

ADRC Dining Sites:

A&H Senior Center

28315 County Rd. H,
Webster

715-635-7199

Serving Time:
12pm

Amery

Congregational Church

201 Harriman Ave N
715-268-6818

Serving Time:
11:30am

Grantsburg Senior Center

118 Madison Ave W
715-463-2940

Serving Time:
11:45am

Milltown

Community Center

301 2nd Ave SW

715-825-5025

Serving Time:
11:30am

Siren Senior Center

23943 State Road 35

715-349-2845

Serving Time:
11:30am

Webster Senior Center

7421 W. Apple St
715-866-5300

Serving Time:
11:30am



St Croix Tribal Elder Dining Program:

Group dining (and home delivered meals for homebound) open to tribal elders 55+ and non-tribal members 60+. Meals are served Monday-Friday. Please RSVP to the nutrition site at least 1 day in advance. Donations are accepted but not required.

Danbury Nutrition Site

7530 Riversmeet Rd.
715-656-3227

Serving Time:
11:30-12:00pm

Sand Lake Nutrition Site

4460 Highway 70,
Webster

715-349-2849
Serving Time:
12-12:30pm



BALSAM LAKE OFFICE (Polk County)

100 Polk County Plaza Suite 60
Balsam Lake, WI 54810

Local phone: 715-485-8449

Fax: 715-485-8460

SIREN OFFICE (Burnett County)

7410 County Road K, #180
Siren, WI 54872

Local phone: 715-349-2100

Fax: 715-349-8644

877-485-2372

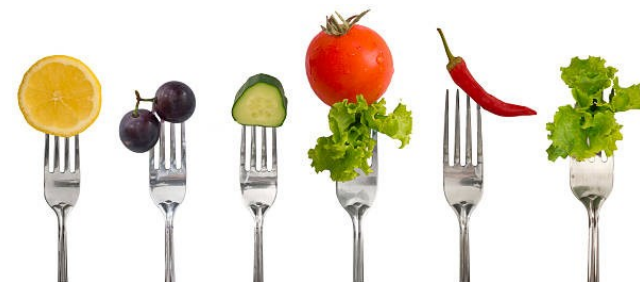
adrc@co.polk.wi.us
adrcnwwi.org

We offer the following at each office location:

- Office appointments
- Telephone consultation
- Home visits for people who aren't able to come in to the office
- Flexible appointment scheduling

ADRC Nutrition Program

A fresh start to nutrition.



*ADRC Dining Program and
Meals on Wheels® of
Northwest Wisconsin*

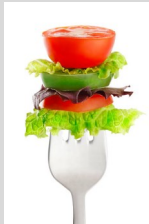
*Providing nourishing meals,
companionship and connections to
services that promote independent living*



**MEALS ON WHEELS
AMERICA 2019 MEMBER**

ADRC Nutrition Program

The ADRC of Northwest Wisconsin Nutrition Program includes the ADRC Dining Program and Meals on Wheels® of Northwest Wisconsin.



The goal of the ADRC Nutrition Program is to promote a healthy lifestyle by providing nourishing meals, companionship and connections to services that promote independent living. It is funded through Older Americans Act (OAA) funds, state and county funds, private contributions and participant payments/donations.

The ADRC Nutrition Program is open to people of all ages but is a donation based program for individuals 60 years of age and older. Participants who are 60+ are encouraged to contribute an amount they can afford. **No one (60+)** is ever denied services because of inability to donate the suggested amount.

Cost/Suggested Donation:

General Public: \$10 charge per meal
Individuals 60+: \$4 Suggested Donation per meal

Nutrition Education: A registered dietician is available through the ADRC for participants who might be nutritionally at risk or have nutrition related concerns.

Services may include:

- Nutrition Education and Counseling
- On-going monitoring of nutritional needs
- Information and referral for additional services that may be needed.



Meals on Wheels® of Northwest Wisconsin

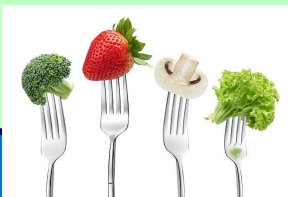
Meals are delivered to individuals who are unable to attend the dining sites and who meet the homebound eligibility criteria.

Eligibility criteria for Meals on Wheels®:

- Age 60 or older who is frail; essentially homebound by reason of illness, disability, or isolation; and has no one to prepare a meal for them. Individuals who are under 60 and are homebound can receive meals but will be required to pay the \$10 charge per meal.
- A spouse of a person eligible for Meals on Wheels® regardless of age or condition, if the assessment concludes that this is in the best interest of the homebound older individual.
- A disabled individual who resides with an eligible individual.

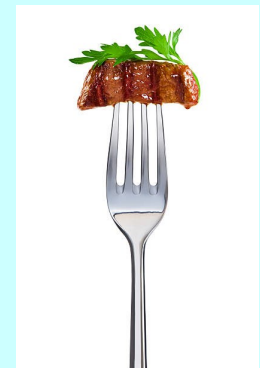
Meals are delivered Monday, Tuesday, Thursday and Friday by volunteers. Frozen meals are available for Wednesday and weekends upon request.

How do I get started? Contact the ADRC of Northwest Wisconsin at 877-485-2372.



ADRC Dining Program

Group dining is offered at six dining sites throughout Polk and Burnett Counties. This program provides a nutritious meal and an opportunity to dine and socialize with peers and friends.



All are welcome to enjoy the delicious meals and friendly atmosphere at the dining sites. Please see cost/donation structure under ADRC Nutrition program.

In addition to getting a delicious meal, each site provides opportunities to meet new people, renew old friendships and keep current on programs and issues relating to seniors.

The meal is served on Monday, Tuesday, Thursday and Friday. The menu is available at each meal site and is published in The Voice each month and on the ADRC of Northwest Wisconsin website at www.adrcnwwi.org/dining.htm.

How do I get started? Contact your local dining site (or where you plan to dine) to make your meal reservation at least 24 hours in advance. If a dining site staff member is not available please leave a message.