



Virtual Dementia Education Programs

Serving Northwest Wisconsin

March 2021

The Three A's: Anger, Agitation, and Anxiety

Learn about these three common dementia related behaviors, what they often mean, how to help your loved when they are experiencing them, and ideas for preventing or minimizing the occurrence of these behaviors.

Monday, March 1st, 5-6pm

Carrie Myers, cmyers@burnettcounty.org

877-485-2372

Dementia 101

Basics of dementia, common signs and symptoms, and stages of change.

Monday, March 16th, 6-7pm

Trisha Witham, www.adrconnections.org

715-537-6225

Dementia Friends Info. Session

Learn the basics about dementia and what YOU can do to help someone with dementia in YOUR community.

⇒ Tuesday, March 16th, 10-11am

Amy Luther, 715-273-6780 or

Amy.luther@co.pierce.wi.us

⇒ Monday, March 22nd, 12-1pm

Natalie Schmatz, nataliedementia-care@outlook.com

The DICE Approach

Dementia related behaviors are often a form of communication—learn how to decode these messages to meet your loved one's needs and prevent or minimize the behavior

Wednesdays, March 10th, 17th and 24th, 1-2pm

Trisha, Witham, www.adrconnections.org

715-537-6225

Ask a Dementia Care Specialist

Get your questions answered about dementia and caring for someone with dementia!

⇒ Monday, March 8th, 10-11:30am

Lisa Wells/Carla Berscheit, www.adrcevents.org,

715-839-4735

⇒ Wednesday, March 24th, 12-1pm

Natalie Schmatz, nataliedementia-care@outlook.com

Dementia Live Virtual Experience

Get a glimpse of what it feels like to have dementia.

Thursday, March 18th, 6-7pm

Trisha, Witham, www.adrconnections.org

715-537-6225

Memory Café Time Traveler Series

Social time for caregivers and individuals with early stage dementia.

2nd Tuesday of the Month, February - May

10:00 - 11:30 am

Lisa Wells/Carla Berscheit, www.adrcevents.org

715-839-4735

Boost Your Brain & Memory (7 weeks)

Learn what YOU can do to keep your brain healthy and sharp.

Mondays, March 8th to April 19th, 1-2pm

Lisa Wells, www.adrcevents.org 715-839-4735

Pre-registration is required for all virtual programs. Please contact the name listed for each event to register.

Coordinated by the Dementia Care Specialists serving the following counties: Ashland, Barron, Bayfield, Buffalo, Burnett, Chippewa, Douglas, Dunn, Eau Claire, Iron, Pepin, Polk, Price, Rusk, Sawyer, St Croix, Trempealeau, and Washburn.