

January 2022 Menu for All ADRC Dining Sites

Monday	Tuesday	Wednesday	Thursday	Friday
3 Hunter's Stew Boiled Potatoes Dill Carrots Warm Scalloped Apples Wheat Roll	4 Braised Country Style Ribs Baked Potato Buttered Peas Whole Wheat Bread Carrot Cake	5 All Meal Sites Closed	6 Oven Roasted Chicken w/Mushroom Gravy Whipped Potatoes Swiss chard Whole Wheat Bread Peach Cobbler	7 Pasta Bolognese Penne Pasta Peas Mandarin Oranges WW Breadstick
10 Roast Turkey & Gravy Mashed Potatoes Almond Green Beans Whole Wheat Bread Apple Cranberry Crisp	11 Swedish Meatballs Egg Noodles Roasted Parmesan Cauliflower Pumpkin Bars	12 All Meal Sites Closed	13 Cook's Choice	14 Roasted Pork Loin Apple Glaze Baked Potato Roasted Broccoli Whole Wheat Bread Peaches
17 Chicken Pot Pie w/Potatoes Peas & Carrots Garden Salad Pears	18 Herb Poached Salmon Grilled Asparagus Winter Squash Wheat Roll Frozen Berries	19 All Meal Sites Closed	20 Zesty Taco Bake Spanish Rice Roasted Corn & Black Bean Salsa Peaches	21 Meatball Marinara Spaghetti Caesar Salad Grapes
24 Lemon Thyme Cod w/Dill Sauce & Coleslaw Brown Rice Pilaf Green Peas Pineapple Chunks	25 Pulled BBQ Pork Potato Salad Whole Wheat Roll Baked Beans Honey Cornbread Apple Slices	26 All Meal Sites Closed	27 Lasagna Garlic Bread Romaine Salad Parmesan Peppercorn Dressing Mandarin Oranges	28 Hot Ham Sandwich Gravy Spit Pea Soup Greens Salad Fresh Raspberries
31 Cabbage Roll Casserole Brown Rice Green Beans Banana				

ADRC Elderly Nutrition Program: Menu subject to change without notice. Bread & milk offered with all meals. Please reserve your meals at least 24 hours in advance. A&H: 715-635-7199; Amery: 715-268-6818;

Grantsburg: 715-463-2940; Milltown: 715-825-5025; Siren: 715-349-2845; Webster: 715-866-5300. Meal sites are closed on Wednesdays unless otherwise specified.