

Meal Sites

Congregate Dining is offered at the following locations:

A&H Area: A&H Senior Center
28315 County Rd. H; Webster
715-635-7199

Amery: Congregational Church
201 Harriman Ave N; Amery
715-268-6818

Grantsburg: Grantsburg Senior Center
118 Madison Ave W; Grantsburg
715-463-2940

Milltown: Milltown Community Center
301 2nd Ave SW, Milltown
715-825-5025

Siren: Siren Senior Center
23943 State Road 35, Siren
715-349-2845

Webster: Webster Senior Center
7421 W. Apple St; Webster
715-866-5300

Senior Dining



Fellowship, Food & Fun




Serving Polk & Burnett Counties
And the
St Croix Chippewa Indians of Wisconsin
877-485-2372 | www.adrcnwwi.org

TOLL FREE
877-485-2372

Email
adrc@co.polk.wi.us

Web
www.adrcnwwi.org



***Elderly Nutrition
Program***
Fellowship, Food  Fun

*Provides nourishing meals,
companionship and connections
to services that promote
independent living*

General Information

The ADRC of Northwest Wisconsin Elderly Nutrition Program is available to **ALL** seniors 60 years of age or older and their spouses, regardless of age.

The goals of the Elderly Nutrition Program promote a healthy lifestyle through good nutrition and assist in expanding social opportunities.

The Elderly Nutrition Program is funded with Older Americans Act (OAA) funds, State and County Funds, private contributions and participant donations.

Participant donations are requested toward the cost of the meal provided. All are encouraged to contribute an amount they can afford. ***No one is ever denied services because of inability to donate suggested amount.***

**Suggested Donation Per Meal:
\$4.00**

Home Delivered Meals

Home Delivered Meals are provided to individuals who are unable to attend the dining sites and who meet the home-bound eligibility requirements.

Eligibility Criteria for Home Delivered Meals:

- Age 60 or older who is frail, essentially homebound by reason of illness, disability, or isolation and has no one to prepare a meal for them.
- A spouse of a person eligible for HDM's regardless of age or condition, if the assessment concludes that this is in the best interest of the homebound older individual.
- A disabled individual who resides at home with an eligible individual.
- Frozen meals are available for Wednesday and weekends.

Congregate Dining

Congregate Dining is offered at seven dining locations. Congregate dining provides a nutrition meal and an important change to socialize with peers and friends.

Persons age 60 and older of all income levels are welcome to enjoy the delicious meals and friendly atmosphere at the dining rooms.

In addition to getting a delicious meal, each site provides opportunities to meet new people, renew old friendships and keep current on

programs and issues relating to seniors.

Please contact your local meal site to make your reservation. 24 hour notice is required. All meal sites are closed on Wednesday and holidays. Please leave a message at the site if staff is not available to answer the phone.

Nutrition Education

A registered dietician is available through the ADRC for participants found to be at nutritional risk or have nutrition related concerns. Services may include:

- Nutrition Education and Counseling
- On-going monitoring of nutritional needs
- Information and referral for additional services that may be needed.

Meals are available Monday, Tuesday, Thursday & Friday. All sites are closed on Wednesdays and Holidays.