

ADRC Elderly Nutrition Program Menu November 2018

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| | | | 1 Meatloaf Mashed potatoes with gravy Cooked carrots Buttered bread Cook's choice fruit | 2 All meal sites closed for the Fall All Staff Training |
| 5 Hearty potato soup Whole wheat bread and butter Whipped gelatin fruit salad | 6 Liver and onions Scalloped potatoes Mixed vegetables Buttered bread Cook's choice fruit | 7 Meal sites closed. | 8 BBQ pork ribs Potato sticks Squash Bread and butter Cook's choice fruit | 9 Burnett County Meal Sites closed. For Veterans Day Chicken Ala King with vegetables Biscuit Cook's choice fruit |
| 12 Polk County meal sites closed for Veterans Day!. Lasagna and garlic bread Tossed salad with dressing Brussel sprouts Banana fudge parfait | 13 Cook's choice | 14 Meal sites closed | 15 Pork chow mein Rice Chinese noodles Oriental vegetable Mandarin oranges | 16 Baked fish Baked potato Sour cream Prince charles vegetables Bread and butter Cook's choice fruit |
| 19 Tater tot hotdish with vegetables Whole wheat bread Cook's choice fruit | 20 Turkey roast Gravy Mashed potato Stuffing Green beans Bread and butter Pumpkin pie | 21 Meal sites closed | 22 Meals sites closed. Happy Thanksgiving! | 23 Burnett County meal sites closed. Swedish Meatballs Buttered egg noodles Creamed corn Roll with butter Cook's choice fruit |
| 26 Cook's choice | 27 Ham boiled Dinner with vegetables Biscuit Fruit in gelatin with topping | 28 Meal sites closed | 29 Hearty beef stew with vegetables Biscuit and butter Cherry crisp with topping | 30 Chili with beans Corn bread and butter Green beans Cook's choice fruit |