

# **Dementia Education**

## *Presentations and Workshops*

Are you coordinating an event? Interested in hosting more educational opportunities at your facility? Below is a list of some of the dementia education presentations, screenings and workshops we, at the ADRC, can provide in partnership with your organization! If you see a topic of interest to your organization or community group, please do not hesitate to contact the ADRC at 877-485-2372. Together we can increase awareness around dementia and provide our communities more opportunities to learn!

### **Dementia Friendly Training**

Make sure your business or organization is dementia aware, safe, and welcoming

#### **Dementia Live®**

Get a glimpse of what it is like to have Dementia through this dementia simulation experience.

#### **Memory Screens**

Short screen that helps detect possible changes in memory or cognition.

#### **Dementia Friends**

Join the global movement and learn about what YOU can do to be a friend to someone with dementia

#### **DICE Approach**

Multi session workshop for family caregivers who want to learn more about managing difficult dementia related behaviors and situations.

#### **Dementia 101**

What is dementia? How does it progress? What can we do to prepare for the future?

### **Early Detection and Diagnosis**

Learn the early warning signs of dementia, why it's so important to get evaluated right away, and how to go about getting a diagnosis.

#### **Boost Your brain and Memory**

7 week workshop covering all areas of brain health and what YOU can do to keep your brain healthy and sharp.

#### **Dealing with Dementia**

Multi session workshop for dementia family caregivers who would like good overview and thorough guidebook of all the information they may need along the dementia caregiving journey.

#### **Book Clubs**

There are a number of really great books, fiction and non-fiction, about dementia. Lets read one and have a discussion!

Other presentation topics could include: safety and dementia, communication, behavior, brain health and prevention, dementia caregiver tips, resources, ect. Have an idea? Give us a call!



**Call the ADRC at 877-485-2372 to coordinate a presentation today!**