

Polk County October 2017

Monday	Tuesday	Wednesday	Thursday	Friday
2 Scalloped potatoes and ham Parslied carrots Whole wheat bread Warm spiced apple	3 Tater tot hot dish Cauliflower Whole wheat bread Warm peach cobbler	4 Meal sites closed.	5 Turkey tetrazzini Mixed vegetables Breadstick Banana	6 Chicken enchilada casserole Mexican corn 12 grain bread Warm spiced pears
9 Sweet and sour pork Seasoned rice Steamed cabbage Breadstick Mandarin oranges	10 Salisbury steak w/gravy Mashed potatoes California blend vegetables Whole wheat dinner roll Fruit	11 Meal sites closed.	12 Quiche Lorraine Cheesy hash browns Steamed broccoli Dinner roll Raisin bran muffin	13 Kielbasa Fried potatoes w/onions Spinach Whole wheat dinner roll Poppy seed lemon cake
16 Lasagna Mixed vegetables Breadstick Pears	17 Roasted pork loin Whipped potatoes Gravy Beets 12 grain bread Fruit cobbler	18 Meal sites closed.	19 Beef pasta casserole Green beans Breadstick Pineapple tidbits	20 Tuna salad on croissant Lettuce and cheese Rosy applesauce Coleslaw Tropical fruit dessert bar
23 Baked chicken breast Mashed potatoes Green bean casserole Whole wheat dinner roll Applesauce cake	24 Baked ham Au Gratin potatoes Glazed carrots Whole wheat dinner roll Strawberries Shortcake	25 Meal sites closed.	26 Creamy turkey noodle hot dish Squash Garden peas Whole wheat bread Pudding	27 Baked cod Cheesy potatoes California blend Cornbread Brownie
30 Cedric's hot dish White rice Green beans Whole wheat bread Frosted cake	31 Meatballs Gravy Mashed potatoes Italian blend vegetables Chocolate chip cookie			