



# Lending Library



Check out the resources available in the ADRC of NW WI Lending Library. These resources are available for all who are affected in some way by dementia, memory loss and/or Alzheimer's disease—professionals, family, family caregivers as well as the individuals themselves.

## Resources Available Include:

*I feel so alone.*

- *Free booklets from the National Institute on Aging*
- *Tepa Snow DVD's*
- *Moving a Relative with Memory Loss*
- *Dignified Life: The Best Friends Approach to Alzheimer's Care*
- *Learning to Speak Alzheimer's*
- *Mayo Clinic on Alzheimer's Disease*
- *Palliative Care for Advanced Alzheimer's and Dementia*
- *Still Alice*
- *Counseling the Alzheimer's Caregiver*
- *The 36 Hour Day*
- *The Caregiver Helpbook*
- *Understanding Difficult Behaviors*

*Lending Library resources are available at each office location and can be borrowed for free or purchased at a discounted rate. If you are looking for a specific resource please contact the ADRC to ensure the resource is in stock.*

*How do I make my home "dementia friendly" for my dad.*



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