

St. Croix Nutrition sites

October 2020

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken Ala King over rice Mixed vegetables WW Dinner Roll Apple Crisp	2 Pulled Pork on Bun Oven roasted potatoes Fruit Cookie
5 Sloppy Joes Scalloped Corn Peaches Cake	6 Au Gratin Potatoes w/ ham Green Beans WW Dinner Roll	7 Roast Turkey Mashed w/ Gravy Cooked Carrots Banana Bread	8 Chicken Rice hot dish Broccoli Biscuits	9 Tuna Salad Sandwich on bun Potato Chips Fruit Cookie
12 Chili Cheese tots Garlic Bread Oatmeal Raisin cookie bare	13 Egg salad on bun California blend vegetable Lemon cake	14 Roast Pork w/ stuffing Squash Zucchini Bread	15 Smoked Sausage Mashed w/ Gravy Corn Cheesy bread	16 Spaghetti Bake Green beans Dinner roll Cookie bar
19 Indigenous Day Site closed	20 Ham and Cheese sandwich Tossed salad Potato chips Cookie	21 Meatloaf Mashed/w gravy Mixed veg WW dinner roll cake	22 Chicken"N' noodles Cooked Carrots Fruit	23 Rueben hot dish Green beans Dinner roll Velvet pear jello
26 Hamburger Gravy over Mashed potatoes Mixed vegetables dessert	27 Pork Burger on bun Salad Applesauce	28 Egg Bake w/ potatoes cheese and sausage Fruit Sweet roll	29 Baked Chicken Pasta Salad Beans cookie	30 White chicken chili Tortilla chips Salsa Chocolate cake