



HEALTHY LIVING WITH DIABETES

A free workshop designed to help adults with Type 2 diabetes learn skills and increase their confidence to manage their diabetes. People with pre-diabetes, Type 1, or caregivers are welcome to join!



October 20th–November 24th

Every Wednesday

10 am–12:30 pm

Frederic Public Library

127 Oak St E, Frederic, WI 54837

ADRC of NW WI

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