

# Opportunities...

That support groups give!

- Become a part of a supportive community
- Have the opportunity to talk and share
- Provide a chance to learn more about care-giving situations and services provided
- Learn how others cope with similar situations
- Provides a place to meet new people
  - Take a break from care-giving
  - Have a chance to ask questions and receive support



Balsam Lake Office  
100 Polk County Plaza, Ste 60  
Balsam Lake, WI 54810  
Local Phone: 715-485-8449  
Fax: 715-485-8460

Siren Office  
7410 County Road K, #180  
Siren, WI 54872  
Local Phone: 715-349-2100  
Fax: 715-349-8644

**Toll Free: 877-485-2372**  
General email: [adrc@co.polk.wi.us](mailto:adrc@co.polk.wi.us)  
Web address: [adrcnwwi.org](http://adrcnwwi.org)



Serving Polk and Burnett Counties and the St.  
Croix Chippewa Indians

# Caregiver Support Group



[www.adrcnwwi.org](http://www.adrcnwwi.org)  
877-485-2372

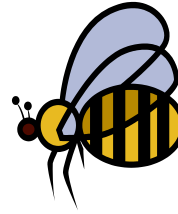
## Meet the Facilitators...

Barb Engelhart, Dementia Care Specialist with the ADRC of Northwest Wisconsin and Karen Fossum, Registered Nurse and Parish Nurse, co-facilitate this support group for caregivers.

Please come and share your experiences, cares, and concerns with those that are experiencing similar situations. Know that you are not alone in your situation and there is help.



## Be Apart of the Group...



**Where:**  
**Peace Lutheran Church**  
**2355 Clark Road**  
**Dresser, WI**

**When:**  
**Third Tuesday**  
**of every month**

**Time:**  
**2:00 p.m.**

Light refreshments will be served

Please RSVP and/or to discuss respite options by calling Barb Engelhart at 877-485-2372

## Your Privacy

Conversations within our support groups often include personal matters like how a family is reacting, financial concerns, or medical conditions.

All conversations had within this support group are confidential, What is said within the group, stays within the group.

