI. Provide a community for individuals affected by autism, their families, and professionals who serve them.

**Brain Injury Alliance of Wisconsin**
800-882-9282 or [http://biaw.org/](http://biaw.org/)
Madison, WI. Provide education, advocacy, prevention, information & resources, and support services to brain injury survivors, families, and professionals.

**Brain Injury Resource Center of Wisconsin**
262-770-4882 or [https://www.bircofwi.org/](https://www.bircofwi.org/)
Waukesha, WI. To offer assistance, provide resources, and create a better future through brain injury prevention, education, and advocacy.
Coalition of Wisconsin Aging Groups (CWAG)  
800-488-2596 or https://www.cwagwisconsin.org/  
Madison, WI. Support Wisconsin Health and Aging initiatives.

Crowning Achievements  
612-850-2298 or http://www.crowningachievements.org/  
Serving people 16+ with special needs. Hosting free and fun events each month.

Disability Rights Wisconsin  
715-736-1232 or https://disabilityrightswi.org/  
Rice Lake, WI. Helps people across Wisconsin gain access to benefits, supports and services, and experience opportunity through its advocacy services and legal expertise.

Down Syndrome Association of Wisconsin  
414-327-3729 or https://www.dsw.org/  
West Allis, WI. Provide support to Wisconsin families, individuals with Down syndrome and related disabilities through awareness, information, programs, and services.

Epilepsy Foundation  
833-890-2277 or https://www.epilepsy.com/wisconsin  
Stevens Point, WI. Fight to overcome the challenges of living with epilepsy and to accelerate therapies to stop seizures, find cures, and save lives.

End Domestic Abuse Wisconsin  
608-255-0539 or https://www.endabusewi.org/  
Madison, WI. Statewide coalition led by social policy advocates, attorneys, and experts working to support, connect, empower, and lead organizations to end domestic abuse.

Family Care & IRIS Ombudsman  
800-928 8778 or https://disabilityrightswi.org/program  
Rice Lake, WI. Disability Rights Office. For complaints, questions, or concerns regarding the care and the rights of people (ages 18-59) receiving Family Care or IRIS.

Great Lakes Inter-Tribal Council, Inc. (GLITC)  
715-588-3324 or https://www.glitc.org/  
Lac du Flambeau, WI. Support tribes in self-determination by providing assistance.

Long Term Care Ombudsman  
800-815-0015 or https://www.dhs.wisconsin.gov/aging/ltcombud.htm  
For complaints, questions, and/or concerns regarding the care and the rights of residents in nursing homes, group homes, and people 60+ receiving Family Care.

National Indian Health Board (NIHB)  
202-507-4070 or www.nihb.org  
Provides a variety of services to tribes, Area Health Boards, Tribal organizations, federal agencies, and private foundations.
National Indian Council on Aging (NICOA)
505-292-2001 or https://www.nicoa.org/
Advocate for improved comprehensive health, social services, and economic wellbeing for American Indian elders.

Respite Care Association of Wisconsin
608-222-2033 or https://respitecarewi.org/
Appleton, WI. To promote, support, and expand quality statewide respite care.

SAGE Advocacy and Services for LGBT Elders
414-271-2656 or https://www.sageusa.org/
Milwaukee, WI. National organization that offers supportive services and consumer resources to LGBT older people and their caregivers.

The Arc Wisconsin
608-422-4250 or https://arcwi.org/
Stoughton, WI. Advocates for and with people with intellectual and developmental disabilities (I/DD) and their families to improve their quality of life, expand opportunities, and to increase their full inclusion in all aspects of community throughout their lifetimes.

United Cerebral Palsy West Central Wisconsin, Inc.
715-832-1782 or https://www.ucpwcw.org/
Eau Claire, WI. Offers professional service, care, and understanding to meet the needs of people of all ages with varying abilities.

Wisconsin Aging Advocacy Network
715-677-6723 or https://gwaar.org/wisconsin-aging-advocacy-network
Madison, WI. A collaborative group of working with and for Wisconsin's older adults to shape public policy that improves the quality of life of older people throughout the state.

Wisconsin Board for People with Developmental Disabilities
608-266-7826 or https://wi-bpdd.org/
Madison, WI. Create statewide change for the developmental disability community.

Wisconsin Kinship Navigator
www.dcf.wisconsin.gov/kinship/navigator
Online resource for relative caregivers of children to access information and resources.

Wisconsin Parkinson Association
414-312-6990 or https://www.wiparkinson.org/
Provides hope, support, and resources for people with Parkinson’s and their loved ones.

Wisconsin Statewide Parent-Educator Initiative
833-879-7734 or https://wspei.org/
Family Engagement Liaisons work with parents, educators, and school districts to promote partnerships and provide support to families of children with special needs.
Alzheimer’s Disease, Dementia, and Memory Loss

Dementia Care Specialist (DCS)
Provides information, resources, connections, and dementia screenings to people living with dementia/Alzheimer’s, their families, caregivers, or professionals.

ADRC of Northwest Wisconsin
877-485-2372
https://adrcnwwi.org/
Serves Polk and Burnett County

St. Croix Chippewa Indians of WI
715-349-8554 x5193
https://stcroixojibwe-nsn.gov/
Serves members of the tribe.

Alert and Location Devices

MediAlert+Safe Return Identification Program
800-432-5378 or https://www.medicalert.org/
The Alzheimer’s Association’s 24/7 nationwide emergency response service for individuals with Alzheimer’s or a related dementia who wanders. Service alerts a community support network and gives first responders important medical and demographic information. $55 initial enrollment fee plus $35 annual/renewal fee.

Project Lifesaver
Polk County Sheriff’s Department: 715-485-8300
Burnett County Sheriff’s Department: 715-349-2121
https://projectlifesaver.org/
Public safety program designed to protect and locate missing persons due to wandering. Families can enroll at risk individuals in this program and purchase a receiver in which the at-risk individual wears to us if the individual is ever lost.

Helplines

Alzheimer's Association 24/7 Helpline
800-272-3900 or https://www.alz.org/
Services and support available 24/7 and provided by master level clinicians.

Lewy Line
800-539-9767 or https://www.lbda.org/
Information and support for individuals impacted by Lewy Body Dementia.

The Association for Frontotemporal Degeneration Helpline
866-507-7222 or https://www.theaftd.org/
Information and support for individuals impacted by Frontotemporal Degeneration.

Memory Care Units

<table>
<thead>
<tr>
<th>Memory Care Units</th>
<th>Address/Appointment Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amery Memory Care</td>
<td>715-268-4800</td>
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<tr>
<td></td>
<td>amerymemorycare.com/</td>
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<tr>
<td></td>
<td>Amery, WI</td>
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<tr>
<td>Comforts of Home</td>
<td>715-800-0688</td>
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<tr>
<td></td>
<td>wpseniorliving.com/</td>
</tr>
<tr>
<td></td>
<td>St. Croix Falls, WI</td>
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<tr>
<td>Golden Age Manor</td>
<td>715-268-7107</td>
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<tr>
<td></td>
<td>goldenagemanor.com/</td>
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<td></td>
<td>Amery, WI</td>
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### Memory Clinics

Help individuals suspected of having Alzheimer's disease or a related dementia get a precise diagnosis through testing of the brain. Each clinic may vary in services provided and diagnostic process. The Alzheimer's Association recommends in an evaluation for Alzheimer's disease and related dementias that medical history, laboratory tests, status evaluation, neuropsychological examination, physical examination, psychiatric evaluation, and neurological examination be included.

<table>
<thead>
<tr>
<th>Clinic</th>
<th>Phone</th>
<th>Website</th>
<th>Location</th>
</tr>
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<tbody>
<tr>
<td><strong>Essentia Health Neurology-Duluth Clinic</strong>&lt;br&gt;218-786-3935&lt;br&gt;essentiahealth.org&lt;br&gt;Duluth, MN</td>
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<tr>
<td><strong>Fairview Chisago Lakes Memory Assessment Clinic</strong>&lt;br&gt;651-257-8499&lt;br&gt;mhealthfairview.org/&lt;br&gt;Chisago City, MN</td>
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<tr>
<td><strong>Kinisi Institute of Movement</strong>&lt;br&gt;715-483-0241&lt;br&gt;www.kinisiinstitute.org/&lt;br&gt;St. Croix Falls, WI</td>
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<td><strong>Marshfield Clinic</strong>&lt;br&gt;866-333-1996&lt;br&gt;marshfieldclinic.org/&lt;br&gt;Rice Lake or Eau Claire</td>
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<tr>
<td><strong>Mayo Clinic Health System Memory Care Clinic</strong>&lt;br&gt;715-838-1900&lt;br&gt;mayoclinichealthsystem.org&lt;br&gt;Eau Claire, WI</td>
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<td><strong>Neurological Associates of St Paul</strong>&lt;br&gt;855-324-7843&lt;br&gt;fairview.org&lt;br&gt;Maplewood, MN</td>
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<tr>
<td><strong>Noran Neurological Clinic</strong>&lt;br&gt;612-879-1000&lt;br&gt;noranclinic.com/&lt;br&gt;Lake Elmo, MN</td>
<td></td>
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<tr>
<td><strong>UW Family Medicine Clinic</strong>&lt;br&gt;608-265-1210&lt;br&gt;uwhealth.org&lt;br&gt;Madison, WI</td>
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### Day Break Services

**Day Friends**<br>715-485-8762 or [https://www.endeavorsadc.org/](https://www.endeavorsadc.org/)<br>Balsam Lake, WI. Endeavors Adult Development Center. Provides staff who creates a safe and supportive environment with socialization and therapeutic activities. Day Friends also provides caregivers a respite program.

**Happy Day Club**<br>715-416-2942 or [https://happydayclub.godaddysites.com/](https://happydayclub.godaddysites.com/)<br>Spooner, WI. Serves people who are affected with Alzheimer's Disease or other related dementia by providing quality supervised care.

**Adult Day Care/Respite**<br>715-463-5353 or [https://www.burnettmedicalcenter.com](https://www.burnettmedicalcenter.com)<br>Continuing Care Center at Burnett Medical Center, Grantsburg, WI. Long-term and rehabilitative care facility that provides necessary health services.
Research and Clinical Trials

Participation in research studies or donating their brain after death for research.

Alzheimer’s Association Helpline
800-272-3900 or www.alz.org/research

Wisconsin Alzheimer’s Disease Research Center
608-263-2582 or www.adrc.wisc.edu/

Lewy Body Dementia Association
www.lbda.org
Helps connect individuals with Lewy Body Dementia and Parkinson’s Dementia with clinical trials currently recruiting participants.

The Association for Frontotemporal Degeneration
866-507-7222 or https://www.theaftd.org/

Alzheimer’s Support Groups

ADRC of Northwest Wisconsin
877-485-2372 or https://adrcnwwi.org/
Caregiver Support Group. Peace Lutheran Church in Dresser, WI: 2-3:30pm on the 3rd Tues of the month. Grantsburg Library: 10:30am-12pm on the 4th Thurs of the month.

Alzheimer’s Association Support Groups
800-272-3900 or https://www.alz.org/help-support/community/support-groups
- Individuals with Mild Cognitive Impairment, 2nd Wed. of the Month, 10am-11:30am
- General Family Caregivers, Every Other Tues., 5:30pm-7pm
- Caregivers for a Loved One with Dementia in a Facility, Fri., 10am-11:30am
- Male Family Caregivers, 3rd Wed. of the Month, 5:30pm-6:30pm
- Caregivers for a Loved One with Dementia in Early Stages, 2nd Tues. of the Month, 9:30am-11am. Also, 4th Tues. of the Month, 10am-11:30am
- Caregivers with a Loved One with Frontotemporal Degeneration, 3rd Wed. of the Month, 6pm-7:30pm

Alzheimer’s and Dementia Alliance Support Groups
608-661-0463 or https://www.alzwis.org
- Caregivers with a Loved One with Lewy Body Dementia, 2nd and 4th Wednesday of the Month, 1:30pm-3pm
- Caregivers with a Loved One with Young Onset Dementia, 1st and 3rd Monday of the Month, 5pm-6:30pm

Amery Area Community Center
715-268-6605 or https://www.amerycommunitycenter.com/
Dementia Caregiver Support Group, 1st Wednesday of every month at 10am
Amery Memory Care
715-268-4800 or https://amerymemorycare.com/
Family Caregiver Support Group, the last Wednesday of every other month. Open to residents, family members and community members.

Early-Stage Support Group
715-635-4460
DNR Service Center, Spooner, WI. Support group for the caregiver and individual with dementia (early stage) to attend together; meeting 3rd Monday of the month at 1:30pm.

Trinity Lutheran Church
715-416-2942
Spoon, WI. Caregiver Support Group that meets the 1st Monday of the month at 9am.

**Assisted Living Facilities**

Dependent upon the services offered and number of people living in the facility, different licenses are overseen by local agencies or the State of Wisconsin. When calling facilities, discuss the services they are licensed to provide, the number of people they are licensed to have in the facility, and any further specific questions you may have. Touring facilities is also recommended. Search facilities at [www.forwardhealth.wi.gov](http://www.forwardhealth.wi.gov)

For more information and the most updated listing: [www.dhs.wisconsin.gov](http://www.dhs.wisconsin.gov)

**Adult Family Home (AFH)**

Supervision, room, and board provided. Private and semi-private rooms. Homes have 2 to 4 residents. Licensed or certified.

ADRC of Northwest WI
877-485-2372
With the AFH list constantly changing, contact the ADRC or visit [www.dhs.wi.gov](http://www.dhs.wi.gov).

**Assisted Living/Residential Care Apartment Complex**

Often serve people who are more independent than people living in CBRFs or nursing homes. Services vary by facility but may include noon meals, light housekeeping, emergency call systems, personal care assistance, socialization, and transportation.

<table>
<thead>
<tr>
<th>Evergreen Village</th>
<th>Riverbend Assisted Living</th>
<th>The Royal Oaks</th>
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<tbody>
<tr>
<td>Amery, WI</td>
<td>Amery, WI</td>
<td>Osceola, WI</td>
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<tr>
<td>715-268-6640</td>
<td>715-268-9949</td>
<td>715-294-1600</td>
</tr>
<tr>
<td><a href="http://ameryhousingauthority.org">ameryhousingauthority.org</a></td>
<td><a href="http://riverbend-seniorliving.com">riverbend-seniorliving.com</a></td>
<td><a href="http://www.theroyaloaks.com">www.theroyaloaks.com</a></td>
</tr>
</tbody>
</table>

**Community Based Residential Facilities (CBRF)**

24-hour supervision, meals, medication monitoring, personal care, semi-private, private rooms or apartments. Facilities generally have 5-25 residents. State Licensed.

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<thead>
<tr>
<th>Amery Memory Care</th>
<th>Christian Community</th>
<th>Comfords of Home</th>
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<tr>
<td>Amery, WI</td>
<td>Home of Osceola</td>
<td>St. Croix Falls, WI</td>
</tr>
<tr>
<td>715-268-4800</td>
<td>Osceola, WI</td>
<td>715-483-1707</td>
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<tr>
<td>Countryside Acres</td>
<td>Eagle Ridge Senior Living</td>
<td>Lawson Manor</td>
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<td>Webster, WI</td>
<td>Osceola, WI</td>
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<td>715-866-4411</td>
<td>715-294-8000</td>
<td>715-472-2164</td>
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<td>eagleridgeseniorliving.com/</td>
<td>unitedpioneerhome.org</td>
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<tr>
<td>Riverbend</td>
<td>Shady Knoll Home</td>
<td>Sophie’s Manor</td>
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<tr>
<td>Amery, WI</td>
<td>Grantsburg, WI</td>
<td>Centuria, WI</td>
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<tr>
<td>715-268-9949</td>
<td>715-463-5425</td>
<td>715-640-3330</td>
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<tr>
<td>riverbend-seniorliving.com</td>
<td>shadyknollhome.com/</td>
<td>sophiesmanor.com/</td>
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<td>Traditions of Frederic</td>
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<td>Frederic, WI</td>
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<tr>
<td>715-327-4888</td>
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</tbody>
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**AODA and Substance Abuse**

**Burnett County Health and Human Services**
715-349-7600 or https://www.burnettcounty.com/75/Health-and-Human-Services
Providing high quality, community-based services to the people of Burnett County.

**Polk County Community Services Division**
715-485-8400 or https://www.polkcountycommunityservices.org/
Health promotion and disease prevention, assessment, and recovery services for those experiencing substance abuse and mental health conditions, family support, and crisis intervention services for children and adults in need of protection and safety.

**Solstice Warmline**
608-244-5077 or https://soarcms.org/programs/solstice-house
24/7 Warmline service for individuals with mental health and/or substance abuse issues.

**St. Croix Tribal Mental Health/AODA**
715-349-8554 x5264 or https://stcroixojibwe-nsn.gov
Provides outpatient individual and group substance abuse counseling, substance abuse assessment, diagnosis, and outpatient co-occurring individual and group counseling.

**Wisconsin Addiction Recovery Helpline**
833-944-4673 or Text 898211 or Live Chat at: www.211wisconsin.communityos.org/
Free, confidential, 24/7 Statewide resource for substance use treatment and recovery.

**Check-In/Companion Services**

**AARP Friendly Voices**
888-281-0145 or https://aarpcommunityconnections.org/friendly-voices/
A trained, caring group of volunteers standing by ready to chat, listen, or just say hello.

**Alexa Care Hub**
www.alexa.amazon.com/groups/care
A free feature that gives you a way to check in on parents or loved ones. With an Echo device at their home and the Alexa app on your phone, you'll know they're safe.
Coffee Talk (Little Brothers Friends of the Elderly)
877-238-2282 or https://www.littlebrothersmn.org/coffee-talk/
A commitment-free, drop-in chat line when a friendly voice is needed most. For people 65+. Available Mon-Fri 8am-12pm.

Community Connection Calls
715-377-0203
211 representatives will call each week to offer a caring connection.

Elder Friends Phone Companions
612-721-1400 or https://www.littlebrothersmn.org/phone-companions/
Little Brothers Friends of the Elderly matches’ adults 65+ with warm and caring volunteers ready to create and enjoy a connection. Volunteers are background-checked and ready to share their warmth and friendship.

Institute on Aging Friendship Line
800-971-0016 or https://www.ioaging.org/services/friendship-line
Both a crisis intervention hotline and a line for non-emergency emotional support calls.

Rise and Shine Call In
715-483-8500 or https://www.interfaithpolk.org/
Interfaith Caregivers of Polk County. Daily check-in call service for seniors and adults with disabilities. Make a phone call each day before 11am to let staff know they’re safe.

Snug Safety
Download the App for Android or IOS or https://www.snugsafe.com/
Snug is a friendly, free daily check-in service for people living alone.

Well Connected
877-797-7299 or https://covia.org/programs/well-connected/
Both phone and online community offering activities, education, friendly conversation, and an assortment of discussion and support groups to older adults all from the comfort of home. This is free of charge to all participants and available to adults 60+.

Consumer Protection/Fraud
Burnett County Sheriff's Department
715-349-2121 or https://www.burnettcounty.com/104/Sheriffs-Office
Questions, feedback, or have information about criminal activity.

Better Business Bureau of Wisconsin, Inc.
414-847-6000 or https://www.bbb.org/local-bbb/bbb-serving-wisconsin
Milwaukee, WI. Creating a marketplace where buyers and sellers can trust each other.

Bureau of Consumer Protection Hotline
800-422-7128 or https://www.ftc.gov/about-ftc/bureaus-offices/
Madison, WI. Authority to regulate unfair business practices.
Office of the Commissioner of Insurance
800-236-8517 or https://oci.wi.gov/
Madison, WI. Protect WI consumers by maintaining a strong insurance industry.

Polk County Sheriff’s Department
715-485-8300 or https://www.co.polk.wi.us/law
Provide respectful law enforcement services to the citizens of Polk County.

US Senate Special Committee on Aging - Fraud Hotline
855-303-9470 or https://www.aging.senate.gov
Anyone with information about suspected fraud can call the toll-free fraud hotline.

Wisconsin Do Not Call List
888-382-1222 or https://www.donotcall.gov/register.html
A free tool to reduce the number and frequency of unwanted calls.

Deaf and Hard of Hearing
Center for Independent Living Western Wisconsin
715-736-1800 or https://cilww.com/
Rice Lake, WI. Serves Polk County. Provides information, resources, and access to assistive technology, explain available options, and demonstrate equipment. Assistance with TEPP, TAP, and other funding program applications is also available.

Hike Fund, Inc.
712-325-0812 or https://thehikefund.org/
Provides low-income children 0-20 years old with hearing aids and assistive devices.

ICanConnect – WI
844-638-5800 or http://www.icanconnect.org/
Free communication technology for people with combined vision and hearing loss. Installation, training, and technical support is available. Qualification based on income.

Miracle-Ear Foundation
877-632-6320 or https://www.miracle-ear.com/
Gift of Sound Program provides hearing aids and hearing support services to families or individuals with low income. Application fee for adults (age 19 and older) is $150.

Office for the Deaf and Hard of Hearing
855-359-5252 or https://www.dhs.wisconsin.gov/odhh/index.htm
Madison, WI. Provides information, referral services, and technical assistance.

North Country Independent Living
715-392-9118 or https://northcountryil.org/
Superior, WI. Serves Burnett County. Loan & demonstration program of assistive technology. Equipment available: communication aids, signaling devices, assistive listening devices, amplified phones, adaptive recreation aids, etc.
Telecommunications Assistance Program Hearing Aid Assistance (TAP HAA)
608-267-7195 or https://www.dhs.wisconsin.gov/odhh/tap.htm
Can provide up to $250 towards the cost of a telecoil or Bluetooth-enabled hearing aid or cochlear implant external processor.

Telecommunications Equipment Purchase Program
608-231-3305 or https://psc.wi.gov/Pages/Programs/TEPP.aspx
Madison, WI. Help people with disabilities buy specialized equipment they need in order to use basic telephone services. TTY: 800-251-8345

Wisconsin Telecommunication Relay Systems
<table>
<thead>
<tr>
<th>Voice to TTY: 711 or 800-947-6644 or</th>
<th>TTY: 711 or 800-947-3529</th>
</tr>
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<tbody>
<tr>
<td>Spanish to Spanish: 711 or 800-833-7813</td>
<td>Spanish to English: 711 or 877-490-3723</td>
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</table>
Free service that enables people who are Deaf, Hard of Hearing, or those with a Speech Disability to place and receive confidential phone calls. Those without a text telephone but do have a computer and internet may use the Sprint IP Relay system.

Wisconsin Lions Foundation Hearing Project
877-463-6953 or https://wlf.info/our-work/hearing/
Helps Wisconsin residents who cannot afford to purchase a hearing instrument, and do not qualify for any existing state-funded financial assistance programs.

Dental Resources
Wait lists may apply. Local colleges with dentistry or dental hygiene programs may offer services at lower cost but services are often by a student supervised by a professional.

Affordable Dentures
534-444-4938 or https://www.affordabledentures.com/
Eau Claire, WI. Provide a comprehensive treatment in a safe environment. Services include Crown solutions, general dentistry, denture repairs, and new dentures.

Chippewa Valley Free Clinic
715-839-8477 or http://cvfreeclinic.org/
Eau Claire, WI. Dental services only provided Tuesday 5-8pm serving uninsured individuals at or below 200% of the federal poverty level. Proof of income required.

Donated Dental Services
866-812-9840 or www.wda.org
West Allis, WI. For individuals with a permanent disability or is 65 years of age or older with limited income and doesn’t have access to dental insurance of any kind.

Hope Dental Clinic
651-789-7605 or https://www.hopedentalclinic.org/
St Paul, MN. Free dental clinic for individuals with no insurance. Dental services available include comprehensive exam, cleanings, fillings, and tooth extractions.
HyLife, LLC
608-884-0038
Edgerton, WI. Brings Oral Care Specialists to elders once each and every week, providing a viable solution to improve oral health.

Lake Superior Community Health Center
715-394-5411 or https://lschc.org/
Superior, WI. Provides complete oral health care for the whole family. Preventative care, emergency care, and restorative services offered.

Marshfield Clinic Rice Lake Dental Center
715-236-8900 or https://www.marshfieldclinic.org
Rice Lake, WI. Provides general dentistry and dental hygiene services. Will serve all patients, regardless of ability to pay or insurance status. A dental payment assistance program is available for patients with limited income and out-of-pocket dental expenses.

NorthLakes Community Clinic
888-834-4551 or https://nlccwi.org/
Turtle Lake, WI and Hayward, WI. Provide comprehensive preventive dental services and emergency dental needs. Accepts Medicaid and sliding fee scale for private pay.

Sharing and Caring Hands Dental Clinic
612-338-4640 or https://sharingandcaringhands.org/day-services
Minneapolis, MN. Extractions and fillings provided free of charge on a first come, first serve basis to individuals with little to no dental coverage when a dentist is available.

Employment

Division of Vocational Rehabilitation (DVR)
715-634-0523 or https://dwd.wisconsin.gov/dvr/
Serves Polk and Burnett. Providing job services, training, and employment assistance to people while working with employers on finding workers to fill current job openings.

Great Lakes Inter-Tribal Council Vocational Rehabilitation
715-635-0967 or https://www.glitc.org/
Develop and deliver vocational support to eligible Native Americans with disabilities living in the service area that are sensitive to their individual culture.

ICAA’s Skills Enhancement Program
715-532-4222 or https://www.indianheadcaa.org/skills-enhancement/
Serves Burnett County. Provides financial assistance to help pursue short term certificates up to a 2-year technical college degree. Tuition and fees, books, supplies, transportation, and childcare are some of the expenses this program can pay for.
National Indian Council on Aging (NICOA)
505-292-2001 or https://www.nicoa.org/
Senior Community Service Employment Program (SCSEP) is an on-the-job training and employment program to help those age 55+ update jobs skills, build work experience, and continue to have economic security. Anyone at least 55 years old, unemployed, and a member of a family with income less than 125% of the family income levels. Not required that applicants be an American Indian or Alaska Native to participate.

North Country Independent Living
800-924-1220 or https://northcountryil.org/
Employment services for people with disabilities to find employment in their community.

Senior Community Service Employment Program
877-872-5627 or https://www.dol.gov/agencies/eta/seniors
Spooner, WI. Job training and placement program for low-income people age 55+.

Softec Education, INC
715-688-9629 or https://www.softeceducation.org/
Providing accelerated 5–6-week course, industry certified, technical education course.

Stout Vocational Rehabilitation Institute
715-232-1410 or https://www.uwstout.edu
Private pay vocational evaluation and training for people living with a disability.

West CAP Skills Enhancement Program
715-265-4271 or https://westcap.org/services/skillsliteracy/
Designed to assist with the cost of short-term training. Income restrictions.

West CAP Adult Literacy Program
715-265-4271 x1314 or https://westcap.org/services/adult-literacy/
One-on-one tutoring program for adults to improve literacy skills.

Wisconsin CEP Inc.
715-635-2175 or https://nwcep.org/
Spooner, WI. Guide federal, state, and private fund workforce development programs.

Wisconsin Senior Employment Program (WISE)
715-939-1400 Jobs for Progress, Inc. or https://www.dhs.wisconsin.gov/wise/index.htm
Employment training program for low-income, unemployed individuals aged 55+.

Workforce Resource
Polk County Job Center: 715-485-3115 | Burnett County Office: 715-718-4840
https://www.workforceresource.org/home.php
Vocational training programs with Northwood Tech, FSET, W-2, and WIO programs. Computers available for job search related activities. Webinars about interviewing and finding jobs, basic computer skills, and information about local jobs.
Energy and Utility Assistance

**Energy Assistance Hotline**
715-485-8480 or [https://www.polkcountychildrenandfamiliesdept.org](https://www.polkcountychildrenandfamiliesdept.org)
Serves Polk County. Provides financial and emergency assistance with heating bills, furnace tuning and replacement, and weatherization for income-eligible people.

**Energy Star Focus on Energy**
800-762-7077 or [https://focusonenergy.com/](https://focusonenergy.com/)
Provides financial incentives for home improvements and heating/cooling improvements to decrease home’s energy use. Financial incentives range from $100-$2,400.

**Energy Services Inc.**
800-506-5596 or [https://esiwi.com/](https://esiwi.com/)
Provide low-income assistance needed to prevent energy emergencies from occurring.

**EveryoneOn**
[www.everyoneon.org/](http://www.everyoneon.org/)
Connecting low-income families to affordable internet service and computers.

**Harvest of Hope Fund**
608-836-1455 or [https://fyi.extension.wisc.edu](https://fyi.extension.wisc.edu)
Madison, WI. Provides gifts to farmers to address common farm financial problems.

**Heat for Heroes**
800-891-9276 or [https://heat4heroes.org/](https://heat4heroes.org/)
Assistance for heating costs, electric costs, and energy related crisis situations for Veterans. Must apply for Wisconsin Home Energy Assistance Program (WHEAP) first.

**HomeNet through Foundation for Rural Housing, Inc.**
608-238-3448 or [https://www.wisconsinruralhousing.org/homenet](https://www.wisconsinruralhousing.org/homenet)
Financial resource for in-home internet access during the school year. Must have at least 1 child in middle or high school in the home, be under the 80% county median income and have access to a device that is internet accessible.

**Interfaith Caregivers of Burnett County**
715-866-4970 or [http://www.interfaithcaregiversburnettcountywis.org/](http://www.interfaithcaregiversburnettcountywis.org/)
Heat-A-Home program may be able to assist you if you have wood stove heating.

**Lifeline & Link-Up Program**
800-234-9473 or [https://www.lifelinesupport.org/get-help/](https://www.lifelinesupport.org/get-help/)
Help people on low-or fixed-incomes by reducing internet/phone bills and assisting with the phone service installation. Eligible customers must have proof of low-income status or be receiving specific benefits.
Modest Needs Grants
844-667-3776 or https://www.modestneeds.org/for-applicants/
Emergency grants to low-income workers who are at risk of poverty and for whom no other source of immediate help is available. Applications only online.

Public Service Commission Helpline
608-267-3595 or https://psc.wi.gov/Pages/Home.aspx
Internet and phone helpline. Can help apply for Lifeline program, find programs offered by local providers, or find nearby free Wi-Fi spots.

SafeLink Wireless
800-723-3546 or https://www.safelinkwireless.com/
Free/discounted cell phone service. Free phones only available for individuals enrolled in a Medicaid HMO or living on tribal land. Proof of Medicaid coverage needed to apply.

Salvation Army of Polk County
715-263-2900 or https://centralusa.salvationarmy.org/usc/
Emergency utility assistance with a disconnect notice. Must apply to WHEAP first.

Tribal Lifeline and Linkup
800-234-9473 or https://www.lifelinesupport.org/tribal-benefit/
Lowers the cost of phone/internet on Tribal lands. Eligible if you participate in Federal assistance programs, Bureau of Indian Affairs General Assistance, Tribal Temporary Assistance for Needy Families, and Food Distribution Program on Indian Reservations.

USDA Rural Development
715-635-8228 or https://www.rd.usda.gov/
Spooner, WI. Over fifty financial assistance programs for a variety of rural applications.

WestCap
715-265-4271 or https://westcap.org/
Burnett County. Apply for regular energy assistance. Can book appointments online.

Wisconsin Home Energy Assistance Program Information
866-432-8947 or http://homeenergyplus.wi.gov/category.asp?linkcatid=239
Aimed to assist Wisconsin households in reducing their energy burden.

Family Care
Services are provided to those who qualify to provide an alternative to nursing home-based care. Eligibility is based upon functional assessment, income, and assets.

ADRC of Northwest Wisconsin
877-485-2372
Food and Nutrition Programs

ADRC of Northwest Wisconsin Nutrition Program
877-485-2372
ADRC Dining Program and Meals on Wheels of Northwest Wisconsin. General Public: $10 per meal; Individuals 60+: $4 suggested donation. No one 60+ years of age is ever denied services because of inability to donate the suggested amount.

<table>
<thead>
<tr>
<th>ADRC Dining Program Sites:</th>
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<tr>
<td>A&amp;H Senior Center</td>
<td>Amery Congregational</td>
<td>Grantsburg Senior</td>
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<tr>
<td>715-635-7199</td>
<td>Church</td>
<td>Center</td>
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<td>715-268-6818</td>
<td>715-463-2940</td>
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<tr>
<td>Milltown Community Center</td>
<td>Siren Senior Center</td>
<td>Webster Senior Center</td>
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<tr>
<td>715-825-5025</td>
<td>715-349-2845</td>
<td>715-866-5300</td>
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<td>(location may change)</td>
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Commodity Supplement Program for Seniors
715-977-1191 or https://westcap.org
Serves Polk County. WestCAP program provides free box of commodity foods each month. Individuals must be 60+ and meet income guidelines.

Foodshare
Great Rivers Consortium: 888-283-0012 or https://www.dhs.wisconsin.gov
FoodShare Screening and Application Assistance: 715-496-3121
Provides monthly benefits to help low-income households buy food.

Harvest of Hope Fund
608-836-4633 or https://fyi.extension.wisc.edu
Madison, WI. Emergency needs for food, home heating fuel, medical expenses, re-training, and other immediate situations for farm families.

St. Croix Tribe Elder Congregate Dining
Danbury Nutrition Site: 715-656-3227  Sand Lake Nutrition Site: 715-349-2849
Meals are free to tribal elders who are 55+. Non-Tribal Members under 60 years and Tribal Members under 55 must pay $5.00. https://stcroixojibwe-nsn.gov/

Food Pantries (By City)

Amery
- Amery Area Food Pantry: 715-268-5999 or facebook.com/ameryareafoodpantry
  230 Deronda St, Amery, WI 54001. Mon 9am-12pm, Thurs 3pm-6pm
- Ruby’s Pantry: 651-674-0009 or https://www.rubyspantry.org/home
  241 Venture Drive, Amery, WI 54001. 2nd Sat of the month. 7:30am-9am

Balsam Lake
- Balsam Lake Community Food Shelf: 715-485-3800
  305 1st Ave E, Balsam Lake, WI 54810. 24/7 in the basement of the church.
Clear Lake
- Lifeline Food Pantry: 715-263-3846
  560 5th St, Clear Lake, WI 54005. Wed/Thurs 1:15pm-5pm

Cumberland
- Ruby’s Pantry: 651-674-0009 or https://www.rubyspantry.org/home
  1060 Water Street, Cumberland, WI 54829. 1st Sat of the Month. 8am-9:30am.
- Cumberland Food Pantry: 715-822-2004 or facebook/CumberlandFoodPantry
  1270 1st Ave, Cumberland, WI 54829. Fri 1pm-3pm.

Deer Park
- St. Croix Valley Food Bank Pop-Up https://www.stcroixvalleyfoodbank.org/
  112 Front St W, Deer Park, WI 54007. 4th Thurs of the month 11am-12pm

Dresser
- People Loving People: 715-755-2300 or peoplelovingpeopleinc.org/food-ministry/
  103 E Main St, Dresser, WI 54009. Wed 2pm-5pm, Sat 11am-1pm

Frederic
- Family Pathways Food Shelf: 715-327-4425 or www.familypathways.org
  1100 Wisconsin Ave. S, Frederic WI 54837. Tues/Thurs 9am–4pm, Wed 12pm-4pm, Sat 9am-Noon

Grantsburg
- Grantsburg Area Food Shelf: 715-222-4370 (Only call between 8 am-6 pm)
  320 South Brad Street, Grantsburg, WI 54840. Thurs 9:30am-11:30am

Luck
- Ruby’s Pantry: 715-472-7770 or https://www.rubyspantry.org/home
- 210 E Park Ave, Luck, WI 54853. 3rd Tues of the Month. 12pm-1:30pm

Osceola
- The Open Cupboard: 715-294-4357 or www.facebook.com/OpenCupboard
  406 2nd Ave, Osceola, WI 54020. Mon/Wed 9am-12pm, Thurs 11am-4pm.

Pine City
- Family Pathways: 320-629-0128 or www.familypathways.org
  220 7th St. SW., Pine City MN 55063. Mon/Thurs 9am–5pm, Wed 11am–3pm

Shell Lake
- ICAA Washburn County Food Pantry: 715-468-2939
  110 N Industrial Dr, Shell Lake, WI 54871. Fri/Sat 9am-12pm.

Siren
- Ruby’s Food Shelf: 715-349-7829 or https://www.rubyspantry.org/home
  24534 State Hwy 70/35. Mon/Fri: 10am-2pm, Wed 10am-4pm
Spooner
- Lakeland Family Resource Center: 715-939-1151 or https://lakelandfrc.com/
  819 Ash Street, Spooner, WI. Open daily 5am-8pm at Spooner Business Center.
- Spooner Memorial Library Compassion Kitchen Bench Service: 715-635-2792
  421 High Street, Spooner, WI. Open during library hours. Emergency Food Bags
  & Ready to Eat Food bags.
- Washburn County Food Pantry: 715-205-3273
  1649 Cottonwood Ave. Spooner, WI. Tues 9am-11am, Thurs 1pm-3pm
- Ruby’s Pantry:715-635-9309 or or https://www.rubyspantry.org/home
  8000 W Beaverbrook Ave. Spooner, WI. 2nd Sat of the Month, 9am-10:30am

St. Croix Falls
- Family Pathways: 715-483-2920 or www.familypathways.org
  2000 US Hwy 8, SCF, WI 54024. Mon/Tues/Thurs 9am-5pm, Wed 10:30am-5pm
- St. Croix Falls Food Pantry: 307-241-5122 or www.facebook.com/SCFfoodshelf/
  809 Pine Street, St. Croix Falls, WI 54024. Mon 9am-11am, Thurs 3pm-6pm

Turtle Lake
- Food Pantry: 715-986-4683
  111 Elm Street S, Turtle Lake, WI 54889. Tues 12:30pm-3:30pm

Webster
- Burnett County Food Pantry: 715-866-8151
  26356 Lakeland Ave South, Webster, WI. Mon/Tues/Fri 10am-3pm
- Second Harvest Food Distribution located at Connections
  (Next to Holiday Gas Station). 1st and 3rd Thurs of every month. Starts 11am
- St Croix Chippewa Commodities Distribution: 715-349-2195
  24663 Angeline Avenue, Webster, WI. Mon-Thurs 7:30am to 4:30pm. Native
  American income eligible only.

**Grocery Delivery**

**Austad’s Supervalu**
715-986-2244 or https://www.austadssupervalu.com/
No charge; delivers in Turtle Lake, Clayton, and Almena. Delivery Mon-Fri 9am-2pm,
call by 4pm the day before delivery.

**Amazon**
www.amazon.com
Order items online. Click the Department tab and grocery at the bottom of the list.

**Dicks Fresh Market** www.dicksfreshmarket.com/
Amery: 715-268-7513 (Delivers Tuesday) Osceola: 715-294-2158 (Delivers Monday)
Contact location to order groceries over the phone. To receive groceries same day,
place order before noon. Delivery available at both locations.
Farmbox Direct
www.farmboxdirect.com
Organic & Natural Produce Delivery. Offers different box sizes and types. Choose between organic and natural selections, get a mixed produce box, a box of just fruit, or a box of just veggies. Customize delivery schedule and NO commitments!

Fourwinds Market
715-349-5563 or www.fourwindsmarket.com
Siren, WI. Purchase groceries online and groceries get delivered out to your car.

Groceries and Grub
715-503-0044 or www.wedeliverhere.com/
Delivery: 9am-7pm. Fee for our "Shop & Drop" service is $15 up to 7.5 miles, add $2/mile over 7.5 miles. Call a day before delivery with your grocery list. Tues: Luck and Frederic. Wed: Danbury, Siren, Webster.

Interfaith Caregivers of Burnett County
715-866-4970 or http://www.interfaithcaregiversburnettcountywis.org/
Delivers food from local food pantries to individuals in need one day per month.

Interfaith Caregivers of Polk County
715-483-8500 or https://www.interfaithpolk.org/
Pick up Interfaith and deliver from local food pantries or grocery shop for you.

Marketplace Foods
www.shop.marketplacefoodswi.com/
St. Croix Falls, WI. Order online, checkout, and pay for your grocery order. Select the day and time to pick up your order. Park at In-Store Pick Up for workers to deliver.

Misfits Market
www.misfitsmarket.com
Affordable subscription box of funny-looking organic produce from farmers to rescue organic produce and other items, then deliver them to your door. Order a small or large box filled with organic fruits and veggies. Receive a box weekly or bi-weekly.

Mom’s Meals
877-508-6667 or https://www.momsmeals.com/
Get refrigerated, home-delivered meals that are ready to heat. Serving clients who are covered under Medicare Advantage plans, Medicaid plans, Long-Term Services and Supports (LTSS) programs or the Older Americans Act, and by individuals or their caregivers who are looking for a self-pay program.

Schwan’s Home Services
888-724-9267 or https://www.schwans.com/
Order online or over the phone, choosing flexible delivery options.
Walmart Grocery Pickup
https://www.walmart.com/. Offering curbside pickup. Shop online, choose from groceries and more. Swing by and pick them up. Accepts SNAP EBT.

Healthcare-Reduced Rate
Direct Access Lab Testing/Cash Labs

Discounted cash price for common lab tests. May have a financial assistance program available to patients needing medical care but are unable to afford the medical expenses and/or offer. Contact individual facility for more information.

Amery Hospital and Clinics
715-268-0241 or https://www.healthpartners.com/care/hospitals/amery/
Amery, Clear Lake, Luck, and Turtle Lake Clinic Locations-Direct Access Lab Testing and financial assistance program available.

Burnett Medical Center
715-463-5353 or https://www.burnettmedicalcenter.com/
Grantsburg, WI. Direct Access Lab Testing and financial assistance program, and Community Care Program available.

Cumberland Healthcare
715-822-7500 or https://cumberlandhealthcare.com/
Cumberland, WI. Offers Direct Access Lab Testing.

Osceola Medical Center
715-294-2111 or https://www.myomc.org/
Osceola, WI. Offers Direct Access Lab Testing and financial assistance program and Community Care Fund available.

St. Croix Regional Medical Center
715-407-4197 or https://www.sormc.org
St. Croix Falls, WI. Offers Direct Access Lab Testing.

Western Wisconsin Health
715-684-1111 or https://www.wwhealth.org/
Baldwin, WI. Offers Direct Access Lab Testing.

Free and Reduced Clinics

Chippewa Valley Free Clinic
715-839-8477 or http://cvfreeclinic.org/
Eau Claire, WI. Services are free to individuals who are uninsured or underinsured and are at or below 200% of the Federal Poverty Level. Proof of income required.
Menomonie Free Clinic
715-308-3808 or http://www.menomoniefreeclinic.org/
Menomonie, WI. Tues evening by appointment. Anyone who is in need of medical care, uninsured/underinsured, with an income of 250% or less of the Federal Poverty Level.

Rice Lake Area Free Clinic
715-736-3733 or https://rlafc.org/
Rice Lake, WI. Every Tues night from 5-9pm; services are free to individuals with no health insurance and who make less than 200% of the Federal Poverty Level.

Ruby’s Well Care Center
715-472-7770 or https://www.myfreeclinic.org/
Luck, WI. Tuesdays 4-7pm. Please call for an appointment, walk in appointments not guaranteed as times vary based on provider availability. Prevention based clinic providing referral services, patient support, and prescription services.

Wisconsin Well Woman Program www.dhs.wisconsin.gov/wwwp/index.htm
Burnett County Health and Human Services: 715-349-7600
Polk County Public Health Department: 715-485-8500
Provides preventive health screening to women, ages 45-64, with little health insurance coverage. WWWW pays for mammograms and Pap tests. Income guidelines apply.

Hair, Skin, and Nails

Burnett Medical Center
715-463-5353 or https://www.burnettmedicalcenter.com/
Foot/Nail Care services by an RN/Diabetes Educator and LPN. $25 per session.

Medi-Pedi Professional Foot Care
651-238-0932
In-home professional food care service. $45/session that includes travel to your home, foot bath, foot massage, and nail trimming. Additional foot/nail care services available for minimal fee. Services areas south of Luck and west of Bone Lake in Polk County.

Ruby’s Well Care Center
715-472-7770 or https://www.myfreeclinic.org/
Luck, WI. Free nail and foot care/trimming, 2nd Tues of the month. Appointment only.

Ruby’s Well Care Center Beauty Salon Service
715-472-7770 or https://www.myfreeclinic.org/beauty/
Free service to low-income people. Includes haircuts, styling, and other services as products are available. 2nd Tues of the month from 9am-12pm by appointment only.
**Health Insurance Programs**

**ADRC of Northwest Wisconsin**
877-485-2372

Elder Benefits Specialists (aged 60+) and Disability Benefits Specialists (aged 18-59) can provide general information on public and private insurance options. Includes Wisconsin Medical Assistance, SeniorCare, Medicare, SSI MA, etc.

**Forward Health Member Services**
800-362-3002 or [https://www.forwardhealth.wi.gov/](https://www.forwardhealth.wi.gov/)

For people already receiving Wisconsin Medical Assistance (MA, Medicaid, BadgerCare+, SSI MA). Answers questions regarding coverage, billing and prior authorization. Also provides referrals to dentist/dental services who accept Medicaid.

**Health Insurance Marketplace**
800-318-2596 or [https://www.healthcare.gov/](https://www.healthcare.gov/)
Apply for health coverage, compare options, and enroll.

**Health Insurance Marketplace Navigators and Certified Application Counselors**
Trained to help consumers, small businesses, and employees with health coverage options through the Marketplace, including completing eligibility and enrollment forms. Required to be unbiased and free.

<table>
<thead>
<tr>
<th>Polk County Public Health Department</th>
<th>Northwest WI CEP, Inc.</th>
<th>Northlakes Community Health Clinic</th>
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</thead>
<tbody>
<tr>
<td>715-485-8500</td>
<td>715-635-2175</td>
<td>715-986-2599</td>
</tr>
<tr>
<td>Serves Polk and Burnett Counties.</td>
<td>Serves Burnett County residents.</td>
<td>Turtle Lake, WI.</td>
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**Medical Assistance (Medicaid, MA)**

**Great Rivers Consortium**
888-283-0012

A group of county agencies that determine enrollment and ongoing case management. Serves Polk and Burnett Counties.

<table>
<thead>
<tr>
<th>ADRC of Northwest WI</th>
<th>Medicare &amp; Medicare Part D Information</th>
<th>Medicare Fraud</th>
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</thead>
<tbody>
<tr>
<td>877-485-2372</td>
<td>Disability Drug Benefit Helpline 800-926-4862</td>
<td>Medicare National Information Line 800-633-4227</td>
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<td>Medicare National Information Line 800-633-4227</td>
<td>Senior Medicare Patrol 888-818-2611</td>
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</table>

**MediGap Insurance Helpline**
800-242-1060 or [www.dhs.wisconsin.gov/aging/medigap.htm](http://www.dhs.wisconsin.gov/aging/medigap.htm)
Info on supplemental insurance policies and health insurance questions.
Office of the Commissioner of Insurance for WI
800-236-8517 or https://oci.wi.gov
Madison, WI. Enforces insurance laws, agent licensing, and investigates complaints.

Senior Care
800-657-2038 or https://www.dhs.wisconsin.gov/seniorcare
A prescription program for Wisconsin residents aged 65 or older. There are three levels of program participation, dependent upon income.

Health Promotion and Workshops

ADRC of Northwest Wisconsin
877-485-2372
Various programs offered throughout the year, including Powerful Tools for Caregivers, Healthy Living with Diabetes, and Living Well with Chronic Conditions Program.

Amery Area Community Center Circuit Breakers Fitness Center
715-268-6605 or https://www.amerycommunitycenter.com/
Amery, WI. Amery Centennial Hall. Open to adults aged 21 and older, $10/month

Family Caregivers Rock
familycaregiversrock@outlook.com
Nonprofit that supports the health and wellness of family caregivers by granting wishes to family caregivers. Serving Polk County.

Fitness Centers- Check your phone book/yellow pages for local fitness centers.

Senior Planet from AARP
www.seniorplanet.org/virtual-fitness-wellness-events/
Offering virtual fitness and wellness events through zoom for people 60+.

Well Connected
877-797-7299 or https://covia.org/programs/well-connected/
Both phone and online community offering activities, education, friendly conversation, and an assortment of discussion and support groups to older adults all from the comfort of home. This is free of charge to all participants and available to adults 60+.

Home Health Care
Licensed agencies offer in-home skilled nursing, therapy services, and personal care.

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<tr>
<th>Adoray Home Health &amp; Hospice</th>
<th>Allina Home Health Care and Hospice</th>
<th>Good Samaritan Society</th>
<th>Hearts of Gold</th>
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<tr>
<td>800-359-0174</td>
<td>800-261-0879</td>
<td>715-483-5505</td>
<td>715-468-2931</td>
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<tr>
<td><a href="https://adoray.org/">https://adoray.org/</a></td>
<td>allinahealth.org/</td>
<td><a href="http://www.good-sam.com/">www.good-sam.com/</a></td>
<td>Shell Lake, WI.</td>
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<tr>
<td>Baldwin, WI.</td>
<td>St Paul, MN.</td>
<td>St Croix Falls, WI.</td>
<td>Serves Polk and Burnett Counties.</td>
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<td>Serves Polk and Burnett Counties.</td>
<td>Serves Polk County</td>
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<tr>
<td><strong>Indianhead Home Health Services</strong></td>
<td><strong>Indianhead Medical Center Home Health</strong></td>
<td><strong>Interim HealthCare</strong></td>
<td><strong>Spooner Health System Home Care</strong></td>
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<tr>
<td>715-532-1545 Ladysmith, WI. Serves Polk and Burnett Counties.</td>
<td>715-468-7833 Shell Lake, WI. Serves Polk and Burnett Counties.</td>
<td>715-377-9617 Interimhealthcare.com/ Hudson, WI. Serves Polk County.</td>
<td>715-635-1238 Spooner, WI. Serves Burnett County.</td>
</tr>
</tbody>
</table>

**Hospice**

*Health care and support services for the terminally ill and their families. Can be provided in-home or in care facilities.*

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<tr>
<th><strong>Adoray Hospice</strong></th>
<th><strong>Allina Home Health Hospice and Palliative Care</strong></th>
<th><strong>Regional Hospice Services</strong></th>
<th><strong>Interim Healthcare Hospice of Western WI</strong></th>
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<tr>
<th><strong>Heartland Home Health Care and Hospice</strong></th>
<th><strong>St. Croix Hospice</strong></th>
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**Housing – Assistance**

*Department of Agriculture, Trade and Consumer Protection Hotline*  
800-422-7128 or [https://datcp.wi.gov/](https://datcp.wi.gov/)  
Resource for tenants and landlords interested in learning more about their rental rights and responsibilities under WI law.

**Foundation for Rural Housing, Inc.**  
888-400-5974 or [https://www.wisconsinruralhousing.org/](https://www.wisconsinruralhousing.org/)  
Oregon, WI. Critical housing assistance for security deposit, delinquent rent, mortgage payment, property taxes, and utility bills.

**Harvest of Hope Fund**  
608-836-4633 or [https://www.madisonchristiancommunity.org](https://www.madisonchristiancommunity.org)  
Madison, WI. Emergency needs for food, home heating fuel, medical expenses, re-training, and other immediate situations for farm families.
Home Buyer Program
715-726-7801 or https://www.co.chippewa.wi.us/community/home-buyers
No interest, deferred payment loans available for down payment and closing costs assistance to income-eligible homebuyers. Administered by Chippewa County Housing Authority. Serves Polk County.

Modest Needs Grants
844-667-3776 or www.modestneeds.org
Offers grants for people who don’t qualify for public assistance programs. Can be used to pay for an unexpected expense or bills an individual can no longer afford because of an unexpected expense. Applications only online. Applicants must have regular access to a computer, internet and a scanner or fax machine.

Movin’ Out
877-861-6746 or https://www.movin-out.org/
Madison, WI. Offers information, referrals, and resources for home ownership, home repair for safety and accessibility, or rental housing for low-income families. Serves income-qualified households with a person who has a permanent disability of any kind.

Northwest Regional Housing Rehab and Down Payment Assistance Program
715-635-2197 or www.nwrpc.com
Burnett County. Provide closing costs and up to 50 percent of the down payment to Low and Moderate-Income clients. Income limitations.

Salvation Army of Burnett County
715-349-8744 or http://www.salvationarmywi.org/
Siren, WI. Administer Tenant Based Rent Assistance, Rapid Rehousing, and Homeless Prevention programs for Burnett County.

Salvation Army of Polk County
715-263-2900 or http://www.salvationarmywi.org/
Clear Lake, WI. Administers Permanent Supportive Housing program and will provide rent assistance if an eviction notice has been received. For rent assistance, individuals must contact and apply for assistance through Rural Housing, Inc. and Workforce Resource Emergency Assistance Program first. No mortgage assistance provided.

USDA Rural Development
715-635-8228 or https://www.rd.usda.gov/
Spooner, WI. Serves Burnett and Polk Counties. Rural Direct Loan Program to assist low and very low-income applicants to obtain decent, safe, and sanitary housing.

West CAP
715-265-4271 or https://westcap.org/
Serving Polk County. Section 8 Housing Voucher Program, Rapid Rehousing, and Tenant-Based Rental Assistance. Income Restrictions. Appointments also online.
Wild Rivers Habitat for Humanity
715-483-2700 or https://wildrivershabitat.org/
Serves Polk and Burnett Counties. Build homes in partnership with families and finance homes with 0 to low interest loans, to families who could not otherwise afford a home.

Wisconsin Emergency Rental Assistance Program
833-900-9372 or https://doa.wi.gov
Assistance with utility and energy payments, rent, and services to stay in home. May receive up to 12 months of assistance. Must qualify for unemployment, risk of eviction, or household income below 80% of county median. Must apply for energy assistance.

Wisconsin Housing and Economic Development Authority
800-755-7835 or www.wheda.com
WHEDA works closely with lenders, developers, local government, nonprofits, community groups, and others to implement its low-cost financing programs.

Workforce Resource Emergency Assistance Program
855-792-5439 or https://www.workforceresource.org/
Assist with past due rent, security deposit, first month’s rent, and utility disconnect notices. Must have an eviction/disconnect notice and a minor child living in the home.

**Housing – Renting**

*Subsidized housing may have income, age, or disability guidelines to qualify.*

**HUD Housing Discrimination Hotline**
800-669-9777 or https://www.hud.gov/faqs/complaints
Information about Fair Housing Rights and file a complaint about housing discrimination.

**HUD Public and Indian Housing Customer Service Center**
800-955-2232 or https://www.hud.gov/
Information about programs operated by the Office of Public and Indian Housing (HUD programs).

**WIHousingSearch.org**
877-428-8844 or https://wihousingsearch.org/
Free, up-to-date listings of rental housing throughout WI

<table>
<thead>
<tr>
<th>Rental Agencies</th>
<th>Amery Housing Authority</th>
<th>Burnett County Housing Authority</th>
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</thead>
<tbody>
<tr>
<td>Allegiant Property Management</td>
<td>715-268-2500</td>
<td>715-866-8231</td>
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<tr>
<td>Allegiantpropertymgmtllc.com</td>
<td>ameryhousingauthority.org/</td>
<td>burnetthousingauthority.org/</td>
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<tr>
<td>Catholic Charities Bureau</td>
<td>888-276-0246</td>
<td>Clear Lake Housing Authority</td>
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<tr>
<td>ccbsuperior.org/</td>
<td>715-263-3370</td>
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<tr>
<td>Croix Management</td>
<td>651-465-6841</td>
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<tr>
<td>croixmanagement.com/</td>
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<td>Dak Management</td>
<td>Frederic Housing Authority</td>
<td>Grantsburg Housing Authority</td>
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<tr>
<td>877-219-7282 dakgroup.org/</td>
<td>715-327-8490 fredericwi.com</td>
<td>715-463-2475 district8housing.org/</td>
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<tr>
<td>Horizon Management Group</td>
<td>Good Samaritan Society</td>
<td>Impact 7</td>
</tr>
<tr>
<td>Luck Housing Authority</td>
<td>Meridian Group Inc</td>
<td>Milltown Apartments</td>
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<tr>
<td>715-472-2032</td>
<td>715-635-3031 meridiangroupinc.net/</td>
<td>715-825-2026</td>
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<tr>
<td>Osceola Housing Authority</td>
<td>Polk County Housing Authority</td>
<td>Ridgeview</td>
</tr>
<tr>
<td>715-294-3629</td>
<td>715-294-4243 co.polk.wi.us</td>
<td>715-263-2544</td>
</tr>
<tr>
<td>Sunny View Apartments, E. Fuller Inc.</td>
<td>715-634-2040</td>
<td>WestCap</td>
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<td>St. Croix Tribal Housing Authority</td>
<td>800-606-9227 715-265-4271</td>
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<tr>
<td></td>
<td>715-349-2727 stcroixojibwe-nsn.gov/</td>
<td>westcaprentalproperties.org</td>
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**Housing – Shelters**

**Benjamin House**
715-736-2437 or [https://www.benjamins-house.org/](https://www.benjamins-house.org/)
Rice Lake, WI. Provides emergency shelter. Evening meals may be provided and served family-style. All other meals are self-serve. An individual case plan will be completed with a case manager. Referrals to community agencies also made.

**CRA (Community Referral Agency)**
800-261-7233
Provides services and support to victims of domestic violence and sexual assault. Also offers shelter. Serves Polk and Burnett Counties.

**Faith House**
715-349-8744 or [https://centralusa.salvationarmy.org](https://centralusa.salvationarmy.org)
Siren, WI. Salvation Army Shelter provides shelter to homeless families residing in Burnett and surrounding counties.

**Grace Place**
715-247-2944 or [https://centralusa.salvationarmy.org/graceplace/](https://centralusa.salvationarmy.org/graceplace/)
New Richmond, WI. Salvation Army shelter here to provide stability to low-income families and individuals by offering services that address their needs.

**Northwoods Homeless Shelter**
Crisis Line: 715-268-5730 or 715-554-0137 or [northwoodsshelters.org/](https://northwoodsshelters.org/)
Provide up to 90 days of stay for homeless families and individuals. Has three units of shelter in Amery and Luck. Can provide long-term housing for residents of the emergency shelter program that have long-term issues at risk of being homeless.
Our Neighbors’ Place
715-426-9000 or https://www.ourneighborsplace.org/
River Falls, WI. Day Center provides housing support and general advocacy. Transitional housing program supports a family’s need for shelter and security.

Salvation Army Serenity Home
715-263-2900 or https://centralusa.salvationarmy.org
Offers shelter and short-term support to families and single individuals in Polk County.

Stepping Stones
715-235-2920 or https://www.steppingstonesdc.org/
Menomonie, WI. Provides emergency shelter, housing assistance, and referral services.

The Family House Warming Center
715-651-8740 or https://thefamilyhouseonheartislandinc.org/Rice Lake, WI. Serve the homeless, providing warm meals, and safe overnight shelter.

Housing – Modifications, Repairs & Weatherization

Center for Independent Living Western Wisconsin
800-228-3287 or https://cilww.com/
Menomonie, WI. Serves Polk County. Discuss ways to improve a home’s accessibility. Identify areas that could be improved and offer possible solutions. Recommendations include a ramp design, building information, or suggestions on how to remodel for better access. Also provide information on funding options for these projects.

Home Modification Occupational Therapy Alliance
269-978-8340 or https://hmota.net/
Occupational therapy home evaluations, attendant care evaluations, functional evaluations, accessible design services, adaptive equipment, wheelchair ramps and lifts, construction management. Medicare and private pay option.

Interfaith Caregivers of Burnett County
715-866-4970 or http://www.interfaithcaregiversburnettcountywis.org/
Webster, WI. Minor home repair or modification projects.

Interfaith Caregivers of Polk County
715-483-8500 or https://www.interfaithpolk.org/
St. Croix Falls, WI. Minor home repair or modification projects.

North Country Independent Living
715-392-9118 or https://northcountryil.org/
Superior, WI. Serves Burnett County. Provides information & referral about a building’s accessibility guidelines for public and private homes & businesses. TTY: 800-924-1220
Northwest Regional Housing Rehab and Down Payment Assistance Program
715-635-2197 or www.nwrpc.com
Burnett County. Funds may be used for accessibility modifications. Income limitations.

Tomorrow’s Home Foundation Helping Hand Assistance Program
www.tomorrowshomefoundation.org/ Grant program to assist low-income mobile and manufactured homeowners who need critical home repairs to remain in the home. Grant recipient must pay at least 10% of costs. Grants given up to $2,500.

Travis Roy Foundation Quality of Life Grant
www.travisroyfoundation.org/
Vehicle and home modifications and adaptive equipment grants for spinal cord injury survivors with paraplegia and quadriplegia. Apply online or print an application.

USDA Rural Development
715-635-8228 or https://www.rd.usda.gov/
Spooner, WI. Low interest loans for very-low-income homeowners to repair, improve, or modernize homes and grants for elderly (62+) very-low-income homeowners to remove health and safety hazards.

Interfaith Caregivers of Burnett County
715-866-4970 or http://www.interfaithcaregiversburnettcountywis.org/
Webster, WI. Minor home repair or modification projects.

Interfaith Caregivers of Polk County
715-483-8500 or https://www.interfaithpolk.org/
St. Croix Falls, WI. Minor home repair or modification projects.

Home Repair Program
715-726-7801 https://www.co.chippewa.wi.us
The Housing Rehabilitation Program is a loan program designed to assist low and moderate-income households with repairs to their homes. Administered by the Chippewa County Housing Authority, Chippewa, WI. Serves Polk County.

Movin’ Out
877-861-6746 or https://www.movin-out.org/
Madison, WI. Offers information, referrals, and resources for home ownership, home repair for safety and accessibility, or rental housing for low-income families. Serves income-qualified households with a person who has a permanent disability of any kind.

Northwest Regional Housing Program
715-635-2197 https://www.nwrpc.com/956/Regional-Housing-Program
Spooner, WI. Assistance in the form of a zero percent, deferred-payment loan to make repairs to an owner-occupied home. Services include new siding, roofing, windows, septic systems, insulation, furnaces, etc. Serves Burnett County and the St. Croix Tribe.
**Tomorrow’s Home Foundation**  
608-255-1088 or [https://www.tomorrowshomefoundation.org/](https://www.tomorrowshomefoundation.org/)
Grants for critical repairs for individuals to stay in their manufactured or mobile home.

**USDA Rural Development**  
715-635-8228 or [https://www.rd.usda.gov/](https://www.rd.usda.gov/)
Spooner, WI. Low interest loans for very-low-income homeowners to repair, improve, or modernize homes and grants for elderly (62+) very-low-income homeowners to remove health and safety hazards.

**Wild Rivers Habitat for Humanity**  
715-939-1390 or [https://wildrivershabitat.org/](https://wildrivershabitat.org/)
Home Preservation program helps with exterior work including painting, patching, minor repair, landscaping, and replacement of exterior building. Provides the Critical Home Repair program that includes more extensive interior or exterior work to address health and safety issues or code violations. Serves Polk and Burnett Counties.

**Weatherization**

**WestCap**  
800-606-9227 or [https://westcap.org/](https://westcap.org/)
Glenwood City, WI. Serves Burnett and Polk counties. Services include air sealing, insulating, improvements to the heating system, water heater upgrades, installation of water saving devices, LED lighting upgrades, replacement of inefficient refrigerators and freezers, and installation of ventilation fans. All services provided at no cost as an additional benefit of the Wisconsin Home Energy Assistance Program.

**Wild Rivers Habitat for Humanity**  
715-939-1390 or [https://wildrivershabitat.org/](https://wildrivershabitat.org/)
Weatherization Program helps to improve the energy efficiency and indoor air quality of a home. Includes an energy audit, testing of the home, and homeowner education. Serves Polk and Burnett Counties.

**Independent Living Centers**

*Provides information, support, independent living training and advocacy services for people with disabilities. ADA consultation, adaptive equipment and home modifications, financial and medical benefits consultation, housing and transportation information.*

**Center for Independent Living for Western Wisconsin**  
800-228-3287 or [https://cilww.com/](https://cilww.com/)
Menomonie, WI. Serves Polk County. Provides support and training for individuals to become involved in systems change advocacy, skills training, and information referral.

**Home Modification Occupational Therapy Alliance**  
269-978-8340 or [https://hmota.net/](https://hmota.net/)
Occupational therapy home evaluations, attendant care evaluations, functional evaluations, accessible design services, adaptive equipment, wheelchair ramps and lifts, construction management. Medicare and private pay option.
North Country Independent Living
715-392-9118 or https://northcountryil.org/
Superior, WI. Serves Burnett County. Provides information, training, and support to people with disabilities in making decisions about disability related needs. All services are consumer controlled; each individual decides which services they wish to participate in while working with staff to establish goals and determine steps to meet those goals.

In-Home Help
Agencies that provide personal care and supportive home services. Personal care includes “hands-on” services administered to the consumer’s body such as bathing, grooming, and hygiene. Supportive home care includes services that are done around the consumer’s environment such as laundry, cooking, house cleaning, and meal preparation. Medical assistance does not pay for supportive home care services, but they may pay for personal care services. Community Supported Living (CSL) programs offer similar services as in home help agencies but are provided on a more flexible schedule and can include more education, to assist the individual in learning a new skill.

Because There’s No Place Like Home, LLC
715-706-1112 or https://redslippershomecare.com/
Osceola, WI. Serves Polk and Burnett County. Provides personal and supportive in-home cares. Accepts private pay, IRIS, Inclusa, and long-term care insurance.

Center for Independent Living
800-228-3287 or https://cilww.com/
Menomonie, WI. Serves Polk County. Provides personal and supportive home care services. Accepts private pay, MA, and long-term care insurance.

Comfort Keepers
715-381-6730 or https://www.comfortkeepers.com/
Hudson, WI. Serves Polk County. Accepts private pay, long term care insurance, and VA. Offers Homemaker/Home Health Aide Care. This benefit is for eligible Veterans that need skilled services, case management, and help with ADL’s.

IHC Support Services
866-452-3875 or https://ihcsupportservices.net/
St. Croix Falls, WI. Serves Polk and Burnett County. Provides non-medical services for participants who require assistance to meet their daily living needs, ensure adequate functioning in their home, and permit safe access to the community. Also, housekeeping, meal preparation, shopping, and similar activities.

IntegriCare
715-205-3746
Provide most non-medical services for those living within 10 miles of Barron County in Polk County. Accepts private pay and works with IRIS/Family Care.
Innovative Services
715-919-1093 or https://www isiinc.org/
Community supported living program serves residents within a 30 mile/30-minute radius of the Siren and St. Croix Falls offices; beyond area is determined case by case.

Interfaith Caregivers of Polk County
715-483-8500 or https://www.interfaithpolk.org/
St. Croix Falls, WI. Short-term light housekeeping, minor repairs around the house, Help making meals after a hospital stay, and seasonal yard work.

International Quality Homecare
888-278-3405 or http://www.internationalquality.com/
Eau Claire, WI. Serves Polk County. Providing personal care, transportation, respite care, services. Accepts private pay, Medicaid, VA, and private insurance.

Lutheran Social Services
877-967-5577 or https://www.lsswis.org/
Community supported living program serving Polk County. Open to inquiries for services from Burnett County but can’t guarantee immediate start to services.

North Country Independent Living
800-924-1220 or https://northcountryil.org/
Superior, WI. Serves Burnett County. Provides personal and supportive home care. Accepts private pay, MA, and long-term care insurance.

Peaceful Living
715-386-7071 or https://peacefullivingcare.com/
Hudson, WI. Serves Polk County. Accepts private pay, medical assistance, and long-term care insurance. Accepts medical assistance and private pay.

Serenity Care Agency, LLC
715-308-3800 or https://serenitycareagency.com/
Boycoville, WI. Serves Polk County. Provides personal care and supportive home care services. Accepts private pay and will work with long term care insurance.

Spirit of the Heart
715-441-0159 or https://spirit-of-the-heart-home-health-care.business site/
St. Croix Falls, WI. Serves Polk and Southern Burnett. Provides personal care and supportive home care services. Private pay or works with long term care insurance.

Touching Hearts at Home
715-245-1944 or https://www.touchinghearts.com/
Baldwin, WI. Serves Polk County. Accepts private pay and long-term care insurance.
Legal Assistance

Legal representation is not guaranteed by these resources.

Coalition of Wisconsin Aging Groups (CWAG)
800-488-2596 or https://www.cwagwisconsin.org/
Milwaukee, WI. Elder Financial Empowerment Project provides information, advocacy, referral, and victim services assistance to senior victims of financial exploitation.

Consumer Law Clinic – UW-Madison
608-263-6283 or https://law.wisc.edu/eji/clc/
Handles individual and class action lawsuits in state and federal court covering consumer protection issues: misrepresentation, fraud, credit scams, etc. Staffed by law students.

Disability Rights Wisconsin
715-736-1232 or https://disabilityrightswi.org/
Rice Lake, WI. Provides legal advocacy and rights protection for people with disabilities.

Elder Rights Project
844-614-5468 or https://legalaction.org/
Provides free civil legal service to victims of elder abuse who are WI residents, 60 years of age and older, regardless of income.

ICAA Legal Assistance for Victims Program
715-415-0371 or https://www.indianheadccka.org/lav/
Free legal representation for divorce/separation, child custody and placement, child support, unemployment compensation, immigration issues, access to fair and affordable housing and other areas that ensure safety and independence for victims.

Trellis Pension and Retirement Rights (formerly Upper Midwest Pension Rights)
866-783-5021 or https://trellisconnects.org
North St. Paul, MN. Helps to locate missing pensions and answer questions.

Wisconsin Guardianship Support Center
855-409-9410 or https://gwaar.org/guardianship-resources
Toll free helpline provides information on the following subjects: guardianships, powers of attorney, protective placement, and other advance directives.

Wisconsin Hispanic Lawyers Association
262-208-5291 or http://www.whla.org/
Can assist individuals in finding a Spanish speaking lawyer and/or a lawyer with knowledge of issues facing Hispanic individuals and communities.

Wisconsin Judicare, Inc.
800-472-1638 or http://www.judicare.org/
Wausau, WI. Legal services for persons with low incomes; also provides Indian Law Office for tribal members of recognized tribes in Wisconsin.
Wisconsin State Bar Association Lawyer Referral & Information Services
800-362-9082 or https://www.wisbar.org
Does not provide referrals for free legal help. Modest Means Program assists people
with income too low to afford legal fees, but too high to receive free legal assistance.

**Medical Equipment and Assistive Devices**
The following businesses or organizations sell, rent, or loan durable medical equipment
and/or assistive devices/technology. Contact Medicare to find all suppliers of medical
equipment and supplies in your area. www.medicare.gov/ or 800-633-4227;

ADRC Loan Closet and Assistive Technology Kit
877-485-2372
Balsam Lake and Siren, WI. Items available for rent for up to 6 months include:
Walkers, shower benches, bath chairs, toilet riser, commode, wheelchairs, cane, grab
bar, grab it/Reacher, shoehorns. Call for availability. No rental fees. Not Medicare
Certified. Various assistive technology/devices to try before purchasing. Not available
for purchase but information available on where to go to purchase the equipment.

Apria Health Care
715-234-6961 or https://www.apria.com/
Rice Lake, WI. Serves Burnett and Polk Counties, Medicare Certified.

Balsam Lake Pharmacy
715-485-3374 or https://balsam-lake-pharmacy.business.site/
Balsam Lake, WI. Medicare Certified

Because There is No Place Like Home Medical Supply Store
715-246-9040 or https://redslippershomecare.com/
New Richmond, WI. New and used durable medical equipment for purchase or rent.

CaptionCall
877-557-2227 or https://captioncall.com/
Amplified and captioning phone that is a no cost service for those with hearing loss.
Ensures accurate communication with healthcare providers, 911, and helps people live
independently longer.

Chet Johnson Drug
715-268-8121 or https://www.chetjohnsondrug.com/
Amery, WI. Limited in-store supply, but will order in. Medicare Certified Provider for all
durable medical equipment except wheelchairs.

Center for Independent Living Western Wisconsin
800-228-3287 or https://cilww.com/
Menomonie, WI. Serves Polk County. Assistive technology loan and demonstration
program and keeps list of used equipment for sale.
Frederic Pharmacy (SCRMC)
715-327-4208 or https://www.scrmc.org/
Frederic, WI. Medicare Certified.

Handi Medical Supply
800-514-9979 or https://www.handimedical.com/
St. Paul, MN. Will provide mail-order supplies and equipment to Polk and Burnett Counties. Larger items (beds, wheelchairs, etc.) only delivered and serviced to southern Polk and Amery area. Medicare Certified.

Hope Gospel Mission Bargain Center and Building Center
715-839-9498 or https://www.hopegospelmission.org/
Eau Claire, WI. Used items for sale at discounted rate such as hospital beds, motorized wheelchairs, manual wheelchairs, etc. Call to check for availability of items.

Home Health Resources
715-268-9164 or https://www.ameryhomehealthresources.net/
Amery, WI. Medicare Certified.

Home Medical Products and Services
800-528-9969 or http://www.homeoxygen.com
Rice Lake, WI. Purchase and/or rent medical equipment. Medicare Certified.

J&B Medical
800-737-0045 or https://www.jandbmedical.com/
Incontinence supply provider for Medicaid recipients in WI. Medicare Certified.

Lincare (Respiratory/Oxygen supplies)
855-483-1927 or https://www.lincare.com/
St. Croix Falls, WI. Serves Burnett and Polk Counties. Medicare Certified.

Luck Pharmacy
715-472-2122 or https://luckpharmacyinc.business.site/
Luck, WI. Medicare Certified

North Country Independent Living
715-392-9118 or https://northcountryil.org/
Superior, WI. Burnett County. Assistive technology loan and demonstration program.

Siren Pharmacy
715-349-2221
Siren, WI. Products in store. Can order items not on hand. Not Medicare certified.

Stout Vocational Rehabilitation Institute
715-232-1410 or https://www.uwstout.edu
UW-Stout, Menomonie, WI. Wheelchair clinics offered once a month.
Travis Roy Foundation Quality of Life Grant

www.travisroyfoundation.org/

Vehicle and home modifications and adaptive equipment grants for spinal cord injury survivors with paraplegia and quadriplegia. Apply online or print an application.

Unity Clinic (SCRMC)
715-825-3278 or https://www.scrmc.org/
Balsam Lake, WI. Medicare Certified.

Wood River Pharmacy
715-463-2525 or https://woodriverpharmacy.com/
Grantsburg, WI. Medicare Certified

Yellow River Pharmacy
715-866-8644 or https://www.yellowriverpharmacy.com/
Webster, WI. Medicare Certified

Medication Management

Dose Health
844-300-6212 or www.dosehealth.com/
Smart phone compatible medication dispenser and medication reminder services.

Pharmacies

Balsam Lake Pharmacy
715-485-3374 or https://balsam-lake-pharmacy.business.site/
Balsam Lake, WI. Offers mailing and bubble packaging.

Chet Johnson Drug
715-268-8121 or https://www.chetjohnsondrug.com/
Amery, WI. Provides mailing and delivery services. Offer a variety of medication packaging options. Provides an opportunity to meet with a pharmacist for a comprehensive medication review.

Frederic Pharmacy (SCRMC)
715-327-4208 or https://www.scrmc.org/
Frederic, WI. Offers mailing and delivery.

Luck Pharmacy
715-472-2122 or https://luckpharmacyinc.business.site/
Luck, WI. Offers mailing and medication packaging.

Siren Pharmacy
715-349-2221
Siren, WI. Offers limited medication packaging for fee.
St. Croix Pharmacy (SCRMC)
715-483-0426 or https://www.scrmc.org/
St. Croix Falls, WI. Offers mailing and delivery.

Wood River Pharmacy
715-463-2525 or https://woodriverpharmacy.com/
Grantsburg, WI. Offers packaging of medications for individuals, group homes, retirement centers, and hospice. Offers free local delivery for your convenience.

Unity Pharmacy (SCRMC)
715-825-4498 or https://www.scrmc.org/
Balsam Lake, WI. Offers mailing and delivery.

Yellow River Pharmacy
715-866-8644 or https://www.yellowriverpharmacy.com/
Webster, WI. Offers mailing and medication packaging.

**Mental Health**

Amery Behavioral Health
715-268-8000 or https://www.healthpartners.com/
Includes Inpatient Short-Stay for adults, Outpatient Therapy and Counseling age 5+, Structure Outpatient Program (intensive group therapy program), and programs for Change (intensive outpatient program for people with alcohol and other substance abuse conditions). Referral from an Amery Hospital and Clinic provider required.

Burnett County Mental Health Crisis Line
888-636-6655 or https://www.burnettcounty.com/
State-certified emergency mental health services 24 hours a day 7 days a week.

Burnett County Health and Human Services
715-349-7600 or https://www.burnettcounty.com/
Provides high quality, community-based services.

Crisis Textline
Text: 741741 or visit www.crisistextline.org/
Free 24/7 support. Connect with a Crisis Counselor. Contact for emotional abuse, depression, anxiety, eating disorders, or any painful emotion or when you need support.

Institute on Aging Friendship Line
800-971-0016 or https://www.ioaging.org/services/friendship-line
Both a crisis intervention hotline and for non-emergency emotional support calls.

**Mental Health Task Force**
Polk County: www.mentalhealthpolk.org/ | Burnett County: www.healthyburnett.org/
Websites provides information and links to local resources.
National Alliance on Mental Illness of Polk County (NAMI)
namiconnectionspolkcounty@gmail.com
Centuria, WI. Monthly meetings at Joy Lutheran Church

National Alliance on Mental Illness of Wisconsin (NAMI)
800-236-2988 or https://namiwisc.org/
Madison, WI. Improve the quality of life of people affected by mental illness.

National Suicide Prevention Hotline
800-273-8255 or https://suicidepreventionlifeline.org/
Provides 24/7, free, and confidential support.

Polk County Community Services Division
715-485-8400 or https://www.polkcountycommunityservices.org/

Polk County 24-hour Mental Health and Substance Use Crisis Line
888-552-6642

Solstice Warmline
608-244-5077 or https://soarcms.org/programs/solstice-house
24/7 Warmline service for individuals with mental health and/or substance abuse issues.

St. Croix Tribal Mental Health/AODA
715-349-8554 x5264 or https://stcroixojibwe-nsn.gov

Trevor Project
866-488-7386 or https://www.thetrevorproject.org/
Suicide prevention crisis line for LGBTQ

Veterans Crisis Line
800-273-8255 press 1 or https://www.veteranscrisisline.net/
Suicide prevention crisis line for veterans and their families and friends to call.

Nursing Homes – Skilled Nursing Facilities
For options in paying for nursing home care, information on area nursing homes, or other options to nursing home placement, contact: ADRC of NW WI at 877-485-2372

<table>
<thead>
<tr>
<th>Christian Community Home</th>
<th>Continuing Care Center at Burnett Medical</th>
<th>Divine Rehabilitation and Nursing</th>
</tr>
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<tbody>
<tr>
<td>715-294-1100</td>
<td>715-463-5353</td>
<td>715-483-9815</td>
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<tr>
<td>cch-osceola.org/</td>
<td>burnettmedicalcenter.com</td>
<td>divinestcroix.com/</td>
</tr>
<tr>
<td>Osceola, WI</td>
<td>Grantsburg, WI</td>
<td>St. Croix Falls, WI</td>
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<tr>
<th>Frederic Nursing &amp; Rehab</th>
<th>Golden Age Manor</th>
<th>Maple Ridge Care Center</th>
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<tr>
<td>715-327-4297</td>
<td>715-268-7107</td>
<td>715-635-1415</td>
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<tr>
<td>atriumlivingcenters.com</td>
<td>goldenagemanor.com/</td>
<td>mapleridgecarecenter.org/</td>
</tr>
<tr>
<td>Frederic, WI</td>
<td>Amery, WI</td>
<td>Spooner, WI</td>
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</table>
**Personal Emergency Response Systems**

*Personal Emergency Response Systems allow individuals to call for assistance at the touch of a button. Button can be worn as a pendant or wristband.*

**CWS Cabin Watch**
715-483-0083 or [https://www.cws-security.com/](https://www.cws-security.com/)
St. Croix Falls, WI. Surveillance systems and personal emergency response-no med management dispensing systems.

**Dose Health**
844-300-6212 or [https://www.dosehealth.com/](https://www.dosehealth.com/)
Portable emergency response systems used inside and outside the home.

**FirstCall Medical Monitoring**
800-924-3407 or [https://www.scecnet.net/firstcall](https://www.scecnet.net/firstcall)
St. Croix Electric Cooperative, Hammond, WI. Emergency response system; landline and/or cellular phone; fall detection; leased equipment, and participants charged a monthly fee for service.

**Guardian Alert Plus 911/Logic Mark**
866-541-8387 or [https://www.logicmark.com/](https://www.logicmark.com/)
Personal emergency response system for veterans that requires no landline, no cell phone, and has no monthly fees. Provided free to eligible veterans through the VA. Lower private pay price for non-eligible veterans.

**Healthcom**
800-525-6237 or [https://www.healthcominc.com/](https://www.healthcominc.com/)
Remote & telehealth monitoring, personal emergency response systems, vitals monitoring, medication management, and fall detection/auto call options. Monthly fee.

**Home Medical**
800-528-9969 or [http://www.homeoxygen.com/](http://www.homeoxygen.com/)
Rice Lake, WI. Freedom Alert personal emergency response system. $299.95 for the whole system; no monthly fees.

**Life Assist USA**
Madison, WI. Serves Polk County: 888-860-8098
Grantsburg, WI. Serves Burnett and northern Polk County: 715-222-6370
In-home personal emergency response, GPS locator, fall detection/auto call options, and medication management dispensing systems available. [https://www.life-assist.com/](https://www.life-assist.com/)
LifeFone/Touching Hearts at Home
715-245-1944 or https://www.touchinghearts.com/
Personal emergency response system at home, on the go (with 3G cellular), fall detection/auto call options; different package options ranging in price $24.95-$46.95/month. No activation or equipment fees. Serves southern Polk County.

Philips Lifeline
800-368-2925 or https://www.lifeline.philips.com
St. Croix Falls, WI. Mobile and in home personal emergency response, fall detection/auto call options, locator, and medication management dispensing system.

Stealth Optimum Security
715-483-3900 or https://www.stealth-security.com/
St. Croix Falls, WI. Serves Polk and Burnett Counties. Security systems, surveillance systems, personal emergency response, motion detectors, fall detection/auto call options, and medication reminder system (no medication dispensing system).

Safe Living Technologies/VRI
800-860-4230 or https://vricares.com/
Does not require a landline for service. Personal emergency response system, fall detection/auto call options, med adherence systems, and remote patient vital signs monitoring and nurse triage services available. 24/7 customer care and call center.

Symphony™ medical alert system from CVS Health®
www.cvs.com/content/symphony
Monitor their well-being, even when you can't be there. Help them be more independent and enhance your peace of mind by supporting their safety. 24/7 emergency response monitoring. A Symphony device bundle and a monthly subscription are required to use Symphony. HAS/FSA Eligible.

Project Lifesaver
Polk County Sheriff: 715-485-8300  |  Burnett County Sheriff: 715-349-2121
Project Lifesaver is a public safety program designed to protect and locate missing persons due to wandering. Families can enroll at risk individuals in this program and purchase a receiver in which the at-risk individual wears.

Representative Payee Services
A representative payee is a person, agency, or institution selected to manage your benefits when it's determined you are unable to do so or direct others to do it for you.

<table>
<thead>
<tr>
<th>House Calls of Menomonie, Inc.</th>
<th>Lutheran Social Services of WI and Upper MI, Inc.</th>
<th>Payee Services, Inc.</th>
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</thead>
<tbody>
<tr>
<td>715-232-6475</td>
<td>715-394-4173</td>
<td>715-233-0203</td>
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<td>housecallsinc.org/</td>
<td>lsswis.org/</td>
<td>payeeservicesinc.com</td>
</tr>
<tr>
<td>Menomonie, WI</td>
<td>Superior, WI</td>
<td>Menomonie, WI</td>
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</tbody>
</table>
**Respite Care**

Options can include daybreak services, facility-based care, or in-home respite care.

**Adult Day Care/Respite**
715-463-5353 or [https://www.burnettmedicalcenter.com](https://www.burnettmedicalcenter.com)
Continuing Care Center at Burnett Medical Center. In facility respite care services only.

**American Parkinson Disease Association-WI Chapter**
608-345-7938 or [https://www.apdaparkinson.org/community/wisconsin/](https://www.apdaparkinson.org/community/wisconsin/)
Respite program for Parkinson patients provides a $500/yr stipend to Parkinson patients. No financial requirements but can't be receiving any other funded or subsidized respite care services.

**Amery Assisted Living and Memory Care**
715-268-4800 or [https://amerymemorycare.com/](https://amerymemorycare.com/)
Amery, WI. Facility based respite care for 28 consecutive days or less.

**Community Homestead**
715-294-3038 or [https://www.communityhomestead.org/](https://www.communityhomestead.org/)
Osceola, WI. Day program for individuals with disabilities to learn skill development, decision making, social growth, and responsibility. Must be able to care for their basic needs. $25/half day. Transportation accommodated on a case-by-case basis.

**Day Friends Memory Care at Endeavors**
715-485-8762 or [https://www.endeavorsadc.org/](https://www.endeavorsadc.org/)
Respite for individuals with dementia in Balsam Lake, WI. Transportation available.

**Happy Day Club**
715-416-2942 or [https://happydayclub.godaddysites.com/](https://happydayclub.godaddysites.com/)
Day respite care program for individuals with dementia located in Spooner, WI

**IHC Support Services LLC**
866-452-3875 or [https://ihcsupportservices.net/](https://ihcsupportservices.net/)
Offers in home respite services for elderly and handicapped.

**Interfaith Caregivers of Polk County**
715-825-9500 or [https://www.interfaithpolk.org/](https://www.interfaithpolk.org/)
St. Croix Falls, WI. No Hands-on Personal Care.
Respite Care Association of Wisconsin
608-222-2033 or https://respitecarewi.org/
Madison, WI. Caregiver Respite Grant Program to help with respite care needs.

Senior Centers
Provide recreation activities for older adults. Listed alphabetically, by city:

<table>
<thead>
<tr>
<th>City</th>
<th>Phone</th>
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<th>Phone</th>
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<tr>
<td>A&amp;H Area</td>
<td>715-635-7199</td>
<td>Amery</td>
<td>715-268-6605</td>
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<tr>
<td>Grantsburg</td>
<td>715-463-2940</td>
<td>Luck</td>
<td>715-472-8286</td>
</tr>
<tr>
<td>Osceola</td>
<td>715-294-4566</td>
<td>Siren</td>
<td>715-349-7810</td>
</tr>
<tr>
<td>Webster</td>
<td>715-866-5300</td>
<td>St. Croix Falls</td>
<td>715-755-3364</td>
</tr>
</tbody>
</table>

Social Security & SSI
For information about Social Security, Medicare or Supplement Security Income (SSI)
ADRC of Northwest WI
877-485-2372
Disability Benefit Specialist and Elder Benefit Specialist.

Social Security Administration https://www.ssa.gov/
Eau Claire: 866-815-2924 | Rice Lake: 888-823-3923 | Superior: 877-628-6578

Wisconsin SSI Office
800-362-3002 or https://www.dhs.wisconsin.gov/ssi/links.htm
Madison, WI. Used for Forward Health member services as well. Please listen to options and choose SSI when offered.

Support Groups
Addiction Meetings

Alcoholics Anonymous
715-931-8262 or www.area74.org/
District 23 of the NW Wisconsin/UP AA. Covers Polk and Burnett Counties. Call for meeting locations, times and contacts. Meetings offered in several communities.

Gambler's Anonymous Area 8A Minnesota
855-222-5542 or www.minnesotaGA.com
Serves and provides information about meetings available in Northwest Wisconsin.

Narcotics Anonymous
www.na.org/. Visit the na.org website to find a local meeting.
New Beginnings Alano Club
715-349-2588
Siren, WI. Hosts AA and NA group meetings

Wisconsin Council on Problem Gambling
800-426-2535 or https://wi-problemgamblers.org/
Green Bay, WI. 24-hour Helpline provides information for gamblers, family members, and friends, or employers of gamblers who have difficulties because of their gambling.

Alzheimer’s and Caregivers
*See Alzheimer’s Disease, Dementia & Memory Loss

Brain Injury
Traumatic Brain Injury Support Group
715-327-4474 or https://biaw.org/
Welcomes members from Polk, Burnett, and surrounding areas.

Cancer
Cancer Support Group
715-243-2800 or http://cc-ww.org/
Held at St Croix Regional Medical Center the last Tuesday of every month 10am-11am; registration not required.

Caregivers
ADRC of Northwest Wisconsin
877-485-2372
Peace Lutheran Church in Dresser, WI or Grantsburg Public Library in Grantsburg, WI

Caregiver Teleconnection
866-390-6491 or www.wellmedcharitablefoundation.org/
Connects family caregivers with trusted professionals and other caregivers and provides education through one hour, free “tele-learning”sessions.

*See Alzheimer’s Disease, Dementia and Memory Loss

Cardiac
Amery Regional Medical Center
715-268-7191 or https://www.healthpartners.com/care/hospitals/amery/

Osceola Medical Center
715-294-1111 or https://www.myomc.org/

Chronic Pain
Chronic Pain Support Group
800-642-1336 or https://www.scrmc.org/
St. Croix Regional Medical Center
**Diabetes**
Amery Hospital and Clinic  

St Croix Regional Medical Center  
800-642-1336 or [https://www.scrmc.org/](https://www.scrmc.org/)

Burnett Medical Center  
715-463-5353 or [https://www.burnettmedicalcenter.com/](https://www.burnettmedicalcenter.com/)

**Down Syndrome**
Down Syndrome Association of WI  
866-327-3729 or [https://www.dswa.org/](https://www.dswa.org/)

**Grief**
American Childhood Cancer Organization  
[https://www.acco.org/](https://www.acco.org/)  
Offers resources, books, videos, kits, 24-hour peer support, local groups, finding hope, how to get involved, and how to advocate.

GriefShare  
[www.griefshare.org](http://www.griefshare.org)  
Offers weekly support groups around the world and locating group. Join at any time and attend as many meetings as you like.

New Life Christian Community Church  
715-417-1982 or [https://newlifechristiancommunity.org/griefshare-ministry/](https://newlifechristiancommunity.org/griefshare-ministry/)  
Dresser, WI

Regional Hospice Services  
715-635-9077 or [https://www.regionalhospice.org/](https://www.regionalhospice.org/)  
Spooner/Grantsburg area. Currently meeting through conference call.

St. Croix Regional Medical Center  
715-483-3261 x2016 or [https://www.scrmc.org/](https://www.scrmc.org/)  
Facilitated by Dr. Kevin Schumann.

**Hurts, Habits, and Hangups**

Women’s 12 Step Support Group  
715-566-1992  
Group meets every Tuesday at 10am at New Beginnings Alano Club in Siren and is for women with hurts, habits, and hang-ups.
NAMI of Wisconsin
800-236-2988 or https://namiwisconsin.org/
Madison, WI

Polk County Human Services
715-485-8400 or https://www.polkcountybehavioralhealthdept.org/

American Foundation for Suicide Prevention
www.afsp.org/ive-lost-someone

Northwoods MS Self Help Group
763-742-8572 or dianewhitcraft@gmail.com
2nd Tuesday of each month; 6:00-7:30 pm at Webster Public Library.

Superior MS Group
715-398-5043
2nd Tuesday of the month at North Country Independent Living Center. Superior, WI

MS Connection
218-391-6262 or www.nationalmssociety.org/
Online support groups, blogs, one-on-one peer support programs.

Northwest Wisconsin Ostomy Support Group
715-464-3866 or https://www.ostomy.org/

Parkinson’s Foundation Helpline
800-473-4636 or https://www.parkinson.org
Help people with PD, caregivers, and healthcare providers navigate every aspect of Parkinson’s, offer emotional support, share current information, and resources.

Wisconsin Parkinson’s Association
414-312-6990 or https://www.wiparkinson.org/
Provide support for patients who received the diagnosis of Parkinson disease.

AARP Tax Aide Program
888-227-7669 or https://www.aarp.org/money/taxes/aarp_taxaide/
Free tax help to primarily seniors but will help low-income adults needing assistance.
IRS Free File Software
https://www.irs.gov/
Free federal return filing online for individuals with adjusted gross income of $66,000 or less. Eligibility various with each company.

IRS Volunteer Income Tax Assistance
800-906-9887 or https://www.irs.gov/individuals/free-tax
Free tax help to people who make less than $57,000 annually, persons with disabilities, and limited English-speaking taxpayers who need assistance.

Wisconsin Housing and Economic Development Authority
800-755-7835 or www.wheda.com
A property tax deferral loan program to homeowners at least 65 years of age, have an income at or below $20,000, and lived in the unit for at least 6 months.

**Technology Assistance**

Aging Connected
877-745-1930 or www.agingconnected.org/
Partnering with telecommunications companies, nonprofits, and public entities to bring low-cost internet options to older adults nationwide.

Generations Online
www.generationsonline.org/apps
Download “Generations online” app on capable device. An interactive program that guides older adults with internet, email, and basic tools to get connected online.

Senior Planet
920-666-1959 or www.seniorplanet.org/
Hotline for answering technology questions. Free online events hosted by Senior Planet open to anyone 60+. Learn the basics of internet access, staying safe online, etc.

**Transportation**

Adaptive Experts
651-324-0791 or www.adaptiveexperts.com
Brooklyn Park, MN. Licensed Occupational/Physical therapy provides vehicle adaptations and behind-the-wheel driver evaluation, and training with the adaptation.
Mobility Works
715-438-4030 or https://www.mobilityworks.com/
Eau Claire, WI. New/used wheelchair accessible vehicles, vehicle adaptations, and accessible vehicle rental.

Travis Roy Foundation Quality of Life Grant
www.travisroyfoundation.org/
Vehicle and home modifications and adaptive equipment grants for spinal cord injury survivors with paraplegia and quadriplegia. Apply online or print an application at:

### Disabled Parking Permits/Applications

**Wisconsin Department of Motor Vehicles**
https://wisconsindot.gov/

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<tr>
<th>Service Type</th>
<th>Contact Information</th>
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<tr>
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<td>General Questions &amp; Concerns</td>
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### Driving Concerns

**AAA Senior Driver Safety & Mobility**
800-222-6424 or https://exchange.aaa.com/
Resources intended to help older drivers with driving evaluations and online course.

**AARP Driver Safety**
800-350-7025 or https://www.aarp.org/auto/driver-safety/
Free educational resources on vehicles, driving and alternative transportation.

### Lift-Equipped/WC Accessible Vans – Non-Emergency

**ADRC of Northwest WI Van**
877-485-2372
For shopping, errands, and socialization trips schedule by the ADRC of NW WI.

**Handi-Lift-Cumberland, WI**
800-989-7433
Transport ambulatory or wheelchair clients in safety and comfort.

**Heartland Transportation, LLC**
715-949-1313 or https://www.handsoninhomecare.com/
Any non-emergency transportation need.

**Endeavors**
715-554-2983 or https://www.endeavorsadc.org/
Balsam Lake, WI. No employment related transportation provided. Has a fleet of vehicles to provide transportation for program participants and Polk County residents.
Midwest Ridesource
715-796-7433 or https://www.midwestridesource.com/
Star Prairie, WI. Serving within a 30-mile radius providing stretcher, wheelchair, and ambulatory transportation for any transportation need.

**Medical Assistance (MA, Medicaid, BadgerCare) Transportation**

VEYO (Formerly MTM)
866-907-1493 or https://wi.ridewithveyo.com/
Provides rides to WI Medicaid and BadgerCare Plus covered health care appointments.

**Medical Appointment Transportation**

ADRC of Northwest Wisconsin
877-485-2372
Burnett and Polk County. Transportation fees do apply.

Burnett County Veterans Service Office
715-349-2179 or https://www.burnettcounty.com/285/Veteran-Services
Offers transportation for Burnett County Veterans to and from VA Medical Center in Minneapolis, MN. Riders must be ambulatory and give minimum of 3 days in advance.

Greater Minnesota Van Service
800-258-1210 or https://www.allinahealth.org/
Transportation to/from medical appointments at Abbott Northwestern and United Hospitals. Pick up at St. Croix Regional Medical Center and Burnett Medical Center-$60 round trip. Call 48-72 hours in advance for trip requests.

Midwest Ridesource
715-796-7433 or https://www.midwestridesource.com/
Star Prairie, WI. Serving within a 30-mile radius providing stretcher, wheelchair, and ambulatory transportation for any transportation need.

**Transportation for any Reason-Ambulatory Only**

Interfaith Caregivers of Burnett County
715-866-4970 or http://www.interfaithcaregiversburnettcountywis.org/
Volunteer drivers serve Burnett County older adults/people living with a disability.

Interfaith Caregivers of Polk County
715-483-8500 or https://www.interfaithpolk.org/
Volunteer Drivers serve Polk County older adults/people living with a disability. No employment related transportation provided.

New Freedom Volunteer Driver and Voucher Program
Polk County: 800-228-3287 or https://cilww.com/transportation-services/
Burnett County: 800-924-1220 or https://northcountryil.org/transportation-program/
Individuals on Family or IRIS from Polk and Burnett County: 800-228-3287
Volunteer Drivers serve residents with a barrier to providing own transportation.
Northwest Transportation Specialists
715-349-7021 or https://nwcgc.com/northwest-transportation-specialists/
Serves Siren, Amery, and Hayward surrounding areas. Provides non-emergency medical transportation throughout the state of Wisconsin.

**Tribal Programs and Services**

The St. Croix Chippewa Indians of Wisconsin offer various programs and services to tribal members.

### St. Croix Tribal Center
715-349-2195
24663 Angeline Avenue, Webster WI 54893
https://stcroixojibwe-nsn.gov/

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<td>Tribal Police Non-Emergency:</td>
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<td>Veteran Affairs</td>
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**Veteran’s Services**

Assistance to Needy Veterans Grants
Polk County: 715-485-9243 | Burnett County: 715-349-2179
https://dva.wi.gov/Pages/Home.aspx
Provides limited financial assistance to those in need and who have exhausted all other sources of aid.
Burnett County Veteran’s Service Office
715-349-2179 or https://www.burnettcounty.com/285/Veteran-Services

Comfort Keepers
715-381-6730 or https://www.comfortkeepers.com/
Up to 30 days of Respite Care each calendar year to qualifying Veterans. Respite day can be up to 6 hours. Can provide the Home Health Aid for these Respite Shifts.

Heat for Heroes
800-891-9276 or https://heat4heroes.org/
Assistance for heating costs, electric costs, and energy related crisis situations for Veterans. Must apply for Wisconsin Home Energy Assistance Program (WHEAP).

Guardian Alert Plus 911/Logic Mark
866-541-8387 or https://www.logicmark.com/product-page/guardianalert-911plus
Personal emergency response system for veterans that requires no landline, no cell phone, and has no monthly fees. Provided free to eligible veterans through the VA. Lower private pay price for non-eligible veterans.

Polk County Veteran’s Service Office
715-485-9243 or https://www.co.polk.wi.us/vso

Supportive Services Veterans Grant
Indianhead Community Action Agency  Veterans Assistance Foundation Inc.
715-866-8151 or www.indianheadcaa.org  866-823-8387 or www.vafvets.org/
Serves Burnett County  Serves Polk County
Grant provides 1st month’s rent and security deposit or 2 month’s back rent for Veterans who are homeless or soon to be evicted. Must provide DD 214 form.

Veterans Crisis Line
800-273-8255 press 1 or www.veteranscrisisline.net/ or text 838255.
Suicide prevention crisis line for veterans and their families and friends to call.

Veteran Outreach and Recovery Program
715-558-2557 or https://dva.wi.gov/Pages/benefitsclaims/VORP.aspx
Treatment and recovery support program for veterans who are homeless and have a behavioral health disorder. Outreach and Recovery Specialists (ORSs) work with the veterans to ensure they have stable housing, connect them to proper treatment, and follow-up to ensure that the treat is continual and effective.

Vision – Blind or Low Vision
Center for Independent Living Western Wisconsin
715-736-1800 or https://cilww.com/
Rice Lake, WI. Serves Polk County. Adaptive equipment to increase a person’s independence. CILWW staff also has knowledge of where to acquire equipment and any potential funding options that may be available.
Hadley Vision Resources
800-323-4238 or https://hadley.edu/
Winnetka, IL. Offers distance learning courses for adults with vision loss or blindness.

ICanConnect – WI
844-638-5800 or http://www.icanconnect.org/
Free communications technology designed for combined vision and hearing loss. Installation, training, and technical support are available. Based off of income.

Office for the Blind and Visually Impaired
888-879-0017 or https://www.dhs.wisconsin.gov/obvi/contact.htm
Madison, WI. Rehabilitation services are provided by the Office for the Blind and Visually Impaired (OBVI) to help individuals who are blind or visually impaired to achieve their own goals of independent living. OBVI staff visit individuals in their homes, conduct group trainings, and teach techniques and technologies for use in daily living (home management, personal care, Orientation & Mobility, and communications). Resources and referrals also provided.

North Country Independent Living
715-392-9118 or https://northcountryil.org/
Superior, WI. Serves Burnett County. Loan & Demo program with over 1,200 pieces of Assistive Technology for individuals with disabilities to try out. A variety of equipment is available vision aids, communication aids, signaling devices, magnifiers, amplified phones, adaptive recreation aids, and other devices for increasing independence.

National Federation of the Blind Newsline
866-504-7300 or https://nfb.org/
Free access to newspapers, magazines, and TV listings on the phone and on the web.

Sharper Vision Store
800-783-5213 or https://store.wcblind.org
Features hundreds of items for those with changing vision or blindness.

The Low Vision Store-Northern Wisconsin
800-871-8780 or https://thelowvisionstore.com/
St Paul, MN; Features hundreds of items for those with low vision or blindness.

Wisconsin Council of the Blind & Visually Impaired
800-783-5213 or https://wcblind.org/
Madison, WI office. Free white canes. Other services and resources available.

Wisconsin Talking Book & Braille Library
800-242-8822 or https://dpi.wi.gov/talkingbooks
Milwaukee, WI. Circulates audio books, brailed materials, and playback equipment. Provided free of charge via postage-free mail to where the resident is living.
Youth – Living with a Disability

Aging and Disability Resource Center
877-485-2372
Assists with the transition process of youth (17.5-year-old) living with a disability to adulthood. A single-entry point for information on issues affecting students regardless of income. Contact the ADRC at 17.5 years old for adult disabled status and programming.

Advocacy and Education
Polk/Burnett County Community on Transition (CCoT)
877-485-2372
A coalition of transition professionals, teachers, and related agencies facilitated by the ADRC of Northwest Wisconsin for awareness and local resources for youth in transition.

Wisconsin Kinship Navigator
www.dcf.wisconsin.gov/kinship/navigator
Online resource for relative caregivers of children to access information and resources.

Wisconsin Statewide Parent-Educator Initiative
833-879-7734 or https://wspei.org/
Family Engagement Liaisons work with parents, educators, and school districts to promote partnerships and provide support to families of children with special needs.

Wisconsin Transition Improvement Grant
608-921-1400 or https://witig.org/
Strengthen and accelerate the transition process in our Wisconsin schools

Decision Making Supports
Options for youth who will need assistance making decisions as an adult.

Adult Protective Services
Polk County: 715-485-8400 | Burnett County: 715-349-7600
Information and assistance with the guardianship process (estate and person).

Health and Wellness

Special Olympics of Wisconsin
608-222-1324 or https://www.specialolympics.org/
Year-round sports training and competition in a variety of Olympic-type sports for children and adults with cognitive disabilities; 8 years of age and older.

Long Term Care Programs (LTC Programs)
Medicaid waiver programs for individuals with disabilities who need services (supported employment, in home help, independent living skills training, etc.), with no other means to pay for them. Children’s LTC Waiver is for children birth to 18. Children/families on the Children’s Long Term Care Waiver program will be directly referred to the ADRC at 17.5 years of age to determine eligibility for adult long term care waiver programs.

Children’s Long Term Care Waiver
Polk County: 715-485-8400 | Burnett County: 715-349-7600
**Family Care/IRIS**

**ADRC of Northwest Wisconsin**
877-485-2372

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**Mental and Behavioral Health**

**Burnett County Mental Health Crisis Line**
888-636-6655 or [https://www.burnettcounty.com/176/Mental-Health-Crisis-Services](https://www.burnettcounty.com/176/Mental-Health-Crisis-Services)

**Crisis Textline**
[www.crisistextline.org/](http://www.crisistextline.org/)
Free 24/7 support. Text 741741 to connect with a Crisis Counselor. Contact for emotional abuse, depression, anxiety, eating disorders, or any painful emotion.

**Polk County Mental Health Crisis Line**
888-552-6642 or [https://www.polkcountybehavioralhealthdept.org/](https://www.polkcountybehavioralhealthdept.org/)

**Solstice Warmline**
608-244-5077 or [https://soarcms.org/programs/solstice-house](https://soarcms.org/programs/solstice-house)
24/7 Warmline service for individuals with mental health and/or substance abuse issues.

**TeenLine**
800-852-8336 or [https://www.teenline.org/](https://www.teenline.org/) or Text TEEN to 839863
Teen helping teens find support. Available daily by text 6-9 pm and by phone 6-10pm.

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**Vocational Training, Employment Supports, and Post-Secondary Supports**

*Vocational Rehabilitation professionals provide different levels of employment supports to help individuals with any disability secure and maintain employment in the community. Students should be connected to this service 2 years before graduation.*

**Division of Vocational Rehabilitation (DVR)**

Providing job services, training, and employment assistance to people looking for work and with employers on finding the necessary workers to fill current job openings. [https://dwd.wisconsin.gov/dvr/](https://dwd.wisconsin.gov/dvr/)

- **Hayward, WI office**
  - 877-387-3879
  - Serves Burnett County
- **Rice Lake, WI office**
  - 800-228-2587
  - Serves Polk County

**Employment Resources, INC.**
608-246-3444 or [https://eri-wi.org/](https://eri-wi.org/)
Provides benefits counseling and support, employment counseling, pre-driving training, and employer training for individuals with disabilities.

**Great Lakes Inter-Tribal Council Vocational Rehabilitation**
715-635-0967 or [https://www.glitc.org/](https://www.glitc.org/)
Deliver vocational support to eligible Native Americans with disabilities living in the service area that are sensitive to their individual cultural beliefs, strengths, resources, priorities, concerns, and abilities to engage in gainful employment.
Project Search-Rice Lake
715-720-2044 or https://projectsearchricelake.wordpress.com/
One school year long internship with on-the-job training and on-site classroom learning at Rice Lake Weighing Systems. For students in their last year of high school and young adults with intellectual disabilities between the ages of 18-24.

UW System Coordinators of Service for Students with Disabilities List
www.wisconsin.edu/disability-resources
Connect and research services provided at each UW College as youth are exploring post-secondary institutions/options.