

# **Volunteer with Us!**

We wouldn't be able to serve our community without our volunteers.

## Volunteer Opportunities:

Transportation Program Driver  
Meals on Wheels Driver  
Dining-Site Volunteer  
Health Promotion Workshops



# **CONTACT US**

**877-485-2372**  
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**adrcnwwi.org**

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100 Polk County Plaza, #60  
Balsam Lake, WI 54810

Burnett County Office  
7410 County Road K, #180  
Siren, WI 54872



**Connecting You  
with the  
Supports and  
Services You  
Need**

## What is an ADRC?

The Aging and Disability Resource Center provides the public with a welcoming office to contact for information and assistance on issues affecting older people and people with disabilities, regardless of income.

## Who Uses the ADRC?

- Older adults (60 or older)
- Adults with disabilities
- Youth with disabilities transitioning to adulthood
- Families, friends, and caregivers

## What Areas do you Serve?

The ADRC of Northwest WI serves Polk County, Burnett County, and The St. Croix Chippewa Indians of Wisconsin.

## Your One-Stop Shop for Information and Assistance!

## What Services Does the ADRC Provide?

### Information and Assistance Specialist:

Our specialists will listen to your concerns, assess your needs, help connect you to service providers.

### Transportation Program:

Providing non-emergency medical transportation to people with disabilities of all ages and people age 60+, who reside in Burnett and Polk Counties.

### Nutrition Program:

Group dining throughout Polk and Burnett Counties providing a nutritious meal. Meals on Wheels® are also offered for individuals that meet the criteria.

### Monthly Newsletter *The Voice*:

A monthly newsletter with useful information about updates in the community and additional resources. You can get *The Voice* mailed right to your door for just \$5 a year.

### Benefit Specialists:

Explore private and/or government benefit options. Benefit Specialists provide information & assistance, education, and advocacy for a variety of programs.

### Dementia Care Specialist:

Serving all who are impacted by Dementia. The DCS provides support from the start of Dementia for individuals, family members, and the community.

### Health Promotion Workshops:

These programs are designed to help you live a healthier lifestyle, learn to manage stress, learn to stay strong to prevent life-changing falls and show caregivers ways to better balance their life with the added role of a family caregiver.