

# September 2021 Menu for All ADRC Dining Sites

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> All Meal Sites Closed	<b>2</b> Braised Country Style Ribs Baked Potato Buttered Peas Whole Wheat Bread Carrot Cake	<b>3</b> Chef Salad - Dark Greens Turkey and Ham Tomatoes, Cucumbers, Carrots, Cheese, Hard Boiled Egg Mango chunks
<b>6</b> Meal Sites Closed due to Holiday  <b>Labor Day</b>	<b>7</b> Turkey & Swiss Whole Wheat Bread Cranberry Mayo Red Potato Herb Salad Plum	<b>8</b> Meal Sites Open due to Holiday  Cook's Choice	<b>9</b> Garlic Ginger Pork Loin Asian Noodles Broccoli Warm Scalloped Apples Whole Wheat Roll	<b>10</b> Hearty Sausage & Summer Squash Stew Great Northern Beans Pear Whole Wheat Bread
<b>13</b> Pesto Chicken Salad Whole Wheat Wrap Marinated Spring Vegetables Mandarin Oranges	<b>14</b> Roasted Pork Loin Apple Glaze Baked Potato Roasted Broccoli Whole Wheat Bread Peaches	<b>15</b> All Meal Sites Closed	<b>16</b> Swedish Meatballs Egg Noodles Roasted Parmesan Cauliflower Mandarin Oranges Pumpkin Bars	<b>17</b> Lemon Thyme Cod w/Dill Sauce & Coleslaw Brown Rice Pilaf Green Beans Pineapple Chunks
<b>20</b> Cobb Salad Whole Wheat Bread Fresh Pineapple	<b>21</b> Chicken Pot Pie w/Potatoes Peas & Carrots Garden Salad Pears	<b>22</b> All Meal Sites Closed	<b>23</b> Cook's Choice	<b>24</b> Herb Poached Salmon Grilled Asparagus Summer Squash Wheat Roll Fresh Berries
<b>27</b> Granny Apple Tuna Salad on Whole Wheat Bread Dill Cucumber Salad Melon	<b>28</b> Zesty Taco Bake Spanish Rice Roasted Corn & Black Bean Salsa Peaches	<b>29</b> All Meal Sites Closed	<b>30</b> Roasted Pork Loin w/Mustard Sauce Roasted Potatoes Glazed Carrots Whole Wheat Bread Lemon Bar	

**ADRC Elderly Nutrition Program:** Menu subject to change without notice. Bread & milk offered with all meals. Please reserve your meals at least 24 hours in advance. A&H: 715-635-7199; Amery: 715-268-6818;

Grantsburg: 715-463-2940; Milltown: 715-825-5025; Siren: 715-349-2845; Webster: 715-866-5300. Meal sites are closed on Wednesdays unless otherwise specified.