

ADRC Elderly Nutrition Program Menu March 2018

Monday	Tuesday	Wednesday	Thursday	Friday
In the event of inclement weather, if the school in your area is closed then the meal site will be closed as well.			1 Roasted Chicken Mashed potatoes Gravy Stewed tomatoes Fruit cup	2 Meatless chili w/cheese, sour cream and crackers Corn bread muffin Red velvet cake
5 Cook's choice	6 Baked ham Au gratin potatoes Asparagus Cinnamon applesauce	7 Meal sites closed.	8 Boneless pork chop Mashed potatoes Gravy Green beans Whole wheat bread Fresh fruit	9 Three cheese lasagna with vegetables Garlic bread Tossed salad Dressing Fresh fruit cup
12 Cook's choice soup and sandwich Cook's choice pie	13 Turkey cutlet with gravy Dressing Baked squash Cook's choice dessert	14 Meal sites closed.	15 Corned beef and cabbage Irish potatoes Carrot points Pears Shamrock cookies	16 Tuna noodle casserole Green beans Three bean salad Lemon dessert bar
19 Swedish meatballs Mashed potatoes Mixed vegetables Whipped fruit Salad	20 Pulled pork on a whole wheat bun Au gratin potatoes Coleslaw Fresh fruit	21 Meal sites closed.	22 Cook's choice	23 Lemon baked fish Parsley buttered red potatoes Steamed carrots Chewy brownies
26 Meatloaf Baked potato Sour cream Green beans Whole wheat dinner roll Cook's choice dessert	27 Chicken ala king over homemade biscuit Peas and carrots Fruit parfait	28 Polk County meal sites closed. <i><u>Burnett Meal Sites Only:</u></i> Scalloped potatoes and ham Diced beets Corn bread muffin Cookie	29 Tatar tot hot dish w/mixed vegetables Applesauce Whole wheat dinner roll Apple cherry crisp	30 Meal sites closed. Good Friday.