



Virtual Dementia Education Programs

Serving Northwest Wisconsin

April 2021

Ambiguous Loss and Grief in Dementia

Gain a better understanding how loss and grief can affect you and your loved with dementia.

Friday, April 16th, 1-2pm; Trisha Witham, www.adrconnections.org or 715-537-6225

Six Pillars of Caregiver Wellness

Caregivers often lose focus on the importance of caring for their own health. Learn ways to boost your health despite the busy schedule and additional caregiving responsibilities.

Thursday, April 29th, 3-4:30pm; Trisha Witham, www.adrconnections.org or 715-537-6225

Dementia 101

Basics of dementia, common signs and symptoms, and stages of change.

Wednesday, April 7th, 11-12pm; Trisha Witham, www.adrconnections.org or 715-537-6225

Dementia Friends Info. Session

Learn the basics about dementia and what YOU can do to help someone with dementia in YOUR community.

- Friday, April 7th, 12-1pm; Natalie Schmaltz, nataliedementia.care@outlook.com
- Tuesday, April 13th, 5-6pm; Trisha Witham, www.adrconnections.org 715-537-6225
- Tuesday, April 20th, 2-3pm; Carla Berscheit, 715-944-3809

Ask a Dementia Care Specialist

Get your questions answered about dementia and caring for someone with dementia!

- ⇒ Monday, April 19th, 10-11:30am
Lisa Wells/Carla Berscheit, www.adrcevents.org, 715-839-4735
- ⇒ Wednesday, April 12th, 12-1pm
Natalie Schmaltz, nataliedementia.care@outlook.com

Dementia Live Virtual Experience

Get a glimpse of what it feels like to have dementia.

Wednesday, April 14th, 5-6pm; Carrie Myers, cmyers@burnettcounty.org or 877-485-2372

Memory Café Time Traveler Series

Social time for caregivers and individuals with early stage dementia.

Tuesday, April 13th, 10-11:30am; Lisa Wells/Carla Berscheit, www.adrcevents.org or 715-839-4735

Boost Your Brain & Memory (7 weeks)

Learn what YOU can do to keep your brain healthy and sharp.

Wednesdays, 1-2pm, April 7th-May 26th
Amy Luther, amy.luther@co.pierce.wi.us or 715-273-6780

Powerful Tools for Caregivers

6 week workshop focused on the health and wellbeing of the family caregiver

- Mondays, April 19th-May 24th, 1-3pm
Carrie Myers, cmyers@burnettcounty.org 877-485-2372
- Mondays, April 19th-May 24th, 10-11:30am
Kim Bauer, Kimberly.bauer@sccwi.gov 715-381-4411

Dealing with Dementia

Go through and receive the ultimate guide to caring for a loved one with dementia!

Wednesday April 28th and Friday, April 30th, 9-11am;
Carrie Myers, cmyers@burnettcounty.org, 877-485-2372

Pre-registration is required for all virtual programs. Please contact the name listed for each event to register.